217

SWIM CANADA

APRIL 1996

CHRISTIN PETELSKI, ISLAND SWIMMING, WINNER OF THE 200 BREASTSTROKE AT THE OLYMPIC TRIALS

Marco Chiesa

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Swimming, which rarely gets prime-time coverage in North American media, now has its own Internet site with detailed results and information.

Launched officially in mid November, 1995, *SWIMnews ONLINE* provides up-to-the-minute, accurate information on the world of swimming. Already ahead of the clutter on the Internet, *SWIMnews ONLINE*'s goal is to stay at the forefront of swimming news, and information publishing.

Space in a magazine is at a premium. Space on *SWIMnews ONLINE* is virtually limitless. This allows for services and capabilities not available in print, such as changes to world rankings, up-to-the-minute meet results, breaking news, and a library of full-colour photos. *SWIMnews ONLINE* offers links to more than 260 other swimming sites on the Internet.

In the weeks and months ahead, *SWIMnews ONLINE* will be expanding its news magazine and photo library. Meet results will continue to be posted as soon as they are available. And of course *SWIMnews ONLINE* will have coverage of the swimming events from the Olympic Games in Atlanta, with results and commentary posted daily.

During the recent Canadian Olympic Trials, Swimnews Online received rave reviews. Here is one example:

> "On behalf of many swimming families I would like to say thanks for your GREAT coverage of the Canadian Olympic Trials. We were all online to get the results as soon as you posted them."

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If you are online and want the latest in swimming, check out the *SWIMnews ONLINE* Internet site.

http://www.swimnews.com

CALENDAR

May

10-12 Dr. Hicken Invitational, Etobicoke
Hollandia Invitational, London
17-19 Cascade Grand Prix, Calgary
Hyack Invitational, New Westminster
Montreal POM Invitational
• USS Grand Prix, Phoenix
24-26 Etobicoke 10 & Under Cup
Thunder Bay Invitational
• Canada Cup, UBC
East Side Mario's Invitational, Guelph
30-2 Youth Championships, Nepean

June

1-2 Nova Scotia Age Groups
7-9 Kamloops Invitational
• USS Grand Prix, Charlotte

• The following meets have been selected as post-Trials meets where swimmers may qualify for the 1996 Olympic Games in events that have remained open following the Olympic Trials in April

13-16 Etobicoke Age Group International
22-23 Guelph Invitational
28-30 USS Grand Prix, Santa Clara
Jack McCormick Invitational, Hamilton

July

5-7 East Coast Champs, Saint John, NB
Ontario Age Groups Champs, Etobicoke
12-14 Esso Cup II, Montreal
19-21 Alberta AG Championships, Edmonton
20-26 Olympic Games Swimming, Atlanta
25-28 Eastern Cup, Montreal

August

8-11 Maritime Life Nationals, Etobicoke
Junior Nationals, Etobicoke

December

US Open

1997

February

7-9 Junior Nationals, East, Brantford
7-9 Junior Nationals, West, Saskatoon
20-23 Winter Nationals, Halifax

April

17-20 III World SC Championships, Gothenburg

May

23-25 Canada Cup West, Vancouver
29-1 Youth Championships, Regina

July

14-24 Maccabiah Games, Tel Aviv

August

31-3 Summer Nationals, Edmonton
10-13 Canada Games, Brandon
Pan Pacific Championships, Fukuoka

RECORD SETTERS

SENIOR CANADIAN RECORD *(50 M)*

❑ Women's 400 individual medley: 4:43.39 Joanne Malar, HWAC, Montreal, March 30. Betters own record of 4:43.64 from March 12, 1995

CHRONOLOGY 400 IND. MEDLEY CANADIAN RECORD

6:14.1	Sara Barber, BRANT	Vancouver,15/7/58
6:06.7	Sara Barber, BRANT	Brantford,9/7/59
6:06.4	Lynne Pomfret, VASC	Vancouver,12/6/62
5:59.9	Mary Stewart, CDSC	Vancouver,12/7/62
5:50.8	Lynne Pomfret, VASC	Vancouver,12/7/63
5:46.9	Lynne Pomfret, VASC	Montreal,25/7/63
5:46.7	Jane Hughes, CDSC	Vancouver,16/7/64
5:46.7	Marjon Wilmink, CDSC	Vancouver,16/7/64
5:33.0	Barbara Hounsell, UNATT	Vancouver,3/9/64
5:26.3	Elaine Tanner, CDSC	Kingston,11/8/66
5:24.7	Jeanne Warren, VASC	Halifax,17/8/69
5:24.5	Susan Smith, SSSC	Winnipeg,2/4/70
5:22.7	Leslie Cliff, CDSC	Edmonton,2/4/71
5:13.31	Leslie Cliff, CDSC	Cali,5/8/71
5:10.22	Leslie Cliff, CDSC	Houston,17/8/71
5:09.00	Leslie Cliff, CDSC	Santa Clara,23/6/72
5:03.57	Leslie Cliff, CDSC	Munich,1/9/72
5:01.35	Leslie Cliff, CDSC	Christchurch,1/2/74
5:00.55	Becky Smith, OSC	Vancouver,2/3/75
4:58.66	Cheryl Gibson, OSC	Winnipeg,17/5/75
4:57.20	Cheryl Gibson, CDSC	Long Beach,6/4/76
4:56.35	Becky Smith, TBT	Etobicoke,6/4/76
4:52.70	Becky Smith, TBT	Etobicoke,6/4/76
4:48.10	Cheryl Gibson, CDSC	Montreal,24/7/76
4:47.62	Nancy Sweetnam, LLSC	Perth,7/1/91
4:45.58	Nancy Sweetnam, LLSC	Montreal,13/5/92
4:44.79	Joanne Malar, HWAC	Rome,5/9/94
4:43.64	Joanne Malar, HWAC	Mar del Plata, 12/3/95
4:43.39	Joanne Malar, HWAC	Montreal, 30/3/96

OLYMPIC SELECTION

MEN'S EVENTS		WOMEN'S EVENTS		
COA	FINA	EVENT	FINA	COA
1 entry	2 entries		2 entries	1 entry
23.28	22.90	50 free	26.24	26.54
50.78	50.40	100 free	56.19	57.19
1:50.70	1:50.13	200 free	2:01.84	2:03.32
3:55.70	3:52.87	400 free	4:14.98	4:17.96
		800 free	8:46.36	8:50.17
15:35.94	15:28.57	1500 free		
56.98	56.62	100 back	1:03.21	1:04.32
2:02.65	2:01.46	200 back	2:15.15	2:16.24
1:03.40	1:02.72	100 breast	1:10.95	1:11.51
2:16.93	2:15.59	200 breast	2:32.34	2:34.11
55.09	54.59	100 fly	1:01.69	1:02.07
2:01.33	2:00.65	200 fly	2:14.32	2:16.11
2:05.09	2:03.72	200 IM	2:17.90	2:18.95
4:26.31	4:22.10	400 IM	4:49.74	4:52.85

Individual event selection from Olympic Trials

Automatic Selection

Subject to pre-selection, the first place swimmer in the A-Final in each event who equals or betters the FINA standard will be automatically selected.
Subject to pre-selection, a swimmers who places second in the A-Final who equals or betters tthe FINA standard will be automatically selected.

Provisional Selection

Subject to pre-selection, swimmers in the A-Final who equal or better the COA standard will be provisionally selected, subject to criteria below.

Post Trials Selection

Individual events where one or no performance meets the FINA standard will remain open until the Olympic entry deadline of June 16, 1996.
Swimmers who equal or better the FINA standard between the end of Trials in April and the June deadline will be selected, up to a maximum of 2 per event. The order of selection:

First

Trials performance faster than FINA standard

Second

Fastest swimmer who equals or betters FINA standard at the designated competitions May-June.

SWIM CANADA

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CONTENTS

3 Calendar, Record Setters, Olympic Selection
5 **Maritime Life 1996 Olympic Trials**
6 Day 1, March 30
7 Personality: Joanne Malar
8 Day 2, March 31
9 Day 3, April 1
10 Day 4, April 2
11 Day 5, April 3
12 Day 6, April 4
13 Speedo Lanes to Atlanta: Marianne Limpert
14 Trials Results
15 Book Review
16 Colwin on Coaching: George Haines
18 British Olympic Trials
19 Asia Watch: Chinese and Japanese Trials
20 Backwash
24-25 Corel Canadians: Jessica Deglau
27 TAG (Top 50 SCM Age Group Times)
46 Making Waves

APRIL 1996
Volume 23, Number 4
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AUTOMATIC SELECTION FOR 17 WOMEN AND ONLY 7 MEN NO MEN'S RELAYS QUALIFY

Karin Helmstaedt

Montreal—On the opening night of the Maritime Life 1996 Olympic Trials, the stands at the Olympic pool were packed. The organizers—to their credit—charged no admission fee. Swimming Canada's announcer pumped up the crowd with the tried and tested battle cry of "Let's get ready to rumble!" and a selection of heavy rock tunes. For six days, this was to be the stage of exhilaration and heartache, the spectrum of emotion typical of such a contest. While everyone had worked for this, only the very best would realize their Olympic dream, and for many, entire careers were to be decided in the space of a week.

On the surface, it all looked hunky-dory.

When you looked a little deeper, however, there was a certain malaise that became more apparent as the meet went on, and it could not be passed off as mere pre-Olympic stress.

The selection process was a contributing factor and had a couple of hitches, making the term "trials" somewhat of a misnomer. The Canadian Olympic Association has imposed time standards that have led to smaller Olympic Team selections for the past two Olympic Games, but things were made worse this year when FINA imposed its own "2 per country" standard. The decision was the result of an IOC bid to limit the size of the meet in Atlanta, to make room for such important newcomers as beach volleyball, no doubt. Smaller countries with lower ranked athletes can henceforth only send one entry per event and stronger countries like Canada and the U.S. can send the usual two provided they both make the FINA standard.

Automatic selection was granted to event winners and second place finishers who equalled or bettered the tougher FINA standard. Provisional selection was granted to those event winners who swam equal or better than the COA standard. Swimmers will have three more chances to meet the qualifying standards at designated meets in Phoenix, Vancouver, or Charlotte, NC, in May and June and provisionally selected swimmers could be *bumped off the team* if another swimmer beats them to the FINA standard in their event.

This condition, according to many, defeats the purpose of a Trials. It all made for some very confusing, and often disappointing, finals sessions. And it will make for more than a few nerves between now and the final selection date of June 16, 1996.

Two athletes prequalified for Atlanta based on their performances last summer; Curtis Myden of Calgary (400 IM) and Guylaine Cloutier of Montreal (100 breast) already had their names inscribed on the Olympic team banner. Over the next six days the list grew, but with a definite imbalance. The overall analysis was simple: Canadian women rose to the occasion and 17 of them will be off to Atlanta. The men were hard pressed to qualify 7. Probably the most alarming indication of the state of men's swimming in Canada was the fact that they were unable to qualify a medley relay—an event that has traditionally been one of our strongest medal possibilities.

The attitude among the coaches was often cynical, often perplexed. Many felt the double time standard was out of line, putting unnecessary extra pressure on the swimmers that was detrimental to performance. Swimming Canada Head Coach Dave Johnson reminds us that the downward trend in men's swimming has been there for awhile—Canada took only 6 men to the 1994 World Championships in Rome (compared to 14 women) and only three men to the short course Worlds in Rio de Janeiro in 1995.

Olympic rings frame quest to quadrennial glory Marco Chiesa

While this is true, many feel that is no reason to shut the men out from a valuable participation experience. Johnson cites the lack of a leader, a Victor Davis- or Alex Baumann-type, as part of the problem in men's swimming, but the lack of Canadian men in the freestyle events was a problem as far back as 1988. The men's team has been "rebuilding" for years now, and to pass it off as a leadership problem puts too heavy an onus on the swimmers. Canada has a lot of male talent that, for whatever reasons is not being properly developed. Coaches (and many of them recognize this fact) have to take part of the "credit" for poor performance. In the meantime, budgetary constraints and now the new FINA standard have forced a new hardline approach, preventing Canada from simply taking the country's best, whatever their ranking, to Atlanta.

Mark Tewksbury, Canada's only gold medalist at the 1992 Olympics in Barcelona, had this to say: "It's really tough. Everyone keeps blaming something...it's April, and it's early, and it's this and it's that. I think that ultimately people have to assume accountability for their performances. If I reflect back to my own personal experiences, I knew in the Olympic year that I had a huge margin of 1.2 seconds to drop. I made sure that I did everything possible to get there, and what I see happening is that people are not doing everything possible. For some unknown reason to me, no one is performing up to that standard that we should at least be able to expect from our veterans."

Tewksbury felt that the double time standard in Montreal was confusing and may have meant that swimmers were preoccupied by the clock, but added that for him the Olympics are about excellence. "What's disappointing to me is it seems to be the same old thing. People who had weak starts and turns still have weak starts and turns, people who were front end swimmers and died at the end of the swim are still going out fast and dying. I agree we should work on our strengths, but we cannot neglect the entire package; the world has become far too competitive and the standards are way too high not to be able to stand on the blocks at an international competition as a fully prepared athlete." ❑

DAY 1, MARCH 30

MALAR WINS 400 I.M. IN A NEW CANADIAN RECORD OF 4:43.39

Karin Helmstaedt

The trend of the meet was clear on the first evening. The women were hot and the men were not.

In the women's 100 freestyle, Shannon Shakespeare of Winnipeg, the only one to swim under 57 seconds in the heats, was the only one to swim under 57 seconds period. She led the race at the 50 (27.26) and finished strongly in 56.72. Although she was a little disappointed with the time, she said, "I didn't want to concentrate too much on the time because I think it takes away from my race. I just wanted to go after it in the first 50 and hold on at the end of the race and win it and see what the time did."

Behind Shakespeare were Marianne Limpert of Fredericton (57.17), Andrea Moody of Vancouver (57.19), and Julie Howard of Brantford (57.36). Having made the COA standard of 57.19, Shakespeare may be the only Canadian to swim the individual event in Atlanta while the other three women will go along for the 400 freestyle relay.

John Cleveland of the National Centre in Calgary won the 100 breaststroke in 1:03.27, just making the COA standard and earning himself a provisional berth on his third Olympic team. Russel Patrick, also of Calgary, finished second in 1:04.16. 16-year-old Andrew Chan of Etobicoke, who dropped nearly a whole second in the heats to qualify second in 1:04.18, finished third in 1:04.29.

The undisputed star of the meet was Joanne Malar of Hamilton. After a morning swim of 4:48.88 that already made the FINA standard, Malar went into the final of the 400 IM as she always does, prepared to give it her best. She did not disappoint. Slightly behind Nancy Sweetnam of Lindsay after the fly leg, Malar moved ahead in the backstroke and even outsplit Sweetnam in the breaststroke. Motivated by the screaming crowd, she powered throughout the last two lengths to touch the wall in 4:43.39, a new Canadian record. It was the only record of the meet.

"I was so excited that it was the first day and probably my biggest event," she said. "Just to get all the jitterbugs out of my system, winning it, and a Canadian record—I couldn't be happier with the way it went."

Sweetnam finished second in 4:48.04, also making the FINA standard of 4:49.74 and making her second Olympic team. She has been training in Plantation, Florida., under Lois Daigneault, originally of Montreal, and the swim confirmed her comeback. "We're going to do a lot of work on Nancy's backstroke between now and Atlanta," said Daigneault. "It was 2 to 3 seconds slower than expected just because she tried so hard, but I think if she keeps that under control it will be a different race."

The men's 200 freestyle was somewhat of a letdown as no one qualified. Brampton's Stephen Clarke finished first in 1:51.87, missing both the FINA and COA standards. He was followed by Ron Voordouw of Calgary who swam a personal best of 1:52.29.

Provisional spot on third Olympic Team for Jon Cleveland Marco Chiesa

Owen von Richter of Etobicoke went into the final in second place but had difficulty breathing halfway through the race and backed off alarmingly to finish eighth. While he suffers continually from asthma, von Richter's problems were complicated during a workout last November when his heart rate went up to 270 after an extra dose of Ventolin, his usual asthma medication. Since that initial scare, the University of Michigan student has been in and out of hospital with extreme attacks, and was even forced to leave a high-altitude training camp in Colorado last December. Doctors are still undecided as to the real source of the problem but have not kept von Richter out of the water. He has consulted heart and lung specialists, been through all manner of testing, and feels he is improving, but he still needs oxygen after a race to catch his breath. He also carries around a portable EKG in case his heart takes off again. Despite the rather frightening slant that puts on his swimming career, quitting has "never been an option."

The women's 100 breaststroke capped off the first evening's events. Lisa Flood, who also trains in Florida with Daigneault, led the field and won in 1:09.98, assuring her berth on the Olympic team along with veteran Cloutier, who was previously prequalified. "I was really thrilled with the swim," said Flood, "I came in here and did what I wanted to do. It's unusual for breaststroke to be on the first day so it was exciting to get up on the first day and start things rolling." Finishing second was Christin Petelski of Victoria in 1:11.37, and Riley Mants of Winnipeg was third in 1:11.68. ❑

1972-96 TRIALS MEDALLISTS

WOMEN 100 FREESTYLE			
1972	1:00.71 Mary B.Rondeau,CDSC	1:01.40 Judy Wright,VASC	1:01.61 Leslie Cliff,CDSC
1976	0:57.48 Anne Jardin,PCSC	0:57.75 Gail Amundrud,CDSC	0:58.37 Barbara Clark,CASC
1980	0:56.91 Anne Jardin,PCSC	0:57.31 Wendy Quirk,EKSC	0:57.68 Carol Klimpel,SSAC
1984	0:57.34 Pamela Rai,HYACK	0:57.39 Jane Kerr,ESC	0:57.68 Cheryl McArton,ESC
1988	0:56.96 Jane Kerr,EPS	0:57.00 Andrea Nugent,UCSC	0:57.05 Patricia Noall,CNMN
1988	0:56.75 Patricia Noall,CNMN	0:57.12 Kathy Bald,NYAC	0:57.19 Andrea Nugent,UCSC
1992	0:56.53 Andrea Nugent,UCSC	0:57.46 Marianne Limpert,NYAC	0:57.53 Nikki Dryden,IS
1996	0:56.72 Shannon Shakespeare,MM	0:57.17 Marianne Limpert,FAST	0:57.19 Andrea Moody,WVDSC
MEN 100 BREASTSTROKE			
1972	1:08.53 Bill Mahony,CDSC	1:09.00 Robert Stoddart,SCY	1:09.54 Mike Whitaker,SYB
1976	1:05.25 Graham Smith,TBT	1:07.94 Mel Zajac,CDSC	1:08.00 Dave Heinbuch,CDSC
1980	1:03.92 Graham Smith,unatt	1:05.36 Ken Fitzpatrick,TOMAC	1:06.13 Marco Veilleux,CAMO
1984	1:02.87 Victor Davis,ROW	1:04.42 Marco Veilleux,CDSC	1:05.17 Ken Fitzpatrick,LYAC
1988	1:02.57 Victor Davis,PCSC	1:03.67 Cameron Grant,EKSC	1:04.46 Marco Cavazzoni,NYAC
1988	1:03.10 Victor Davis,PCSC	1:04.11 Jon Cleveland,UCSC	1:05.19 Rob Chernott,UCSC
1992	1:02.28 Jon Cleveland,UCSC	1:03.12 Curtis Myden,UCSC	1:03.58 Mike Mason,PEPSI
1996	1:03.27 Jon Cleveland,UCSC	1:04.16 Russell Patrick,UCSC	1:04.29 Andrew Chan,ETOB
WOMEN 400 INDIVIDUAL MEDLEY			
1972	5:11.53 Leslie Cliff,CDSC	5:15.90 Lorraine Gibson,unatt	5:17.81 Debbie Bengtson,CDSC
1976	4:52.70 Becky Smith,TBT	4:54.35 Joann Baker,TBT	4:55.00 Cheryl Gibson,CDSC
1980	4:54.29 Kathy Richardson,TGC	4:55.28 Cheryl Gibson,ETOB	4:57.73 Nancy Garapick,HTAC
1984	4:50.34 Donna McGinnis,EKSC	4:52.17 Nathalie Gingras,PCSC	4:52.35 Kathy Richardson,BROCK
1988	4:54.50 Mojca Cater,EPS	4:55.30 Nancy Lovrinic,CDSC	4:56.63 Caroline Teskey,TOMAC
1988	4:54.62 Nancy Lovrinic,CDSC	4:56.13 Christine Jeffrey,GMAC	4:56.40 Anne Taylor,EKSC
1992	4:45.58 Nancy Sweetnam, LLSC	4:49.26 Joanne Malar, HWAC	4.54 66 Jocelyn Jay, BRANT
1996	4:43.39 Joanne Malar,HWAC	4:48.04 Nancy Sweetnam,LLSC	4:55.34 Ariadne Legendre,CAMD
MEN 200 FREESTYLE			
1972	1:57.70 Ian MacKenzie,CDSC	1:58.20 Ralph Hutton,SYB	1:58.54 Bruce Robertson,CDSC
1976	1:54.61 Stephen Badger,Card SC	1:55.49 Bill Sawchuk,TBT	1:56.14 Stephen Pickell,CDSC
1980	1:50.27 Peter Szmidt,EKSC	1:53.27 Alex Baumann,LUSC	1:53.51 Graham Welbourn,CDSC
1984	1:51.33 Peter Szmidt,EKSC	1:52.31 Alex Baumann,LUSC	1:53.13 Sandy Goss,NYAC
1988	1:51.19 Darren Ward,UCSC	1:51.39 Turlough O'Hare,CDSC	1:51.64 Gary VanderMeulen,UCSC
1988	1:50.89 Turlough D'Hare,CDSC	1:50.93 Don Haddow,EPS	1:51.82 Sandy Goss,NYAC
1992	1:51.51 Turlough D'Hare,PDSA	1:51.71 Darren Ward,UCSC	1:51.81 Eddie Parenti,GO
1996	1:51.87 Stephen Clarke,CDBRA	1:52.29 Ron Voordouw,UCSC	1:52.35 Simon Eberlie,NYAC
WOMEN 100 BREASTSTROKE			
1972	1:18.12 Marian Stuart,PCSC	1:18.32 Sylvia Dockerill,CDSC	1:19.30 Jane Wright,OAK
1976	1:13.92 Robin Corsiglia,PCSC	1.14.52 Lisa Borsholt,CDSC	1:14.76 Joann Baker,TBT
1980	1:14.31 Megan Watson,EKSC	1.14.37 Judy Garay,Swimtec	1.14.57 Lisa Borsholt,CDSC
1984	1:11.97 Lisa Bosholt,CDSC	1:12.35 Mary Lubawski,ESC	1.12.48 Cindy Ounpuu,ESC
1988	1:08.88 Allison Higson,EPS	1.10.31 Keltie Duggan,EKSC	1.10.98 Guylaine Cloutier,SAMAK
1988	1:10.09 Allison Higson,EPS	1:11.75 Guylaine Cloutier,SAMAK	1.12.13 Keltie Duggan,EKSC
1992	1:10.20 Guylaine Cloutier,ELITE	1:11.19 Lisa Flood,PICK	1:11.55 Jennifer Heagy,SPART
1996	1:09.98 Lisa Flood,PDSA	1:11.37 Christin Petelski,IS	1.11 68 Riley Mants,MANTA

PERSONALITY

JOANNE MALAR

LEARNING TO SAY NO HOPING TO SAY YES

Karin Helmstaedt

When Joanne Malar was 12 years old, she cracked open a Chinese fortune cookie. The small slip of paper inside read: Your name will be famous one day.

Now, at 20, she remembers that day with a smile as she gives her umpteenth interview of the meet at the Montreal Olympic Trials. Ever since last September, her phone has been ringing off the hook.

After all, being third in the world gets people's attention. From corporate sponsors to community organizations in her hometown of Hamilton, everybody wants a piece of Canada's brightest waterbaby. In addition to her swimming talent and achievements, her natural good looks and sunny disposition have them calling by the dozens.

Lots to cheer about after the only record swim of the Trials Marco Chiesa

Undisputed star of the sport Marco Chiesa

"It's an amazing feeling when people know who you are and want you," says Joanne, "and I love to do things for the community. But when everyone wants a little bit of you, it tires you out. In September and October I was just drained because I had been running around every day doing things other than swimming and I was going to school full time."

A long talk with her coach put things back into perspective. In an Olympic year, Joanne could not afford to spread herself too thin. That meant signing up with an agency (IGM) and cutting her public involvement down to a minimum so she could concentate on her training.

"I had to think of what's best for me because the reason people want you in the first place is because you're swimming well. If you don't swim well you're not going to have those opportunities. This year I learned to say no, but I love saying yes. Hopefully next year I can say yes more often."

Joanne's impressive list of sponsors includes Metropolitan Life and Kellogg's. "I'm going to be on the Special K box," she laughs. She is featured in a television ad for Salon Selectives and has recently signed with Speedo.

She enjoys the recognition and attention but admits that "it's a lot to deal with at the same time during such an emotional year."

So far she has managed it all successfully however, and her performance at the Olympic Trials in Montreal left no doubt as to her versatility and toughness. Joanne swam 5 out of 6 days and walked away with 4 gold medals and 5 potential events for the Olympics (200/400 IM, 200 fr, 200 bk, 4x200 FR). It's been a while since Canada had that kind of all-round talent.

She and coach Gaye Stratten have yet to decide on her final Olympic program. "We're going to really look at the schedule and see what's best for the IMs," she says. She swam fly and backstroke in Montreal because "the more options you have at the Olympics, the more you have to choose from. It's much better than not having a choice at all."

Joanne has come a long way since 1992, when she had only one event (400 IM) to swim in Barcelona. And she shows a great deal of maturity and intelligence in her approach to the Olympics. Whereas previous young Canadian stars have been built up as gold medal hopes before they knew what they were in for—the cases of Elaine Tanner and Allison Higson come to mind—Joanne has the realism and the faith in herself to temper all the outside pressure.

"I think people are understanding that it's a feat in itself to make the Olympics," she says. "A medal is my dream and everyone hopes I'll achieve that, but I think people understand that I'm going to give my best and that will be good enough."

"Instead of saying I'm going to get a medal I want to go out and give my 100 per cent, and that might be good enough to get a medal, it might not. But no matter what place I come it's not going to change how I've prepared and all the work I've put into it. If I come first or last I'll be proud of the past years of my life, and the people who care about me will feel the same way."

Joanne admits that she has been fortunate to have a winning support system—a great coach, a wonderful family, and a terrific team and training environment. They have allowed her to concentrate on and swim for the one who counts the most: "Me, myself, and I." ❑

DAY 2, MARCH 31

WOMEN'S RELAY QUALIFIES

FIRST SIX WOMEN NAMED TO TEAM

Karin Helmstaedt

With Curtis Myden's spot in the men's 400 IM sewn up, only one spot remained to be had on the Olympic team. All eyes were on Owen Von Richter, who had recovered from his difficulties of the day before to claim lane 4 for the final. Casey Barrett of the Pacific Dolphins led after the fly leg but von Richter took the lead in the backstroke. He held that lead for the rest of the race but was unable to crack the FINA standard of 4:22.10, touching in 4:23.94.

Casey Barrett, PDSA, second in the 400 I.M., won the 200 fly Marco Chiesa

Only a provisional spot for Robert Braknis, COBRA, winner 100 free and 100 back Marco Chiesa

"Yesterday I felt like I was going to pass out, but I think I just needed to get that first swim out of the way," he said afterward. "I'm a little upset that I missed the team, but I think I've come a long way. There are some more meets, and there is a long way to go. I'm not giving up yet."

"I think this has been a big victory for him," added his coach Cliff Barry. "The whole year has been such a fiasco."

Barrett finished second in 4:26.19.

In the women's 200 freestyle, Joanne Malar once again got in there to win. Touching first at the 100 mark (59.2), she held off the rest of the field by a full second and made the FINA standard, hitting the wall in 2:01.36. Marianne Limpert, usually a factor in this race, looked strong for 125 metres but had trouble on the last 75. A surprise second place finish went to Stephanie Richardson of North York (2:02.36), while Sophie Simard of Laval (2:02.76) and 15-year-old Jessica Deglau (2:03.05) were third and fourth respectively. The happy scenario in this event was that the times of the first six women were fast enough to make the combined qualifying time for Atlanta. In addition to the first four, fifth place Marianne Limpert and sixth place Andrea Schwartz of Regina qualified as alternates.

Men's freestyle did not get better as the meet went on and the 100 only confirmed what the 200 had shown the night before: Canada's best are just not good enough. After posting a 50.87 in the heats, Stephen Clarke was upstaged by teammate Robert Braknis who won in 51.16, well off the COA standard of 50.78. A disappointed Clarke finished second in 51.38, while Craig Hutchison of Pointe Claire was third in 51.62. To qualify a relay for Atlanta the top four men would have had to average a time of 50.51...an unfortunate reality indeed.

The women's 100 backstroke was also disappointing with no Olympic qualifiers. Having made the team in the freestyle relay the night before, Canadian record-holder Julie Howard of Brantford had obviously lost a bit of her concentration. She led the field by a hair and just managed to touch out Chris Natywary of Etobicoke. Howard's 1:04.34 was well off her best and 2/100 of a second off the COA standard. She will no doubt be better prepared for one of the upcoming "second chance" meets in Phoenix, Vancouver, and Charlotte, NC. Natywary finished second in 1:04.36. ❑

1972-96 TRIALS MEDALLISTS

* = World Record

MEN 400 INDIVIDUAL MEDLEY			
1972	4:49.85 David Brumwell,KSC	4:51.24 Peter Harrower,PCSC	4:52.51 Geoff Brown,OAK
1976	4:30.96 Graham Smith,TBT	4:31.17 Andy Ritchie,TBT	4:31.23 Bill Sawchuk,TBT
1980	4:25.25 Alex Baumann,LUSC	4:30.09 Claus Bredschneider,ETDB	4:32.61 Cam Reid,CDSC
1984	*4:17.53h Alex Baumann,LUSC	4:27.65 Peter Dobson,ESC	4:30.28 Deke Botsford,ESC
1988	4:25.37 Jon Kelly,VICD	4:26.19 Mike Meldrum,UCSC	4:28.54 Raymond Brown,EPS
1988	4:23.85 Mike Meldrum,UCSC	4:25.79 Raymond Brown,EPS	4:27.63 Kyle Seeback,EPS
1992	4:20.45 Curtis Myden,UCSC	4:24.83 Stephen Baird,GO	4:25.23 Kyle Seeback,NYAC
1996	4:23.94 Owen VonRichter,ETDB	4:26.19 Casey Barrett,PDSA	4:27.39 Jonathan McLeod,UNATT
WOMEN 200 FREESTYLE			
1972	2:10.12 Mary B.Rondeau,CDSC	2:13.36 Merrily Stratten,EMAC	2:13.71 Leslie Cliff,CDSC
1976	2:02.63 Gail Amundrud,CDSC	2:03.37 Anne Jardin,PCSC	2:05.02 Debbie Clarke,TBT
1980	2:02.03 Wendy Duirk,EKSC	2:04.15 Anne Jardin,PCSC	2:04.33 Carol Klimpel,SSAC
1984	2:02.93 Jane Kerr,ESC	2:02.96 Julie Daigneault,PCSC	2:03.14 Cheryl McArton,ESC
1988	2:01.54 Jane Kerr,EPS	2:02.12 Patricia Noall,CNMN	2:03.07 Chris Hashimoto,NYAC
1988	2:00.61 Patricia Noall,CNMN	2:03.30 Kathy Bald,NYAC	2:03.31 Jane Kerr,EPS
1992	2:03.17 Petrina Lessard,PCSC	2:03.77 Joanne Currah,LAC	2:04.12 Andrea Papamandjaris,UNATT
1996	2:01.36 Joanne Malar,HWAC	2:02.36 Stephanie Richardson,NYAC	2:02.76 Sophie Simard,UL
MEN 100 FREESTYLE			
1972	0:53.51 Brian Phillips,Card SC	0:53.69 Bruce Robertson,CDSC	0:54.01 Bob Kasting,LASC
1976	0:51.87 Stephen Pickell,CDSC	0:53.19 Bruce Robertson,CDSC	0:53.31 Gary MacDonald,CDSC
1980	0:51.62 Graham Welbourn,CDSC	0:51.97 Peter Szmidt,EKSC	0:52.16 Bill Sawchuk,TBT
1984	0:51.50 Blair Hicken,UTSC	0:51.65 Dave Churchill,UTSC	0:51.97 Alex Baumann,LUSC
1988	0:51.45 Vlastimil Cerny,NYAC	0:51.58 Darren Ward,UCSC	0:51.74 Sandy Goss,NYAC
1988	0:50.50 Sandy Goss,NYAC	0:51.13 Vlastimil Cerny,NYAC	0:51.21 Steven VanderMeulen,UCSC
1992	0:51.23 Stephen Clarke, CDBRA	0:51.59 Steven VanderMeulen, UCSC	0:51.59 Frank Samel, PEPSI
1996	0:51.16 Robert Braknis,COBRA	0:51.38 Stephen Clarke,CDBRA	0:51.62 Craig Hutchison,PCSC
WOMEN 100 BACKSTROKE			
1972	1:06.40 Donna M.Gurr,CDSC	1:06.91 Wendy Cook,CDSC	1:08.66 Kathy Raffery,Dorval SC
1976	1:04.88 Wendy (Cook)Hogg,CDSC	1:04.92 Cheryl Gibson,CDSC	1:05.33 Nancy Garapick,HTAC
1980	1:04.11 Denyse Senechal,CAMO	1:04.59 Jennifer Boulianne,PCSC	1:04.60 Cheryl Gibson,ETOB
1984	1:04.25 Reema Abdo,Trenton	1:05.12 Michelle MacPherson,ESC	1:05.34 Pascale Choquet,CNB
1988	1:03.84 Lori Melien,AAC	1:04.26 Manon Simard,SAMAK	1:04.54 Nancy Gribben,EPS
1988	1:04.21 Anne-M.Andersen,EPS	1:04.29 Lori Melien,AAC	1:04.32 Anne Barnes,VICO
1992	1:03.29 Julie Howard,BRANT	1:03.69 Nikki Dryden,IS	1:04.10 Lori Melien,UCSC
1996	1:04.34 Julie Howard,BRANT	1:04.36 Christine Natywary,ETDB	1:04.55 Cynthia Graton,UL

DAY 3, APRIL 1

BARRETT QUALIFIES IN FLY TWO QUALIFY IN WOMEN'S BREAST

Karin Helmstaedt

By the beginning of the third night only three men were listed on the Maritime Life banner, one of whom had prequalified. Fortunately, things were about to pick up.

The first truly exciting race in the men's competition was the 200 butterfly. Rob McFarlane of Calgary went into the final in first place and managed to hold on to that spot until the halfway mark. After touching in 57.31, he started to lose ground to 21 year-old Casey Barrett. Canadian born but living and training at the University of Southern California, Barrett swims for the Pacific Dolphins when on Canadian soil. He came back strongly to challenge McFarlane in the second 100 and touched first in 1:59.91, under the FINA standard of 2:00.65. McFarlane was next in 2:01.19, and Eddie Parenti, also swimming for the Dolphins, was third in 2:01.30. While he looked strong at the 100 (57.58), Philip Weiss was off his best and finished fourth in 2:01.7.

The women's 400 freestyle was a visually exciting race, but it was clear early on that the FINA standard and then even the COA standard were out of reach. Andrea Schwartz took it out from the start and was challenged all the way by Danielle Kennedy of Calgary. Kennedy touched ahead by a fraction at the 300 mark but was beaten to the wall by the persistent Schwarz. Her time of 4:18.31 was the slowest winning 400 time at an Olympic Trials since 1976, a not-so-subtle hint that women's freestyle has seen better days.

The men's 100 backstroke saw yet another surprise win by Robert Braknis, who edged out Chris Renaud to earn a provisional spot on the Olympic team with his time of 56.66. Renaud was mysteriously off the mark and his second place finish (56.95), while under the COA standard of 56.98, was not enough to get him onto the team. For Braknis, the thrill of making the team is marred by worry; his spot remains precarious and anyone making the FINA standard (before he does) at one of the three meets this spring could bump him off the team, just like that. Ray Brown of North York finished a close third in 56.99.

The highlight of the evening came when two more spots on the women's team were filled—with newcomers. After a strong finish in the 100 two days earlier, Christin Petelski and Riley Mants went for broke in the 200 breaststroke. Mants had a great start and pushed Petelski all the way, but Petelski had the better reach and won in a personal best time of 2:29.51. The performance catapulted her to seventh in the world in the rankings, while Mants' second place time of 2:29.85 ranks her ninth in the world. Both women were well under the FINA standard. Veteran Lisa Flood was relegated to third in this event, her time of 2:31.99 also under the FINA cutoff. Guylaine Cloutier did not compete in the event due to an injury.

The 400 freestyle was Mike McWha's chance to come back after a disappointing 200. The Windsor swimmer came from behind to battle leader Owen von Richter and second placed Brett Creed of the Pacific Dolphins. At the 375 mark, the top spot was his, but his time of 3:57.04 was well off the COA standard of 3:55.70. Von Richter was second in 3:58.09, and 16-year-old Mark Johnston of Brock stole third place from Creed in 3:58.98. To put the swim into a historical perspective, the winning time would have tied for third at the 1980 Olympic Trials. ❑

Christin Petelski, IS, embraced by Lisa Flood, PDSA, after 200 breast win Marco Chiesa

1972-96 TRIALS MEDALLISTS

* = World Record

MEN 200 BUTTERFLY			
1972	2:08.97 Byron MacDonald,unatt	2:09.60 Graham Tysick,unatt	2:09 92 Ron Jacks,unatt
1976	2:04.46 George Nagy,CDSC	2:05.02 Doug Marlin,CDSC	2:05.50 Bruce Rogers,EMAC
1980	2:00.92 George Nagy,EKSC	2:01 28 Kevin Auger,GMAC	2:01.83 Bill Sawchuk,TBT
1984	1:58.72 Tom Ponting,UCSC	2:01.31 Peter Ward,ESC	2:01 52 Levente Mady,UCSC
1988	1:58.14 Tom Ponting,UCSC	2:01 23 Jon Kelly,VICO	2:01.83 Peter Ward,NYAC
1988	1:59.30 Tom Ponting,UCSC	2:01.95 Jon Kelly,VICD	2 02 78 Kyle Seeback,EPS
1992	1:59.90 Tom Ponting,UCSC	2:01.37 Eddie Parenti,GD	2:01 60 Jon Kelly,IS
1996	1:59.91 Casey Barrett,PDSA	2.01 19 Rob McFarlane,UCSC	2:01.30 Eddie Parenti,PDSA
WOMEN 400 FREESTYLE			
1972	4.36.63 Mary B.Rondeau,CDSC	4 40 53 Ann-M McCattrey,FSC	4 41 76 Karen LeGresley,USAC
1976	4.19.81 Wendy Quirk,PCSC	4 19 91 Shannon Smith,HYACK	4.21 19 Wendy Lee,RDD
1980	4:15.38 Wendy Quirk,EKSC	4:21.19 Anne Jardin,PCSC	4.21.86 Leslie Brafield,ETOB
1984	4.16.57 Julie Daigneault,PCSC	4:17 02 Donna McGinnis,EKSC	4 17.98 Natahlie Gingras,PCSC
1988	4 15.28 Patricia Noall,CNMN	4 17 96 Debbie Wurzburger,LYAC	4 18 72 Nancy Lovrinic,CDSC
1988	4:13.40 Patricia Noall,CNMN	4 15.81 Debbie Wurzburger,LAC	4:18 74 Megan Holliday,LAC
1992	4.16.22 Nikki Dryden,IS	4 17.69 Christine Jeffrey,GMAC	4 19 43 Joanne Currah,LAC
1996	4 18.31 Andrea Schwarz,ROD	4.18 65 Danielle Kennedy,UCSC	4 20.28 Cindy Bertelink,COBRA
MEN 100 BACKSTROKE			
1972	1:00.38 Clay Evans,unatt	1:00 44 Ian MacKenzie,CDSC	1:00.57 Erik Fish,unatt
1976	0:57 82 Stephen Pickell,CDSC	0:59 58 Mike Scarth,JPSC	0:59 72 Steve Hardy,HYACK
1980	0:57 72 Wade Flemons,CDSC	0:57.80 Stephen Pickell,ETDB	0:58 35 Bruce Berger,HYACK
1984	0:56.76 Mike West,RDW	0:57 11 Sandy Goss,NYAC	0:57 34 Sean Murphy,ESC
1988	0:55.22 Sean Murphy,EPS	0:55.58 Mark Tewksbury,UCSC	0:57.65 Sandy Goss,NYAC
1988	0:56.47 Mark Tewksbury,UCSC	0:56.60 Sean Murphy,EPS	0:57.85 Deke Botsford,LUSC
1992	0:56.34 Mark Tewksbury, UCSC	0:56 94 Raymond Brown, UNATT	0:57 12 Deke Botsford, NYAC
1996	0:56.66 Robert Braknis,CDBRA	0:56 95 Chris Renaud,UCSC	0 56.90 Raymond Brown,NYAC
WOMEN 200 BREASTSTROKE			
1972	2 46 70 Marian Stuart,PCSC	2.50 50 Jane Wright,DAK	2:51 50 Rose M Pepe,CDSC
1976	2:36.74 Joann Baker,TBT	2:40.14 Lisa Borsholt,CDSC	2:41.04 Melanie McKay,OAK
1980	2:37.33 Paula Kelly,NAAC	2:39.15 Lisa Borsholt,CDSC	2.39.34 Sheila Dezeeuw,HWAC
1984	2:34 81 Mary Lubawski,ESC	2:35 28 Cindy Ounpuu,ESC	2:35 61 Dominique Roussy,SELCT
1988	*2.27.27 Allison Higson,EPS	2:32 70 Guylaine Cloutier,SAMAK	2:34.00 Kellie Duggan,EKSC
1988	2:31.90 Allison Higson,EPS	2:35.70 Vallery Hyduk,SCAR	2:36.19 Guylaine Cloutier,SAMAK
1992	2:29.94 Guylaine Cloutier,ELITE	2:32 53 Natalie Giguere,SELCT	2:33 25 Lisa Flood,PICK
1996	2:29 51 Christin Pelelski,IS	2:29 85 Riley Mants,MANTA	2 31 99 Lisa Flood,PDSA
MEN 400 FREESTYLE			
1972	4 10.40 Ralph Hutton,SYB	4:14 04 Bruce Robertson,CDSC	4 14 30 Ron Jacks,unatt
1976	4.01.62 Stephen Badger,Card SC	4 02 35 Bill Sawchuk,TBT	4 04 76 Tom Alexander,TBT
1980	*3:50 49 Peter Szmidt,EKSC	3:56 34 Alex Baumann,LUSC	3 57 04 Rob Baylis,CDSC
1984	3:57.70 Peter Szmidt,EKSC	3:58 30 David Shemilt,BROCK	4 00 18 Benoit Clement LAVAL
1988	3:53.62 Turlough O'Hare,CDSC	3:53.65 Gary VanderMeulen,UCSC	3 54 58 Chris Bowie,CDSC
1988	3:55 50 Turlough O'Hare,CDSC	3:56.32 Gary VanderMeulen,UCSC	3 57 22 Chris Bowie CDSC
1992	3 54.73 Turlough D'Hare,PDSA	3.55 97 Chris Bowie, EKSC	3 56 00 Eddie Parenti, GO
1996	3 57.04 Michael McWha,WAC	3:58 09 Owen VonRichter,ETDB	3 58 98 Mark Johnston,BROCK

DAY 4, MARCH 2

EVANETZ AND AMEY

QUALIFY IN 100 FLY

Karin Helmstaedt

On the fourth night the already limping men's program suffered another shock when Jon Cleveland failed to make the Olympic team in the 200 breaststroke. Eight years ago at the 1988 Trials, Cleveland beat the defending Olympic champion Victor Davis in the same pool to make his first Olympic team. This time he just managed to hold a revved up Andrew Chan at bay with his time of 2:17.48. Chan's fluid stroke showed promise as he finished second in 2:18.04. In order to swim the event in Atlanta, Cleveland will have to equal or better the FINA standard of 2:15.59 at one of the designated meets before June 16.

Happily, the women's 200 IM was once again a tight race to the finish, and Joanne Malar wowed the crowd with her third win, adding a fourth event onto her agenda for Atlanta. Both Marianne Limpert and Nancy Sweetnam pushed her, taking the fly leg out in under 30 seconds, with Sweetnam very competitive in the breaststroke, but Malar's freestyle was not to be beaten. All three women were under the FINA standard, and Limpert, the record holder in this event, finally clinched an individual spot on the team. "This is the event I was focussing on," she said. "It's hard to swim the 100 and 200 free first just because they are not my main events. I'm glad I qualified but I would have liked to be a bit faster." The times: Malar, 2:15.49; Limpert, 2:15.75; Sweetnam, 2:16.82. Along with the breaststrokes, women's IM is still one of Canada's strongest disciplines.

It was a bad night for Stephen Clarke as he missed the team yet again in the 100 butterfly. What made it worse was the fact that he had more than made the FINA standard of 54.59 in the morning, but his heat time of 54.47 was null and void when the final was over. Eddie Parenti got it together and overtook Clarke to earn his second Olympic berth with a time of 54.53. Clarke, who had been favoured to win this event, was second in 54.67, fractions of a second away from a ticket to Atlanta. He was obviously devastated and, although he will no doubt try again at one or more of the second-chance meets, the tight schedule (and this is the worry for all those in this position) may leave him with precious little rest for the main event.

Emotional moment as Amey embraces Evanetz Marco Chiesa

Jessica Amey understands that kind of heartbreak. At the 1992 Olympic Trials, the Calgary swimmer made the standard in the heats of the 100 fly, only to miss the mark by 6/100 in the final. Then at last summer's Pan Pacific Championships she missed the prequalifying standard by 3/100. This time she was dead on the mark of 1:01.69, albeit relegated to second place. After a disappointing 200 freestyle, Sarah Evanetz of the Pacific Dolphins had a great race and came through to win the event in 1:01.18, a personal best. Both women were ecstatic after the race, with Amey jumping out of the pool to hug her coach, Deryk Snelling. The jubilant Amey, a pro at "cutting it close," had shaved her head after a bet with teammate Mark Versfeld. "I lost my hair this afternoon, so I figured, okay, I've got nothing left to lose...go for it now!" she laughed. "I'm really, really glad I made it." Evanetz was all smiles. "It hasn't quite hit me yet," she said. She echoed Amey's thoughts on the difficult nature of an Olympic Trials situation. "I think that there's a lot more pressure on actually making the team at the Trials than there is at the Games themselves. That's when I'm most nervous (at the Trials) and I think once I get to Atlanta it's just going to be fun. I'm sure I'll do another best time—hopefully under a minute. That would be great."

Shona Kitson of Windsor, who led the race to the 75 mark, finished in fourth place (1:02.17) behind Andrea Schwartz (1:01.98). ❑

1972-96 TRIALS MEDALLISTS

* = World Record

MEN 200 BREASTSTROKE			
1972	2:28.76 Bill Mahony,CDSC	2:30.74 Robert Stoddart,SCY	2:32.23 Mike Whitkaer,SY8
1976	2:21.13 Graham Smith,T8T	2:25.92 Dave Heinbuch,CDSC	2:27.59 Andy Ritchie,TBT
1980	2:20.92 Graham Smith,unatt	2:22.63 Marco Veilleux,CAMO	2:22.66 Ken Fitzpatrick,TOMAC
1984	*2:14.58 Victor Davis,RDW	2:20.64 Ken Fitzpatrick,LYAC	2:20.76 Marco Veilleux,CDSC
1988	2:16.00 Jon Cleveland,UCSC	2:16.09 Cameron Grant,EKSC	2:16.21 Victor Davis,PCSC
1988	2:16.63 Jon Cleveland,UCSC	2:19.45 Marco Cavazzoni,NYAC	2:21.03 Rob Chernoff,UCSC
1992	2:13.97 Jon Cleveland,UCSC	2:15.55 Michael Mason,PEPSI	2:17.47 Rob Fox,EKSC
1996	2:17.48 Jon Cleveland,UCSC	2:18.04 Andrew Chan,ETDB	2:18.85 Michael Mason,ETDB
WOMEN 200 INDIVIDUAL MEDLEY			
1972	2:25.77 Leslie Cliff,CDSC	2:29.36 Martha Nelson,CDSC	2:30.87 Karen James,CDSC
1976	2:20.64 Becky Smith,TBT	2:21.72 Nancy Garapick,HTAC	2:23.51 Joann Baker,TBT
1980	2:20.11 Nancy Garapick,HTAC	2:20.31 Michelle Coulombe,SELCT	2:20.85 Cheryl Gibson,ETDB
1984	2:17.51 Michelle MacPherson,ESC	2:18.37 Alison Dozzo,NYAC	2:19.96 Jennifer Campbell,LUSC
1988	2:16.89 Allison Higson,EPS	2:20.46 Karin Helmstaedt,NYAC	2:20.94 Caroline Teskey,TOMAC
1988	2:17.64 Allison Higson,EPS	2:18.75 Nancy Sweetnam,LLSC	2:20.64 Kathy Bald,NYAC
1992	2:15.15 Marianne Limpert,NYAC	2:16.09 Nancy Sweetnam,LLSC	2:17.92 Joanne Malar,HWAC
1996	2:15.49 Joanne Malar,HWAC	2:15.75 Marianne Limpert,FAST	2:16.82 Nancy Sweetnam,LLSC
MEN 100 BUTTERFLY			
1972	0:56.65 Bruce Robertson,CDSC	0:56.80 Byron MacDonald,unatt	0:57.84 Bob Kasting,LASC
1976	0:55.58 Bruce Robertson,CDSC	0:56.16 Stephen Pickell,CDSC	0:56.63 Clay Evans,unatt
1980	0:55.38 Dan Thompson,ETDB	0:55.59 Bill Sawchuk,T8T	0:55.77 George Nagy,EKSC
1984	0:54.34 Tom Ponting,UCSC	0:54.91 Dave Churchill,UTSC	0:55.49 Peter Ward,ESC
1988	0:53.77 Tom Ponting,UCSC	0:54.74 Vlastimil Cerny,NYAC	0:55.68 Peter Ward,NYAC
1988	0:53.92 Vlastimil Cerny,NYAC	0:54.10 Tom Ponting,UCSC	0:55.64 Scott Isaac,UCSC
1992	0:54.17 Marcel Gery,NYAC	0:54.30 Tom Ponting,UCSC	0:54.78 Darren Ward,UCSC
1996	0:54.53 Eddie Parenti,PDSA	0:54.67 Stephen Clarke,COBRA	0:55.09 Shamek Pietucha,EKSC
WOMEN 100 BUTTERFLY			
1972	1:05.95 Leslie Cliff,CDSC	1:07.53 Marilyn Corson,unatt	1:08.84 Susan Smith,SSSC
1976	1:02.41 Susan Sloan,CDSC	1:02.83 Wendy Quirk,PCSC	1:03.25 Anne Jardin,PCSC
1980	1:02.21 Wendy Quirk,EKSC	1:02.76 Anne Jardin,PCSC	1:03.35 Susan Sloan,ETDB
1984	1:01.63 Michelle MacPherson,ESC	1:02.23 Marie Moore,DCSC	1:02.74 Jill Horstead,ESC
1988	1:01.75 Jane Kerr,EPS	1:01.84 Andrea Nugent,UCSC	1:02.65 Debbie Gaudin,EKSC
1988	1.01.80 Anne-M.Therrien,SAMAK	1:02.51 Jane Kerr,EPS	1:02.80 Debbie Gaudin,EKSC
1992	1:01.54 Kristin Topham,PEPSI	1:01.96 Jessica Amey,UCSC	1:02.67 Sarah Evanetz,PDSA
1996	1:01.18 Sarah Evanetz,PDSA	1:01.69 Jessica Amey,UCSC	1:01.98 Andrea Schwarz,RDD

DAY 5, APRIL 3

MYDEN EASY WINNER IN 200 I.M. RICHAROSON ADDS 800 FREE

Karin Helmstaedt

The men were taking a beating in the press, and there were still two more nights to go. By the fifth day only five men had made the Olympic team compared to 16 women.

Stephanie Richardson had her hour, or rather her 8 minutes, 46.02 seconds as she stroked her way to victory and a spot on the team in the 800 freestyle. Many were surprised by the speed of Richardson's turnover, and apparently she spent a good deal of the 1995 season trying to lengthen her stroke. It didn't do her any good, and actually injured her shoulder, so she went back to "rev" and it obviously worked. After a difficult start to 1996 because of a lung virus, she managed to come back and make the FINA standard. Cindy Bertelink of Brampton challenged Richardson all the way, finishing second in 8:48.02. Katie Brambley of Victoria was in the race until the halfway mark before falling back to third (8:53.78).

Stephanie Richardson solidified her position with a win in the 800 free Marco Chiesa

In another refreshing burst of emotion, local spectators went wild when Hugues Legault of SAMAK won the 50 freestyle, earning a conditional spot on the team. A student in mechanical engineering, 22 year-old Legault led after 30 metres and made the COA standard, touching in 23.26. Dean Kondziolka finished a heartbreaking second in 23.36; no doubt the fiasco of the 1992 Trials will haunt him forever. Robert Braknis was third (23.50) while Stephen Clarke gave it a last stab and finished fifth (23.69). Now Legault has the choice of crossing his fingers that no one gets up between now and the cut-off date to bump him off the team by making the faster FINA standard (22.9), or of gettting up himself and trying again (and again?) to make his qualification definite.

1996 will be remembered as Joanne Malar's year; the 20-year-old Kinesiology student continued her gold medal streak in the women's 200 backstroke, getting under the COA standard of 2:16.24. She was challenged at the 100 by Suzanne Weckend of Victoria and Cynthia Graton of Laval, but soon pulled ahead to claim her fourth win and Olympic qualification of the Trials in 2:15.53. Julie Howard was second in 2:16.59, a personal best time, while Amanda Marin of Regina was third in 2:16.73.

The evening ended on a high note as Curtis Myden did not let the wave of criticism for the men's team get to him. Having prequalified in the 400 he was able to focus completely on the 200 IM. He came through with a very strong swim and his second qualification for Atlanta, posting a time that places him third in the world so far this year (2:02.32). "Felt pretty good," he said, "but a little heavy at the end. I know there is lots of room for improvement and I can be a lot faster." His teammate Mark Versfeld of Fort McMurray gave him a great race, finishing second in 2:03.84, just over the FINA standard of 2:03.72. ❑

Much-improved Andrew Chan reached podium in both breaststrokes. Marco Chiesa

1972-96 TRIALS MEDALLISTS

WOMEN 800 FREESTYLE			
1972	9:31.70 Leslie Cliff,CDSC	9:35.96 Karen LeGresley,USAC	9:40.70 Mary B.Rondeau,CDSC
1976	8:49.11 Shannon Smith,HYACK	8:52.18 Lisa Geary,HYACK	8:57.07 Wendy Quirk,PCSC
1980	8:50.00 Wendy Quirk,EKSC	8:54.13 Cheryl Gibson,ETOB	8:55.70 Jennifer McDonald,OSC
1984	8:47.14 Karen Ward,PCSC	8:47.50 Donna McGinnis,EKSC	8:52.34 Nathalie Gingras,PCSC
1988	8:44.96 Karen Ward,SELCT	8:47.70 Michelle Sallee,CDSC	8:50.62 Debbie Wurzburger,LYAC
1988	8:40.52 Debbie Wurzburger,LAC	8:44.45 Michelle Sallee,CDSC	8:47.71 Patricia Noall,CNMN
1992	8:49.35 Erin Holland,UCSC	8:48.23 Joanne Currah,LAC	8:50.99 Cindy Bertelink,COBRA
1996	8:46.02 Stephanie Richardson,NYAC	8:48.26 Cindy Bertelink,COBRA	8:53.78 Kate Brambley,IS
MEN 50 FREESTYLE			
1980	0:23.69 Graham Welbourn,CDSC	0:23.93 Bill Sawchuk,TBT	0:24.18 Peter Szmidt,EKSC
1984	0:24.12 Glenn Luxemberg,PCSC	0:24.16 Sandy Goss,NYAC	0:24.24 Regent Lacoursiere,DDO
1988	0:23.12 Mark Andrews,UCSC	0:23.21 Vlastimil Cerny,NYAC	0:23.46 Claude Lamy,SELCT
1988	0:23.20 Vlastimil Cerny,NYAC	0:23.35 Mark Foris,UWO	0:23.47 Sandy Goss,NYAC
1992	0:23.31 Dean Kondziolka, COMET	0:23.59 Steven VanderMeulen,UCSC	0:23.61 Robert Braknis, CAC
1996	0:23.26 Hugues Legault,SAMAK	0:23.36 Dean Kondzziolka,ASC	0:23.50 Robert Braknis,COBRA
WOMEN 200 BACKSTROKE			
1972	2:22.50 Donna M.Gurr,CDSC	2:25.12 Wendy Cook,CDSC	2:25.69 Leslie Cliff,CDSC
1976	2:18.42 Cheryl Gibson,CDSC	2:19.27 Nancy Garapick,HTAC	2:19.72 Wendy (Cook)Hogg,CDSC
1980	2:15.28 Cheryl Gibson,ETOB	2:16.81 Jennifer Boulianne,PCSC	2:17.18 Denyse Senechal,CAMO
1984	2:16.41 Reema Abdo,Trenton	2:18.81 Melinda Copp,EKSC	2:19.99 Aline Larouche,PCSC
1988	2:15.29 Lori Melien,AAC	2:16.59 Nancy Gribben,EPS	2:18.00 Manon Simard,SAMAK
1988	2:17.68 Nancy Gribben,EPS	2:18.52 Kia Puhm,NYAC	2:18.57 Anne-M.Andersen,EPS
1992	2:15.15 Nikki Dryden,IS	2:15.55 Beth Hazel,LAC	2:17.20 Joanne Malar,HWAC
1996	2:15.53 Joanne Malar,HWAC	2:16.59 Julie Howard,BRANT	2:16.73 Amanda Marin,ROD
MEN 200 INDIVIDUAL MEDLEY			
1972	2:13.29 Clay Evans,unatt	2:16.36 David Brumwell,KSC	2:16.49 Bob Kasting,LASC
1976	2:08.37 Bill Sawchuk,TBT/Graham Smith,TBT(tied)		2:11.72 Gary MacDonald,CDSC
1980	2:04.48 Graham Smith,unatt	2:04.50 Alex Baumann,LUSC	2:04.87 Bill Sawchuk,TBT
1984	2:03.49 Alex Baumann,LUSC	2:06.69 Rob Chernoff,UCSC	2:07.27 Jon Kelly,VICO
1988	2:03.34 Gary Anderson,EPS	2:04.23 Darren Ward,UCSC	2:05.53 Jon Kelly,VICO
1988	2:04.79 Gary Anderson,EPS	2:05.71 Darren Ward,UCSC	2:07.54 Jeff Sheehan,UCSC
1992	2:02.78 Gary Anderson,NYAC	2:02.83 Darren Ward,UCSC	2:03.20 Curtis Myden,UCSC
1996	2:02.32 Curtis Myden,UCSC	2:03.84 Mark Versfeld,UCSC	2:06.50 Dino Verbrugge,IS

DAY 6, APRIL 4

DEGLAU AND SCHWARZ GIVE IT ALL FOR 200 FLY SUPREMACY RENAUD NEAR RECORD FOR 200 BACK

Karin Helmstaedt

The women's competition in Montreal saw some tough racing and the 200 butterfly was no exception. After several misses, Andrea Schwarz was out to prove that she deserved an individual event in Atlanta and took out the first 50, but she had to reckon with Jessica Deglau, who had also posted a 2:14+ in the heats. Deglau was right with Schwartz, touching first at the 100 (1:04.32). It was a terrific race in the second half as both women gave it their all. Deglau touched first in 2:12.68—a best time by a long shot—and Schwartz was a close second in 2:12.71, also a best time. Once again, both were under the FINA standard (2:14.32) and both are off to Atlanta.

Andrea Schwarz and Jessica Deglau enjoy moment after making the team Marco Chiesa

After missing the team in the 100, Chris Renaud was determined to win the men's 200 backstroke. He said that the long wait between the two events, instead of wearing him out, made him tougher mentally. The positive thinking paid off; right from the start there was no question as to whose name would be on this ticket. Renaud split 58.5 at the 100 ahead of Robert Braknis (1:00.53) and held on to his lead to the finish. His time of 2:00.63 was under the FINA standard of 2:01.46, adding one more to coach Deryk Snelling's impressive list of Olympic qualifiers. Braknis finished second in 2:02.04, not fast enough to make the FINA standard, but fast enough to be very competitive and leave no doubt as to his versatility. Braknis left Montreal with two gold medals, a silver and a bronze; it seems unjust that with such a showing he might still miss the plane to Atlanta.

Greg Hamm of the Pacific Dolphins was third in 2:02.43 Of note was Curtis Myden's fourth place time of 2:02.77.

The 50 freestyle was obviously Quebec territory as Martine Dessureault of Montreal Nord made the FINA standard and secured her spot on the team with a clear win in 26.22. "It's a dream come true," she said afterward. "I had no idea I was ahead. I just concentrated on my race. I've been dreaming of this since I was small." Shannon Shakespeare was second in 26.45, 21/100 of a second away from an Olympic double. Andrea Moody was third in 26.46.

The meet ended, unfortunately, with another heartbreaker as Mike McWha swam the gruelling 1500 freestyle and won it, only to miss the COA qualifying standard by 18/100 of a second. A long way to go for such a near miss. The crowd supported him all the way as the margin was tight; his final time was 15:36.12. There was some uproar afterward that a fault on the part of the starter—the starting beep was still set up for the 50 freestyle—cost McWha the qualification time. The delay as the sound of the electronic start travelled from the other end of the pool was, observers said, about 2/10 of a second. Well back in second place was Brett Creed with a time of 15:41.39. ❑

Best bet in Atlanta, I.M. specialist Curtis Myden Marco Chiesa

Overheard on deck:
"How do you spell Malar?"
On the Trials:
"This meet is an exercise in stress management."
On the state of men's swimming in Canada:
"Time to take off the bandaid and bring out the full body cast."
Quebec TV to Jean-Nicolas Poirier, on his finishing fifth in the 100 breast:
"So you finished fifth! I guess you won't be on the relay!"

1972-96 TRIALS MEDALLISTS

WOMEN 200 BUTTERFLY			
1972	2:26.90 Jennifer McHugh,CDSC	2:27.03 Leslie Cliff,CDSC	2:29.10 Marilyn Corson,unatt
1976	2:15.41 Cheryl Gibson,CDSC	2:16.09 Becky Smith,T8T	2:16.69 Wendy Duirk,PCSC
1980	2:13.06 Wendy Duirk,EKSC	2:16.52 Kevyn Stafford,CDSC	2:16.72 Anne Jardin,PCSC
1984	2:12.96 Marie Moore,DCSC	2:14.44 Donna McGinnis,EKSC/Jill Horstead,ESC (tied)	
1988	2:12.70 Mojca Cater,EPS	2:13.71 Donna McGinnis,EKSC	2:14.37 Adrienne Kovacs,EPS
1988	2:12.79 Mojca Cater,EPS	2:13.45 Anne Taylor,EKSC	2:15.55 Donna McGinnis,EKSC
1992	2:14.98 Jacynthe Pineau, SELCT	2:15.01 Beth Hollihan, NYAC	2:15.33 Mojca Cater, UNATT
1996	2:12.68 Jessica Deglau,PDSA	2:12.71 Andrea Schwarz,RDD	2:15.85 Judy Koonstra,USC
MEN 200 BACKSTROKE			
1972	2:12.09 Ian MacKenzie,CDSC	2:12.78 Bill Kennedy,CDSC	2:13.04 John Hawes,PCSC
1976	2:07.46 Mike Scarth,JPSC	2:08.54 Steve Hardy,HYACK	2:08.70 Daryl Skilling,TBT
1980	2:03.45 Cam Henning,EKSC	2:03.94 Wade Flemmons,CDSC	2:04.07 Bruce Berger,HYACK
1984	2:01.20 Mike West,ROW	2:02.41 Cam Henning,EKSC	2:02.61 Sandy Goss,NYAC
1988	2:01.27 Sean Murphy,EPS	2:02.21 Mark Tewksbury,UCSC	2:02.56 Gary Anderson,EPS
1988	2:02.98 Kevin Draxinger,CDSC	2:03.20 Sean Murphy,EPS	2:04.48 Raymond Brown,EPS
1992	2:01.53 Kevin Draxinger, PDSA	2:02.21 Raymond Brown, UNATT	2:02.36 Deke Botsford, NYAC
1996	2:00.63 Chris Renaud,UCSC	2:02.04 Robert Braknis,CDBRA	2:02.43 Greg Hamm,PDSA
WOMEN 50 FREESTYLE			
1980	0:26.25 Carol Klimpel,SSAC	0:26.68 Anne Jardin,PCSC	0:27.11 Pamela Rai,HYACK
1984	0:26.90 Pamela Rai,HYACK	0:27.26 Wendy Lamers,TRENT	0:27.27 Jane Kerr,ESC
1988	0:26.28 Kristin Topham,MANTA	0:26.34 Andrea Nugent,UCSC	0:26.79 Lori Melien,AAC
1988	0:26.30 Andrea Nugent,UCSC	0:26.54 Kristin Topham,MANTA	0:26.72 Gabriella Kuntz,LAVAL
1992	0:26.17 Andrea Nugent,UCSC	0:26.47 Kristin Topham,PEPSI	0:26.52 Shannon Shakespeare,MM
1996	0:26.22 Martine Dessureault,CNMN	0:26.45 Shannon Shakespeare,MM	0:26.46 Andrea Moody,WVDSC
MEN 1500 FREESTYLE			
1972	16:59.92 Deane Buckboro,unatt	17:05.01 Ross Nelson,JPSC	17:15.75 Ron Jacks,unatt
1976	15:51.73 Michael Ker,CDSC	16:01.78 Paul Midgley,PCSC	16:19.23 Tom Alexander,T8T
1980	15:28.88 Peter Szmidt,EKSC	15:39.32 Alex Baumann,LUSC	15:44.13 David Shemilt,TGC
1984	15:37.87 David Shemilt,BRDCK	15:43.96 Bernhard Volz,NYAC	15:46.21 Chris Bowie,CDSC
1988	15:16.00 Harry Taylor,EKSC	15:26.05 Chris Chalmers,LYAC	15:26.81 Chris Bowie,CDSC
1988	15:38.40 Chris Bowie,EKSC	15:41.93 Harry Taylor,EKSC	15:41.93 Turlough O'Hare,CDSC
1992	15:31.32 David McLellan, LAC	15:36.15 Chris Bowie, EKSC	15:38.55 Turlough O'Hare, PDSA
1996	15:36.12 Michael McWha,WAC	15:41.39 Brett Creed,PDSA	15:49.21 Mark Johnston,BRDCK

SPEEDO LANES TO ATLANTA

Marianne Limpert does things her way, even if it means taking risks.

After five years of training in Toronto and Calgary, she decided to return to her hometown of Fredericton, New Brunswick for the 1996 Olympic year. The move was sudden and at a time when few athletes like to change their well-established routines, but she felt that she needed to be back in a supportive home environment for those final months of preparation.

"Being at home I have a few less things to worry about. My family and most of my friends are there, and everyone is 100 per cent behind me."

Having trained only six months with coach Claude St-Jean prior to the 1994 Commonwealth Games, she launched herself into his program last September. Her confidence in him paid off. At 23, Marianne made her second Olympic team in her specialty, the 200 individual medley, and earned a berth on the 4x100 freestyle relay.

"I think I did take a bit of a risk by coming home when I did. It was a big switch for both me and my parents, but I get along really well with Claude and I think that security is maybe what I missed during those years when I was all over the place."

The necessary understanding is certainly there—Marianne's father was an amateur boxer in Germany and continued to compete after coming to Canada. He actually won the Canadian Olympic Trials in 1964 but had not been a Canadian citizen long enough to be eligible to compete. "It was a bit of a heartbreaker for him but I think that's why he takes a lot of pride in what I'm doing because he has been able to live out his Olympic dream through me."

Understanding is also a factor in Marianne's long relationship with Speedo.

"It's great to have a sponsor like Speedo. The people are incredibly supportive and they've given me a lot of exposure, which really helps the sport."

Marianne has been featured on a poster with Olympic teammate Curtis Myden, in addition to appearing in the Sears catalogue and at a number of trade shows and poster signings.

She is also the resident expert when it comes to testing new equipment, such as the new swimsuit introduced at the Olympic Trials. "I really like the material in this suit. It's like the S2000 but better. It's a little more flexible and has a terrific fit. I like the lower neckline on it too."

Would she use it to race? "Definitely."

Despite the demanding nature of her training schedule, Marianne has enjoyed getting involved with Speedo. "It's been very interesting. Before working with Speedo, I didn't really think that much about my equipment. It's fun to see another side of the product and pay more attention to fabric, cuts and styles. I love it."

Marco Chiesa

QUICK FACTS ON MARIANNE LIMPERT

BIRTHDATE, PLACE 10 OCT 1972, Matagami, Quebec **HEIGHT** 5' 11" / 180 cm **WEIGHT** 141 lbs / 64 kg **HOME** Fredericton, New Brunswick **REPRESENTS** Fredericton Aquanauts (FAST) **COACH** Claude St-Jean

- 95 Pan Pacs 5th 200 IM 2:17.28
- 95 Pan Ams 3rd 100 free 56.80, 2nd 200 free 2:02.05, 2nd 200 IM 2:16.13
- 94 Worlds 15th 100 free 57.17, 4th 200 IM 2:15.93
- 94 Commonwealths 3rd 100 free 56.54, 6th 200 free 2:03.23, 2nd 200 IM 2:15.97
- 92 Olympics 6th 200 IM 2:17.09

Current Canadian records for 100 free 56.29 in 1993, 200 IM 2:15.15 in 1992

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Speedo salutes all aquatic athletes that strive for greatness and those who support them in their efforts

1996 OLYMPIC TEAM MEMBER MARIANNE LIMPERT Marco Chiesa

POOLSIDE WITH Claude St-Jean, Head Coach of FAST, Marianne Limpert's coach since September 1995

What kind of work did you do with Marianne this year, knowing you had less than eight months to prepare her for the Olympic Trials?

I had already had the opportunity to work with Marianne for six months before she went to Calgary and we did a lot of travelling together in that time, so I felt I knew her character pretty well. The objective this year was to work on the four strokes for her IM; at her age, it seemed the best way to improve would not be to simply train harder than ever before, but to improve each stroke and concentrate on her technique.

Did she find training with you very different from her previous programs?

I think so. At the beginning of the year I told her to take two weeks off. To stop completely. It was something she had never done. Even if she was given time off, Marianne never left the water; she'd always get in every other day. I think the rest did her good.

I always do a reconditioning program at the start of the season; Marianne did a lot of dryland exercises she had never done before, things like medicine ball, surgical tubing and jumping exercises. Within two to three weeks her coordination had improved and I think that she has increased her strength this year.

Marianne has matured a great deal over the last few years. Do you think that helped her to make this year's transition successfully?

I think so, and I think she really surprised herself this year. Marianne has a lot of determination and she knows what she wants. Even if there are difficult periods—she gets tired just like everyone else—she never loses sight of her objective. She has risen to every challenge this year, and she's overcome all the obstacles. She's 23 and I think at that age there is a need for a certain confidence between a coach and an athlete. I think that relationship is very important to Marianne and that's what she was looking for this year. We still have several things to work on in her race before Atlanta; her breaststroke can be much faster and her fly leg can improve by 5 to 6 tenths of a second. We'll take it one step at a time.

TRIALS RESULTS

CANADIAN MARITIME LIFE OLYMPIC TRIALS
Mar 30 - April 4 (50 M)
• = Canadian Record

MEN'S EVENTS

50 METRES FREE, Apr 3	Prelims	Final
1 Hugues Legault,22,SAMAK	23.47	23.26
2 Dean Kondziolka,23,ASC	23.26	23.36
3 Robert Braknis,23,COBRA	23.28	23.50
4 Alex Shleifman,20,NYAC	23.70	23.61
5 Stephen Clarke,22,COBRA	23.46	23.69
6 Simon MacDonald,16,NKB	23.91	23.86
7 Ryan Laurin,20,WVOSC	23.92	23.91
8 Andre Harvey,22,UL	23.85	23.98
Consolation		
1 Daryl Shannon,20,HYACK	24.06	23.76
2 Jason Lukeman,23,PHTAC	24.07	23.90
3 William Sutherland,17,AAC	23.92	23.93
4 Jon Oavy,20,POSA	24.08	24.01
5 Steven VanderMeulen,27,UCSC	24.05	24.01
6 Yannick Lupien,16,CAGRA	23.95	24.04
7 Aaron Berg,23,LASC	24.07	24.30
8 Kris Fisher,19,MAC	23.94	24.32

100 METRES FREE, Mar 31	Prelims	Final
1 Robert Braknis,23,COBRA	51.50	51.16
2 Stephen Clarke,22,COBRA	50.87	51.38
3 Craig Hutchison,20,PCSC	51.30	51.62
4 Dustin Hersee,20,PDSA	52.27	51.64
5 Dean Kondziolka,23,ASC	51.98	51.82
6 Michael Mintenko,20,MJKFF	51.97	51.93
7 Ron Watson,27,ETOB	52.08	52.03
8 William Sutherland,17,AAC	52.13	52.23
Consolation		
1 Daryl Shannon,20,HYACK	52.29	51.77
2 Lee Wanie,22,EYSC	52.55	52.35
3 Robert Pettifer,18,RACER	52.65	52.62
4 Aaron Berg,23,LASC	52.74	52.63
5 Jeremy Sparrow,20,HWAC	52.63	52.87
6 Conor Braiden,20,WVOSC	52.76	52.88
7 Jonathan Miller,18,UCSC	52.76	52.98
8 Steven VanderMeulen,27,UCSC	52.74	52.99
scr Jon Davey,20,PDSA	52.70	

200 METRES FREE, Mar 30	Prelims	Final
1 Stephen Clarke,22,COBRA	1:52.35	1:51.87
2 Ron Voordouw,19,UCSC	1:52.79	1:52.29
3 Simon Eberlie,21,NYAC	1:53.02	1:52.35
4 Eddie Parenti,24,PDSA	1:53.47	1:52.40
5 Michael McWha,18,WAC	1:53.61	1:52.95
6 Dustin Hersee,20,PDSA	1:53.61	1:53.11
7 Rob McFarlane,22,UCSC	1:53.34	1:53.16
8 Owen VonRichter,20,ETOB	1:52.72	1:55.42
Consolation		
1 Simon DeJong,19,ROD	1:54.86	1:53.72
2 Greg Hamm,19,PDSA	1:53.64	1:54.35
3 Mark Johnston,16,BROCK	1:54.91	1:54.46
4 Michael Mintenko,20,MJKFF	1:53.89	1:54.56
5 Philippe Pominville,21,DDO	1:54.86	1:55.02
6 Andrew MacDonald,19,NKB	1:53.66	1:55.07
7 Andrew Munro,18,ETOB	1:54.75	1:55.11
8 Chad Cradock,22,BTSC	1:54.83	1:55.15
scr Curtis Myden,22,UCSC	1:54.30	

400 METRES FREE, Apr 1	Prelims	Final
1 Michael McWha,18,WAC	4:02.28	3:57.04
2 Owen VonRichter,20,ETOB	4:00.58	3:58.09
3 Mark Johnston,16,BROCK	4:00.28	3:58.98
4 Brett Creed,20,PDSA	4:01.12	4:01.16
5 David McLellan,21,NYAC	4:02.57	4:03.27
6 Scott Flood,18,GOLO	4:02.78	4:03.48
7 Chad Cradock,22,BTSC	4:02.31	4:03.63
8 Joseph-P. Richard,18,DDO	4:02.14	4:08.71
Consolation		
1 Ron Voordouw,19,UCSC	4:03.53	3:59.83
2 Sebastien Guerard,19,CNMN	4:02.87	4:02.72
3 Brent Sallee,18,PDSA	4:06.99	4:05.37
4 Oan Lee,19,KEETA	4:04.55	4:05.94
5 Simon DeJong,19,ROO	4:02.85	4:06.75
6 Francis Madore,21,CAGRA	4:07.02	4:07.05
7 Sam Lawson,17,PDSA	4:05.35	4:08.20
8 Wayne Linner,18,ROO	4:05.15	4:09.24
scr Gregg Hamm,19,PDSA	4:04.67	
scr Glendon Flint,19,TAT	4:04.87	

1500 METRES FREE, Apr 4	Prelims	Final
1 Michael McWha,18,WAC	16:01.16	15:36.12
2 Brett Creed,20,PDSA	15:53.86	15:41.39
3 Mark Johnston,16,BROCK	15:56.88	15:49.21
4 David McLellan,21,NYAC	16:01.44	15:50.00
5 Sebastien Guerard,19,CNMN	16:07.36	16:01.90
6 Brent Sallee,18,PDSA	15:59.13	16:03.26
7 Mark Eberlie,17,LAC	16:04.62	16:07.86
8 Chad Cradock,22,BTSC	16:06.13	16:08.18

100 METRES BACK, Apr 1	Prelims	Final
1 Robert Braknis,23,COBRA	57.11	56.66
2 Chris Renaud,19,UCSC	57.35	56.95
3 Raymond Brown,26,NYAC	57.10	56.99
4 Mark Versfeld,19,FMSC	57.54	57.16
5 Shawn Button,20,ROW	56.76	57.18
6 Sean Sepulis,18,GMAC	57.73	57.34
7 Michael Knight,17,EKSC	58.17	58.00
8 Bob Hayes,19,SCAR	58.18	58.17
Consolation		
1 Lee Wanie,22,EYSC	58.28	57.76
2 Dustin Hersee,20,PDSA	58.20	58.26
3 Greg Hamm,19,PDSA	58.54	58.59
4 Chris Sawbridge,15,NRST	58.92	58.98
5 Alexandre Pichette,19,CAMO	58.93	59.12
6 Jason Brockman,17,UCSC	58.93	59.18
7 Kris Fisher,19,MAC	58.59	59.64
8 Jonathan Miller,18,UCSC	58.91	59.89
scr Curtis Myden,22,UCSC	58.45	

200 METRES BACK, Apr 4	Prelims	Final
1 Chris Renaud,19,UCSC	2:03.74	2:00.63
2 Robert Braknis,23,COBRA	2:04.48	2:02.04
3 Greg Hamm,19,PDSA	2:03.27	2:02.43
4 Curtis Myden,22,UCSC	2:04.01	2:02.77
5 Dustin Hersee,20,POSA	2:05.60	2:03.28
6 Raymond Brown,26,NYAC	2:06.10	2:05.83
7 Shawn Button,20,ROW	2:04.44	2:07.24
8 Mark Versfeld,19,FMSC	2:06.48	2:07.55
Consolation		
1 Jonathan Miller,18,UCSC	2:07.56	2:07.23
2 Shamek Pietucha,19,EKSC	2:08.79	2:07.88
3 Alexandre Pichette,19,CAMO	2:07.63	2:08.84
4 Jason Brockman,17,UCSC	2:09.11	2:09.05
5 Kerry Wright,18,PSW	2:09.88	2:09.49
6 Bob Kariatsumari,21,UCSC	2:09.16	2:09.68
7 Michael Knight,17,EKSC	2:08.03	2:10.67
8 Mike Wasylensky,20,USC	2:09.30	2:11.08

100 METRES BREAST, Mar 30	Prelims	Final
1 Jon Cleveland,25,UCSC	1:03.18	1:03.27
2 Russell Patrick,20,UCSC	1:04.29	1:04.16
3 Andrew Chan,16,ETOB	1:04.18	1:04.29
4 John Stamhuis,17,CRKW	1:05.20	1:04.47
5 Jean-N. Poirier,20,PPO	1:04.77	1:04.90
6 Jason Flint,19,TAT	1:04.99	1:05.08
7 Robert Fox,28,UCSC	1:05.09	1:05.38
8 Brad Mori,18,MAC	1:05.32	1:05.58
Consolation		
1 Jeremy Jaud,19,IS	1:05.66	1:05.59
2 Mark Ritcey,19,HTAC	1:05.34	1:05.71
3 Michael Mason,22,ETOB	1:05.37	1:05.99
4 Steve Gluck,17,ACE	1:06.36	1:06.18
5 Robert Giggey,19,NKB	1:05.88	1:06.56
6 Nicolas Perron,24,UL	1:06.36	1:06.57
7 Grey Fairley,24,HWAC	1:06.07	1:06.62
8 Jayme Gordon,19,EYSC	1:05.87	1:07.68

200 METRES BREAST,Apr 2	Prelims	Final
1 Jon Cleveland,25,UCSC	2:18.76	2:17.48
2 Andrew Chan,16,ETOB	2:19.18	2:18.04
3 Michael Mason,22,ETOB	2:20.97	2:18.85
4 Jason Flint,19,TAT	2:20.36	2:19.66
5 John Stamhuis,17,CRKW	2:21.99	2:20.92
6 Robert Giggey,19,NKB	2:22.57	2:21.24
7 Jeremy Jaud,19,IS	2:21.63	2:21.71
8 Robert Fox,28,UCSC	2:22.92	2:22.32
Consolation		
1 Kevin Dupuis,17,DCSC	2:24.37	2:23.20
2 Morgan Knabe,14,EKSC	2:23.66	2:23.34
3 Russell Patrick,20,UCSC	2:24.01	2:23.81
4 David Allard,16,PCSC	2:25.15	2:24.51
5 Peter Simovic,19,ETOB	2:26.30	2:25.22
6 Michael Wylie,19,HYACK	2:25.42	2:26.59
7 Pieter Huyssen,22,BROCK	2:26.10	2:26.76
8 Mark Ritcey,19,HTAC	2:24.24	2:28.06
scr Jean-N. Poirier,20,PPO	2:25.52	

100 METRES FLY, Apr 2	Prelims	Final
1 Eddie Parenti,24,PDSA	55.08	54.53
2 Stephen Clarke,22,COBRA	54.47	54.67
3 Shamek Pietucha,19,EKSC	56.13	55.09
4 Keith Dennison,24,MANTA	55.25	55.17
5 Doug Wake,19,ROD	55.85	55.52
6 Michael Mintenko,20,MJKFF	55.77	55.55
7 Rob McFarlane,22,UCSC	55.84	55.63
8 Casey Barrett,21,PDSA	55.76	55.77
Consolation		
1 Colin Sood,22,EKSC	56.97	56.81
2 Ryan Duggan,23,UCSC	56.64	56.83
3 Philippe Pominville,21,DDO	56.42	56.86
4 Bo Simpson,19,UCSC	57.04	56.94
5 Dennis Lau,17,ETOB	57.11	57.23
6 Serge Blais,20,UCSC	56.75	57.23
7 Sean Cargin,18,LAC	56.47	57.25
8 Simon MacDonald,16,NKB	57.05	57.47
scr Francois Gravel,25,UL	56.35	
scr Mark Versfeld,19,FMSC	56.84	

200 METRES FLY, Apr 1	Prelims	Final
1 Casey Barrett,21,PDSA	2:02.00	1:59.91
2 Rob McFarlane,22,UCSC	2:01.48	2:01.19
3 Eddie Parenti,24,PDSA	2:02.66	2:01.30
4 Philip Weiss,16,PSW	2:02.96	2:01.70
5 Robert Sampson,21,NYAC	2:03.20	2:02.82
6 Philippe Pominville,21,DDO	2:03.78	2:02.85
7 Sean Cargin,18,LAC	2:02.73	2:02.96
8 Andrew Cho,17,HYACK	2:06.14	2:05.76
Consolation		
1 Oan Letourneau,20,UL	2:06.93	2:06.88
2 Trevor Gillis,20,CASC	2:07.65	2:07.60
3 Simon MacDonald,16,NKB	2:07.51	2:07.62
4 Yannick Oemers,18,CNMN	2:08.32	2:07.63
5 Colin Forsberg,17,GMAC	2:07.78	2:07.76
6 Philippe Rousseau,18,DDO	2:07.64	2:08.34
7 Nicholas Martin,19,SL	2:08.21	2:08.91
8 Mark Arzaga,17,CREST	2:08.31	2:09.05
scr Jonathan McLeod,20,UNATT	2:06.15	

200 METRES I.M., Apr 3	Prelims	Final
1 Curtis Myden,22,UCSC	2:04.61	2:02.32
2 Mark Versfeld,19,FMSC	2:06.46	2:03.84
3 Dino Verbrugge,21,IS	2:06.68	2:06.50
4 Jonathan McLeod,20,UNATT	2:07.46	2:07.71
5 Casey Barrett,21,PDSA	2:07.31	2:08.40
6 Jamie White,18,LAC	2:09.25	2:08.81
7 Owen VonRichter,20,ETOB	2:06.97	2:08.95
8 Adam Peacey,19,GO	2:09.35	2:09.05
Consolation		
1 Philip Weiss,16,PSW	2:10.41	2:08.19
2 Jeremy Jaud,19,IS	2:09.63	2:08.32
3 Dallas Dyson,16,EKSC	2:09.67	2:08.47
4 Jean-N. Poirier,20,PPO	2:10.51	2:09.19
5 Sean Cargin,18,LAC	2:10.55	2:09.53
6 Kevin Oupuis,17,OCSC	2:09.86	2:10.36
7 Trevor Gillis,20,CASC	2:10.38	2:10.38
8 Owen MacGregor,17,MANTA	2:10.36	2:10.89
scr Gary Anderson,26,NYAC	2:09.24	
scr Robert Fox,27,UCSC	2:09.39	
scr Russell Patrick,20,UCSC	2:10.20	

400 METRES I.M., Mar 31	Prelims	Final
1 Owen VonRichter,20,ETOB	4:23.76	4:23.94
2 Casey Barrett,21,PDSA	4:29.49	4:26.19
3 Jonathan McLeod,20,UNATT	4:30.48	4:27.39
4 Oino Verbrugge,21,IS	4:29.00	4:29.16
5 Philip Weiss,16,PSW	4:31.09	4:30.63
6 Sebastien Guerard,19,CNMN	4:30.60	4:31.58
7 Owen MacGregor,17,MANTA	4:32.52	4:32.15
8 Kevin Oupuis,17,OCSC	4:33.10	4:32.42
Consolation		
1 Jamie White,18,LAC	4:35.53	4:32.00
2 Shawn Van Hoot,18,LAC	4:35.98	4:33.72
3 Neil Baker,18,ROW	4:36.49	4:33.91
4 Dallas Dyson,16,EKSC	4:36.90	4:35.54
5 Adam Peacey,19,GO	4:33.74	4:36.03
6 Andrew Cho,17,HYACK	4:36.53	4:36.59
7 Paul Herbert,18,KBM	4:36.85	4:38.48
8 Wayne Linner,18,ROD	4:33.69	4:38.83

WOMEN'S EVENTS

50 METRES FREE, Apr 4	Prelims	Final
1 Martine Oessureault,21,CNMN	26.38	26.22
2 Shannon Shakespeare,18,MM	26.48	26.45
3 Andrea Moody,18,WVOSC	26.53	26.46
4 Anita Lee,21,PDSA	26.77	26.53
5 Tara Brock,19,PCSC	26.70	26.59
6 Laura Nicholls,17,ROW	27.05	26.62
7 Erin Murphy,26,MM	27.02	27.00
8 Jessica Amey,19,UCSC	26.97	27.19
Consolation		
1 Shona Kitson,18,WAC	27.05	26.91
2 Anne-M. Pelletier,15,SL	27.32	26.94
3 Alison Zwarich,15,UCSC	27.09	26.98
4 Anna Lydall,15,OAK	27.17	27.08
5 Nicole Oavey,17,MAC	27.26	27.17
6 Carol Chiang,20,PCSC	27.09	27.21
7 Carmen Kondra,20,ETOB	27.29	27.24
8 Alexandra Ruiz,20,POSA	27.20	27.28
scr Melanie Bussiere,23,CNB	27.32	

100 METRES FREE, Mar 30	Prelims	Final
1 Shannon Shakespeare,18,MM	56.96	56.72
2 Marianne Limpert,23,FAST	57.80	57.17
3 Andrea Moody,18,WVOSC	57.88	57.19
4 Julie Howard,19,BRANT	57.66	57.36
5 Carol Chiang,20,PCSC	57.85	57.46
6 Laura Nicholls,17,ROW	57.90	57.56
7 Patricia Noall,25,NPS	57.46	57.59
8 Marylyn Chiang,18,MANTA	57.76	58.01
Consolation		
1 Anita Lee,21,PDSA	58.07	57.90
2 Alison Zwarich,15,UCSC	58.74	58.11
3 Sophie Simard,17,UL	58.12	58.14
4 Anne Blachford,19,COBRA	58.30	58.48
5 Tara Brock,19,PCSC	58.08	58.48
6 Melanie Bussiere,23,CNB	58.63	58.63
7 Shelley Babin,16,ETOB	58.49	58.64
8 Jessica Amey,19,UCSC	58.32	58.76
scr Sarah Evanetz,20,POSA	57.91	
scr Kate Brambley,17,IS	58.70	

200 METRES FREE, Mar 31	Prelims	Final
1 Joanne Malar,20,HWAC	2:03.24	2:01.36
2 Stephanie Richardson,19,NYAC	2:03.43	2:02.36
3 Sophie Simard,17,UL	2:03.53	2:02.76
4 Jessica Deglau,15,PDSA	2:03.90	2:03.05
5 Marianne Limpert,23,FAST	2:04.11	2:03.09
6 Andrea Schwartz,18,ROO	2:03.24	2:03.28
7 Kate Brambley,17,IS	2:03.99	2:03.48
8 Cara Lachmuth,18,UCSC	2:04.03	2:07.31
Consolation		
1 Cindy Bertelink,20,COBRA	2:05.40	2:05.14
2 Jennifer Button,18,ROW	2:05.75	2:05.18
3 Marylyn Chiang,18,MANTA	2:04.98	2:05.29
4 Karine Chevrier,18,CAMO	2:05.68	2:05.65
5 Shannon Shakespeare,18,MM	2:04.65	2:05.80
6 Laura Nicholls,17,ROW	2:06.05	2:06.24
7 Ariadne Legendre,19,CAMO	2:06.08	2:07.32
8 Michelle Killins,21,NYAC	2:05.37	2:09.01
scr Donna Wu,18,POSA	2:04.37	
scr Oanielle Kennedy,22,UCSC	2:04.49	
scr Nikki Dryden,20,MM	2:04.52	
scr Christine Jeffrey,23,GMAC	2:05.03	

400 METRES FREE, Apr 2	Prelims	Final
1 Andrea Schwartz,18,ROO	4:20.18	4.18.31
2 Oanielle Kennedy,22,UCSC	4:20.38	4:18.65
3 Cindy Bertelink,20,COBRA	4:20.22	4.20.28
4 Stephanie Richardson,19,NYAC	4:18.56	4:21.38
5 Nikki Oryden,20,MM	4:21.70	4:22.19
6 Julie Gravelle,16,GO	4:21.41	4:22.70
7 Christine Jeffrey,23,GMAC	4:21.69	4:24.49
8 Donna Wu,18,PDSA	4:21.57	4:24.59
Consolation		
1 Jocelyn Jay,23,BRANT	4:25.12	4:22.20
2 Stephanie Zarins,15,GO	4:27.53	4:24.48
3 Peggy Corkum,21,NYAC	4:22.84	4:24.70
4 Tanya Hunks,15,HWAC	4:25.52	4:26.34
5 Suzanne Drodge,15,SJL	4:25.19	4:26.82
6 Sarah Jay,20,BRANT	4:28.85	4:27.58
7 Melissa Knox,17,PDSA	4:28.93	4:28.61
8 Michelle Cruz,15,ACE	4:27.66	4:30.57
scr Kate Brambley,17,IS	4.21.71	
scr Cara Lachmuth,18,UCSC	4:22.21	
scr Jessica Deglau,15,PDSA	4:22.45	

scr	Michelle Sallee,22,PDSA	4:22.95	
scr	Sophie Simard,17,UL	4:25.04	
scr	Laura Nicholls,17,ROW	4:28.42	
800 METRES FREE, Apr 3		Prelims	Final
1	Stephanie Richardson,19,NYAC	8:54.37	8:46.02
2	Cindy Bertelink,20,COBRA	8:53.58	8:48.26
3	Kate Brambley,17,IS	8:56.15	8:53.78
4	Susan Barnes,26,CASC	8:56.36	8:54 81
5	Cara Lachmuth,18,UCSC	8:58.84	8:54 92
6	Michelle Sallee,22,PDSA	8:56.51	8:55.95
7	Danielle Kennedy,22,UCSC	9:00.34	9:05.78
8	Julie Gravelle,16,GO	8:55.34	9:10.48
100 METRES BACK, Mar 31		Prelims	Final
1	Julie Howard,19,BRANT	1:04.35	1:04.34
2	Christine Natywary,18,ETOB	1:05.32	1:04.36
3	Cynthia Graton,18,UL	1:04.23	1:04.55
4	Suzanne Weckend,18,IS	1:04 90	1:04.70
5	Shyanne Shannon,19,LASC	1:05.35	1:04 96
6	Amanda Marin,18,ROD	1:05.12	1:05.35
7	Glencora Maughan,18,PDSA	1:04.99	1:05.43
8	Kathy Monar,21,UCSC	1:04.56	1:05.83
Consolation			
1	Michelle Lischinsky,21,MM	1:05.77	1:05.90
2	Nadine Rolland,20,CAMO	1:05.39	1:06.14
3	Karina Klein,16,UCSC	1:06.04	1:06.33
4	Rikki Janes,17,GOLD	1:06.01	1:06.39
5	Ashleigh Crowder,17,AAC	1:06.93	1:06.92
6	Lesley Spada,19,KBM	1:06.41	1:06.97
7	Katrina Walters,20,PSW	1:06.35	1:07.50
8	Jennifer Button,18,ROW	1:05.94	1:09.75
scr	Christine Harris,25,EYSC	1:05.83	
scr	Lisa Virgini,19,PCSC	1:06.34	
200 METRES BACK, Apr 3		Prelims	Final
1	Joanne Malar,20,HWAC	2:17.14	2:15.53
2	Julie Howard,19,BRANT	2:18.49	2:16.59
3	Amanda Marin,18,ROD	2:18.47	2:16.73
4	Christine Natywary,18,ETOB	2:19.67	2:17.85
5	Suzanne Weckend,18,IS	2:18.30	2:18.25
6	Shyanne Shannon,19,LASC	2:20.67	2:18.84
7	Nadine Rolland,20,CAMO	2:19 38	2:19.90
8	Cynthia Graton,18,UL	2:18.80	2:22.50
Consolation			
1	Genevieve Noiseux,16,CNB	2:20.79	2:19.60
2	Tiffany O'Brien,16,HYACK	2:21 19	2:19 74
3	Melanie Bussiere,23,CNB	2:21.52	2:20.39
4	Ana Oldershaw,17,ROD	2:21.38	2:21.35
5	Katrina Walters,20,PSW	2:22.05	2:21.51
6	Michelle Lischinsky,21,MM	2:22.44	2:21.71
7	Karina Klein,16,UCSC	2:21.80	2:21.71
8	Lisa Virgini,19,PCSC	2:20.82	2:22.61
scr	Allison Barriscale,19,IS	2:20.93	
scr	Elizabeth Warden,18,SCAR	2:21.27	
100 METRES BREAST, Mar 30		Prelims	Final
1	Lisa Flood,24,PDSA	1.10.60	1:09.98
2	Christin Petelski,18,IS	1.10.93	1:11.37
3	Riley Mants,17,MANTA	1.11.38	1:11 68
4	Tara Sloan,16,UCSC	1 12 65	1:11.88
5	Josee Dubois,17,RCA	1.12.04	1 12.19
6	Anne Blachford,19,COBRA	1 12 53	1 12.62
7	Jennifer Noddte,16,COBRA	1.12.48	1:12 82
8	Rhiannon Leier,18,MM	1.12 72	1:12.84
Consolation			
1	Danica Wizniuk,15,STSC	1.13 01	1:12 90
2	Willa Bostock,17,ETOB	1 13.55	1 13 12
3	Nathalie Giguere,23,UL	1.12.96	1 13.18
4	Nancy Gravel,23,SHER	1 13 08	1 13.33
5	Chantal Dubois,21,UL	1.14 49	1:14 49
6	Rae Abbott,19,PDSA	1 14 33	1:14 91
7	Lauren Van Oosten,17,NRST	1 13.79	1:15 23
8	Jennifer Crowder,20,AAC	1 14.27	1:15.41
200 METRES BREAST, Apr 1		Prelims	Final
1	Christin Petelski,18,IS	2:30 59	2:29 51
2	Riley Mants,17,MANTA	2:32 73	2:29 85
3	Lisa Flood,24,PDSA	2:34 99	2:31.99
4	Rae Abbott,19,PDSA	2:34 73	2 35 21
5	Josee Dubois,17,RCA	2:35 60	2:35 38
6	Nathalie Giguere,23,UL	2.35 83	2:35.77
7	Jenniter Noddte,16,COBRA	2:35 29	2:36 13
8	Rhiannon Leier,18,MM	2:38.79	2.39 72
Consolation			
1	Christina Hajdu,17,MAC	2 39.47	2 38 71
2	Carolyn Gilberl,20,ROW	2 41 38	2 38 79
3	Tara Sloan,16,UCSC	2:40 93	2:39 28
4	Chantal Dubois,21,UL	2:39.38	2:39.28
5	Jenny Foreman,16,IS	2:40.40	2:40.45
6	Sabrina Wilson,19,EKSC	2:40.38	2:40.90
7	Lauren Van Oosten,17,NRST	2:39.51	2:41.37
8	Danica Wizniuk,15,STSC	2:39.28	2:42.23
100 METRES FLY, Apr 2		Prelims	Final
1	Sarah Evanetz,20,PDSA	1:02.73	1:01 18
2	Jessica Amey,19,UCSC	1:02.69	1:01.69
3	Andrea Schwartz,18,ROD	1:02.15	1:01.98
4	Shona Kitson,18,WAC	1:02.28	1:02.17
5	Jessica Deglau,15,PDSA	1:02.88	1:02.52
6	Julie Howard,19,BRANT	1.02.47	1:02.55
7	Jenniter Button,18,ROW	1:03.04	1.02.70
8	Marylyn Chiang,18,MANTA	1:02.85	1:02.93
Consolation			
1	Judy Koonstra,16,USC	1:03.98	1:03.36
2	Valerie Mesplier,16,PCSC	1:03.82	1:03.60
3	Martine Dessureault,21,CNMN	1:03.58	1:03.69
4	Lisa Robertson,21,HYACK	1:03.99	1:03.76
5	Patricia Noall,25,NPS	1:03.47	1:03.81
6	Erin Murphy,26,MM	1:03.79	1:04.06
7	Alexandra Ruiz,20,PDSA	1:03.34	1:04.61
8	Alison Zwarich,15,UCSC	1:04 49	1:06.84
200 METRES FLY, Apr 4		Prelims	Final
1	Jessica Deglau,15,PDSA	2:14.85	2.12.68
2	Andrea Schwartz,18,ROD	2:14.77	2:12.71
3	Judy Koonstra,16,USC	2:17.36	2:15.85
4	Jennifer Button,18,ROW	2:15.74	2:16.22
5	Allison Barriscale,19,IS	2:18.01	2:17.26
6	Sophie Simard,17,UL	2:18.13	2:17.54
7	Josee Santillan,19,LAVAL	2:17.88	2:17.66
8	Holly McComb,20,PCSC	2:17.92	2:18.92
Consolation			
1	Andrea McIntosh,17,BBF	2:20.97	2:19.05
2	Kellie Rolston,15,IS	2:21.24	2:20.05
3	Patricia Noall,25,NPS	2:21 45	2:20.38
4	Suzanne Weckend,18,IS	2:21.28	2:21.08
5	Jolanta Przepiorka,17,ROD	2:21.60	2:21 30
6	Tanya Hunks,15,HWAC	2:21.40	2:21.56
7	Chantal Harrison,21,PCSC	2:21.72	2:22.21
8	Kate Ingram,16,PCSC	2:21.11	2:23.72
scr	Shona Kitson,18,WAC	2:18.37	
scr	Joanne Malar,20,HWAC	2:19.91	
200 METRES I.M., Apr 2		Prelims	Final
1	Joanne Malar,20,HWAC	2:18.08	2:15 49
2	Marianne Limpert,23,FAST	2:18 26	2:15.75
3	Nancy Sweetnam,22,LLSC	2:19.32	2:16.82
4	Shannon Shakespeare,18,MM	2:19.96	2:19.58
5	Elizabeth Warden,18,SCAR	2:21 74	2:19.98
6	Ariadne Legendre,19,CAMO	2 22 18	2:20 11
7	Anne Blachford,19,COBRA	2:21.02	2:21 44
8	Stephanie Hughes,17,HTAC	2:21.63	2:22.76
Consolation			
1	Jennifer Noddle,16,COBRA	2:24.39	2:21 22
2	Tania Beliste-Leclerc,18,GO	2:24 19	2:22.54
3	Karine Chevrier,18,CAMO	2:22 69	2:23.04
4	Andrea McIntosh,17,BBF	2:24 98	2:23 27
5	Chasin Frew,17,NYAC	2:24 11	2:24 16
6	Lisa Mensink,19,UCSC	2 24 30	2 24 75
7	Kelly Doody,16,CASC	2.24.78	2 25 17
8	Jennifer Delong,16,UNATT	2.22 77	2 25 20
400 METRES I.M, Mar 30		Prelims	Final
1	Joanne Malar,20,HWAC	4 48.88	• 4 43.39
2	Nancy Sweetnam,22,LLSC	4:51 27	4 48.04
3	Ariadne Legendre,19,CAMO	4 58 56	4 55 34
4	Elizabeth Warden,18,SCAR	4:58 04	4 55 96
5	Chasin Frew,17,NYAC	4 57 82	4 58.73
6	Jocelyn Jay,23,BRANT	4 58 01	4 59 93
7	Allison Barriscale,19,IS	4.58.72	5 00.03
8	Shona Kitson,18,WAC	4 59.42	5 01 05
Consolation			
1	Tiffany O'Brien 16,HYACK	5:02 33	4 58 00
2	Regan Petelski,16,IS	5 01 14	4 58 52
3	Stephanie Hughes,17 HTAC	5 00 79	5 00 91
4	Jenniter Delong,16,UNATT	5 01 17	5 01 37
5	Barbi Brochu,18,TAT	5 01 06	5 01 80
6	Carrie Burgoyne,14,MANTA	4 59 91	5 03 30
7	Stephanie Zarins,15,GO	5 03 33	5 03 66
8	Jenny Foreman,16,IS	5:03 88	5.04 26
scr	Cindy Bertelink,20,COBRA	5 01 92	

BOOK REVIEW

HOW TO IMPROVE MENTAL SKILLS

Mental training has been around for a long time, yet we are just now discovering that it needs to be planned and trained just like physical training

Neil Harvey

In the foreword to this book, Mark Tewksbury credits his mental training program with giving him the *capacity* to win. He experienced the "win" many times in his thoughts. Even though he had never won an Olympics, he experienced "deja-vu" during the race. He had been there before. Mark tells us he was forced to approach this program with complete honesty, commitment, and seriousness, since his competitors leading into the Games were swimming very well and in order to win, Mark would have to take off at least one second from his 100 m backstroke time. This was a task that made the confident world-class swimmer weep with doubt. The results of his journey are history. This book is a further refinement of that program.

Coaches can always be heard counselling their swimmers during training and at every meet. Where do they learn this stuff? What is the right thing to say to a swimmer at any given time? Is it experience combined with some psychology readings and perhaps a couple of courses taken somewhere? How many coaches do you know who actually take the time to program mental training into their year plan? Chalk talks, goal sheets, log books, relaxation drills, cue words, *explode*! These methods are all familiar to coaches.

But what are the references we use to find out more? You may have read Keith Bell's series of well-written simple psychology books for everyday thinking. These are excellent introductions to the type of thinking and mental preparations needed to take the average talented swimmer through the constant barriers to higher success. Terry Orlick has written some excellent books describing programs for mental training (*In Pursuit of Excellence*). Peter Jensen and Bob Weile have put out *The Inside Edge*, a workbook for mental training. The NCCP Level 4 program has two courses in this area (tasks 7 and 8). John Hogg's book takes these psychological building blocks further into a usable workbook format with a personalized training program for the advanced swimmer.

The work involved in this program requires the swimmer to complete various tasks throughout each section and return as needed for review and follow-up. The book begins with self-awareness. This work leads swimmers through the challenging and often distasteful task of honestly looking inside themselves. It becomes the basis for all subsequent work. I do not see a swimmer working through this book without ongoing help from a coach or sport psychologist. The charts can be confusing and may even need some further explanation from the author.

The next five chapters introduce and develop the specific mental skills associated with the program: goal setting, relaxation, self-talk, imagery, and attention. These chapters are filled with explanations and exercises designed to develop the skills. These skills direct all preparation, make training more efficient, clarify the image of the goal, and develop an awareness of the Ideal Performance State. A summary chapter explains how to integrate these skills into an overall training program. A complete appendix provides additional explanations and charts for photocopying and use by swimmers.

For the swimmer or coach who feels that an applied psychological training program is something they are committed to, *Mental Skills for Competitive Swimmers* is a good resource. Mental training has been around for a long time, yet we are just now discovering that it needs to be planned and trained just like physical training. As Hogg cites in the book: "Ultimate power means the ability to change, to adapt, to grow, to evolve!" This manual for mental training will complement others you may have in your library, such as Jensen and Weile and the Bell series. John Hogg has recently published a comprehensive manual for coaches who are using this program. ❑

Mental Skills for Competitive Swimmers, *by John M. Hogg, Ph.D., © 1995. 172 pp. $18.00 Cdn. Published by Sport Excel Publishing Inc., P.O. Box 67045, Edmonton, Alberta, T5R 5Y3 (tel: (403) 413 0086)*

GEORGE HAINES SPEAKS OUT

The once mighty American team may appear before a home crowd in Atlanta as underdogs

Cecil M. Colwin

A pall of gloom hung over the recent U. S. Olympic Trials. For the first time in 76 years, not a single American record was set. In fact, 20 of the 26 events produced slower times than those recorded in the 1992 trials.

Without dramatic improvement, the once mighty American team may appear before a home crowd in Atlanta as underdogs to the Australians, Europeans, and Chinese. Only four gold medals are predicted: Jeff Rouse in the 100 backstroke, Tom Dolan in the 400 I.M., and two mens' relays.

Present in Indianapolis was retired Olympic coach George Haines, who said: "Older athletes don't like to hear coaches of my age say that we're going down hill, especially when the facts show that older athletes have very little chance of making it to two Olympics.

"Only about five to six per cent manage to repeat by going to the Olympics twice" said Haines. "For example, just look at the percentages between 1992 and 1996; swimmers such as Tom Jager, Melvin Stewart, Anita Nall, Summer Sanders didn't make this year's team, and Jenny Thompson, who won two golds in 1992, only managed to qualify for a relay. Of course, there always are exceptions like Jeff Rouse, etc."

"Who is this guy, Haines?" newcomers to the sport may ask. The quickest answer is that George Haines is not only one of the most successful swimming coaches who ever lived, but is famed as one of the sport's all-time great motivators.

As coach of the renowned Santa Clara Swim Club in the 60s and 70s, Haines' swimmers achieved the remarkable tally of 43 national team titles, no fewer than 55 Olympians, and 33 Olympic gold medals, 11 silver medals, and 7 bronze medals. And, moving into the 80s, six of his college swimmers made the 1980, 1984, and 1988 Olympic teams. Not a bad record at all.

Haines remains as fit, dynamic, and charismatic as he was in his coaching heyday. Put it this way: he is far from being your run-of-the-mill old-timer engaged in the luxury of idle anecdotage. To the contrary, "King George" doesn't sound out too often. But when he does, the wise take time to listen. Haines' astute comments on American swimming today could well apply to other countries too, especially those who mistakenly think that to throw enough public money at a problem is to solve it.

George Haines in 1988 upon retirement

Haines said that many articles on swimming often blame the predominance of sprint events in the college programs for the decline of American swimming. Club coaches say that the college coaches are only interested in recruiting swimmers who can score in sprints.

Over-distance from an early age

Haines said: "We have to sell the club coach that it is everybody's fault. It isn't just the college coach's fault, it is your fault as well. It's long been an accepted fact in many leading swimming countries that, if you don't know who your potentially great distance swimmers are before they are 16, you can kiss them goodbye. If you have not selected athletes to be distance swimmers by the time they are 15 to 16 years old, you cannot expect the college coach to develop distance swimmers."

As an example, Haines mentioned that he had first seen Brian Goodell, who was later to win the 1500 at the 1976 Montreal Games, when he was only ten years old, and at the time had told his mother that he would be one of the best. Haines added: "Under Mark Schubert's coaching, Goodell went on to become one of history's great distance swimmers. In fact, Mark started a great tradition of providing a good basic distance background to all the very young swimmers at Mission Viejo."

"We have to go back to the 10-, 11- and 12-year-olds" said Haines. "Mark Schubert should write up the program that he used to develop all those great young distance swimmers. He'd make a lot of money selling it!"

"Everybody should be in an over-distance program from the time they are 10 upwards. It's easy to say who the sprinters are. You can tell that right away. But, if you don't get good athletes to participate in distance events, they'll never get good," said Haines. "It is easiest to come down to shorter races than to go up."

"I can reel off name after name of great short distance swimmers who started by swimming distance events, and then swam down from these longer distances. The examples go right back to Duke Kahanamoku and Johnny Weissmuller in the 1920s, then in the 1930s and 40s, to Jack Medica, Clark Scholes, Wally Ris, and Alan Ford, and then more recently, to Tom Jager, Rick de Mont, Don Schollander, Mark Spitz, and Matt Biondi, who all started as distance and middle distance swimmers. You have only to look back in history to see the number of swimmers who were good at distances and became great at the shorter distances."

Haines added: "The moment Matt Biondi stopped trying for the 400 and 200 in training, his 100 and 50 ceased getting better. Here, at these Trials, you could tell by the fall-off in time between the first and second half of a swimmer's race that many swimmers had an insufficient background of distance work in their preparation. Amanda Beard had a 'fall-off' (difference) of 3.48 seconds in her second 100 of her 200. Almost all the other breaststroke swimmers had a difference of 5 seconds or more. However, Tom Dolan's splits were really impressive!"

Haines said: "The writing has been on the wall for a long time. Jeff Float, a member of the 1984 Olympic Team, and the winning 800 freestyle relay team, called me after my return from Indianapolis, and said that his 1984 time for the 200 freestyle still would have

made the team. A statement like that brings the truth home to us. There's no point in hiding it." (Jeff Float swam for Sherman Chavoor at the Arden Hills Swim Club in Sacramento, and also for the University of Southern California.)

Get back to big teams

Haines said: "Recently, I was talking to Nort Thornton's son, Richard, and he commented that in the 1960s and 1970s, when American swimming led the world, eager-to-learn coaches from many countries came to visit us. It's ironic that today many of those countries have swimmers who can now beat ours. They train like we did prior to 1980."

Quipped Haines: "The exergenie and the swim-bench have given way to the lactate machine. Now I'm not saying there's not a place for science, there is. You can learn a lot from lactate testing. I learned a lot from Bill Heusner on interval training, and I learned a lot from 'Doc' Counsilman, but now 'Doc" says 'They've gone goofy over science; they're not doing enough work between blood tests.' However, the results produced by Jon Urbanchek at the University of Michigan suggest that American coaches should take a good look at both his program and its work ethic."

Haines expressed the view that "the leadership is spending a lot of money in promoting the older athletes but we have to go back to big teams with large numbers of swimmers. Initially, I was one of those against the national training centre concept, but I'm not sure now that I'm still against it. But they need to improve on it by adding a co-coach, who is distance-oriented to encourage more aerobic training, to enhance Jonty Skinner's sprint-oriented program. I've mentioned this to Jonty and I think he agrees. At the moment, I think they are spending a lot of money on only eight people, but Jonty had eight swimmers at the Trials, and five of them made the team...so you can't knock that. But, as I say, Jonty needs a co-coach who is a distance-oriented person."

"One of the problems we have today is that no one wants to coach big teams," said Haines. "In fact, one guy, whose name I won't mention, came right out and said that big teams wouldn't work today. But team training, or racing in practice, is not something to take lightly."

Racing in practice

"Mark Schubert is the coach who showed the value of training in a big team where the distance swimmers compete against each other in training. But nowadays, when swimmers get a little older, they don't want to train with the age-groupers any more. It's nice to train with only two or three swimmers in a lane. Often, the college swimmers don't want to go home because the pool is too crowded."

John Hencken, one of 33 Olympic gold medallists coached by George Haines, at an awards dinner in 1972 after his Munich win, a world record in the 100 breaststroke

Haines said that there was a great deal to be said for having top swimmers race each other in training. "But today everyone wants to do their own workouts in the training camp, and they blame the Olympic coaches for interfering with their own schedules set by their home coaches," said Haines. "The club and Olympic coaches must come to a common ground on training.

"Our Olympic team could improve a great deal between now and Atlanta if they could race against each other more in practice; breaststroke swimmers competing against each other, backstroke swimmers versus each other, butterfly versus butterfly, etc." said Haines. "They could put in some great and valuable sessions in three and a half months. When Olympic swimmers train together like this, they really start to put it together, and they make the coaches' eyes pop out. I think we have a good team but they need more race training; to race more in practice with good people, two or three times per week."

Said Haines: "The Santa Clara Swim Club trained swimmers in stroke groups. Race-pace training happened a great deal. Eight men and eight women made the 1968 team to the Mexico Olympics through racing each other in practice. At Montreal, the 1976 Men's Olympic Team, after a great training camp of racing each other, was the best ever."

Haines said that the Trials should have been held a little later. "Indianapolis was cold. It's not natural to swim fast when the weather is cold. It would have been a lot better to have had the Trials at the end of April or early May.

"Finally, I think it vital that everyone should get on the same page in trying to improve our sport. You can't improve a national program with 'club coaches versus college coaches', and vice versa. There are a few great programs to look at for guidance, and we need to share our theories on training. Get on the phone to each other." ❑

BRITISH OLYMPIC TRIALS

FIVE BRITISH RECORDS ESTABLISHED 28 SWIMMERS NAMED TO OLYMPIC TEAM

Anita Lonsbrough

SHEFFIELD—Five national records were established at the British Olympic Trials. Twenty-eight swimmers gained a place on the team for Atlanta, a little larger than expected but with no major upsets or surprises.

The two events that caused the main interest were the men's 1500 freestyle and 100 backstroke, with three swimmers bidding for the two places. And as anyone knows, three will not go into two.

The 1500 freestyle race became three battles within one. Anyone forecasting the pattern of the race would have said that Ian Wilson, the British record-holder, Graeme Smith, the Scottish record-holder, and Paul Palmer would battle it out for the sixty lengths. But nothing was further from the truth. Ian, winner of a silver medal at the World Short Course Championships in Rio de Janeiro, had been very outspoken, wondering why Paul was stepping up in distance when the 200 m and 400 were his main events.

Once the race started to unfold, it was obvious that Graeme Smith was on for something special. Paul Palmer looked settled in just to beat Ian Wilson and achieve the necessary qualifying time, with the rest of the field challenging for the minor placings. Graeme, 19 and from Stockport, passed the 800 mark in 7:59.87, lowering both his own Scottish and Ian's British records. The question became whether he could break the magical fifteen minute barrier. The Anglo-Scot continued to plough his lonely furrow up and down the pool to finish in another British and Scottish record of 15:03.43. Paul had no difficulty keeping ahead of Ian to clinch the place for the Games.

The best results possible came in the backstroke events, with all three of Britain's world-class swimmers qualifying. Neil Willey, silver medallist at last December's World Short Course Championships, and Martin Harris, the British record-holder, gained the two slots in the 100 backstroke. Martin also clinched a place in the 200. He made Adam Ruckwood, the Commonwealth champion, work hard for his victory in the 200.

Stockport had another swimmer with Olympic aspirations. This time it was James Hickman who, during the winter months, had rewritten the short course record book for the 100 and 200 butterfly. The twenty-year-old had already booked his place by winning the 100 butterfly in 53.96 seconds. In the morning heats he became the first British swimmer to break the two-minute barrier in the 200. His time was 1:59.72. This erased the oldest record from the book, a record that was set in 1981 by the Olympic silver-medallist, Philip Hubble. Philip, now living in Limerick, Ireland, sent James a fax congratulating him and adding "I would love to see you smash the record further." James duly obliged with a time of 1:58.50.

Just as the oldest men's British record went from the books, so did the oldest English women's record. Swimming in the 200 medley, Susan Rolph sped to a 2:16.41. This was 0.9 seconds inside the British figures set in 1986 by Jean Hill and a full second faster than the English mark held since 1980 by Sharron Davies.

Although there were no real surprises, Janine Belton and Helen Slatter may consider themselves very lucky to be going to Atlanta. Janine finished fifth in the 200 freestyle but gained her place as the 4 x 200 freestyle relay is on the same day as the 800 freestyle. It is hoped that Sarah Hardcastle, who placed second in the 200, will be in the 800 final and will not wish to swim the heats of the relay. The idea is that Janine will swim the heats and Sarah will take over for the final, should the relay qualify.

Helen Slatter, the British women's captain, had given up all hope of selection when she failed to win a place in the 400 medley and 200 butterfly. On the final day she gave it her all to surprise everyone, including herself, by winning the 100 backstroke. ❑

GREAT BRITAIN OLYMPIC TRIALS
Sheffield, Mar 21-24 (50 M)
• = record

MEN

50 METRES FREESTYLE
1 Mark Foster,70 22.74
2 Alan Rapley,70 23.18
3 Michael Fibbens,68 23.29
4 Simon Handley,73 23.37

100 METRES FREESTYLE
1 Nicholas Shackell,74 50.74
2 Mark Stevens,75 50.78
3 Alan Rapley,70 50.79
4 Michael Fibbens,68 51.19

200 METRES FREESTYLE
1 Paul Palmer,74 1:49.64
2 Andrew Clayton,73 1:49.77
3 James Salter,76 1:50.52
4 Mark Stevens,75 1:51.31

400 METRES FREESTYLE
1 Paul Palmer,74 3:51.25
2 Graeme Smith,76 3:54.30
3 Glenn Hudson,77 3:56.20
4 Ian Wilson,70 3:59.10

1500 METRES FREESTYLE
1 Graeme Smith,76 • 15:03.43
2 Paul Palmer,74 15:18.60
3 Ian Wilson,70 15:32.95
4 Ian Lundie,71 16:04.67

100 METRES BACKSTROKE
1 Neil Willey,76 55.04
2 Martin Harris,69 55.44
3 Adam Ruckwood,74 55.91
4 Richard Hope,76 58.72

200 METRES BACKSTROKE
1 Adam Ruckwood,74 2:00.56
2 Martin Harris,69 2:01.34
3 Richard Hope,76 2:03.50
4 Christophe Jones,71 2:04.78

100 METRES BREASTSTROKE
1 Richard Maden,72 1:02.76
2 James Parrack,67 1:03.73
3 Gavin Brettell,76 1:03.84
4 Andrew Ayers,76 1:04.12

200 METRES BREASTSTROKE
1 Nick Gillingham,67 2:15.15
2 Andrew Ayers,76 2:17.86
3 Richard Maden,72 2:18.02
4 Ian Swift,73 2:20.04

100 METRES BUTTERFLY
1 James Hickman,76 53.82
2 Andrew Clayton,73 55.02
3 Stephen Parry,77 55.27
4 Stephen Mavin,75 56.06

200 METRES BUTTERFLY
1 James Hickman,76 • 1:58.50
2 Stephen Parry,77 2:01.61
3 Roger Ashcroft,73 2:02.35
4 Daniel Coombs,78 2:03.21

200 METRES IND.MEDLEY
1 David Warren,71 2:05.32
2 Fraser Walker,73 2:05.71
3 Ben Lafferty,71 2:06.15
4 Paul Latimer,76 2:06.59

400 METRES IND.MEDLEY
1 Ben Lafferty,71 4:28.69
2 David Warren,71 4:29.76
3 James Harris,77 4:29.78
4 Michael Cole,78 4:34.47

WOMEN

50 METRES FREESTYLE
1 Susan Rolph,78 26.15
2 Alison Sheppard,72 26.57
3 Carrie Willmott,75 26.86
4 Karen Hawcroft,78 27.17

100 METRES FREESTYLE
1 Karen Pickering,71 55.85
2 Susan Rolph,78 56.01
3 Alison Sheppard,72 57.73
4 Claire Huddart,71 57.84

200 METRES FREESTYLE
1 Karen Pickering,71 2:01.39
2 Sarah Hardcastle,69 2:01.91
3 Claire Huddart,71 2:03.93
4 Victoria Horner,76 2:04.62

400 METRES FREESTYLE
1 Sarah Hardcastle,69 4:14.41
2 Victoria Horner,76 4:18.71
3 Sarah Collings,78 4:21.25
4 Katie Goddard,77 4:22.03

800 METRES FREESTYLE
1 Sarah Hardcastle,69 8:38.27
2 Sarah Collings,78 8:50.82
3 Helen Billington,76 8:51.22
4 Jackie Fawkes,80 9:04.70

100 METRES BACKSTROKE
1 Helen Slatter,70 1:03.84
2 Sarah Price,78 1:04.16
3 Katharine Osher,69 1:04.61
4 Emma Tattam,73 1:05.20

200 METRES BACKSTROKE
1 Joanne Deakins,72 • 2:15.72
2 Katharine Osher,69 2:16.41
3 Emma Tattam,73 2:18.20
4 Helen Don-Duncan,81 2:18.30

100 METRES BREASTSTROKE
1 Jaime King,76 1:10.52
2 Marie Hardiman,75 1:11.56
3 Suki Brownsdon,65 1:11.67
4 Karen Rake,76 1:12.50

200 METRES BREASTSTROKE
1 Marie Hardiman,75 2:31.18
2 Jaime King,76 2:32.44
3 Rachel Plaxton,78 2:38.23
4 Linda Hindmarsh,80 2:38.34

100 METRES BUTTERFLY
1 Caroline Foot,65 1:01.89
2 Samantha Greenep,77 1:02.74
3 Sarah Massey,78 1:03.44
4 Helen Jepson,72 1:03.44

200 METRES BUTTERFLY
1 Helen Jepson,72 2:15.93
2 Helen Slatter,70 2:16.30
3 Margaretha Pedder,80 2:18.66
4 Ellen Strange,75 2:18.84

200 METRES IND.MEDLEY
1 Susan Rolph,78 • 2:16.41
2 Lucy Findlay,74 2:18.16
3 Helen Slatter,70 2:20.04
4 Dawn Palmer,76 2:21.82

400 METRES IND.MEDLEY
1 Sarah Hardcastle,69 4:51.07
2 Lucy Findlay,74 4:53.68
3 Helen Slatter,70 4:55.45
4 Charlotte Niblett,77 4:56.49

Adam Ruckwood won 200 back Marco Chiesa

WHEN IS A RECORD NOT A RECORD?

Anita Lonsbrough

Mark Foster was back in action just four days after qualifying for the British Olympic team. This time he was chasing records and the rewards that go with them.

The former 50 freestyle World Short Course Champion and record-holder was seeking to add a world record for the 50 butterfly to his world short course mark. A bonus of about 20,000 pounds (about $41,000) was on offer if he could dip inside the unofficial world best of 24.27 seconds, held by Sweden's Jan Karlson.

Urged on by a partisan crowd, Mark shaved one-fifth of a second off when he touched home in 24.07 seconds. Before he receives the bonus of a car and the cash, it needs to be ratified as a world record.

A virtual impossibility as FINA does not recognize world records in the stroke 50s long course.

It is not even the fastest time, as Byron Davies split 24.05 on his way to the 100 fly at the U.S. Olympic Trials. Unfortunately for Bryon, he could only finish fourth behind John Hargis. ❑

ASIA WATCH

CHINESE TRIALS: TWO WOMEN NAMED YAN CHEN

Karin Helmstaedt

The day after Joanne Malar set a new Canadian record in the 400 IM to win a spot on Canada's Olympic team, the results from the Chinese national championships in Tianjin started rolling in.

Those results were not only disheartening, but alarmingly predictable: the women's events boasted times that made Canadian event winners look like age groupers, and many of the names came out of nowhere. There was much mad scrambling to the pages of the 1995 world rankings where fears were confirmed...after a year of lying low, the Chinese seemed to be pulling out all the stops.

15-year-old Yan Chen was touted as the newest star, sweeping the 400 IM, the 400 freestyle, and tying for first with Ying Shan in the 200 freestyle. If her 400 freestyle (4:11.33) was within reason, her 400 IM time of 4:40.85 left a number of chins on the floor. Chen was ranked 88th in the world last year in this event with a time 4:56.9.

Although FINA has mandated that member countries submit a list of their swimmers ranked in the top 50 for unannounced drug testing, it is clear that, unless observation and maintenance of those lists are relentless, someone like Chen could circumvent that policy entirely. The lists had to be in by Jan. 1, 1996.

And Chen's rocket-like ascent to the top was not the only one to overshadow Malar; following her were Yanyan Wu in 4:41.2, and the world record-holder in the 200 IM, Li Lin in 4:42.02. The three women relegated Malar to 5th in the world, although thankfully only the first two will be in Atlanta.

Ying Shan, also the winner of the 100 freestyle, clocked an amazing 54.59 to beat world record-holder Jingyi Le, whose second place time of 54.69 would leave last year's top-ranked women in her wake. Third place Na Chao was a 55.7. Chan and Chao were ranked fourth and fifth respectively in the world last year. Amy van Dyken won the U.S. Olympic Trials last month in 55.27.

To further complicate things, the Chinese even have women with the same name. The winner of the 100 backstroke was... another Yan Chen, apparently not the same one as the Girl Wonder mentioned above. This Chen (ranked 40th in the 100 back and 58th in the 200 back last year) upstaged world record-holder Cihong He with a time of 1:02.71. Needless to say, the homonym could also complicate any drug testing measures.

Men's results were, as usual, unremarkable.

Is this at all surprising? No way. Whether it's organized or not, we've seen this kind of thing before. But seven positive tests by Chinese swimmers at the 1994 Asian Games was not enough to convince the powers that be that there is a real problem. Journalists and coaches around the world can rant themselves hoarse.

If we are not careful, we'll be listening to the Chinese anthem a few times too many in Atlanta. All eyes are on China, and now FINA, as the countdown continues. For the sake of our own athletes, who have worked their butts off to get there, let's hope the necessary rigour is maintained. ❑

CHINA OLYMPIC TRIALS
Tianjin, Apr 1-7 (50 M)

MEN

50 METRES FREESTYLE
1 Chengji Jiang,75 23.04
2 Jieming Qiu,73 23.59
3 Tietao Chen,76 23.72

100 METRES FREESTYLE
1 Chengji Jiang,75 51.21
2 Lifeng Zhao,78 51.48
3 Jieming Qiu,73 51.81

200 METRES FREESTYLE
1 Zhou Chen,0 1:51.49
2 Qingsong Deng,77 1:52.49
3 Hanbing Xue,75 1:52.67

400 METRES FREESTYLE
1 Qingsong Deng,77 3:57.11
2 Hengqing Shang,77 3:58.29
3 Chuan Wang,79 3:59.94

1500 METRES FREESTYLE
1 Chuan Wang,79 15:43.46
2 Tao Fu,78 15:49.24
3 Haosong Deng,0 15:51.80

100 METRES BACKSTROKE
1 Yan Zhao,0 56.77
2 Wei Wang,79 57.43
3 Shunze Jin,0 58.43

200 METRES BACKSTROKE
1 Yan Zhao,0 2:02.11
2 Wei Wang,79 2:02.78
3 Xin Shu,0 2:06.46

100 METRES BREASTSTROKE
1 Qiliang Zeng,77 1:02.46
2 Chujin Ding,75 1:02.74
3 Yunyu Shang,77 1:03.12

200 METRES BREASTSTROKE
1 Yiwu Wang,75 2:15.71
2 Yunyu Shang,77 2:16.44
3 Qiliang Zeng,77 2:18.41

100 METRES BUTTERFLY
1 Chengji Jiang,75 53.96
2 Qiang Zhang,0 55.07
3 Lieong Pan,79 55.48

200 METRES BUTTERFLY
1 Xufeng Xie,78 2:02.72
2 Yufeng Xu,4 2:03.97
3 Yongyi Li,75 2:04.04

200 METRES IND MEDLEY
1 Xufeng Xie,78 2:05.07
2 Wei Wang,79 2:05.08
3 Peng Li,76 2:06.76

400 METRES IND.MEDLEY
1 Haizhou Wang,0 4:29.57
2 Zhiguo Meng,0 4:30.00
3 Peng Li,76 4:31.36

4X100 MEDLEY RELAY
1 Shanghai 3:46.29
2 Guangdong 3:47.44
3 Jiangsu 3:47.85

4X100 FREE RELAY
1 Shanghai 3:29.09
2 Guangdong 3:32.04
3 Jiangsu 3:34.86

4X200 FREE RELAY
1 Shanghai 7:43.86

WOMEN

50 METRES FREESTYLE
1 Jingyi Le,75 24.93
2 Ying Shan,78 25.36
3 Na Chao,80 25.51

100 METRES FREESTYLE
1 Ying Shan,78 54.59
2 Jingyi Le,75 54.69
3 Na Chao,80 55.70

200 METRES FREESTYLE
1 Yan Chen,81 2:00.24
2 Ying Shan,78 2:00.24
3 Jingyi Le,75 2:00.39

400 METRES FREESTYLE
1 Yan Chen,81 4:11.33
2 Chenying Zhang,80 4:15.48
3 Luna Wang,0 4:16.82

800 METRES FREESTYLE
1 Yan Chen,81 8:37.41
2 Yiqi Pu,81 8:37.99
3 Hui Liu,0 8:41.30

100 METRES BACKSTROKE
1 Yan Chen,79 1:02.71
2 Cihong He,75 1:02.98
3 Donghua Lu,0 1:02.98

200 METRES BACKSTROKE
1 Yan Chen,79 2:12.63
2 Xuan Tao,0 2:14.05
3 Yanyan Wu,78 2:14.06

100 METRES BREASTSTROKE
1 Xue Han,81 1:09.83
2 Yuan Yuan,76 1:09.96
3 Dan He,75 1:10.26

200 METRES BREASTSTROKE
1 Yuan Yuan,76 2:28.53
2 Li Lin,69 2:30.64
3 Wei Wang,0 2:30.86

100 METRES BUTTERFLY
1 Limin Liu,76 59.57
2 Huijue Cai,4 59.61
3 Yun Qu,78 1:00.00

200 METRES BUTTERFLY
1 Yun Qu,78 2:09.66
2 Limin Liu,76 2:09.88
3 Shu Hong,75 2:12.06

200 METRES IND.MEDLEY
1 Yanyan Wu,78 2:12.87
2 Li Lin,69 2:15.70
3 Yan Chen,81 2:16.92

400 METRES IND.MEDLEY
1 Yan Chen,81 4:40.85
2 Yanyan Wu,78 4:41.20
3 Li Lin,69 4:42.02

4X100 MEDLEY RELAY
1 Shanghai 4:12.14
2 PL Army 4:12.59
3 Jiangsu 4:15.45

4X100 FREE RELAY
1 Shanghai 3:46.98
2 Jiangsu 3:49.72
3 Guangdong 3:53.17

4X200 FREE RELAY
1 Shanghai 8:10.91
2 Jiangsu 8:11.28
3 Guangdong 8:24.86

JAPAN OLYMPIC TRIALS
Tokyo, Apr 4-7 (50 M) • = record

MEN

50 METRES FREESTYLE
1 Tomohiro Yamanoi,77 23.16
2 Kazunobu Tajima,75 23.37
3 Makio Endo,72 23.38

100 METRES FREESTYLE
1 Syunsuke Ito,77 51.06
2 Yukihiro Matsushita,73 51.22
3 Kazunobu Tajima,75 51.25

200 METRES FREESTYLE
1 Syunsuke Ito,77 1:51.31
2 Syusuke Ito,76 1:51.85
3 Masayuki Fujimoto,73 1:52.33

400 METRES FREESTYLE
1 Yosuke Ichikawa,78 3:56.83
2 Masalo Hirano,75 3:57.29
3 Hisalo Yasui,76 3:57.52

1500 METRES FREESTYLE
1 Masalo Hirano,75 15:24.66
2 Hisato Yasui,76 15:27.06
3 Makoto Takita,0 15:46.77

100 METRES BACKSTROKE
1 Keitaro Konnai,78 55.97
2 Hajime Itoi,71 56.11
3 Eiji Komine,73 56.44

200 METRES BACKSTROKE
1 Hajime Itoi,71 2:01.13
2 Ryuji Horii,74 2:02.09
3 Hiroyuki Nagasaki,74 2:02.95

100 METRES BREASTSTROKE
1 Akira Hayashi,74 1:02.20
2 Yoshinobu Miyazaki,78 1:02.54
3 Takumi Uegaki,75 1:03.26

200 METRES BREASTSTROKE
1 Yoshinobu Miyazaki,78 2:15.68
2 Akira Hayashi,74 2:15.89
3 Hirolsugu Mashiko,74 2:17.10

100 METRES BUTTERFLY
1 Takashi Yamamolo,79 • 54.02
2 Yukihiro Malsushila,73 54.56
3 Kouji Miura,0 54.90

200 METRES BUTTERFLY
1 Takashi Yamamolo,79 1:59.49
2 Talsuya Kinugasa,74 2:00.95
3 Kouji Miura,0 2:01.01

200 METRES IND MEDLEY
1 Tatsuya Kinugasa,74 2:02.96
2 Yuzuru Yoshimi,70 2:03.26
3 Takahiro Fujimolo,70 2:04.19

400 METRES IND.MEDLEY
1 Toshiaki Kurasawa,76 4:20.71
2 Tatsuya Kinugasa,74 4:22.25
3 Kenji Watanabe,69 4:29.45

WOMEN

50 METRES FREESTYLE
1 Suzu Chiba,75 25.94
2 Sumika Minamoto,79 26.12
3 Naoko Imoto,76 26.47

100 METRES FREESTYLE
1 Suzu Chiba,75 55.57
2 Sumika Minamoto,79 56.30
3 Junko Nakatani,81 57.68

200 METRES FREESTYLE
1 Suzu Chiba,75 • 1:59.48
2 Eri Yamanoi,78 2:01.31
3 Naoko Imoto,76 2:01.77

400 METRES FREESTYLE
1 Eri Yamanoi,78 4:10.98
2 Suzu Chiba,75 4:12.52
3 Aiko Miyake,78 4:13.49

800 METRES FREESTYLE
1 Aiko Miyake,78 8:39.73
2 Reina Iwata,79 8:48.85
3 Harumi Komatsu,78 8:48.87

100 METRES BACKSTROKE
1 Miki Nakao,78 • 1:01.54
2 Mai Nakamura,79 1:01.75
3 Noriko Inada,78 1:02.58

200 METRES BACKSTROKE
1 Miki Nakao,78 • 2:10.46
2 Mai Nakamura,79 2:11.67
3 Tomoko Hagiwara,80 2:12.94

100 METRES BREASTSTROKE
1 Masami Tanaka,79 1:10.31
2 Kyoko Iwasaki,78 1:10.34
3 Kyoko Kasuya,75 1:10.65

200 METRES BREASTSTROKE
1 Masami Tanaka,79 2:28.75
2 Kyoko Iwasaki,78 2:29.10
3 Kaori Nagashio,77 2:32.76

100 METRES BUTTERFLY
1 Ayari Aoyama,82 • 58.83
2 Hitomi Kashima,80 59.58
3 Yoko Kando,75 1:01.72

200 METRES BUTTERFLY
1 Hitomi Kashima,80 • 2:08.69
2 Mika Haruna,78 2:11.53
3 Noriko Maekawa,79 2:12.99

200 METRES IND MEDLEY
1 Fumie Kurotori,75 2:14.69
2 Hideko Hiranaka,73 2:19.16
3 Tomoko Yamaqishi,77 2:20.96

400 METRES IND MEDLEY
1 Fumie Kurotori,75 4:45.47
2 Hideko Hiranaka,73 4:48.08
3 Reina Iwata,79 4:52.31

Japan's Suzu Chiba, record in 200 free Marco Chiesa

BACKWASH

Backwash features short clips, gossip, letters and opinions. Contributions are welcome. Now for the rumours behind the news.

Heads Up! What encouraging news it was to hear that two steel girders collapsed at the Georgia Tech Aquatic Centre late last month.

The apparent cause was thought to be a bad welding job, but the results of a preliminary investigation by the Atlanta Organizing Committee have revealed "no defects" in the structure. Hmm. The girders were part of a construction meant to support a roof extension over the Olympic pool and apparently weighed about 4 metric tonnes each. No one was injured, but it might be wise to take a hard hat along to Atlanta this summer...

Thumbs Down The brick award goes to the French Swimming Federation for a monstrous oversight at the 1996 Paris World Cup.

It was confirmed in late March that Russian butterfly star Denis Pankratov's world record times cannot be recognized as world records nor listed in the FINA world rankings as no doping control was carried out. Pankratov set short course world records in the 100 and 200 butterfly events.

The new rule, approved in Rio de Janeiro on Nov. 28, 1995, states that all world record swims must be ratified by a doping control test certificate.

Unforgivable indeed.

Athletes Fight COA Time Limit A recent decision by the Canadian Olympic Association to limit the time that athletes can stay in the Olympic village has sparked outrage in the athletes' camp. The "accommodation policy" would have athletes arriving as late as possible in Atlanta, and leaving as soon as 72 hours after they have finished competing.

The Canadian Athletes Association, recently renamed Athletes CAN, spoke up on behalf of the athletes, arguing that part of the Olympic experience is the opportunity to mingle with the best in the world from all sports and to participate in either the opening or the closing ceremonies.

The COA cited financial problems and concerns that noise caused by finished competitors hanging around the village would disturb those who still had to compete.

Ann Peel, the chairwoman of Athletes CAN, pointed out that the cost issue was ridiculous as the athletes' accommodation is looked after by the host city. As for the noise, all athletes are required to sign a code of conduct agreement and any disturbances should be addressed accordingly after they happen.

Swimmer's Representative Keltie Duggan consulted the swimmers on the problem. "The swimmers felt the policy was unfair," she said. "If they were swimming the first day of the meet they wouldn't be able to go to opening ceremonies because they would be resting." That would mean that closing ceremonies are out of the question too, as swimmers would be on a plane home soon after finishing. "I found out the necessary information and we're writing a letter that Athletes CAN will be able to take to their meeting with the COA. Hopefully they will change their minds."

That meeting will be held at the end of April. Peel, a lawyer, told Duggan that the policy violated the IOC philosophy and that there was a good chance that something could be done.

Coaches Honoured On the third evening of competition at the Maritime Life Olympic Trials, outstanding Canadian coaches **Gaye Stratten** of Hamilton, Ontario, **Ron Jacks** of Victoria, B.C., and **Rafael Polinario** were named SNC's Coaches of the Year for 1995.

Stratten coached Joanne Malar to a double gold medal performance at the 1995 World Short Course Championships in Rio de Janeiro in December. Malar also won two golds, four silvers and a bronze at the 1995 Pan American Games in Argentina, setting a Canadian record in the 400 IM. Stratten was selected for the award as the result of a unanimous vote conducted by the board of directors of the Canadian Swim Coaches Association.

In the Long Distance category, Jacks earned Coach of the Year honours following world champion Greg Streppel's 25 km gold medal performance at the 1995 Pan Pacific Championships.

Polinario received the award in the Swimmers with a Disability category after coaching world record holder Elisabeth Walker to two golds, one bronze, and a world record in the 100 backstroke in class S7 for swimmers with a disability.

The following is a copy of a letter sent to Mike Brannagan, producer with CBC Sports.

My name is Dean Kondziolka, and I am a competitive swimmer who recently competed at the 1996 Montreal Olympic Trials. I would first like to request a copy of the men's 100 and 50 freestyle from that competition. If you require a fee for the request, please let me know, but it is important that I get those races for analysis in preparation for further races to qualify for the Olympic Games.

The second part of this letter is to ask you, and/or whomever was in charge of the production of the Trials, a few questions regarding the program. As I anxiously awaited the broadcast for the previous week, along with many people who follow me and Canadian swimming, I finished watching the show with disappointment. This view is not only mine but is shared by many who I have talked to over the past four days. However, I am writing on behalf of myself, someone who not only enjoys swimming, but is an active competitor. The Olympic Trials are, for about 99% of all swimmers, the biggest meet of their lives, with only a handful continuing on to the actual Games.

After 15 minutes into the program, and just starting the first race of the event, I was unsure as to how all races would be shown in the 90-minute time frame. It soon became evident that, after interview after interview, and past reflection after past reflection, only a selected few races would be televised. Now as a coach and a swimmer who is very much interested in swimming, I have to say that I soon lost interest in the event very quickly. Not because neither of my races was shown, for that has happened many times before (even when I have made the selected team), but that races were greatly spread out, or only finishes of some races were shown, losing all of the excitement and atmosphere.

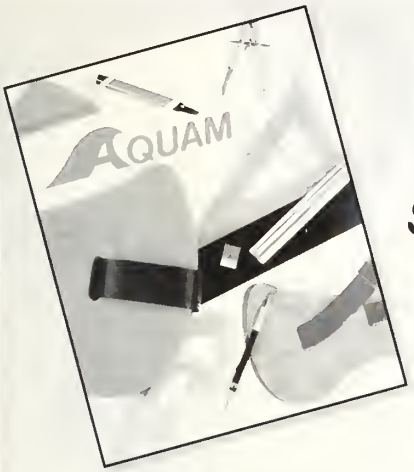
Swimmers like Alex Baumann and Mark Tewksbury were great swimmers, and ambassadors of our country, but this is our Olympic year, and our Olympic Trials, and rehashing events that took place four, eight, or even twelve years ago is important, but not during on Olympic Trials that is so important to so many up-and-coming swimmers. Would it not seem more appropriate or possible to book a two-hour block and dedicate the thirty minutes to all the "preparation" and interviews, etc., and then show 90 minutes of straight swimming?

Sometimes it is forgotten that defeat and "not making the team" are just as much a part of sports as victory and "making the team," for both parts are very real to sport. Covering all aspects of sports should be the main goal of any broadcast or report. By not doing that, the message that is coming across, even more so than it already is, is that winning is everything, and if you lose and/or do not make the team, then you are not worth even a spot on an Olympic Trials broadcast even though you are one of the best in the country.

These opinions and concerns are not just mine, but are shared by many who have asked and questioned me as to "what happened to the coverage on the weekend?" Although I pretty much guessed that the broadcast would be as it was, it might be worth your while to take these questions and concerns into account for the next project that is covered by CBC Sports.

Dean Kondziolka
Lethbridge, Alberta

Remember ... It's not true until it has been officially denied



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There are 2 levels of scholarships available, based on athletic and academic performance. Benefits may include subsidized travel, accommodation and fees.

The Olympian Approach

Academic achievement is important in our selection process but is not the sole criterion. This reflects the Olympian philosophy that elite swimmers should demonstrate a commitment to life as well as the sport and be positive role models for the entire club.

Academic Criteria

To qualify for our scholarship program students must have obtained marks in the top half of their class.

Non-Academic Criteria

The applicant must possess at least one National qualifying time in addition to demonstrating leadership potential and dedication to performance in both practice and competition. They must also be willing to participate in OSC clinics a minimum of once per month together with other club activities that are deemed beneficial to a successful swimming career.

Selection Procedure

Evaluation Process

In addition to credentials, applicants will be evaluated on their 100 word summary describing why they should receive the scholarship. Recipients will be selected from among a group of finalists.

Application

To apply for a 1995/96 Scholarship, complete form on the reverse and mail or fax to the OSC office no later than August 12, 1995 Applications should be addressed to:

Olympian Swim Club
OSC Scholarship Program
12245 - 131 Street
Edmonton, Alberta T5L 1M8
Fax (403) 455-8837

For more information prior to application deadline call the OSC office at: (403) 455-8457.

JESSICA DEGLAU
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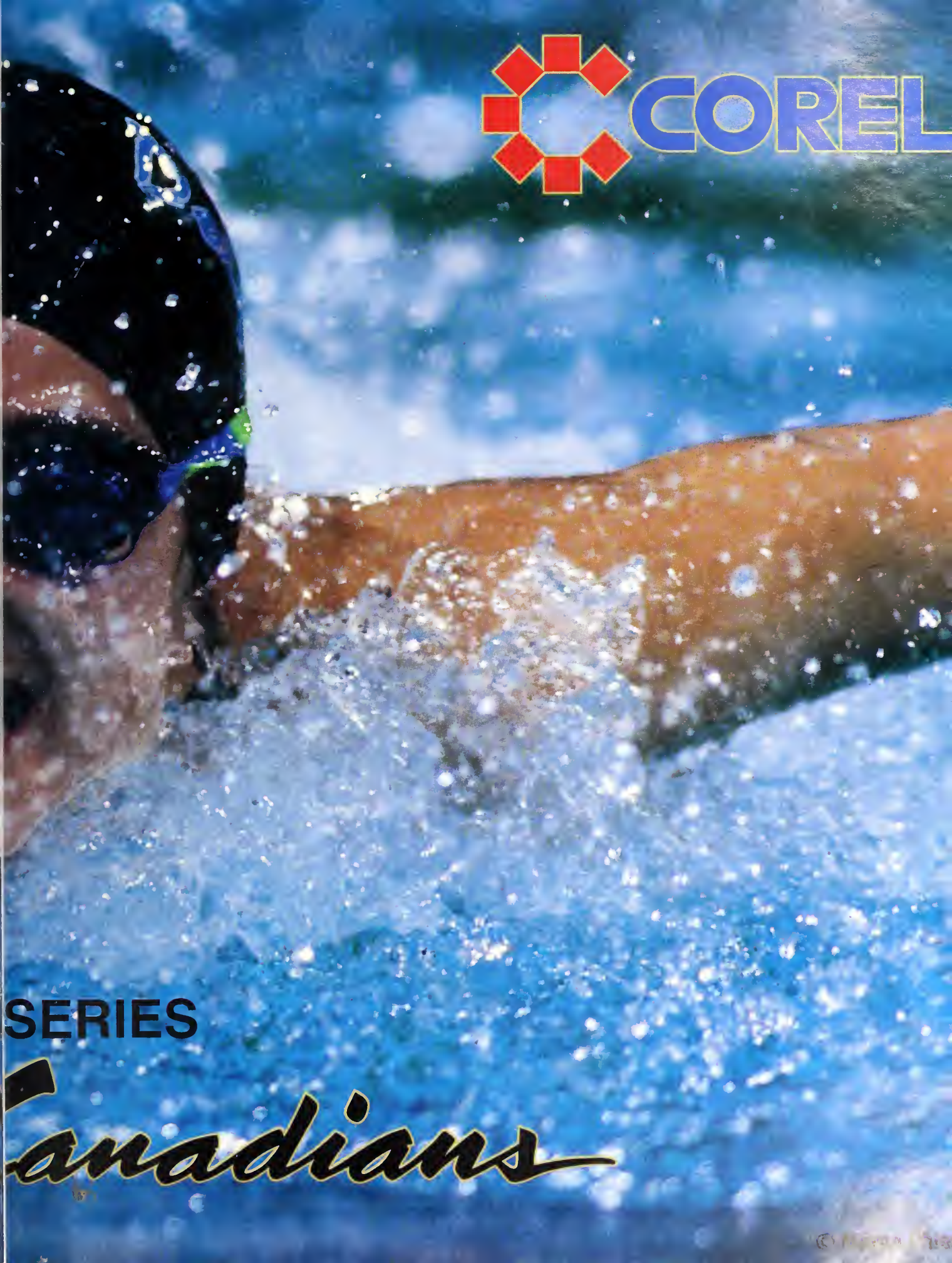
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1996 SHORT COURSE TAG®

TOP 50 AGE GROUP TIMES

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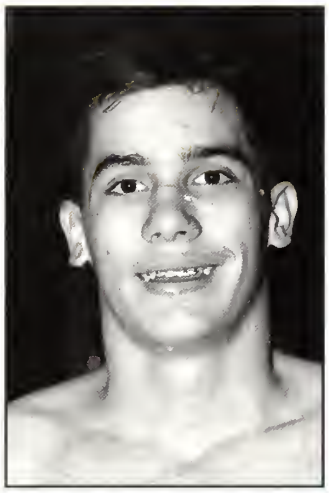
Rankings in 25 metre pools for the period. Oct.1, 1995 toMar.3, 1996

Bob Phipps, 12, COBRA

Brent O'Connor, 12, PDSA



Patrick Doret, 12, LSC

Morgan Knabe, 14, EKSC

Sophie Simard, 17, UL

Andrew Chan, 16, ETOB

Sarah Stansbury, 13, NCSA

Michael Knight, 16, EKSC

CLUB SCORES

Rk	Pts	Team	Prov	Coach	Rk SC 95
1	126,566	Pacific Dolphin SA	BC	Tom Johnson	1
2	96,126	University of Calgary SC	AB	Mike Blondal	4
3	91,477	Pointe Claire Swim Club	PQ	Russ Franklin/Bill Gate	5
4	80,369	Etobicoke Swim Club	ON	Cliff Barry	3
5	79,056	Manta Swim Club	MB	Kevin Thornburn	6
6	76,268	Island Swimming	BC	Jacks/Harvey/Lancaster	9
7	73,489	Nepean Kanata Barracudas	ON	Dave Heinbuch	10
8	60,565	Edmonton Keyano SC	AB	Marc Tremblay	11
9	62,298	Regina Optimist Dolphins	SK	Steve Price	2
10	59.173	Montreal Aquatic Club	PQ	Alex Sereno	14
11	58,305	Mississauga Aquatic Club	ON	Mark Temple	12
12	55,798	London Aquatic Club	ON	Paul Midgley	16
13	53,676	North York Aquatic Club	ON	Gurgol / MacDonald	8
14	51,684	Gloucester-Ottawa Kingfish	ON	Murray Drudge	15
15	51,063	Hamilton-Wentworth AC	ON	B.Bond / G.Stratten	7
16	44,318	Crescent Town Swim Club	ON	Fred Arzaga	33
17	43,426	Pacific Sea Wolves	BC	Brian Metcalfe	17
18	41,859	Natation CSO	PQ	Claude & Pierre Lamy	24
19	41,458	Cascade Swim Club	AB	Mark Hahto	23
20	40,212	Markham Aquatic Club	ON	Bill O'Toole	20
21	40,003	Dorado Swim Club	ON	Rob Wallenius	28
22	39,865	Hyack Swim Club	BC	Bill Sawchuk	19
23	39,217	Halifax Trojan Aquatic Club	NS	Gary MacDonald	22
24	38,951	Nanaimo Riptide Swim Team	BC	Sean Baker	43
25	37,802	Beaconsfield Bluefins	PQ	Karim Boulos	30
26	37,767	Dollard Swim Team	PQ	Marc Beaudry	26
27	37,623	Saskatoon Goldfins	SK	Janus Kaczmarkek	32
28	34,196	Region of Waterloo SC	ON	Dean Boles	25
29	34,086	Newmarket Swim Club	ON	Alan Swanston	21
30	32,947	Nose Creek Swim Assoc.	AB	Larry Schulhauser	48

Scoring is based on top 50 places / event using the individual performance number (1000 points = average of 8 fastest all-time world times) 18 & over **NOT** scored

GIRLS 11-12 — 1996 SHORT COURSE TAG®

50 METRES FREESTYLE
Rec: 26.34 Lori Melien,AAC,85

1	28.01	749	KMSCDEC	Sheena Bartel,12,PN	29.31
2	28.18	736	ONAGMAR	Joanna McLean,12,ETOB	29.68
3	28.29	728	POAAAFEB	Amelie Flynn,12,DOO	29.45
4	28.38	721	M8SKMAR	Courtney MacOuarrie,12,ROO	30.27
5	28.38	721	ONAGMAR	Laura Pomeroy,12,OAK	29.42
6	28.39	721	BCAGMAR	Adriana Koc-Spadaro,12,PDSA	30.43
7	28.42	719	ONAGMAR	Kristen Bradley,12,NEW	29.76
8	28.43	718	ABAGMAR	Melissa Dyson,12,EKSC	-
9	28.60	705	YOUTHOEC	Adele Page,12,CATS	28.68
10	28.61	705	ONAGMAR	Jessie Myhill,12,GMAC	30.02
11	28.73	696	BCAGMAR	Pamela Seaton,12,SPART	30.40
12	28.81	690	ONAGMAR	Andrea Hetherington,12,RHAC	-
13	28.81	690	ONAGMAR	Chantal Ares,12,GO	-
14	28.84	688	BCAGMAR	Jessie Bradshaw,11,COMOX	-
15	28.86	687	YOUTHOEC	Rachel Clinton,12,STARS	30.41
16	28.92	682	BYACNOV	Alison Ooherty,12,EBSC	-
17	28.93	682	POAAAFEB	Ashley Govan,12,PCSC	29.95
18	28.96	680	ONAGMAR	Cynthia Pearce,12,TOMAC	-
19	29.00	677	ONAGMAR	Jessica Dennis,12,NYAC	-
20	29.03	675	ONAGMAR	Christina Conti,12,BYAC	-
21	29.07	672	ONAGMAR	Stephanie Hatt,12,GO	-
22	29.32	655	BCAGMAR	Martina Zamecnik,12,KISU	29.81
23	29.33	654	CASCNOV	Kristen Franko,12,NCSA	30.29
24	29.34	653	PASSFEB	Laura Granl,11,YLSC	30.33
25	29.35	653	ONAGMAR	Ashley Moog,11,TOMAC	-
26	29.38	651	CHENAFEB	Kelsey Leckovic,10,HYACK	-
27	29.39	650	ONAGMAR	Carolyn McNeill,12,MAC	-
28	29.42	648	ONAGMAR	Lauren Vogt,12,NKB	-
29	29.44	646	ONAGMAR	Karly Williams,12,ACE	-
30	29.47	644	POAAAFEB	Marilyn Dumontier,12,CEF	-
31	29.48	644	POAAAFEB	Julie Marcotte,12,CSO	-
32	29.49	643	ONAGMAR	Stephanie English,12,BTSC	-
33	29.53	640	MMJAN	Alara Humniski,12,MM	-
34	29.54	640	ONAGMAR	Linden McNabb,12,MUSAC	-
35	29.57	638	ABAGMAR	Sheena Mills,12,UCSC	-
36	29.59	636	MANTADEC	Melissa Nixon,12,RACE	-
37	29.60	636	BYACOCT	Kimberly Conti,12,BYAC	-
38	29.64	633	BCAGMAR	Francine Ling,12,OELTA	-
39	29.65	632	GRFKSMAR	Kaela Oonahue,12,TBT	-
40	29.67	631	PERTHFEB	Elizabeth Wycliffe,12,EBSC	30.18
41	29.74	626	ONAGMAR	Kaela Oonohue,12,TBT	-
42	29.89	617	YOUTHDEC	Adrienne Karney,12,AAC	-
43	29.89	617	BCAGMAR	Michelle Touhey,12,HYACK	-
44	29.89	617	ONAGMAR	Alex Purdy,12,LAC	-
45	29.89	617	CHENAFEB	Ania Mari,12,WVOSC	-
46	29.90	616	ONAGMAR	Katie Klotz,12,HWAC	30.21
47	29.91	615	YOUTHOEC	Ashley Hogg,12,TOMAC	-
48	29.92	615	CNMNJAN	Julie Rioux,12,CAGRA	-
49	29.93	614	RACERDEC	Wendy Yip,12,POSA	-
50	29.93	614	BCAGMAR	Tamee Ebert,12,PDSA	-

100 METRES FREESTYLE
Rec: 57.36 Lori Melien,AAC,85

1	1:01.34	722	ONAGMAR	Laura Pomeroy,12,OAK	1:05.51
2	1:01.42	719	POAAAFEB	Amelie Flynn,12,ODO	1:03.46
3	1:01.43	718	ONAGMAR	Rachel Clinton,12,STARS	1:04.63
4	1:02.06	697	ONAGMAR	Jessie Myhill,12,GMAC	1:05.69
5	1:02.16	694	BCAGMAR	Pamela Seaton,12,SPART	-
6	1:02.27	690	BCAGMAR	Adriana Koc-Spadaro,12,PDSA	-
7	1:02.37	687	ONAGMAR	Kristen Bradley,12,NEW	1:04.85
8	1:02.73	675	ONAGMAR	Stephanie Hatt,12,GO	-
9	1:02.75	675	POAAAFEB	Sophie McKay,12,MEGO	-
10	1:02.75	675	POAAAFEB	Ashley Govan,12,PCSC	-
11	1:02.76	674	ONAGMAR	Joanna McLean,12,ETOB	-
12	1:02.79	673	MBSKMAR	Courtney MacOuarrie,12,ROD	1:13.68
13	1:02.89	670	YOUTHDEC	Lindsay Burton,12,NKB	-
14	1:02.91	669	NKBNOV	Aimee Bourassa,12,NKB	1:04.00
15	1:02.91	669	ONAGMAR	Andrea Hetherington,12,RHAC	-
16	1:03.08	664	ONAGMAR	Chantal Ares,12,GO	-
17	1:03.17	661	CNMNJAN	Julie Rioux,12,CAGRA	-
18	1:03.22	660	BCAGMAR	Francine Ling,12,DELTA	-
19	1:03.34	656	MACJAN	Carolyn McNeill,12,MAC	1:06.17
20	1:03.39	654	BYACOCT	Christina Conti,12,BYAC	1.10.36
21	1:03.43	653	TOMACNOV	Kimberly Conti,12,BYAC	1.11 61
22	1:03.47	652	BRANTNOV	Adele Page,12,CATS	1.04.09
23	1:03.57	648	ETOBJAN	Cynthia Pearce,12,TOMAC	-
24	1:03.67	645	ONAGMAR	Alex Purdy,12,LAC	-
25	1:03.84	640	GRFKSMAR	Kaela Donahue,12,TBT	-
26	1:03.90	638	ONAGMAR	Lauren Vogt,12,NKB	-
27	1:03.95	637	ONAGMAR	Kaela Donohue,12,TBT	-
28	1:04.05	634	BCAGMAR	Jessie Bradshaw,11,COMOX	1.12.62
29	1:04.08	633	ONAGMAR	Jessica Dennis,12,NYAC	-
30	1:04.32	625	BCAGMAR	Martina Zamecnik,12,KISU	-
31	1:04.33	625	ONAGMAR	Elizabeth Wycliffe,12,EBSC	-
32	1:04.33	625	ABAGMAR	Melissa Dyson,12,EKSC	1 10.62
33	1:04 37	624	MANTADEC	Alara Humniski,12,MM	-
34	1:04 38	623	CASCNOV	Kristen Franko,12,NCSA	1:05.37
35	1:04.40	623	ONAGMAR	Linden McNabb,12,MUSAC	-
36	1:04.42	622	MBSKMAR	Laura Grant,11,YLSC	1.09 34
37	1:04.48	620	SHERDEC	Catherine Belanger,12,RCA	1:05.52
38	1:04.62	616	POAAAFEB	Julie Marcotte,12,CSO	-
39	1:04 71	614	ONAGMAR	Stephanie English,12,BTSC	-
40	1:04.77	612	POAAAFEB	Vicky Richard,12,CNCB	-
41	1:04.77	612	POAAAFEB	Heather Rochette,12,BBF	-
42	1:04.89	608	CNMNJAN	Shannon MacRae,12,DDO	-
43	1:04 91	608	BCAGMAR	Tamee Ebert,12,PDSA	-
44	1:04.93	607	BRANTNOV	Chanelle Armstead,12,WAC	-
45	1:04.98	606	BYACNOV	Alison Doherty,12,EBSC	-
46	1:05.04	604	ROWJAN	Gillian Richardson,12,LAC	-
47	1:05.07	603	NKBOCT	Elizabeth Collins,12,NKB	-
48	1:05.09	602	MANTADEC	Melissa Nixon,12,RACE	-
49	1:05.16	600	KCCDEC	Kelly Geisheimer,12,LL	-
50	1:05.17	600	LEDUCJAN	Andrea Hayden,12,GPP	-

200 METRES FREESTYLE
Rec: 2:05.41 Shauna Collins,ROD,90

1	2:11.44	747	ONAGMAR	Andrea Hetherington,12,RHAC	2:18.47
2	2:12.14	736	ONAGMAR	Rachel Clinton,12,STARS	2:18.19
3	2:12.36	732	ONAGMAR	Alex Purdy,12,LAC	-
4	2:12.87	724	ONAGMAR	Stephanie Hatt,12,GO	-
5	2:14.48	699	METROJAN	Aimee Bourassa,12,NK8	2:17.76
6	2:14.48	699	BCAGMAR	Jessie Bradshaw,11,COMOX	-
7	2:14.94	692	POAAAFEB	Sophie McKay,12,MEGO	2:24 18
8	2:15.19	688	POAAAFE8	Amelie Flynn,12,DOO	2:18.97
9	2:15.30	687	ONAGMAR	Chantal Ares,12,GO	-
10	2:15.39	685	ONAGMAR	Cynthia Pearce,12,TOMAC	-
11	2:15.41	685	BCAGMAR	Kelly Geisheimer,12,LL	-
12	2:15.48	684	ONAGMAR	Lauren Vogt,12,NKB	-
13	2:15.94	677	ONAGMAR	Carolyn McNeill,12,MAC	2:20.71
14	2:15.97	677	ONAGMAR	Linden McNabb,12,MUSAC	-
15	2:16.07	675	BCAGMAR	Tamee Ebert,12,POSA	-
16	2:16.46	669	ONAGMAR	Kimberly Conti,12,BYAC	-
17	2:17.26	657	POAAAFEB	Julie Rioux,12,CAGRA	-
18	2:17.29	657	MBSKMAR	Courtney MacOuarrie,12,ROD	-
19	2:17.36	656	SHERDEC	Catherine Belanger,12,RCA	2:19.57
20	2:17.46	655	NKBNOV	Lindsay Burton,12,NKB	-
21	2:17.50	654	ONAGMAR	Angela Leury,12,NKB	-
22	2:17.75	650	BCAGMAR	Pamela Seaton,12,SPART	-
23	2:17.90	648	ONAGMAR	Laura Pomeroy,12,OAK	-
24	2:18.02	646	ONAGMAR	Jessie Myhill,12,GMAC	-
25	2:18.44	640	ONAGMAR	Elizabeth Wycliffe,12,EBSC	-
26	2:18.80	635	BCAGMAR	Megan Turner,12,COMOX	-
27	2:18.81	635	BYACOCT	Christina Conti,12,BYAC	-
28	2:19.08	631	ONAGMAR	Laine Shaw,12,GO	-
29	2:19.27	629	NKBNOV	Elizabeth Collins,12,NKB	2:24.62
30	2:19.33	628	ISJAN	Oanielle Bell,12,IS	2:23.54
31	2:19.50	625	BCAGMAR	Nicole Gandossi,12,AOUA	-
32	2:19.51	625	POAAAFEB	Heather Rochette,12,BBF	-
33	2:19.96	619	ONAGMAR	Jessica Dennis,12,NYAC	-
34	2:19.97	619	ABAGMAR	Marissa Madden,12,CASC	-
35	2:20.02	618	ONAGMAR	Stephanie English,12,BTSC	-
36	2:20.17	616	ABAGMAR	Leah Schaab,12,UCSC	-
37	2:20.21	616	ONAGMAR	Jessica Kirkwood,12,NEW	-
38	2:20.39	613	POAAAFEB	Annie Lizotte,12,CNCB	-
39	2:20.47	612	PCSCDEC	Vicky Richard,12,CNCB	-
40	2:20.65	609	ONAGMAR	Jessica Devenport,12,HWAC	-
41	2:20.67	609	ONAGMAR	Gillian Richardson,12,LAC	-
42	2:20.84	607	CAMOOCT	Ashley Govan,11,PCSC	-
43	2:21.09	603	BCAGMAR	Stephanie Koczka,12,IS	-
44	2:21.16	603	BROCKOCT	Kristen Bradley,12,NEW	2:17.58
45	2:21 20	602	YOUTHOEC	Holly Miller,12,SCAR	-
46	2:21.22	602	ONAGMAR	Joanna McLean,12,ETOB	-
47	2:21.29	601	MBSKMAR	Oeanna Stefanyshyn,11,MANTA	-
48	2:21.58	597	ONAGMAR	Maria Moutinho,12,TOMAC	-
49	2:21.68	596	NYACFEB	Karly Williams,12,ACE	-
50	2:21.72	595	BCAGMAR	Alison Atkinson,12,CHENA	-

400 METRES FREESTYLE
Rec: 4:23.93 Stephanie Shewchuk,PCSC,87

1	4:35.37	745	ONAGMAR	Kristen Bradley,12,NEW	-
2	4:35.71	742	ONAGMAR	Andrea Hetherington,12,RHAC	4:52 44
3	4:36.96	732	ONAGMAR	Stephanie Hatt,12,GO	-
4	4:38.20	723	ONAGMAR	Alex Purdy,12,LAC	-
5	4:40.02	709	BCAGMAR	Tamee Ebert,12,PDSA	-
6	4:40.03	709	YOUTHDEC	Rachel Clinton,12,STARS	-
7	4:40.15	708	BCAGMAR	Jessie Bradshaw,11,COMOX	5:34.36
8	4:44.39	678	GOFEB	Amelie Flynn,12,DDO	-
9	4:44.54	676	PCSCDEC	Sophie Bishinga,12,CSO	-
10	4:45.30	671	ONAGMAR	Carolyn McNeill,12,MAC	-
11	4:45.53	669	ONAGMAR	Cynthia Pearce,12,TOMAC	-
12	4:45.58	669	BCAGMAR	Kelly Geisheimer,12,LL	-
13	4:45.59	669	ONAGMAR	Julie Babin,12,ETOB	4:58.88
14	4:45.70	668	ONAGMAR	Gillian Richardson,12,LAC	5:00.19
15	4:45.89	667	ONAGMAR	Jessica Devenport,12,HWAC	5:10.15
16	4:46.05	666	BCAGMAR	Danielle Bell,12,IS	5:00 42
17	4:46.87	660	ONAGMAR	Linden McNabb,12,MUSAC	-
18	4:47.53	655	POAAAFEB	Sophie McKay,12,MEGO	5:03.46
19	4:47.62	655	POAAAFEB	Julie Rioux,12,CAGRA	-
20	4:47.73	654	PCSCDEC	Virginie Savard,12,CNNG	-
21	4:48.72	647	ONAGMAR	Lauren Vogt,12,NKB	-
22	4:49.10	644	NKBNOV	Aimee Bourassa,12,NKB	4:54.83
23	4:49.72	640	BCAGMAR	Nicole Gandossi,12,AOUA	-
24	4:49.72	640	ONAGMAR	Lindsay Burton,12,NKB	5:03.81
25	4:51.04	631	MBSKMAR	Courtney MacOuarrie,12,ROD	-
26	4:51.80	626	BYACOCT	Kimberly Conti,12,BYAC	-
27	4:52.68	620	ONAGMAR	Angela Leury,12,NKB	-
28	4:53.28	616	BCAGMAR	Megan Turner,12,COMOX	-
29	4:53.75	613	POAAAFEB	Annie Lizotte,12,CNCB	-
30	4:53.85	613	PCSCDEC	Chantal Ares,12,GO	-
31	4:54 19	610	ONAGMAR	Stephanie English,12,BTSC	-
32	4:54 58	608	SSMACJAN	Jennifer Fratesi,11,SSMAC	5:04 99
33	4:54.70	607	PCSCDEC	Joelle Lepine,11,CAMO	-
34	4:55.16	604	BCAGMAR	Pamela Seaton,12,SPART	-
35	4:55.68	601	ABAGMAR	Marissa Madden,12,CASC	-
36	4:56.12	598	PCSCDEC	Roxanne Oetelaar,12,CNNG	-
37	4:56.15	598	NKBNOV	Elizabeth Collins,12,NKB	-
38	4:56.28	597	ONAGMAR	Jessie Myhill,12,GMAC	-
39	4:56.41	596	ONAGMAR	Chandra Engs,11,CAJ	-
40	4:57.20	591	BRANTNOV	Meredith Giuliani,12,NYAC	-
41	4:57.28	590	ETOBJAN	Jessica Kirkwood,12,NEW	-
42	4:57.31	590	ONAGMAR	Courtney Oke,12,LAC	-
43	4:57.41	590	YOUTHDEC	Christina Conti,12,BYAC	-
44	4:58.30	584	ONAGMAR	Maria Moutinho,12,TOMAC	-
45	4:58.38	584	ISCUPNOV	Julie Unrau,12,HYACK	-
46	4:58.77	581	ONAGMAR	Chanelle Armstead,12,WAC	-
47	4:59.10	579	ONAGMAR	Marie-E. Ferland,12,GO	-
48	4:59.12	579	BCAGMAR	Lindsay Rolston,12,IS	-
49	4:59.19	578	POAAAFEB	Florence Bedard-R.,12,CAMO	-
50	4.59.34	578	POAAAFEB	Mireille Amyot,12,RCA	-

800 METRES FREESTYLE
Rec: 8:55.85 Stephanie Shewchuk,PCSC,87

1	9:29.26	727	ONAGMAR	Alex Purdy,12,LAC	10:30.80
2	9:29.38	727	YOUTHOEC	Andrea Hetherington,12,RHAC	10:02.81
3	9:35.08	706	ONAGMAR	Chantal Ares,12,GO	-
4	9:35.73	704	ONAGMAR	Stephanie Hatt,12,GO	-
5	9:40.75	686	BCAGMAR	Tamee Ebert,12,PDSA	10:39.84
6	9:41.44	683	8CAGMAR	Kelly Geisheimer,12,LL	10:37.71
7	9:43.38	677	8CAGMAR	Danielle Bell,12,IS	10.17.17
8	9:45.48	669	ONAGMAR	Julie Babin,12,ETOB	10:14.52
9	9:47.15	664	YOUTHDEC	Rachel Clinton,12,STARS	-
10	9:48.21	660	PQAAAFEB	Sophie McKay,12,MEGO	10:42.56
11	9:48.88	658	ONAGMAR	Jessica Devenport,12,HWAC	10:26.48
12	9:51.23	650	ONAGMAR	Lindsay Burton,12,NKB	10:25.05
13	9:51.74	648	METROJAN	Aimee Bourassa,12,NKB	-
14	9:54.45	639	MBSKMAR	Courtney MacOuarrie,12,RDD	10:44.12
15	9:54.78	638	BCAGMAR	Jessie Bradshaw,11,COMOX	-
16	9:55.04	637	ONAGMAR	Lauren Vogt,12,NKB	-
17	9:55.63	635	YOUTHDEC	Gillian Richardson,12,LAC	10:26.22
18	9:56.88	631	BCAGMAR	Megan Turner,12,COMOX	-
19	10:01.19	617	BCAGMAR	Nicole Gandossi,12,AOUA	-
20	10:01.20	617	POAAAFEB	Julie Rioux,12,CAGRA	-
21	10:03.14	611	ONAGMAR	Stephanie English,12,BTSC	-
22	10:03.30	610	ONAGMAR	Angela Leury,12,NKB	-
23	10:04.44	606	PQAAAFEB	Annie Lizotte,12,CNCB	-
24	10:05.02	605	RODJAN	Tara Berringer,12,TBT	-
25	10:05.12	604	ONAGMAR	Jessica Kirkwood,12,NEW	-
26	10:06.21	601	YOUTHDEC	Laurie Korneluk,12,LAC	10.40.47
27	10:06.81	599	PSWJAN	Pamela Seaton,12,SPART	-
28	10:07.50	597	ONAGMAR	Linden McNabb,12,MUSAC	-
29	10:08.31	594	ABAGMAR	Marissa Madden,12,CASC	-
30	10:10.48	588	ONAGMAR	Courtney Oke,12,LAC	10:34.42
31	10:11.37	585	ABAGMAR	Melissa Dyson,12,EKSC	-
32	10:11.90	583	ONAGMAR	Jenniter Etlison,12,BRANT	-
33	10:12.24	582	ONAGMAR	Chanelle Armstead,12,WAC	10:38.36
34	10:12.97	580	ISCUPNOV	Julie Unrau,12,HYACK	10:32.36
35	10:13.37	579	BCAGMAR	Lindsay Rolston,12,IS	-
36	10:13.43	579	BCAGMAR	Stephanie Koczka,12,IS	-
37	10:13.85	577	ONAGMAR	Marie-E. Ferland,12,GO	10:37.56
38	10:13.87	577	POAAAFEB	Marie Verret-C,12,CSO	-
39	10:14.01	577	YOUTHOEC	Meredith Giuliani,12,NYAC	-
40	10:14.11	576	BCAGMAR	Alison Atkinson,12,CHENA	-
41	10:15.49	572	POAAAFEB	Florence Bedard-R..12,CAMO	-
42	10:15.75	572	ONAGMAR	Erin Hawes,12,KBM	-
43	10:16.00	571	POAAAFEB	Virginie Savard,12,CNNG	-
44	10:18.27	564	ONAGMAR	Jessica Dennis,12,NYAC	-
45	10:19.62	560	ONAGMAR	Melanie Culbert,12,LAC	-
46	10:20.19	558	YOUTHDEC	Tessa Sheil,12,LAC	-
47	10:20.74	557	YOUTHDEC	Carolyn McNeill,12,MAC	-
48	10:20.83	557	ONAGMAR	Jessie Myhill,12,GMAC	-
49	10:21.22	555	ONAGMAR	Lauren Soloski,12,GO	-
50	10:22.14	553	ONAGMAR	Heather Palmer,12,GO	-

100 METRES BACKSTROKE
Rec: 1:05.71 Stephanie Brueschke,MAC,94

1	1:07.87	722	YOUTHOEC	Christina Conti,12,BYAC	1:13.61
2	1:08.12	715	ONAGMAR	Joanna McLean,12,ETOB	1:13.92
3	1:08.77	695	ONAGMAR	Kristen Bradley,12,NEW	1:12.06
4	1:09.38	677	CASCNOV	Kristen Franko,12,NCSA	1:11.85
5	1:09 45	675	ONAGMAR	Jenniter Fratesi,11,SSMAC	1:13 44
6	1:10.33	649	POAAAFEB	Sophie McKay,12,MEGO	1:14 10
7	1:10.76	637	MANTADEC	Jordan Crowley,12,MANTA	1:15.18
8	1:10.77	637	GOFEB	Amelie Flynn,12,DDO	-
9	1:10.90	633	ONAGMAR	Haley Thompson,12,USC	-
10	1:11.24	624	BCAGMAR	Jessie Bradshaw,11,COMOX	1 17.85
11	1:11 38	620	ONAGMAR	Elizabeth Wycliffe,12,EBSC	-
12	1:11.45	618	NYACFEB	Andrea Szewchuk,12,ETOB	1:15.21
13	1:11.88	607	BCAGMAR	Francine Ling,12,DELTA	-
14	1:11.97	604	YOUTHDEC	Lauren Vogt,12,NKB	-
15	1:11.97	604	ONAGMAR	Kimberly Conti,12,BYAC	-
16	1:12.17	599	NKBNOV	Elizabeth Collins,12,NKB	1.13 88
17	1:12.23	598	MANTAOEC	Melissa Nixon,12,RACE	-
18	1:12.31	595	POAAAFEB	Heather Rochette 12,BBF	-
19	1:12.43	592	BCAGMAR	Alison Atkinson,12,CHENA	-
20	1.12.51	590	PCSCDEC	Vicky Richard,12,CNCB	1:14 87
21	1:12.88	581	HWACOCT	Rachel Clinton,12,STARS	1 13.20
22	1:12 94	579	BYACNOV	Alison Ooherty,12,EBSC	-
23	1:13.07	576	POAAAFEB	Chantal Hewitson,12,PCSC	-
24	1:13.08	576	ROWJAN	Jenniter Esford,12,GMAC	1.22 90
25	1:13.14	574	BCAGMAR	Adriana Koc-Spadaro,12,PDSA	-
26	1.13.16	574	HWACOCT	Vicki Thompson,12,HWAC	1 15 79
27	1:13.19	573	ONAGMAR	Chantal Ares,12,GO	-
28	1:13.24	572	ONAGMAR	Jessica Kirkwood,12,NEW	-
29	1:13.27	571	RACERDEC	Leanne Wahlstrom,12,DELTA	1 12 90
30	1:13.47	566	YOUTHDEC	Ashley Hogg,12,TOMAC	-
31	1:13.47	566	POAAAFEB	Joelle Pilon,12,CAG	-
32	1:13.47	566	ONAGMAR	Elena Esposito,12,BRANT	1.24 43
33	1:13.51	565	ONAGMAR	Cassie Wun,11,RHAC	1 18.25
34	1:13.68	561	NYACFEB	Ashley Moog,11,TOMAC	-
35	1:13.71	560	ONAGMAR	Lindsey Hepburn,12,NYAC	-
36	1:13.95	554	YOUTHDEC	Ashley Hawrylshyn,12,CREST	-
37	1:14.02	552	FMSCDEC	Andrea Hayden,12,GPP	-
38	1:14.02	552	CNMNJAN	Julie Rioux,12,CAGRA	-
39	1:14.06	551	MBSKMAR	Courtney MacOuarrie,12,ROD	1 17 36
40	1:14.08	551	MACJAN	Jessica Kostka,12,AAC	-
41	1:14.18	548	ONAGMAR	Tara Berringer,12,TBT	-
42	1:14.29	546	MANTADEC	Alara Humniski,12,MM	-
43	1:14.29	546	BCAGMAR	Amanda Leslie,12,RAYS	-
44	1:14.34	545	ABAGMAR	Kristin Ashmore,12,OSC	-
45	1:14.46	542	ABAGMAR	Erin Barr,12,NCSA	-
46	1:14.48	541	ISCUPNOV	Julie Unrau,12,HYACK	1 15 55
47	1:14.58	539	YOUTHDEC	Alex Purdy,12,LAC	-
48	1:14.61	538	ABAGMAR	Carolyn Watson,12,KSC	-
49	1:14.64	538	ABAGMAR	Tracy Ross,12,DAD	-
50	1.14 76	535	CASCNOV	Tamee Ebert,12,PDSA	-

GIRLS 11-12 CONTD.

200 METRES BACKSTROKE

Rec: 2:21.92 Lori Melien,AAC,84

1	2:24.40	734	YOUTHDEC	Kristen Bradley,12,NEW	2:34.22
2	2:27.65	687	YOUTHDEC	Christina Conti,12,BYAC	2:40.16
3	2:28.53	675	POAAAFEB	Sophie McKay,12,MEGO	2:37.36
4	2:30.67	647	ONAGMAR	Joanna McLean,12,ETOB	2:42.07
5	2:30.68	646	NYACFEB	Andrea Szewchuk,12,ETOB	2:40.17
6	2:31.50	636	ONAGMAR	Haley Thompson,12,USC	-
7	2:31.88	631	ONAGMAR	Lauren Vogt,12,NKB	-
8	2:32.10	628	MANTADEC	Tara Berringer,12,TBT	-
9	2:32.24	626	SSMACJAN	Jennifer Fratesi,11,SSMAC	-
10	2:32.44	624	ONAGMAR	Julie Babin,12,ETOB	2:36.35
11	2:32.47	623	ONAGMAR	Jessica Kirkwood,12,NEW	-
12	2:32.58	622	BCAGMAR	Jessie Bradshaw,11,COMOX	-
13	2:32.95	617	POAAAFEB	Julie Rioux,12,CAGRA	-
14	2:33.00	616	GOFEB	Amelie Flynn,12,DDO	2:41.08
15	2:33.24	613	NKBNOV	Elizabeth Collins,12,NKB	2:35.12
16	2:33.74	607	CASCNOV	Kristen Franko,12,NCSA	2:37.95
17	2:34.07	603	ONAGMAR	Chantal Aires,12,GO	-
18	2:34.26	601	ONAGMAR	Alex Purdy,12,LAC	-
19	2:34.27	601	NYACFEB	Rachel Clinton,12,STARS	2:34.01
20	2:34.79	594	ONAGMAR	Ashley Moog,12,TOMAC	-
21	2:35.07	591	POAAAFEB	Chantal Hewitson,12,PCSC	2:42.13
22	2:35.08	591	MANTADEC	Jordan Crowley,12,MANTA	2:41.61
23	2:35.37	587	POAAAFEB	Vicky Richard,12,CNCB	2:41.64
24	2:35.63	584	POAAAFEB	Florence Bedard-R.,12,CAMO	-
25	2:35.81	582	LEDUCJAN	Andrea Hayden,12,GPP	2:42.59
26	2:35.92	580	BYACNOV	Andrea Hetherington,12,RHAC	-
27	2:36.00	580	RACERDEC	Julie Unrau,12,HYACK	-
28	2:36.29	576	BCAGMAR	Kelly Geisheimer,12,LL	-
29	2:36.53	573	ONAGMAR	Elizabeth Wycliffe,12,EBSC	-
30	2:36.62	572	BCAGMAR	Amanda Leslie,12,RAYS	-
31	2:37.09	567	BCAGMAR	Amy Suess,12,IS	-
32	2:37.46	562	ONAGMAR	Elena Esposito,12,BRANT	-
33	2:37.54	561	BCAGMAR	Alison Atkinson,12,CHENA	-
34	2:37.71	560	MANTADEC	Melissa Nixon,12,RACE	-
35	2:37.74	559	ONAGMAR	Lindsey Hepburn,12,NYAC	-
36	2:37.80	558	MBSKMAR	Courtney MacOuarrie,12,ROD	2:42.53
37	2:37.86	558	HWACOCT	Vicki Thompson,12,HWAC	2:39.84
38	2:37.92	557	BCAGMAR	Tamee Ebert,12,PDSA	-
39	2:38.09	555	ONAGMAR	Katie Sax,12,TOMAC	-
40	2:38.30	553	BYACNOV	Frances Richard,11,TMSC	-
41	2:38.31	553	POAAAFEB	Roxanne Oetelaar,12,CNNG	-
42	2:38.35	552	ONAGMAR	Jenniler Estord,12,GMAC	-
43	2:38.36	552	YOUTHDEC	Ashley Hogg,12,TOMAC	-
44	2:38.49	551	ONAGMAR	Katelin O'Neill,12,SSMAC	2:42.47
45	2:38.55	550	ROWJAN	Kimberly Conti,12,BYAC	-
46	2:38.61	549	ONAGMAR	Laureen Beard,11,ETOB	-
47	2:38.62	549	ONAGMAR	Maria Moulinho,12,TOMAC	-
48	2:38.68	548	POAAAFEB	Joelle Pilon,12,CAG	-
49	2:38.83	547	TOMACNOV	Ashley Mogg,12,TOMAC	-
50	2:38.89	546	YOUTHDEC	Ashley Hawrylshyn,12,CREST	-

100 METRES BREASTSTROKE

Rec: 1:10.11 Allison Higson,ESC,85

1	1:18.07	689	ABAGMAR	Melissa Dyson,12,EKSC	1:23.23
2	1:18.39	681	ONAGMAR	Angela Leury,12,NKB	1:25.07
3	1:19.22	660	SHERDEC	Catherine Belanger,12,RCA	1:20.99
4	1:19.44	654	POAAAFEB	Florence Bedard-R.,12,CAMO	-
5	1:19.77	646	BCAGMAR	Francine Ling,12,DELTA	1:25.75
6	1:19.82	644	BCAGMAR	Alex Leziy-Miller,11,CHENA	1:30.84
7	1:20.38	631	CAMOOCT	Amelie Flynn,12,DDO	1:24.87
8	1:20.48	628	KCCDEC	Wendy Yip,12,PDSA	1:21.85
9	1:20.55	627	SHERDEC	Isabelle Morasse,12,UNIK	1:23.91
10	1:20.57	626	YOUTHDEC	Leeane Faganely,12,SYD	1:24.44
11	1:20.60	625	YOUTHDEC	Carmen Rowe,12,SCAR	1:23.37
12	1:21.20	611	ONAGMAR	Kaija Murphy,12,TBT	1:27.58
13	1:21.37	607	BCAGMAR	Pamela Seaton,12,SPART	-
14	1:21.44	605	ETOBOCT	Jenniter Cooper,12,LAC	1:21.09
15	1:21.45	605	BCAGMAR	Kiristen Nelson,12,IS	-
16	1:21.50	604	POAAAFEB	Annie Lizotte,12,CNCB	-
17	1:21.63	601	CSOJAN	Julie Marcotte,12,CSQ	-
18	1:21.66	600	SJSFEB	Alara Humniski,12,MM	1:25.37
19	1:21.89	595	NKBNOV	Christina Lecompte,12,USC	1:23.65
20	1:22.06	591	ONAGMAR	Laura Pomeroy,12,OAK	-
21	1:22.10	590	MANTAOEC	Marie-L. Martin,12,UCSC	1:25.39
22	1:22.14	589	SSMACJAN	Jenniter Fratesi,11,SSMAC	1:28.15
23	1:22.15	589	LUSCNOV	Kyla Faganely,13,SYD	-
24	1:22.15	589	SCARFEB	Alison Leury,15,NKB	-
25	1:22.24	587	NYACFEB	Shayna Burns,12,NYAC	-
26	1:22.44	582	UCSCJAN	Emma Spooner,12,NCSA	-
27	1:22.44	582	POAAAFEB	Melisande Brassard-G.,12,BBF	-
28	1:22.50	581	RACEROEC	Carol Whitley,12,AQUA	-
29	1:22.60	579	ONAGMAR	Danielle Beland,11,GO	1:31.66
30	1:22.61	578	CHENAFEB	Danielle Dodd,12,PDSA	-
31	1:22.69	577	ABAGMAR	Jenniter Woods,12,DAD	-
32	1:22.73	576	ONAGMAR	Kim Bacon,11,COBRA	1:29.69
33	1:22.73	576	ONAGMAR	Julie Babin,12,ETOB	-
34	1:22.79	574	YOUTHDEC	Sarah Black,11,HWAC	1:29.12
35	1:22.82	574	MANTADEC	Leah Schaab,11,UCSC	1:32.25
36	1:23.05	569	ONAGMAR	Lindsay Meisner,11,MAC	1:30.41
37	1:23.06	568	BCAGMAR	Stacey Bartel,11,PN	-
38	1:23.11	567	ABAGMAR	Annamay Pierse,12,EKSC	-
39	1:23.20	565	ONAGMAR	Kate Evans,12,ROW	-
40	1:23.49	559	ONAGMAR	Katelin O'Neill,12,SSMAC	1:29.66
41	1:23.65	555	ISCUPNOV	Julie Unrau,12,HYACK	1:25.91
42	1:23.70	554	ONAGMAR	Katy Perry,12,NYAC	-
43	1:23.81	552	ABAGMAR	Katie Nelson,12,OSC	-
44	1:23.99	548	MBSKMAR	Meghan Oemchuk,12,ROD	1:30.13
45	1:24.00	548	YOUTHDEC	Anna Bishop,12,HTAC	-
46	1:24.01	548	KCCDEC	Bronwyn Inkster,12,CASC	1:25.56
47	1:24.10	546	CNMNJAN	Heather Rochette,12,BBF	-
48	1:24.22	543	LLDEC	Martina Zamecnik,12,ORCA	-
49	1:24.28	542	MBSKMAR	Laura Grant,11,YLSC	-
50	1:24.46	538	YOUTHDEC	Meredith Ross,12,STJJ	-

200 METRES BREASTSTROKE

Rec: 2:32.10 Allison Higson,ESC,85

1	2:44.16	729	ABAGMAR	Melissa Dyson,12,EKSC	3:02.10
2	2:47.78	684	ONAGMAR	Angela Leury,12,NKB	3:00.97
3	2:48.04	681	POAAAFEB	Florence Bedard-R.,12,CAMO	-
4	2:50.29	654	SHERDEC	Catherine Belanger,12,RCA	2:50.68
5	2:51.80	636	BCAGMAR	Kiristen Nelson,12,IS	-
6	2:52.14	632	BCAGMAR	Pamela Seaton,12,SPART	-
7	2:52.27	631	POAAAFEB	Melisande Brassard-G.,12,BBF	3:03.01
8	2:52.58	627	BCAGMAR	Francine Ling,12,DELTA	-
9	2:53.04	622	ONAGMAR	Julie Babin,12,ETOB	-
10	2:53.09	622	POAAAFEB	Annie Lizotte,12,CNCB	-
11	2:53.27	620	ABAGMAR	Leah Schaab,12,UCSC	-
12	2:53.32	619	YOUTHDEC	Carmen Rowe,12,SCAR	2:59.64
13	2:53.63	616	HYACKJAN	Wendy Yip,12,PDSA	-
14	2:54.80	603	BCAGMAR	Kirsten Munro,12,TSUN	-
15	2:54.82	603	BCAGMAR	Stacey Bartel,11,PN	-
16	2:54.99	601	MMJAN	Alara Humniski,12,MM	-
17	2:55.25	598	ONAGMAR	Kaija Murphy,12,TBT	-
18	2:55.41	596	GOFEB	Amelie Flynn,12,DDO	-
19	2:55.73	593	ONAGMAR	Kim Bacon,11,COBRA	-
20	2:56.12	589	NYACFEB	Shayna Burns,12,NYAC	-
21	2:56.20	588	NKBNOV	Christina Lecompte,12,USC	3:00.67
22	2:56.32	586	POAAAFEB	Julie Marcotte,12,CSQ	-
23	2:56.50	585	CHENAFEB	Danielle Dodd,12,PDSA	-
24	2:57.06	579	MACJAN	Meredith Giuliani,12,NYAC	-
25	2:57.10	578	ONAGMAR	Danielle Beland,11,GO	-
26	2:57.63	573	SHERDEC	Isabelle Morasse,12,UNIK	3:03.04
27	2:57.82	571	SSMACJAN	Jenniter Fratesi,11,SSMAC	-
28	2:57.97	569	CASCNOV	Emma Spooner,12,CP	-
29	2:58.26	566	RACERDEC	Carol Whitley,12,AQUA	-
30	2:58.26	566	PASSFEB	Laura Grant,11,YLSC	-
31	2:58.34	565	POAGNOV	Stephanie Dubuc,12,DDO	-
32	2:58.57	563	BCAGMAR	Alex Leziy-Miller,11,CHENA	-
33	2:58.63	562	ONAGMAR	Laura Pomeroy,12,OAK	-
34	2:58.63	562	ABAGMAR	Jenniter Woods,12,DAD	-
35	2:58.67	562	ONAGMAR	Meredith Ross,12,STJJ	-
36	2:58.81	561	ONAGMAR	Katelin O'Neill,12,SSMAC	-
37	2:59.10	558	YOUTHDEC	Lacey McVicar,12,COBRA	-
38	2:59.15	557	YOUTHDEC	Anna Bishop,12,HTAC	-
39	2:59.44	554	YOUTHDEC	Sarah Black,11,HWAC	-
40	3:00.03	548	POAAAFEB	Marie Verret-C.,12,CSQ	-
41	3:00.17	547	KCCDEC	Marissa Madden,12,CASC	-
42	3:00.59	543	ONAGMAR	Lindsay Meisner,11,MAC	-
43	3:00.60	543	YOUTHDEC	Kristen Thomas,12,ROW	-
44	3:00.69	542	YOUTHDEC	Leeane Faganely,12,SYD	-
45	3:00.88	540	YOUTHDEC	Kate Evans,12,ROW	-
46	3:00.91	540	ONAGMAR	Melanie Culbert,12,LAC	-
47	3:01.07	538	ABAGMAR	Melissa Peddle,11,FMSC	-
48	3:01.07	538	NKBFEB	Lauren Vogt,12,NKB	-
49	3:01.34	535	KCCDEC	Bronwyn Inkster,12,CASC	-
50	3:01.56	533	KSCJAN	Katie Nelson,12,OSC	3:03.83

100 METRES BUTTERFLY

Rec: 1:05.24 Allison Barriscale,KMSC,89

1	1:06.84	744	YOUTHDEC	Jenniter Fratesi,11,SSMAC	1:11.48
2	1:08.97	679	CNMNJAN	Amelie Flynn,12,DDO	1:12.36
3	1:09.01	677	BCAGMAR	Francine Ling,12,DELTA	1:15.30
4	1:09.35	668	POAGNOV	Catherine Belanger,12,RCA	1:10.69
5	1:10.47	635	ABAGMAR	Erin Barr,12,NCSA	-
6	1:10.58	632	BRANTNOV	Meredith Giuliani,12,NYAC	-
7	1:11.04	620	ONAGMAR	Courtney Oke,12,LAC	1:14.88
8	1:11.21	615	YOUTHDEC	Kristen Bradley,12,NEW	-
9	1:11.43	609	BRANTNOV	Carolyn McNeill,12,MAC	1:13.42
10	1:11.43	609	ONAGMAR	Julia Koulik,12,YORK	1:14.73
11	1:11.65	603	RACERDEC	Julie Unrau,12,HYACK	1:12.75
12	1:11.83	598	NKBNOV	Aimee Bouiassa,12,NKB	1:15.08
13	1:12.24	588	MBSKMAR	Laura Grant,11,YLSC	1:21.69
14	1:12.25	587	ONAGMAR	Danielle Beland,11,GO	1:21.94
15	1:12.41	583	ONAGMAR	Karly Williams,12,ACE	-
16	1:12.55	580	MBSKMAR	Alara Humniski,12,MM	-
17	1:12.63	578	ABAGMAR	Jenniter Hare,12,STSC	1:21.69
18	1:12.75	575	POAGNOV	Marie-E. Fillion,12,RCA	-
19	1:12.77	574	POAAAFEB	Roxanne Oetelaar,12,CNNG	-
20	1:12.79	574	CSQOCT	Audrey Lacroix,12,UNIK	-
21	1:12.83	573	YOUTHDEC	Rachel Clinton,12,STARS	1:15.15
22	1:12.87	572	CHENAFEB	Natasha Rentro,11,HYACK	1:21.18
23	1:12.91	571	CASCNOV	Anne-M. Robart,12,NCSA	1:12.85
24	1:12.94	570	BCAGMAR	Meghan Brown,12,PDSA	1:18.39
25	1:13.06	567	SCARFEB	Lindsay Burton,12,NKB	-
26	1:13.12	565	BCAGMAR	Lindsay Rolston,12,IS	1:25.52
27	1:13.18	564	POAAAFEB	Vicky Richard,12,CNCB	-
28	1:13.27	562	METROJAN	Martina Olcheski,12,NKB	-
29	1:13.30	561	YOUTHDEC	Stacie Yascheshyn,12,WAC	-
30	1:13.43	558	BCAGMAR	Martina Zamecnik,12,KISU	1:15.93
31	1:13.45	557	BCAGMAR	Carol Whitley,12,AQUA	-
32	1:13.46	557	POAAAFEB	Ashley Govan,12,PCSC	-
33	1:13.54	555	ONAGMAR	Danielle Gudgeon,12,NYAC	-
34	1:13.57	554	CSOJAN	Florence Latreniere,12,CSQ	-
35	1:13.58	554	POAAAFEB	Joelle Pilon,12,CAG	-
36	1:13.63	553	BCAGMAR	Nicole Gandossi,12,AQUA	-
37	1:13.74	550	MANTADEC	Jordan Crowley,12,MANTA	-
38	1:13.77	549	ETOBOCT	Jenniter Cooper,12,LAC	-
39	1:13.78	549	POAAAFEB	Valerie Couture,12,DDO	-
40	1:14.36	535	PCSCDEC	Julie Rioux,12,CAGRA	-
41	1:14.39	535	NKBNOV	Holly Miller,12,SCAR	-
42	1:14.41	534	ABAGMAR	Laura McPherson,12,GCO	-
43	1:14.54	531	SSMACJAN	Frances Richard,11,TMSC	1:22.29
44	1:14.55	531	MANTADEC	Darcie Todd,12,UCSC	-
45	1:14.57	530	ROWJAN	Gillian Richardson,12,LAC	-
46	1:14.60	530	BCAGMAR	Brittney Dawson,11,AQUA	-
47	1:14.65	528	CSQJAN	Genevieve Flappier,12,EXCEL	-
48	1:14.65	528	ABAGMAR	Kristin Ashmore,12,OSC	-
49	1:14.73	527	ONAGMAR	Ashleigh Thomas,12,USC	-
50	1:14.94	522	CSDJAN	Marie Verret-C.,12,CSQ	-

200 METRES BUTTERFLY

Rec: 2:18.09 Michelle Coulombe,CNMN,78

1	2:32.28	632	YOUTHDEC	Courtney Oke,12,LAC	2:39.41
2	2:32.77	626	POAGNOV	Catherine Belanger,12,RCA	2:35.24
3	2:32.93	624	ONAGMAR	Carolyn McNeill,12,MAC	2:40.35
4	2:33.01	623	YOUTHDEC	Jenniter Fratesi,11,SSMAC	-
5	2:34.45	605	POAAAFEB	Amelie Flynn,12,DDO	2:46.82
6	2:34.79	601	RACERDEC	Julie Unrau,12,HYACK	2:37.20
7	2:35.34	594	NKBNOV	Aimee Bouiassa,12,NKB	2:38.19
8	2:35.86	588	POAAAFEB	Julie Rioux,12,CAGRA	-
9	2:35.88	588	ONAGMAR	Rachel Clinton,12,STARS	2:50.46
10	2:37.61	567	GOFEB	Danielle Beland,11,GO	-
11	2:38.37	558	ONAGMAR	Lindsay Burton,12,NKB	-
12	2:38.41	558	ONAGMAR	Stephanie Hatt,12,GO	-
13	2:38.97	552	POAAAFEB	Roxanne Oetelaar,12,CNNG	-
14	2:39.46	546	YOUTHDEC	Stacie Yascheshyn,12,WAC	-
15	2:39.76	543	ONAGMAR	Julia Koulik,12,YORK	-
16	2:40.68	533	SCARFEB	Lesley Burton,12,HHBF	-
17	2:40.89	530	ABAGMAR	Laura McPherson,12,GCO	-
18	2:41.43	525	ABAGMAR	Jenniter Hare,12,STSC	2:51.05
19	2:41.59	523	ABAGMAR	Erin Barr,12,NCSA	-
20	2:41.87	520	BCAGMAR	Lindsay Rolston,12,IS	-
21	2:42.01	518	BRANTNOV	Meredith Giuliani,12,NYAC	-
22	2:42.11	517	ONAGMAR	Ashley Cocks,12,TRENT	-
23	2:42.29	515	ONAGMAR	Laine Shaw,12,GO	2:52.00
24	2:42.57	512	POAAAFEB	Valerie Couture,12,DDO	-
25	2:43.16	506	YOUTHDEC	Holly Miller,12,SCAR	-
26	2:43.20	506	POAAAFEB	Catherine Boisclair,12,DDO	-
27	2:43.62	502	NYACFEB	Danielle Gudgeon,12,NYAC	-
28	2:43.78	500	ONAGMAR	Jenniter Ellison,12,BRANT	-
29	2:44.00	498	POAAAFEB	Joelle Pilon,12,CAG	-
30	2:44.11	497	POAGFEB	Genevieve Flappier,12,EXCEL	-
31	2:44.15	496	ONAGMAR	Martina Olcheski,12,NKB	-
32	2:44.51	493	CHENAFEB	Natasha Rentro,11,HYACK	-
33	2:45.11	487	YOUTHDEC	Gillian Richardson,12,LAC	-
34	2:45.29	485	POAAAFEB	Florence Latreniere,12,CSQ	-
35	2:45.66	481	CSOJAN	Marie Verret-C.,12,CSQ	-
36	2:45.66	481	CHENAFEB	Katie Wagner,12,AQUA	-
37	2:45.99	478	NKBNOV	Lydia Twining,12,CREST	-
38	2:46.16	476	MBSKMAR	Annie Hylton,12,ROD	-
39	2:46.44	474	POAGFEB	Samantha Sinnott,12,PCSC	2:52.50
40	2:47.03	468	SHERDEC	Audrey Lacroix,12,UNIK	-
41	2:47.11	467	MBSKMAR	Sheena Mills,12,UCSC	-
42	2:47.31	465	BCAGMAR	Nicole Gandossi,12,AQUA	-
43	2:47.55	463	MANTADEC	Jenniter Graf,11,ROD	-
44	2:47.94	459	BROCKOCT	Erin Scheel,12,OSAC	-
45	2:48.21	457	POAAAFEB	Joelle Lepine,11,CAMO	-
46	2:48.76	452	KCCDEC	Meghan Brown,11,PDSA	-
47	2:49.03	449	CHENAFEB	Nicole Dunmall,12,SPART	-
48	2:49.04	449	CASCNOV	Anne-M. Robart,12,NCSA	2:45.74
49	2:49.07	449	BYACNOV	Frances Richard,11,TMSC	-
50	2:49.45	446	NKBNOV	Shannon Andrews,12,TRENT	2:50.03

200 METRES IND MEDLEY

Rec: 2:19.25 Allison Higson,ESC,85

1	2:27.62	737	ONAGMAR	Kristen Bradley,12,NEW	2:36.92
2	2:30.77	693	POAAAFEB	Amelie Flynn,12,DDO	2:37.64
3	2:31.19	687	ONAGMAR	Jenniter Fratesi,11,SSMAC	2:41.32
4	2:31.52	682	SHERDEC	Catherine Belanger,12,RCA	2:35.33
5	2:32.27	672	ONAGMAR	Angela Leury,12,NKB	-
6	2:32.52	669	ONAGMAR	Andrea Hetherington,12,RHAC	-
7	2:33.60	655	ONAGMAR	Alex Purdy,12,LAC	-
8	2:34.02	649	ONAGMAR	Julie Babin,12,ETOB	2:40.66
9	2:34.06	649	BCAGMAR	Francine Ling,12,DELTA	2:42.06
10	2:34.18	647	ABAGMAR	Melissa Dyson,12,EKSC	2:52.29
11	2:34.56	642	POAAAFEB	Sophie McKay,12,MEGO	-
12	2:34.96	637	POAAAFEB	Heather Rochette,12,BBF	-
13	2:35.22	634	NYACFEB	Cynthia Pearce,12,TOMAC	-
14	2:35.72	628	METROJAN	Aimee Bouiassa,12,NKB	-
15	2:35.77	627	MBSKMAR	Leah Schaab,12,UCSC	-
16	2:36.01	624	ONAGMAR	Chantal Aires,12,GO	-
17	2:36.02	624	NKBNOV	Elizabeth Collins,12,NKB	-
18	2:36.47	618	ONAGMAR	Linden McNabb,12,MUSAC	-
19	2:36.55	617	BCAGMAR	Nicole Gandossi,12,AQUA	-
20	2:36.56	617	ONAGMAR	Jessica Kirkwood,12,NEW	-
21	2:36.66	616	BCAGMAR	Jessie Bradshaw,11,COMOX	2:55.37
22	2:37.44	606	BCAGMAR	Pamela Seaton,12,SPART	-
23	2:37.46	606	BRANTNOV	Meredith Giuliani,12,NYAC	-
24	2:37.58	605	ISCUPNOV	Julie Unrau,12,HYACK	2:41.16
25	2:37.70	603	ONAGMAR	Elizabeth Wycliffe,12,EBSC	-
26	2:37.80	602	LUSCNOV	Leeane Faganely,12,SYD	-
27	2:37.86	601	MBSKMAR	Laura Grant,12,YLSC	-
28	2:37.92	601	POAAAFEB	Chantal Hewitson,12,PCSC	-
29	2:38.19	597	ONAGMAR	Jessica Devenport,12,HWAC	2:50.82
30	2:38.28	596	BCAGMAR	Lindsay Rolston,12,IS	2:59.18
31	2:38.49	594	BYACNOV	Frances Richard,11,TMSC	2:54.13
32	2:38.86	589	POAAAFEB	Vicky Richard,12,CNCB	-
33	2:38.88	589	NYACFEB	Andrea Szewchuk,12,ETOB	-
34	2:38.94	588	CSOJAN	Audrey Lacroix,12,UNIK	-
35	2:39.09	587	POAAAFEB	Florence Bedard-R.,12,CAMO	-
36	2:39.12	586	ETOBOCT	Jenniter Cooper,12,LAC	2:39.59
37	2:39.40	583	MMJAN	Alara Humniski,12,MM	-
38	2:39.55	581	SCARFEB	Lindsay Burton,12,NKB	-
39	2:39.65	580	MBSKMAR	Courtney MacOuarrie,12,ROD	-
40	2:39.81	578	ONAGMAR	Kimberly Conti,12,BYAC	-
41	2:40.15	574	CNMNJAN	Julie Rioux,12,CAGRA	-
42	2:40.53	570	BCAGMAR	Tamee Ebert,12,PDSA	-
43	2:40.87	566	CSOJAN	Genevieve Flappier,12,EXCEL	-
44	2:40.96	565	NYACFEB	Katie Sax,12,TOMAC	-
45	2:41.21	562	CSOJAN	Julie Marcotte,12,CSQ	-
46	2:41.29	561	NYACFEB	Karly Williams,12,ACE	-
47	2:41.40	560	POAAAFEB	Ashley Govan,12,PCSC	-
48	2:41.72	556	CASCNOV	Anne-M. Robart,12,NCSA	-
49	2:41.75	556	BRANTNOV	Vicki Thompson,12,HWAC	-
50	2:41.79	556	MANTADEC	Tara Berringer,12,TBT	-

400 METRES IND.MEDLEY
Rec: 4.55.03 Allison Higson,ESC,85

1	5:12.24	720	ONAGMAR	Kristen Bradley,12,NEW	5:26.96
2	5:18.70	678	ONAGMAR	Angela Leury,12,NKB	5:45.14
3	5:19.23	674	YOUTHDEC	Jenniler Fralesi,11,SSMAC	-
4	5:19.66	672	ONAGMAR	Julie Babin,12,ETOB	5:34.29
5	5:20.69	665	POAGNOV	Catherine Belanger,12,RCA	5:26.93
6	5:23.03	650	CHENAFEB	Nicole Gandossi,12,ADUA	-
7	5:23.69	646	ONAGMAR	Andrea Hetherington,12,RHAC	-
8	5:23.91	645	ONAGMAR	Alex Purdy,12,LAC	-
9	5:24.14	644	POAAAFEB	Amelie Flynn,12,DDO	5:33.30
10	5:26.67	628	YOUTHDEC	Aimee Bourassa,12,NKB	-
11	5:26.97	626	PDAAAFEB	Julie Rioux,12,CAGRA	-
12	5:27.84	621	PDAAAFEB	Heather Rochette,12,BBF	5:47.95
13	5:29.83	610	MBSKMAR	Leah Schaab,12,UCSC	-
14	5:30.25	607	RACERDEC	Julie Unrau,12,HYACK	5:43.42
15	5:30.30	607	BCAGMAR	Francine Ling,12,DELTA	-
16	5:30.81	604	ONAGMAR	Lindsay Burton,12,NKB	-
17	5:31.21	602	PDAAAFEB	Florence Bedard-R.,12,CAMO	-
18	5:31.39	601	NYACFEB	Cynthia Pearce,12,TDMAC	-
19	5:31.46	600	ONAGMAR	Jessica Kirkwood,12,NEW	-
20	5:31.79	598	ONAGMAR	Jessica Devenport,12,HWAC	-
21	5:32.20	596	MACJAN	Meredith Giuliani,12,NYAC	-
22	5:32.20	596	DNAGMAR	Stephanie Hatt,12,GO	-
23	5:32.65	593	ONAGMAR	Linden McNabb,12,MUSAC	-
24	5:33.22	590	BCAGMAR	Jessie Bradshaw,11,COMOX	-
25	5:33.55	588	POAAAFEB	Annie Lizotte,12,CNCB	-
26	5:34.12	585	ONAGMAR	Carolyn McNeill,12,MAC	5:44.25
27	5:34.32	584	CDSCJAN	Tamee Ebert,12,PDSA	-
28	5:34.40	584	BCAGMAR	Lindsay Rolston,12,IS	-
29	5:34.52	583	MBSKMAR	Laura Granl,12,YLSC	-
30	5:34.63	582	ONAGMAR	Katelin O'Neill,12,SSMAC	-
31	5:34.74	582	POAAAFEB	Chantal Hewitson,12,PCSC	-
32	5:36.29	573	BCAGMAR	Danielle Dodd,12,PDSA	-
33	5:36.78	570	DNAGMAR	Tara Berringer,12,TBT	-
34	5:37.30	568	ONAGMAR	Jenniler Ellison,12,BRANT	-
35	5:37.76	565	BYACNOV	Frances Richard,11,TMSC	-
36	5:39.16	558	ABAGMAR	Jennifer Hare,12,STSC	-
37	5:39.46	556	POAAAFEB	Marie Verret-C,12,CSD	-
38	5:39.53	556	YDUTHDEC	Gillian Richardson,12,LAC	5:46.58
39	5:39.63	555	BCAGMAR	Danielle Bell,12,IS	-
40	5:39.66	555	YDUTHDEC	Tessa Sheil,11,LAC	-
41	5:39.72	555	NYACFEB	Rachel Clinton,12,STARS	-
42	5:39.92	554	ABAGMAR	Marissa Madden,12,CASC	-
43	5:40.01	553	YOUTHDEC	Courtney Oke,12,LAC	-
44	5:40.72	549	MBSKMAR	Courtney MacOuarrie,12,ROD	-
45	5:40.87	549	ONAGMAR	Marcia Bryon,12,USC	-
46	5:41.19	547	NYACFEB	Katie Sax,12,TDMAC	-
47	5:41.89	543	RACERDEC	Pamela Seaton,12,SPART	-
48	5:42.11	542	ONAGMAR	Martina DIcheski,12,NKB	-
49	5:42.62	539	NYACFEB	Danielle Gudgeon,12,NYAC	-
50	5:43.03	537	GOFEB	Chantal Ares,12,GO	-

4X50 M MEDLEY RELAY
Rec: 2:07.70 Markham AC,MAC,94

1	2:12.00	670	PCSCDEC	Pointe Claire SC,PCSC
2	2:13.37	649	ONAGMAR	Nepean Kanata,NKB
3	2:14.48	633	CASCNOV	Nose Creek SA,NCSA
4	2:14.65	630	POAAAFEB	Dollard Swim Team,DDO
5	2:14.76	629	ONAGMAR	North York AC,NYAC
6	2:14.86	627	KCCDEC	Pacific Dolphin SA,PDSA
7	2:14.92	626	PDAAAFEB	Natation CSO,CSO
8	2:14.93	626	BCAGMAR	Island Swimming,IS
9	2:15.17	623	BCAGMAR	Hyack Swim Club,HYACK
10	2:15.89	613	ONAGMAR	Gloucester-Ottawa Kingfish,GD
11	2:16.21	608	PCSCDEC	Etobicoke SC,ETOB
12	2:16.37	606	BCAGMAR	Aquanaut Swim Club,AOUA
13	2:16.38	606	ONAGMAR	Uxbridge SC,USC
14	2:16.55	603	BCAGMAR	Fraser Valley Spartans,SPART
15	2:17.00	597	PCSCDEC	Montreal Aquatique,CAMO
16	2:17.35	592	BYACOCT	Burlington Y,BYAC
17	2:17.66	588	NYACFEB	Mississauga AC,TOMAC
18	2:17.98	584	DNAGMAR	Newmarket SC,NEW
19	2:18.04	583	ABAGMAR	Univ.Calgary SC,UCSC
20	2:18.76	573	ONAGMAR	London AC,LAC
21	2:18.78	573	YOUTHDEC	Guelph Marlin AC,GMAC
22	2:18.79	573	MBSKMAR	Regina Dpt.Dolphins,ROD
23	2:19.28	566	ABAGMAR	Olympian Swim Club,DSC
24	2:19.55	563	POAGNDV	Chaudiere-Appalache,RCA
25	2:19.55	563	ABAGMAR	Cascade Swim Club,CASC
26	2:19.80	559	BCAGMAR	Chena Swim Club,CHENA
27	2:20.08	556	ABAGMAR	Edmonton Keyano,EKSC
28	2:20.17	555	MBSKMAR	Saskatoon Y Lasers,YLSC
29	2:20.22	554	YDUTHDEC	Hamilt-Wentworth AC,HWAC
30	2:20.82	546	CSODCT	Pont Rouge,UNIK
31	2:21.36	540	DNAGMAR	Markham AC,MAC
32	2:21.43	539	BCAGMAR	Delta Sungod SC,DELTA
33	2:21.89	533	ABAGMAR	Silver Tide SC,STSC
34	2:22.32	528	POAGFEB	CA Gatineau,CAG
35	2:22.34	528	MBSKMAR	Manta Swim Club,MANTA
36	2:22.92	521	MANTADEC	Moose Jaw KFF,MJKFF
37	2:23.18	517	BROCKDCT	Dwen Sound AC,DSAC
38	2:23.40	515	PCSCDEC	Muskoka AC,MUSAC
39	2:23.52	513	OTTAWDEC	Megophias Trois Rivieres,MEGO
40	2:24.13	506	BCAGMAR	Points North SC,PN
41	2:24.46	502	NKBNOV	Sault Ste.Marie AC,SSMAC
42	2:24.67	500	NSAGMAR	Dartmouth Crusaders,DCSC
43	2:24.76	499	BRANTNDV	Windsor AC,WAC
44	2:24.87	498	CNMNJAN	Beaconstield Bluefins,BBF
45	2:24.88	497	NKBNOV	Scarborough SC,SCAR
46	2:24.90	497	BYACNDV	Richmond Hill AC,RHAC
47	2:25.54	490	ONAGMAR	Thun Bay Thunderbolts,TBT
48	2:25.74	488	PDAGFEB	Levis+Montmagny,PLUS
49	2:26.03	484	CSOOCT	CN Beauport,CNCB
50	2:26.13	483	PERTHFEB	Ernestown Barracudas,EBSC

4X50 M FREE RELAY
Rec: 1:53.45 Regina Opt.Dolphins,RDD,90

1	1:56.55	693	BCAGMAR	Pacific Dolphin SA,PDSA
2	1:58.23	664	YOUTHDEC	Nepean Kanata,NKB
3	1:58.41	661	ONAGMAR	Mississauga AC,TOMAC
4	1:58.70	656	PCSCDEC	Dollard Swim Team,DDO
5	1:58.71	656	PCSCDEC	Pointe Claire SC,PCSC
6	1:59.42	644	ONAGMAR	Gloucester-Ottawa Kingfish,GO
7	2:00.30	629	BCAGMAR	Hyack Swim Club,HYACK
8	2:01.01	618	M8SKMAR	Regina Dpt.Dolphins,RDD
9	2:01.18	615	PQAAAFEB	Natation CSQ,CSO
10	2:01.28	614	BCAGMAR	Fraser Valley Spartans,SPART
11	2:01.34	613	BCAGMAR	Island Swimming,IS
12	2:01.44	611	ABAGMAR	Univ.Calgary SC,UCSC
13	2:01.64	608	DNAGMAR	Etobicoke SC,ETDB
14	2:01.68	607	YOUTHDEC	London AC,LAC
15	2:01.88	604	PQAGFEB	Montreal Aquatique,CAMD
16	2:02.26	598	PQAGFEB	Chaudiere-Appalache,RCA
17	2:02.44	595	ONAGMAR	Newmarket SC,NEW
18	2:02.56	594	CASCNDV	Nose Creek SA,NCSA
19	2:02.84	589	BYACDCT	Burlington Y,BYAC
20	2:02.97	587	YDUTHDEC	North York AC,NYAC
21	2:03.07	586	YDUTHDEC	Guelph Marlin AC,GMAC
22	2:03.65	577	MBSKMAR	Saskatoon Y Lasers,YLSC
23	2:04.10	570	ABAGMAR	Edmonton Keyano,EKSC
24	2:04.10	570	ABAGMAR	Olympian Swim Club,OSC
25	2:04.29	568	NYACFEB	Uxbridge SC,USC
26	2:04.34	567	BCAGMAR	Aquanaut Swim Club,ADUA
27	2:04.45	565	DNAGMAR	Markham AC,MAC
28	2:04.96	558	ABAGMAR	Cascade Swim Club,CASC
29	2:05.37	552	GOLDNOV	Manta Swim Club,MANTA
30	2:05.54	549	BCAGMAR	Points North SC,PN
31	2:05.65	548	HWACDCT	Hamilt-Wentworth AC,HWAC
32	2:05.65	548	PCSCDEC	Muskoka AC,MUSAC
33	2:05.65	548	BCAGMAR	Delta Sungod SC,DELTA
34	2:05.72	547	ISJAN	Comox Valley AC,COMOX
35	2:06.16	541	BCAGMAR	Chena Swim Club,CHENA
36	2:06.18	540	DTTAWDEC	Megophias Trois Rivieres,MEGD
37	2:06.29	539	BYACNOV	Richmond Hill AC,RHAC
38	2:07.23	526	PDAGFEB	CA Gatineau,CAG
39	2:07.28	525	ONAGMAR	Thun Bay Thunderbolts,TBT
40	2:07.31	525	PQAGFEB	Levis+Montmagny,PLUS
41	2:07.33	524	BROCKDCT	Barrie Trojans,BTSC
42	2:07.71	519	BRDCKDCT	Dwen Sound AC,DSAC
43	2:07.92	517	LUSCNDV	North Bay Y,NBYT
44	2:08.43	510	BCAGMAR	West Van Dtters SC,WVDSC
45	2:08.45	510	TRENTDEC	Ajax Aquatic Club,AAC
46	2:09.03	502	BCAGMAR	Duncan Stingrays,RAYS
47	2:09.07	501	NKBNOV	Dorado SC,STARS
48	2:09.19	500	MBSKMAR	Manitoba Martins,MM
49	2:09.28	499	ABAGMAR	Silver Tide SC,STSC
50	2:09.60	495	NKBNDV	Scarborough SC,SCAR

BOYS 11-12 1996 SHORT COURSE TAG®

50 METRES FREESTYLE
Rec: 25.28 John M.Mills,GD,93

1	26.50	589	DNAGMAR	Bob Phipps,12,COBRA	27.42
2	27.09	548	NKBNOV	Danny Collins,12,STARS	29.38
3	27.18	542	BYACOCT	Jonathan Gray,12,BYAC	28.80
4	27.25	538	TOMACOCT	Chuck Sayao,12,TOMAC	27.23
5	27.26	537	CSOOCT	Benjamin Gadoury,12,CSO	28.81
6	27.35	531	CSOOCT	Alexis Bertrand,12,RCA	28.85
7	27.35	531	BCAGMAR	Jason Joo,12,PDSA	29.76
8	27.37	530	CAMDDCT	Pascal Lauzon,12,HIPPD	-
9	27.46	524	YDUTHDEC	Bradley Vanderkam,12,LAC	28.74
10	27.57	517	PSWJAN	Craig Taylor,12,PSW	28.05
11	27.74	507	MBSKMAR	Zachary Sallis,12,MANTA	-
12	27.75	506	RACERDEC	Tristan Brown,12,PN	-
13	27.76	506	POAAAFEB	Tomy Delagrave,12,CNCB	29.75
14	27.80	503	BYACNOV	Patrick Doret,12,LSC	-
15	27.84	501	POAAAFEB	Jean-F. Nolin,12,PPO	-
16	27.95	494	BCAGMAR	Matthew Huang,12,ARBU	-
17	28.10	486	BCAGMAR	Brenl O'Connor,12,PDSA	-
18	28.11	485	RACERDCT	Lee Rafta,12,UCSC	28.18
19	28.17	482	ABAGMAR	Craig Gillis,12,CASC	-
20	28.21	479	BRANTNOV	Alex Normandin,12,PCSC	-
21	28.30	474	NYACFEB	Chris Lukas,12,ETOB	29.74
22	28.31	474	NKBNDV	Andrew Bignell,12,SSMAC	28.37
23	28.48	464	POAAAFEB	Nicolas Guillotte,12,CAMD	-
24	28.50	463	SCARFEB	Devon Akroyd,12,SCAR	-
25	28.53	461	ONAGMAR	Kevin Fan,12,TORCH	-
26	28.54	461	MMJAN	Andrew McGillivray,12,MM	-
27	28.59	458	DNAGMAR	V. Guerrero,12,SCAR	-
28	28.68	453	BRANTNDV	Neil Parent,12,WAC	-
29	28.74	450	MBSKMAR	Brian Verigin,12,FTST	-
30	28.76	449	ONAGMAR	Ben Leung,12,TOMAC	-
31	28.82	446	MANTADEC	Blair Beasant,12,KS	29.53
32	28.84	445	ONAGMAR	Garrett Lyall,11,MMS	-
33	28.87	443	ONAGMAR	Duinton Sabourin,12,UPCAN	-
34	28.90	441	HYACKJAN	Stephen Au Yeung,12,PDSA	-
35	28.90	441	CNSBJAN	Mathieu Aubry,12,CNHR	-
36	29.00	436	CNMNJAN	Thierry Bannon,12,SAMAK	-
37	29.01	436	ABAGMAR	Chad Crighton,11,STSC	-
38	29.05	434	ONAGMAR	Andrew Greener,12,ETOB	-
39	29.09	432	YOUTHDEC	Erik Schmidt,12,LSC	-
40	29.11	431	RACERDEC	Brian Hill,12,RAYS	-
41	29.11	431	DNAGMAR	Brendan Beamish,12,TRENT	-
42	29.14	429	NSAGMAR	Bryan McGraw-Alcock,12,HTAC	-
43	29.15	428	PDAAAFEB	Terence Hotz,12,PCSC	-
44	29.19	426	NKBNDV	Devon Ackroyd,12,SCAR	-
45	29.22	425	ABAGMAR	Brock Murray,12,LASC	-
46	29.29	421	BCAGMAR	Albert Yu,12,RACER	-
47	29.31	420	WDSCDCT	Patrick Tung,12,ADUA	-
48	29.32	420	YOUTHDEC	Matt Gingrich,12,ROW	-
49	29.32	420	HYACKJAN	Ronald Chung,12,UNATT	-
50	29.32	420	MBSKMAR	Trevor Coulman,11,GDLD	-

100 METRES FREESTYLE
Rec: 55.99 Brad Creelman,TOMAC,83

1	57.21	630	ONAGMAR	Bob Phipps,12,COBRA	1:00.77
2	58.44	589	BYACOCT	Jonathan Gray,12,BYAC	1:03.01
3	59.16	566	YOUTHDEC	Danny Collins,12,STARS	1:03.14
4	59.53	555	POAAAFEB	Tomy Delagrave,12,CNCB	1:04.38
5	59.63	552	ONAGMAR	Bradley Vanderkam,12,LAC	1:03.25
6	59.93	543	CSDDCT	Benjamin Gadoury,12,CSD	1:03.41
7	1:00.08	538	NKBOCT	Chuck Sayao,12,TDMAC	59.44
8	1:00.18	535	CSDDCT	Alexis Bertrand,12,RCA	1:03.15
9	1:00.49	526	RACERDEC	Craig Taylor,12,PSW	1:02.16
10	1:00.52	526	RACERDEC	Tristan Brown,12,PN	-
11	1:00.93	514	ONAGMAR	Patrick Dorel,12,LSC	-
12	1:01.08	510	BCAGMAR	Brent O'Connor,12,PDSA	-
13	1:01.16	508	YOUTHDEC	Andrew Bignell,12,SSMAC	1:01.68
14	1:01.16	508	MBSKMAR	Zachary Saltis,12,MANTA	-
15	1:01.22	506	BCAGMAR	Jason Joo,12,PDSA	1.10.74
16	1.01.71	493	CAMDDCT	Pascal Lauzon,12,HIPPD	-
17	1:01.73	492	ABAGMAR	Craig Gillis,12,CASC	-
18	1.01.92	487	PDAAAFEB	Philippe Monast,12,ENC	-
19	1:02.02	484	BCAGMAR	Matthew Huang,12,ARBU	-
20	1:02.07	483	MBSKMAR	Brian Verigin,12,FTST	-
21	1:02.13	482	MMJAN	Andrew McGillivray,12,MM	-
22	1:02.36	476	POAAAFEB	Jean-F Nolin,12,PPD	-
23	1:02.41	474	DNAGMAR	Ian MacLeod,12,NEW	-
24	1:02.56	471	PCSCDEC	Nicolas Guillotte,12,CAMD	-
25	1:02.74	466	MBSKMAR	Trevor Coulman,11,GDLD	1:09.36
26	1:02.92	461	MANTADEC	Blair Beasant,12,KS	1:04.25
27	1:02.98	460	PDAAAFEB	Jean-F. Racine,12,LAVAL	-
28	1:03.14	456	DNAGMAR	V. Guerrero,12,SCAR	-
29	1:03.15	456	DNAGMAR	Devon Ackroyd,12,SCAR	-
30	1:03.19	455	BCAGMAR	Tom Marshall,12,PDSA	-
31	1:03.26	453	BRANTNDV	Alex Normandin,12,PCSC	-
32	1:03.29	452	ISJAN	Ken Hamilton,12,IS	-
33	1:03.32	452	NYACFEB	Chris Lukas,12,ETDB	-
34	1:03.51	447	CNSBJAN	Mathieu Aubry,12,CNHR	-
35	1:03.53	446	YDUTHDEC	Neil Parent,12,WAC	-
36	1:03.56	446	YDUTHDEC	Matt Gingrich,12,ROW	-
37	1:03.60	445	DNAGMAR	Brendan Beamish,12,TRENT	-
38	1:03.60	445	ABAGMAR	Brock Murray,12,LASC	-
39	1:03.70	442	POAAAFEB	Terence Hotz,12,PCSC	-
40	1:03.74	441	NSAGMAR	Bryan McGraw-Alcock,12,HTAC	-
41	1:03.76	441	YDUTHDEC	Kevin Calaguiro,12,BYAC	-
42	1:03.87	438	DNAGMAR	Robert McDow,11,RHAC	1:07.23
43	1:03.89	438	MBSKMAR	Karim Abdulla,12,ROD	-
44	1:04.10	433	ONAGMAR	Quinton Sabourin,12,UPCAN	1:10.92
45	1:04.20	431	ONAGMAR	Jordan Bell,12,AAC	-
46	1:04.31	428	RACEROCT	Lee Ralta,12,UCSC	1:02.63
47	1:04.41	426	BCAGMAR	Mike Harris,12,ORCA	-
48	1:04.47	424	CNMNJAN	Thierry Bannon,12,SAMAK	-
49	1:04.51	423	RACERDEC	Brian Hill,12,RAYS	-
50	1:04.51	423	POAAAFEB	Francois Larouche,12,SHER	-

200 METRES FREESTYLE
Rec: 2:01.59 Doug Wake,YLSC,90

1	2:05.24	628	TDMACDCT	Chuck Sayao,12,TOMAC	2:07.15
2	2:07.29	597	ONAGMAR	Bob Phipps,12,COBRA	2:13.96
3	2:08.68	577	TDMACNOV	Jonathan Gray,12,BYAC	2:16.94
4	2:10.31	554	ONAGMAR	Danny Collins,12,STARS	-
5	2:10.82	547	BCAGMAR	Brent O'Connor,12,PDSA	-
6	2:12.47	525	POAAAFEB	Jean-F. Nolin,12,PPO	-
7	2:12.62	523	ISJAN	Ken Hamilton,12,IS	-
8	2:12.64	523	RACERDEC	Craig Taylor,12,PSW	2:17.00
9	2:12.74	521	YOUTHDEC	Bradley Vanderkam,12,LAC	-
10	2:14.08	504	ABAGMAR	Craig Gillis,12,CASC	-
11	2:14.52	499	POAAAFEB	Nicolas Guillotte,12,CAMO	-
12	2:14.66	497	NYACFEB	Andrew Bignell,12,SSMAC	-
13	2:14.93	494	DNAGMAR	Davis Hutchings,12,MUSAC	-
14	2:15.12	491	BCAGMAR	Matthew Huang,12,ARBU	-
15	2:15.15	491	ONAGMAR	Devon Ackroyd,12,SCAR	-
16	2:15.60	486	CSDOCT	Benjamin Gadoury,12,CSO	-
17	2:15.60	486	ONAGMAR	Andrew Coupland,12,GO	-
18	2:15.98	481	MANTADEC	Blair Beasant,12,KS	-
19	2:16.01	481	PDAAAFEB	Martin Noel,12,SAMAK	-
20	2:16.01	481	ABAGMAR	William Hickey,12,LEDUC	2:21.29
21	2:16.18	479	MBSKMAR	Brian Verigin,12,FTST	-
22	2:16.50	475	CSDJAN	Vincent Rodrigue,12,EXCEL	-
23	2:16.70	473	PDAAAFEB	Vincent Rodrigue,12,EXCEL	-
24	2:17.01	469	RACERDEC	Tristan Brown,12,PN	-
25	2:17.01	469	ETOBJAN	Colin Jenkins,12,HWAC	-
26	2:17.12	468	PCSCDEC	Tomy Delagrave,12,CNCB	2:17.05
27	2:17.22	466	CSOJAN	Francois Larouche,12,SHER	-
28	2:17.22	466	BCAGMAR	Dorian Scroggs,12,IS	-
29	2:17.22	466	SJSFEB	Andrew McGillivray,12,MM	-
30	2:17.35	465	DNAGMAR	Robert McDow 11,RHAC	-
31	2:17.59	462	ETOBJAN	Chris Lukas,12,ETDB	-
32	2:17.71	461	ONAGMAR	Quinton Sabourin,12,UPCAN	-
33	2:17.73	461	DNAGMAR	Robert Pengelly,12,EBSC	-
34	2:17.82	460	MBSKMAR	Karim Abdulla,12,RDD	-
35	2:18.05	457	MBSKMAR	Trevor Coulman,11,GDLO	-
36	2:18.35	454	SHERDEC	Pascal Lauzon,12,HIPPO	-
37	2:18.45	452	NSAGMAR	Bryan McGraw-Alcock,12,HTAC	-
38	2:18.52	452	DNAGMAR	V. Guerrero,12,SCAR	-
39	2:18.55	451	PDAAAFEB	Simon Lallier,12,CSD	-
40	2:18.56	451	BYACOCT	Kevin Calaguiro,12,BYAC	-
41	2:18.56	451	POAAAFEB	Philippe Monast,12,ENC	-
42	2:18.74	449	ONAGMAR	John Annen,12,LAC	-
43	2:19.20	444	YOUTHDEC	Matt Gingrich,12,RDW	-
44	2:19.25	444	GRFKSMAR	Kyle Lee,12,KEETA	-
45	2:19.27	443	ONAGMAR	Jordan Bell,12,AAC	-
46	2:19.42	442	BCAGMAR	Tom Marshall,12,PDSA	-
47	2:19.66	439	MBSKMAR	Zachary Saltis,12,MANTA	-
48	2:19.67	439	BCAGMAR	Stephen Au Yeung,12,PDSA	-
49	2:19.86	437	WDSCOCT	Patrick Tung,12,ADUA	2:18.01
50	2:19.91	436	BCAGMAR	Dylan Evans,12,PN	-

BOYS 11-12 CONTD.

400 METRES FREESTYLE

Rec: 4 15.89 Chuck Sayao,TOMAC,95

1	4 15.89	696	TOMACOCT	Chuck Sayao,12,TOMAC	4 28 94
2	4 34 55	559	ONAGMAR	Bob Phipps,12,COBRA	-
3	4 35.03	556	YOUTHDEC	Brent O'Connor,12,PDSA	-
4	4.36.44	547	TOMACNOV	Jonathan Gray,12,8YAC	4 51 12
5	4:38 16	536	ONAGMAR	Danny Collins,12,STARS	-
6	4.39.10	530	POAAAFEB	Jean-F. Nolin,12,PPO	-
7	4:40.62	520	ISJAN	Ken Hamilton,12,IS	4 48 03
8	4.42.18	511	POAAAFEB	Vincent Rodrigue,12,EXCEL	-
9	4 43.28	504	NK8NOV	Andrew 8ignell,12,SSMAC	4 56 84
10	4 43.69	502	YOUTHDEC	Bradley Vanderkam,12,LAC	-
11	4 43.80	501	ONAGMAR	Steven Caswell,12,HWAC	4.54 70
12	4 44.18	499	CHENAFEB	Matthew Huang,11,ARBU	-
13	4 44.24	499	ONAGMAR	Davis Hutchings,12,MUSAC	4 51 85
14	4 44.90	495	M8SKMAR	Karim Abdulla,12,ROD	-
15	4.45.14	493	ABAGMAR	William Hickey,12,LEDUC	4 54 44
16	4 45.57	491	POAAAFEB	Nicolas Guillotte,12,CAMO	-
17	4.45.93	489	ONAGMAR	Andrew Coupland,12,GO	-
18	4 45.96	489	ONAGMAR	Ian MacLeod,12,NEW	-
19	4 46.16	487	ONAGMAR	Colin Jenkins,12,HWAC	-
20	4 46.32	487	YOUTHDEC	Keith Beavers,12,STARS	-
21	4 47.76	478	CSOOCT	8enjamin Gadoury,12,CSO	-
22	4 48.40	475	SCARFEB	Mark Abrajian,12,SCAR	-
23	4 48.51	474	YOUTHDEC	Kevin Calaguiro,12,8YAC	-
24	4:48.89	472	ONAGMAR	Andrew Greener,12,ETOB	-
25	4:48.95	472	KCCDEC	Craig Taylor,12,PSW	4 55 19
26	4 49.04	471	ONAGMAR	Ryan Pallett,12,BRANT	5.07.29
27	4 49.09	471	BCAGMAR	Dylan Evans,12,PN	-
28	4 49.29	470	SCARFEB	Devon Akroyd,12,SCAR	-
29	4 49.31	470	POAAAFEB	Jean-F Racine,12,LAVAL	-
30	4.50.12	465	GRFKSMAR	Kyle Lee,12,KEETA	-
31	4 50.16	465	RACERDEC	Tristan Brown,12,PN	-
32	4 50.25	465	ETOBJAN	Chris Lukas,12,ETOB	-
33	4 50.28	464	ONAGMAR	Devon Ackroyd,12,SCAR	-
34	4 50.74	462	BYACOCT	William Moore,12,BYAC	-
35	4 50.99	461	BCAGMAR	Dorian Scroggs,12,IS	-
36	4 51.03	460	MBSKMAR	Ciaran Dickson,12,ROD	5.21 76
37	4.52.29	454	POAAAFEB	Patrick Bourassa-F ,12,CAMO	-
38	4:52.83	451	KCCDEC	Craig Gillis,12,CASC	-
39	4 52.85	451	POAAAFEB	Martin Noel,12,SAMAK	-
40	4 52.93	450	POAAAFEB	Jerome LeSiege,12,LAVAL	-
41	4.52.97	450	BCAGMAR	Bill Walsh,12,PSW	-
42	4:53.14	449	ONAGMAR	Kurtis MacGillivary,12,CAJ	-
43	4 53.27	449	METROJAN	Bryan McGraw-Alcock,12,HTAC	-
44	4:53.35	448	ONAGMAR	Jason Charbonneau,12,WAC	-
45	4 53.49	447	RODJAN	Andrew McGillivray,12,MM	-
46	4.53.51	447	ONAGMAR	Robert Pengelly,12,EBSC	-
47	4:53.55	447	BCAGMAR	Don Nicholson,12,TSUN	-
48	4:53.84	446	MBSKMAR	Anton Blais,12,UCSC	-
49	4:53.93	445	POAAAFEB	Frederic Couture-M.,12,CNRD	-
50	4 54.05	444	ONAGMAR	Andrew Guest,11,BYAC	5 13 33

1500 METRES FREESTYLE

Rec: 16:58.85 Jamie White,LAC,90

1	17:54 40	590	BCAGMAR	Brenl O'Connor,12,PDSA	20:10.29
2	18:03.14	575	ISCUPNOV	Ken Hamilton,12,IS	18 54.08
3	18:12.70	559	POAAAFEB	Vincent Rodrigue,12,EXCEL	-
4	18:17.51	551	MBSKMAR	Karim Abdulla,12,ROD	20:09 39
5	18:25.26	539	ONAGMAR	Danny Collins,12,STARS	-
6	18:29.89	531	GPPFEB	William Hickey,12,LEDUC	19 05.62
7	18:32.96	526	YOUTHDEC	Keith Beavers,12,STARS	18 49 61
8	18:35.63	522	NSAGMAR	Bryan McGraw-Alcock,12,HTAC	-
9	18:39.47	516	ONAGMAR	Davis Hutchings,12,MUSAC	19 16 80
10	18:40.85	514	CHENAFEB	Matthew Huang,11,ARBU	-
11	18:41.30	514	ONAGMAR	Andrew Coupland,12,GO	-
12	18:41.78	513	ONAGMAR	Steven Caswell,12,HWAC	19.26 86
13	18:42 22	512	LACNOV	Bradley Vanderkam,12,LAC	-
14	18:45.37	508	ONAGMAR	Mark Abrajian,12,SCAR	-
15	18:46.46	506	BCAGMAR	Dylan Evans,12,PN	20 17 44
16	18:47 49	504	ONAGMAR	Robert McDow,11,RHAC	-
17	18:47.74	504	ONAGMAR	Andrew Greener,12,ETOB	-
18	18:51.04	499	POAAAFEB	Nicolas Guillotte,12,CAMO	-
19	18:51.49	498	BYACOCT	Kevin Calaguiro,12,BYAC	-
20	18:54.70	494	POAAAFEB	Patrick Bourassa-F ,12,CAMO	19 37 20
21	18:56.97	490	NKBFEB	Mark Dobson,12,NKB	-
22	18:58.44	488	MBSKMAR	Ciaran Dickson,12,ROD	19 30 38
23	18:58.58	488	ONAGMAR	Colin Jenkins,12,HWAC	19 54 38
24	18:58.82	488	ONAGMAR	Kurtis MacGillivary,12,CAJ	-
25	19 01.26	484	POAAAFEB	Michael Ruggiero,11,RPM	-
26	19.03.87	481	BCAGMAR	Dorian Scroggs,12,IS	-
27	19:05.11	479	ONAGMAR	Ian MacLeod,12,NEW	-
28	19:07 42	476	BCAGMAR	Bryce Lencoe,12,PDSA	-
29	19:07.64	475	BCAGMAR	Don Nicholson,12,TSUN	-
30	19 07.83	475	MBSKMAR	Anton Blais,12,UCSC	-
31	19.08 32	474	SHERDEC	Francois Larouche,12,SHER	20 28 01
32	19 08 84	474	KSCJAN	John Pattison,11,CP	-
33	19 09.60	473	ONAGMAR	Jason Charbonneau,12,WAC	-
34	19.12 43	469	POAAAFEB	Jerome LeSiege,12,LAVAL	-
35	19 12.82	468	POAAAFEB	Simon Lallier,12,CSO	-
36	19:13.02	468	YOUTHDEC	Zachary Clarkson,12,LAC	-
37	19 13.61	467	MBSKMAR	Zachary Saltis,12,MANTA	-
38	19:16.27	463	BCAGMAR	Mark Johnston,12,PSW	20 17 61
39	19:18.85	460	MBSKMAR	Artur Bremski,12,UCSC	-
40	19.20.11	458	POAAAFEB	Jean-Y Grenier,12,CAMO	-
41	19.20 62	457	ONAGMAR	Ian Vickers,12,NYAC	-
42	19:22 94	454	ONAGMAR	Adam Ben-Aron,12,ETOB	-
43	19.26.98	449	YOUTHDEC	Stephen Au Yeung,12,PDSA	-
44	19 27.10	449	POAAAFEB	Tom Martin,12,BBF	-
45	19.28 41	447	ISJAN	Andrew Callow,12,IS	20 31 98
46	19.28.58	447	BYACOCT	Jonathan Gray,12,BYAC	19 35 05
47	19 31.05	444	ONAGMAR	Chris Brewer,12,RHAC	-
48	19 33.34	441	POAAAFEB	Frederic Murray,11,DYNAM	-
49	19 35.23	438	BCAGMAR	Bill Walsh,12,PSW	20 12 60
50	19.35 57	438	NKBNOV	Robert Cline,12,NEW	-

100 METRES BACKSTROKE

Rec 1.03.63 John M.Mills,GO,93

1	1.05.66	551	ONAGMAR	Patrick Doret,12,LSC	1 14 41
2	1 06.72	523	ONAGMAR	Bob Phipps,12,COBRA	1 10 79
3	1.06 81	521	ONAGMAR	8radley Vanderkam,12,LAC	1 12 17
4	1 07.03	515	PSWJAN	Craig Taylor,12,PSW	1.09 26
5	1.07 43	505	POAAAFEB	Tomy Delagrave,12,CNCB	1 10 79
6	1 07 48	504	SJSFEB	Andrew McGillivray,12,MM	-
7	1 07 97	492	ONAGMAR	Danny Collins,12,STARS	1 13 61
8	1 08.25	485	A8AGMAR	Craig Gillis,12,CASC	1 14 64
9	1 08 38	482	A8AGMAR	Matthew Sadler,12,RACE	-
10	1.08.75	473	NK8OCT	Chuck Sayao,12,TOMAC	1 10.09
11	1:09 76	450	NYACFEB	Andrew Bignell,12,SSMAC	1.10 24
12	1 09 83	449	POAAAFEB	Simon Lallier,12,CSO	-
13	1 09 89	448	OTTAWDEC	8enoit Banville-A ,12,MEGO	-
14	1 10.04	444	TOMACNOV	Jonathan Gray,12,8YAC	1 13 67
15	1 10.05	444	ONAGMAR	Ouinton Sabourin,12,UPCAN	1 18 89
16	1 10 36	437	CSOOCT	8enjamin Gadoury,12,CSO	1 12 43
17	1 10 37	437	ONAGMAR	Mark Abrajian,12,SCAR	-
18	1:10 40	437	ET08OCT	William Moore,12,BYAC	1 12 38
19	1.10.61	432	ONAGMAR	Chris Lukas,12,ETOB	1 13 41
20	1 10 64	431	ONAGMAR	Colin Jenkins,12,HWAC	1 13 15
21	1 10 80	428	BCAGMAR	Jason Joo,12,PDSA	-
22	1.10.80	428	ONAGMAR	Andrew Greener,12,ETOB	1 16 31
23	1 11 03	423	BCAGMAR	Steven Kisielius,12,PSW	-
24	1.11 15	421	ABAGMAR	Simon Twogood,12,CASC	-
25	1 11.31	417	8CAGMAR	Tom Marshall,12,PDSA	-
26	1.11.39	416	ABAGMAR	Chad Crighton,11,STSC	1 21 93
27	1.11 49	414	POAAAFEB	Philippe Monast,12,ENC	-
28	1 11 55	413	M8SKMAR	Karim Abdulla,12,ROD	-
29	1 11 55	413	BCAGMAR	Chris Marcinkiewicz,12,PN	-
30	1:11 64	411	ONAGMAR	Brendan Beamish,12,TRENT	-
31	1:11 96	404	POAAAFEB	Martin Noel,12,SAMAK	-
32	1:12 11	401	POAAAFEB	Jean-F Racine,12,LAVAL	-
33	1 12 12	401	ONAGMAR	Mark Dobson,12,NKB	-
34	1 12.13	401	POAAAFEB	Jonathan Cantin,11,CNJO	-
35	1 12 20	400	SHERDEC	Olivier Mathieu,12,HIPPO	-
36	1:12 28	398	RACERDEC	Brian Hill,12,RAYS	-
37	1 12 40	396	CHENAFEB	Matthew Huang,11,AR8U	-
38	1 12 50	394	ONAGMAR	Stefano Caprara,12,VAC	-
39	1.12 51	394	MANTADEC	Blair Beasant,12,KS	-
40	1:12 51	394	YOUTHDEC	Neil Parent,12,WAC	-
41	1:12 53	393	MBSKMAR	Ciaran Dickson,12,ROD	1 18 11
42	1:12.73	389	KSCJAN	Maciek Zielnik,11,EKSC	1 24 99
43	1:12.74	389	ABAGMAR	Casey Archibald,12,NCSA	-
44	1 12 89	386	RODJAN	Alastair McGillivray,16,AAD	-
45	1:12 90	386	CAMOOCT	Peter Mapp,12,PCSC	-
46	1 12 95	385	YOUTHDEC	Keith Beavers,12,STARS	1 13 96
47	1:12 95	385	MACJAN	Devon Ackroyd,12,SCAR	-
48	1 12 97	385	GFJAN	Stephen Melendy,12,GLSC	-
49	1 13 10	382	CHENAFEB	Brent O'Connor,12,PDSA	-
50	1:13 15	381	BCAGMAR	Chris Kargl-Simard,11,LL	1 17 22

200 METRES BACKSTROKE

Rec 2 16 39 Chuck Sayao,TOMAC,95

1	2:16.39	636	TOMACOCT	Chuck Sayao,12,TOMAC	2 31 20
2	2:22 54	552	POAAAFEB	Tomy Delagrave,12,CNCB	2:28 30
3	2:22 65	551	ONAGMAR	Danny Collins,12,STARS	2:37 68
4	2:24 08	533	ONAGMAR	Colin Jenkins,12,HWAC	2:33 29
5	2:24.85	524	PSWJAN	Craig Taylor,12,PSW	2:25 58
6	2:25 49	517	YOUTHDEC	Patrick Doret,12,LSC	2 38 11
7	2.25.71	514	ONAGMAR	Bradley Vanderkam,12,LAC	2 38 39
8	2:28.22	485	TOMACNOV	Jonathan Gray,12,BYAC	-
9	2:28 65	481	POAAAFEB	Simon Lallier,12,CSO	-
10	2 29 20	475	TOMACNOV	Bob Phipps,12,COBRA	-
11	2 29 28	474	NYACFEB	Andrew Bignell,12,SSMAC	2 32 94
12	2 29 38	473	ONAGMAR	Andrew Greener,12,ETOB	-
13	2:30 40	462	MANTADEC	Matthew Sadler,12,RACE	-
14	2 30 48	461	ABAGMAR	Craig Gillis,12,CASC	-
15	2:30.58	460	ONAGMAR	Mark Abrajian,12,SCAR	-
16	2:30 75	458	ONAGMAR	Ouinton Sabourin,12,UPCAN	-
17	2:30.91	457	ONAGMAR	Brendan Beamish,12,TRENT	-
18	2 30 96	456	MANTADEC	Ciaran Dickson,11,ROD	-
19	2:31 14	454	POAAAFEB	Martin Noel,12,SAMAK	-
20	2 31 47	451	ONAGMAR	Devon Ackroyd,12,SCAR	-
21	2:31 64	449	CSOOCT	Benjamin Gadoury,12,CSO	2 35 37
22	2:31 83	447	ONAGMAR	Mark Dobson,12,NKB	-
23	2 32 02	445	RHACOCT	William Moore,12,BYAC	-
24	2 32 17	444	BRANTNOV	Chris Lukas,12,ETOB	2 35 54
25	2 32 26	443	MANTADEC	Andrew McGillivray,12,MM	-
26	2 32 28	443	MBSKMAR	Karim Abdulla,12,ROD	-
27	2 32 33	442	SHERDEC	Olivier Mathieu,12,HIPPO	-
28	2 33 08	435	MANTADEC	Blair Beasant,12,KS	-
29	2 33 16	434	BCAGMAR	Steven Kisielius,12,PSW	-
30	2 33 37	432	BCAGMAR	Chris Marcinkiewicz,12,PN	-
31	2 33 70	429	YOUTHDEC	Keith Beavers,12,STARS	2 34 06
32	2 34 26	423	ONAGMAR	Jaime Imbers,12,TORCH	-
33	2 34 71	419	BCAGMAR	Chris Kargl-Simard,11,LL	-
34	2 34 72	419	METROJAN	Noah Pink,12,HTAC	-
35	2 35 05	416	ABAGMAR	Simon Twogood,12,CASC	-
36	2 35 12	415	ABAGMAR	Casey Archibald,12,NCSA	-
37	2 35 24	414	POAAAFEB	Patrick Bourassa-F ,12,CAMO	-
38	2 35 61	411	PSWJAN	Matthew Huang,11,ARBU	-
39	2 35 75	409	WDSCOCT	Patrick Tung,12,AQUA	-
40	2 35 93	408	ONAGMAR	Brian Jaeggi,11,NEW	-
41	2 36 02	407	ABAGMAR	William Hickey,12,LEDUC	2 37 11
42	2:36.13	406	GFJAN	Stephen Melendy,12,GLSC	-
43	2 36 18	406	YOUTHDEC	Neil Parent,12,WAC	-
44	2 36 24	405	POAAAFEB	Philippe Monast,12,ENC	-
45	2 36 32	404	POAAAFEB	Thomas Beauchamp,12,DDO	-
46	2 36 35	404	BCAGMAR	Stephen Au Yeung,12,PDSA	-
47	2 36 54	402	CRKWDEC	Brian Hill,12,RAYS	-
48	2 36 58	402	ABAGMAR	Zak Robart,11,NCSA	-
49	2 36 60	402	ONAGMAR	Jonathan Dimitriu 12 COBRA	-
50	2 36 65	401	ABAGMAR	Chad Crighton,11,STSC	-

100 METRES BREASTSTROKE

Rec 1 10 35 Jonathan Lim,ACE,94

1	1 11 33	626	TOMACNOV	Mark Sy [illegible]	[illegible]
2	1 13 29	574	8CAGMAR	Matthew Huang,1[illegible],ARBU	1 [illegible] 74
3	1:13 79	562	YOUTHDEC	Ken Hamilton,12,IS	1 17 49
4	1 16 97	489	ONAGMAR	Devon Ackroyd,12,SCAR	-
5	1 17 26	483	8CAGMAR	Tom Marshall,12,PDSA	-
6	1 17 54	477	NKBOCT	Derek Breckenridge,12,NKB	1 20 57
7	1 18 25	462	MANTADEC	Robbie Anderson,12,ROD	1 22 19
8	1 18 45	458	NKBOCT	Chuck Sayao,12,TOMAC	1 22 66
9	1 18 88	450	NKBNOV	Keith Beavers,12,STARS	1 18 84
10	1 19 16	444	BCAGMAR	Ronald Chung,12,HYACK	-
11	1 19 30	442	POAAAFEB	Terence Hotz,12,PCSC	-
12	1 19 33	441	POAAAFEB	Adam Noppen,12,8BF	-
13	1 19 34	441	ETOBJAN	Peter Vogel,12,ETOB	-
14	1 19 58	436	RACEROCT	Lee Ratta,12,UCSC	1 17 84
15	1 19 61	436	POAAAFEB	Jeremy Daoust,12,DDO	-
16	1 19 63	435	MBSKMAR	8rian Verigin,12,FTST	-
17	1 19 65	435	PSWJAN	Craig Taylor,12,PSW	1 24 32
18	1 19 67	435	ONAGMAR	Davis Hutchings,12,MUSAC	-
19	1 19 74	433	YOUTHDEC	Kevin Fan,12,TORCH	-
20	1 19 89	430	POAAAFEB	Frederic Wong,12,DDO	-
21	1 20 07	427	ONAGMAR	Ben Nguyen,12,YORK	-
22	1 20 09	427	RACERDEC	Andy Lee,12,AQUA	-
23	1 20 19	425	KCCDEC	Zak Murakami,12,EKSC	-
24	1 20 26	424	ONAGMAR	Andrew Gidaro,12,CREST	-
25	1 20 62	417	ONAGMAR	Donald Smith,11,COBRA	1 30 29
26	1:20.88	412	ONAGMAR	Eric Schmidt,12,LSC	-
27	1 21 07	409	KCCDEC	Spencer Robertson,12,HYACK	-
28	1 21 12	408	OTTAWDEC	Mathieu Turgeon,12,MEGO	-
29	1 21.21	406	POAAAFEB	Vincent Rodrigue,12,EXCEL	-
30	1 21 28	405	8RANTNOV	Zachary Clarkson,12,LAC	-
31	1 21 28	405	POAAAFEB	Jean-Y Grenier,12,CAMO	-
32	1 21 34	404	ONAGMAR	Jonathan Tung,12,CREST	1 35 98
33	1 21 45	402	CSOOCT	Benjamin Gadoury,13,CSO	-
34	1 21 67	398	SJSFEB	Andrew McGillivray,12,MM	-
35	1:21 70	398	ONAGMAR	Elman Chow,12,MAC	-
36	1 21 70	398	ABAGMAR	Lukasz Bremski,12,UCSC	-
37	1 21 73	397	KCCDEC	Vince Isada,12,EKSC	-
38	1 21 86	395	BCAGMAR	Victor Punshon,12,NRST	-
39	1 21 91	394	ABAGMAR	Brett Levert,12,YKPB	-
40	1 22 04	392	CSOJAN	Guillaume Rodrigue,12,CSO	-
41	1 22 34	387	SSMACJAN	Andrew Bignell,12,SSMAC	-
42	1 22 54	384	BCAGMAR	Jason Joo,12,PDSA	-
43	1 22 69	381	CNS8JAN	Frederic Couture-M .,12,CNRD	-
44	1 22 87	378	MBSKMAR	Trevor Shade,12,MANTA	-
45	1 22 93	377	YOUTHDEC	Neil Parent,12,WAC	-
46	1 22 95	377	ABAGMAR	Charlie Wong,12,RACE	-
47	1 23 07	375	ONAGMAR	Tyler Brown,11,COBRA	1 36 83
48	1 23 26	372	ONAGMAR	Edmund Loh,12,NYAC	1 28 20
49	1 23 39	370	CSOOCT	Tomy Delagrave,12,CNCB	-
50	1 23 42	369	ETOBOCT	Bradley Vanderkam,12,LAC	-

200 METRES BREASTSTROKE

Rec 2 32 69 Jonathan Lim,ACE,94

1	2 34 74	618	ISJAN	Ken Hamilton,12,IS	2 45 68
2	2 36 23	600	TOMACNOV	Mark Sy,12,CREST	2.40 47
3	2 43 20	521	BCAGMAR	Matthew Huang,12,ARBU	-
4	2 45 82	494	MANTADEC	Robbie Anderson,12,ROD	2 56 45
5	2 46 70	485	NYACFEB	Keith Beavers,12,STARS	2 48 38
6	2 47 06	481	ONAGMAR	Devon Ackroyd,12,SCAR	-
7	2 47 80	474	BCAGMAR	Tom Marshall,12,PDSA	-
8	2 49 08	462	POAAAFEB	Terence Holz,12,PCSC	-
9	2 51 19	443	OTTAWDEC	Mathieu Turgeon,12,MEGO	3 00 10
10	2 51 52	440	ONAGMAR	Davis Hutchings,12,MUSAC	-
11	2 51 54	440	BCAGMAR	Ronald Chung,12,HYACK	-
12	2 51 60	439	POAAAFEB	Jean-Y Grenier,12,CAMO	-
13	2 51 67	439	ONAGMAR	Ben Nguyen,12,YORK	-
14	2 52 26	434	POAAAFEB	Jeremy Daoust,12,DDO	-
15	2 52 38	433	ONAGMAR	Kevin Fan,12,TORCH	-
16	2 52 48	432	YOUTHDEC	Zachary Clarkson,12,LAC	2 58 62
17	2 52 77	429	CSOJAN	Vincent Rodrigue,12,EXCEL	-
18	2 52 82	429	HYACKJAN	Andy Lee,12,AQUA	-
19	2 53 28	425	ONAGMAR	Tyler Brown,11,COBRA	-
20	2 53 44	423	KCCDEC	Zak Murakami,13,EKSC	-
21	2 53 67	422	RACEROCT	Lee Ratta,12,UCSC	2 50 42
22	2 53 97	419	KCCDEC	Spencer Robertson,12,HYACK	-
23	2 54 06	418	POAAAFEB	Simon Lallier,12,CSO	-
24	2 54 31	416	ETOBJAN	Peter Vogel,12,ETOB	-
25	2 54 40	415	MBSKMAR	Brian Verigin,12,FTST	-
26	2 54 48	415	POAAAFEB	Frederic Wong,12,DDO	-
27	2 54 52	414	ONAGMAR	Jonathan Tung,12,CREST	-
28	2 54 61	414	MBSKMAR	Trevor Shade,12,MANTA	-
29	2 55 06	410	BCAGMAR	Chris kargl-Simard,11,LL	-
30	2 55 38	407	BCAGMAR	Jason Joo,12,PDSA	-
31	2 55 41	407	CASCNOV	Lukasz Bremski,12,UCSC	-
32	2 55 47	407	ONAGMAR	Raymond Oung,12,SCAR	-
33	2 55 97	403	ONAGMAR	Andrew Gidaro,12,CREST	-
34	2 56 14	401	CSOJAN	Guillaume Rodrigue,12,CSO	-
35	2 56 29	400	POAAAFEB	Nicolas Ponce,12,LAVAL	-
36	2 56 55	398	KCCDEC	Vince Isada,12,EKSC	-
37	2 56 66	397	BRANTNOV	Neil Parent,12,WAC	-
38	2 56 77	396	YOUTHDEC	Peter Horvath,12,LAC	-
39	2 56 90	395	ONAGMAR	Adam Cockburn,12,NEW	-
40	2 56 99	394	ONAGMAR	Geott Hibbard,11,NBYT	-
41	2 57 38	391	PCSCDEC	Nicolas Paquin,12,SAMAK	[illegible]
42	2 57 73	389	ONAGMAR	Andrew Coupland,12,GO	-
43	2 57 79	388	ABAGMAR	Charlie Wong,12,RACE	-
44	2 57 84	388	YOUTHDEC	Patrick Doret,12,LSC	-
45	2 58 06	386	ONAGMAR	Bill Cocks,12,TRENT	-
46	2 58 27	384	NYACFEB	Edmund Loh,11,NYAC	-
47	2 58 31	384	POAAAFEB	Jean-M Brulotte,12,RPM	-
48	2 58 77	380	ROWJAN	Bob Phipps,12,COBRA	-
49	2 58 87	380	ONAGMAR	Joshua Berry,11,CAJ	-
50	2 58 90	379	TOMACNOV	Elman Chow,12,MAC	-

BOYS 11-12 CONTD.

100 METRES BUTTERFLY

Rec: 1:02.37 Drew Chorney,TMSC,91 / Michael Calkins,IS,91

1	1:03.41	608	NKBNOV	Mark Sy,12,CREST	1:05.29
2	1:04.16	586	ONAGMAR	Bob Phipps,12,COBRA	1:07.91
3	1:04.51	576	ONAGMAR	Bradley Vanderkam,12,LAC	1:11.16
4	1:06.34	526	OTTAWOEC	Benoit Banville-A.,12,MEGO	1:10.73
5	1:06.58	520	YOUTHOEC	Ken Hamilton,12,IS	1:11.28
6	1:07.22	503	ONAGMAR	Andrew Bignell,12,SSMAC	1:09.04
7	1:07.68	492	MBSKMAR	Karim Abdulla,12,ROD	1:14.34
8	1:08.61	470	YOUTHDEC	Oanny Collins,12,STARS	-
9	1:08.86	464	BCAGMAR	Brent O'Connor,12,POSA	1:13.99
10	1:08.89	464	ABAGMAR	Craig Gillis,12,CASC	-
11	1:09.06	460	BCAGMAR	Jason Joo,12,PDSA	1:14.57
12	1:09.44	451	PQAAAFEB	Tomy Delagrave,12,CNCB	-
13	1:09.88	441	CAMOOCT	Alex Lacoste,12,CAMO	1:09.69
14	1:10.09	437	NYACFEB	Steven Caswell,12,HWAC	1:12.69
15	1:10.69	424	RACERDEC	Tristan Brown,12,PN	-
16	1:11.00	418	KANOV	Blair Beasant,12,KS	1:12.18
17	1:11.01	418	BCAGMAR	Ronald Chung,12,HYACK	-
18	1:11.05	417	BCAGMAR	Chris Kargl-Simard,11,LL	1:16.59
19	1:11.14	415	ONAGMAR	Mark Dobson,12,NKB	-
20	1:11.16	414	MBSKMAR	Zachary Saltis,12,MANTA	-
21	1:11.20	414	NKBOCT	Chuck Sayao,12,TOMAC	-
22	1:11.40	410	RACEROEC	Brian Hill,12,RAYS	-
23	1:11.43	409	MANTAOEC	Matthew Sadler,12,RACE	-
24	1:11.64	405	ONAGMAR	V. Guerrero,12,SCAR	-
25	1:11.66	404	YOUTHOEC	Patrick Doret,12,LSC	-
26	1:11.71	403	ONAGMAR	Bill Cocks,12,TRENT	1:19.07
27	1:11.72	403	CSQOCT	Alexis Bertrand,12,RCA	1:13.74
28	1:11.72	403	MBSKMAR	Trevor Coulman,11,GOLO	1:22.48
29	1:11.90	400	ONAGMAR	Ian MacLeod,12,NEW	-
30	1:11.91	399	POAAAFEB	Guillaume Verreault,12,SAMAK	-
31	1:12.10	396	SCARFEB	Garrett Lyall,11,MMS	-
32	1:12.25	393	RACERDEC	Arend Stamhuis,12,PN	-
33	1:12.32	391	RACERDEC	Andy Lee,12,AQUA	-
34	1:12.34	391	ONAGMAR	Steven Medaglia,11,GO	1:24.28
35	1:12.36	391	RACEROCT	Lee Raffa,12,UCSC	1:11.40
36	1:12.40	390	CHENAFEB	Matthew Huang,11,ARBU	-
37	1:12.41	390	BCAGMAR	Stephen Au Yeung,12,POSA	-
38	1:12.47	389	ETOBJAN	Colin Jenkins,12,HWAC	-
39	1:12.73	384	PQAAAFEB	Nicolas Guillotte,12,CAMO	-
40	1:12.75	383	PQAAAFEB	Louis-D. Oionne,11,CSO	1:21.00
41	1:13.06	377	PQAAAFEB	Frederic Wong,12,ODO	-
42	1:13.15	376	PQAAAFEB	Nicolas Ponce,12,LAVAL	-
43	1:13.26	374	ETOBJAN	Vladimir Guarrero,12,SCAR	-
44	1:13.34	372	ROWJAN	Matt Gingrich,12,ROW	-
45	1:13.43	370	BCAGMAR	Dorian Scroggs,12,IS	-
46	1:13.53	369	POAAAFEB	Gabriel Hebert,12,CNT	-
47	1:13.58	368	BCAGMAR	Bill Walsh,12,PSW	1:13.97
48	1:13.59	368	WDSCOCT	Craig Taylor,12,PSW	-
49	1:13.59	368	MBSKMAR	Brent Hankewich,12,GOLO	-
50	1:14.19	357	ONAGMAR	Robert Pengelly,12,EBSC	-

200 METRES BUTTERFLY

Rec: 2:17.46 Andrew Cho,HYACK,91

1	2:19.64	593	NKBNOV	Mark Sy,12,CREST	2:26.42
2	2:23.41	545	ONAGMAR	Bradley Vanderkam,12,LAC	2:38.15
3	2:23.56	543	YOUTHOEC	Ken Hamilton,12,IS	2:38.90
4	2:26.53	507	OTTAWOEC	Benoit Banville-A.,12,MEGO	2:41.87
5	2:27.27	499	MBSKMAR	Karim Abdulla,12,ROO	2:42.84
6	2:29.89	470	YOUTHDEC	Brent O'Connor,12,PDSA	-
7	2:31.67	452	CDSCJAN	Jason Joo,12,PDSA	2:51.10
8	2:32.00	448	ONAGMAR	Steven Caswell,12,HWAC	2:48.35
9	2:33.94	429	ONAGMAR	Ian MacLeod,12,NEW	-
10	2:34.14	427	ONAGMAR	Colin Jenkins,12,HWAC	2:53.11
11	2:34.68	422	HYACKJAN	Andy Lee,12,AQUA	-
12	2:34.73	421	BCAGMAR	Chris Kargl-Simard,11,LL	-
13	2:35.59	413	RACERDEC	Arend Stamhuis,12,PN	2:51.29
14	2:36.29	407	PQAGNOV	Alex Lacoste,12,CAMO	2:44.12
15	2:36.49	405	YOUTHDEC	Bob Phipps,12,COBRA	2:41.73
16	2:37.07	400	NYACFEB	Danny Collins,12,STARS	-
17	2:38.86	384	BCAGMAR	Matthew Huang,12,ARBU	-
18	2:39.32	380	ONAGMAR	Steven Medaglia,11,GO	-
19	2:39.37	380	POAAAFEB	Gabriel Hebert,12,CNT	-
20	2:39.37	380	PQAAAFEB	Vincent Rodrigue,12,EXCEL	-
21	2:39.56	378	PQAAAFEB	Patrick Bourassa-F.,12,CAMO	-
22	2:39.62	377	RACEROEC	Tristan Brown,12,PN	-
23	2:40.14	373	ONAGMAR	Andrew Coupland,12,GO	-
24	2:40.36	371	KCCOEC	Bill Walsh,12,PSW	2:39.97
25	2:40.54	370	POAAAFEB	Guillaume Rodrigue,12,CSQ	-
26	2:40.92	366	ONAGMAR	V. Guerrero,12,SCAR	-
27	2:41.18	364	MBSKMAR	Brent Hankewich,12,GOLD	-
28	2:41.63	361	YOUTHOEC	Patrick Doret,12,LSC	-
29	2:41.65	360	POAAAFEB	Nicolas Ponce,12,LAVAL	-
30	2:41.71	360	YOUTHDEC	Matt Gingrich,12,ROW	-
31	2:41.72	360	ONAGMAR	Mark Dobson,12,NKB	-
32	2:41.93	358	PQAAAFEB	Michael Ruggiero,11,RPM	-
33	2:42.61	353	YOUTHDEC	Andrew Bignell,12,SSMAC	-
34	2:43.25	348	PQAAAFEB	Frederic Wong,12,DOO	-
35	2:43.26	347	BRANTNOV	Joe Bartoch,12,LAC	-
36	2:43.53	345	CNSBJAN	Nicolas Guillotte,12,CAMO	-
37	2:43.74	344	YOUTHDEC	Mark Abrajian,12,SCAR	-
38	2:43.97	342	MANTADEC	Zachary Saltis,12,MANTA	-
39	2:44.03	341	MBSKMAR	Ciaran Dickson,12,ROD	2:53.84
40	2:44.16	340	ONAGMAR	Andrew Pariser,12,POW	-
41	2:45.15	333	RACERDEC	Brian Hill,12,RAYS	-
42	2:45.30	332	BCAGMAR	Dorian Scroggs,12,IS	-
43	2:45.70	329	YOUTHDEC	Keith Beavers,12,STARS	-
44	2:45.77	328	METROJAN	Mitchell Cochran,12,WTSC	-
45	2:45.94	327	ONAGMAR	Bill Cocks,12,TRENT	2:50.71
46	2:46.06	326	RACEROEC	Andrew Callow,12,IS	-
47	2:46.09	326	PQAAAFEB	Jean-Y. Grenier,12,CAMO	-
48	2:46.12	325	ABAGMAR	Simon Twogood,12,CASC	-
49	2:46.34	324	ONAGMAR	Jordan Bell,12,AAC	-
50	2:46.51	322	ONAGMAR	Geoff Hibbard,12,NBYT	-

200 METRES IND.MEDLEY

Rec: 2:17.72 Doug Wake,YLSC,90

1	2:21.96	606	TOMACNOV	Mark Sy,12,CREST	2:26.88
2	2:23.87	581	YOUTHDEC	Ken Hamilton,12,IS	2:34.72
3	2:24.28	576	ONAGMAR	Bob Phipps,12,COBRA	2:32.91
4	2:24.89	568	ONAGMAR	Bradley Vanderkam,12,LAC	-
5	2:26.82	544	NKBOCT	Chuck Sayao,12,TOMAC	2:26.59
6	2:28.35	526	PQAAAFEB	Tomy Delagrave,12,CNCB	-
7	2:29.78	509	ISCUPNOV	Craig Taylor,12,PSW	2:30.54
8	2:30.34	503	BCAGMAR	Matthew Huang,12,ARBU	-
9	2:30.35	503	ABAGMAR	Craig Gillis,12,CASC	-
10	2:30.79	498	NYACFEB	Keith Beavers,12,STARS	2:32.18
11	2:31.14	494	BYACOCT	Jonathan Gray,12,BYAC	-
12	2:31.51	490	OTTAWOEC	Benoit Banville-A.,12,MEGO	-
13	2:31.59	489	BCAGMAR	Brent O'Connor,12,PDSA	-
14	2:31.78	487	NYACFEB	Oanny Collins,12,STARS	-
15	2:31.85	487	SCARFEB	Oevon Akroyd,12,SCAR	-
16	2:32.48	480	CHENAFEB	Jason Joo,12,POSA	-
17	2:32.88	476	MMJAN	Andrew McGillivray,12,MM	-
18	2:33.13	473	ONAGMAR	Oevon Ackroyd,12,SCAR	-
19	2:33.71	467	RACEROCT	Lee Raffa,12,UCSC	2:33.29
20	2:33.95	464	MANTAOEC	Karim Abdulla,12,ROO	-
21	2:34.00	464	ONAGMAR	Patrick Ooret,12,LSC	-
22	2:34.03	464	PQAAAFEB	Philippe Monast,12,ENC	2:41.96
23	2:34.03	464	BCAGMAR	Dorian Scroggs,12,IS	-
24	2:34.10	463	BCAGMAR	Chris Kargl-Simard,11,LL	2:47.65
25	2:34.44	460	SHEROEC	Pascal Lauzon,12,HIPPO	-
26	2:34.70	457	ONAGMAR	Andrew Greener,12,ETOB	2:56.67
27	2:34.71	457	NKBOCT	Oerek Breckenridge,12,NKB	2:35.43
28	2:34.71	457	NYACFEB	Andrew Bignell,12,SSMAC	2:36.39
29	2:34.97	454	PQAAAFEB	Louis Dionne,26,SAMAK	-
30	2:35.14	452	HYACKJAN	Andy Lee,12,AQUA	-
31	2:35.17	452	PQAAAFEB	Jean-F. Racine,12,LAVAL	-
32	2:35.39	450	CSQJAN	Francois Larouche,12,SHER	-
33	2:35.44	449	ONAGMAR	Colin Jenkins,12,HWAC	-
34	2:35.56	448	ONAGMAR	Chris Lukas,12,ETOB	-
35	2:35.95	444	CNSBJAN	Nicolas Guillotte,12,CAMO	-
36	2:36.34	441	ONAGMAR	Ian MacLeod,12,NEW	-
37	2:36.43	440	ONAGMAR	Andrew Coupland,12,GO	-
38	2:36.60	438	BCAGMAR	Tom Marshall,12,PDSA	-
39	2:36.61	438	MBSKMAR	Trevor Coulman,11,GOLD	2:53.09
40	2:36.73	437	SCARFEB	Mark Abrajian,12,SCAR	-
41	2:36.75	437	CAMOOCT	Alex Lacoste,12,CAMO	-
42	2:36.77	436	POAAAFEB	Frederic Wong,12,ODO	-
43	2:36.77	436	POAAAFEB	Nicolas Ponce,12,LAVAL	-
44	2:36.94	435	ABAGMAR	Simon Twogood,12,CASC	-
45	2:36.97	435	ONAGMAR	Mark Oobson,12,NKB	-
46	2:37.33	431	YOUTHDEC	Neil Parent,12,WAC	-
47	2:37.63	428	MBSKMAR	Zachary Saltis,12,MANTA	-
48	2:37.88	426	CSQJAN	Louis-D. Oionne,11,CSQ	2:50.12
49	2:38.19	423	MANTADEC	Robbie Anderson,12,ROD	-
50	2:38.23	423	HYACKJAN	Ronald Chung,12,UNATT	-

400 METRES IND.MEDLEY

Rec: 4:52.13 Keith Barrett,UCSC,94

1	4:58.64	629	TOMACOCT	Chuck Sayao,12,TOMAC	5:07.07
2	5:02.38	605	YOUTHDEC	Ken Hamilton,12,IS	5:20.25
3	5:12.15	546	BCAGMAR	Matthew Huang,12,ARBU	-
4	5:13.62	538	YOUTHDEC	Keith Beavers,12,STARS	5:21.48
5	5:14.21	535	YOUTHDEC	Bradley Vanderkam,12,LAC	-
6	5:19.27	507	NYACFEB	Andrew Bignell,12,SSMAC	-
7	5:19.27	507	BCAGMAR	Brent O'Connor,12,PDSA	-
8	5:19.78	504	MBSKMAR	Karim Abdulla,12,ROO	-
9	5:22.41	491	ONAGMAR	Colin Jenkins,12,HWAC	5:42.64
10	5:22.78	489	PQAAAFEB	Vincent Rodrigue,12,EXCEL	-
11	5:23.31	486	BYACOCT	Jonathan Gray,12,BYAC	-
12	5:23.76	484	NYACFEB	Danny Collins,12,STARS	-
13	5:24.15	482	ONAGMAR	Davis Hutchings,12,MUSAC	5:41.45
14	5:24.99	478	PQAAAFEB	Nicolas Ponce,12,LAVAL	-
15	5:25.81	474	RACEROEC	Craig Taylor,12,PSW	5:27.42
16	5:25.87	473	ONAGMAR	Andrew Coupland,12,GO	-
17	5:26.10	472	COSCJAN	Jason Joo,12,PDSA	-
18	5:26.89	468	PQAAAFEB	Patrick Bourassa-F.,12,CAMO	-
19	5:27.37	466	YOUTHOEC	Steven Caswell,12,HWAC	5:36.90
20	5:27.47	466	BCAGMAR	Oorian Scroggs,12,IS	-
21	5:28.37	461	YOUTHOEC	Mark Abrajian,12,SCAR	-
22	5:29.42	456	ABAGMAR	Lukasz Bremski,12,UCSC	-
23	5:29.55	456	HYACKJAN	Andy Lee,12,AQUA	-
24	5:29.61	455	SJSFEB	Andrew McGillivray,12,MM	-
25	5:29.90	454	POAAAFEB	Jean-F. Racine,12,LAVAL	-
26	5:29.90	454	BCAGMAR	Chris Kargl-Simard,11,LL	-
27	5:30.77	450	POAAAFEB	Simon Lallier,12,CSQ	-
28	5:30.88	450	ABAGMAR	Simon Twogood,12,CASC	-
29	5:31.89	445	OTTAWDEC	Mathieu Turgeon,12,MEGO	-
30	5:31.95	445	ONAGMAR	Patrick Doret,12,LSC	-
31	5:32.38	443	POAAAFEB	Jean-Y. Grenier,12,CAMO	-
32	5:32.99	440	YOUTHOEC	Zachary Clarkson,12,LAC	-
33	5:33.77	436	RACERDEC	Arend Stamhuis,12,PN	-
34	5:33.78	436	ONAGMAR	Ian MacLeod,12,NEW	-
35	5:34.62	432	KSCJAN	Craig Gillis,12,CASC	-
36	5:34.82	432	POAAAFEB	Louis-O. Dionne,11,CSO	-
37	5:35.17	430	MBSKMAR	Trevor Coulman,11,GOLD	-
38	5:35.96	426	ONAGMAR	Steven Medaglia,11,GO	-
39	5:36.36	425	MBSKMAR	Brent Hankewich,12,GOLO	-
40	5:36.46	424	MBSKMAR	Ciaran Dickson,12,ROO	-
41	5:36.61	424	ONAGMAR	Dan Shewfelt,12,BRANT	-
42	5:36.90	422	ETOBJAN	Bob Phipps,12,COBRA	5:25.89
43	5:36.92	422	YOUTHOEC	Neil Parent,12,WAC	-
44	5:37.36	420	ETOBJAN	Chris Lukas,12,ETOB	-
45	5:38.10	417	YOUTHOEC	Peter Horvath,21,HUN	-
46	5:38.26	416	SJSFEB	Brian Verigin,12,FTST	-
47	5:38.91	414	BCAGMAR	Mark Johnslon,12,PSW	-
48	5:39.02	413	PQAAAFEB	Frederic Couture-M.,12,CNRD	-
49	5:39.07	413	PQAAAFEB	Terence Hotz,12,PCSC	-
50	5:39.23	412	ONAGMAR	Kurtis MacGillivary,12,CAJ	-

4X50 M MEDLEY RELAY

Rec: 2:05.03 Mississauga AC,TOMAC,92

1	2:09.30	457	BCAGMAR	Pacific Dolphin SA,PDSA
2	2:11.04	437	ONAGMAR	Cobra Swim Club,COBRA
3	2:11.48	432	ABAGMAR	Cascade Swim Club,CASC
4	2:11.74	429	ONAGMAR	Scarborough SC,SCAR
5	2:13.00	415	PCSCOEC	Pointe Claire SC,PCSC
6	2:13.01	415	ONAGMAR	Etobicoke SC,ETOB
7	2:13.74	407	PQAAAFEB	Dollard Swim Team,DDO
8	2:13.75	407	BYACOCT	Burlington Y,BYAC
9	2:13.88	405	BRANTNOV	London AC,LAC
10	2:14.17	402	PQAAAFEB	Natation CSO,CSO
11	2:15.41	389	PQAAAFEB	Montreal Aquatique,CAMO
12	2:15.81	385	MANTADEC	Regina Opt.Dolphins,ROD
13	2:16.08	383	ISJAN	Island Swimming,IS
14	2:16.53	378	BCAGMAR	Hyack Swim Club,HYACK
15	2:17.03	373	ONAGMAR	North York AC,NYAC
16	2:17.34	370	MBSKMAR	Saskatoon Goldfins,GOLD
17	2:17.35	370	MANTADEC	Manitoba Marlins,MM
18	2:17.55	368	ABAGMAR	Univ.Calgary SC,UCSC
19	2:17.58	368	NKBNOV	Crescent Town SC,CREST
20	2:17.59	368	ONAGMAR	Newmarket SC,NEW
21	2:19.13	353	KCCDEC	Edmonton Keyano,EKSC
22	2:19.23	352	HWACFEB	Hamilt-Wentworth AC,HWAC
23	2:19.45	350	PQAAAFEB	Beaconsfield Bluefins,BBF
24	2:19.82	346	ONAGMAR	Scarborough Olympians,TORCH
25	2:19.95	345	BCAGMAR	Nanaimo Riptide ST,NRST
26	2:20.06	344	ONAGMAR	Mississauga AC,TOMAC
27	2:20.70	338	MACJAN	Markham AC,MAC
28	2:20.92	336	OTTAWDEC	Megophias Trois Rivieres,MEGO
29	2:21.53	331	BCAGMAR	Pacific Seawolves,PSW
30	2:22.52	322	ABAGMAR	Nose Creek SA,NCSA
31	2:22.71	321	ABAGMAR	Silver Tide SC,STSC
32	2:23.11	317	ONAGMAR	Nepean Kanata,NKB
33	2:24.70	304	BCAGMAR	Vernon KokaneeSC,VKSC
34	2:24.81	303	BCAGMAR	Aquanaut Swim Club,AOUA
35	2:25.42	298	YOUTHDEC	Windsor AC,WAC
36	2:25.44	298	NKBNOV	Glouc-Ottawa Kingfish,GO
37	2:26.12	292	ONAGMAR	Upper Canada SC,UPCAN
38	2:26.57	288	PERTHFEB	Perth Stingrays,PERTH
39	2:26.74	287	SJLNOV	St.John's Legends,SJL
40	2:26.80	287	METROJAN	Halifax Trojans,HTAC
41	2:27.32	282	SJSFEB	Manta Swim Club,MANTA
42	2:27.59	280	CSQOCT	Chaudiere-Appalache,RCA
43	2:27.73	279	ABAGMAR	Red Oeer Catalina SC,RDCSC
44	2:29.58	265	NKBNOV	Dorado SC,STARS
45	2:30.01	262	BROCKOCT	Cambridge Aquajets,CAJ
46	2:30.34	259	SSMACJAN	Sault Ste.Marie AC,SSMAC
47	2:30.51	258	BYACNOV	Chatham Y,CYPS
48	2:31.67	250	MWCNOV	Miramichi Whitecaps,MWC
49	2:32.84	241	RACERDEC	Points North SC,PN
50	2:33.45	237	OTTAWDEC	Dorval SC,DSC

4X50 M FREE RELAY

Rec: 1:51.22 London Aquatic,LAC,88

1	1:52.42	507	BCAGMAR	Pacific Dolphin SA,PDSA
2	1:55.43	464	ONAGMAR	Scarborough SC,SCAR
3	1:57.22	440	ONAGMAR	Etobicoke SC,ETOB
4	1:57.55	436	PCSCDEC	Pointe Claire SC,PCSC
5	1:58.32	426	SCARFEB	Scarborough Olympians,TORCH
6	1:59.00	418	POAAAFEB	Montreal Aquatique,CAMO
7	1:59.15	416	ABAGMAR	Cascade Swim Club,CASC
8	1:59.16	416	CSQOCT	Natation CSQ,CSQ
9	1:59.50	412	BRANTNOV	London AC,LAC
10	1:59.60	410	BYACOCT	Burlington Y,BYAC
11	1:59.74	409	BCAGMAR	Hyack Swim Club,HYACK
12	2:00.32	402	ONAGMAR	Cobra Swim Club,COBRA
13	2:00.35	401	ONAGMAR	Mississauga AC,TOMAC
14	2:00.43	400	ABAGMAR	Univ.Calgary SC,UCSC
15	2:00.99	394	BCAGMAR	Pacific Seawolves,PSW
16	2:01.00	394	PQAAAFEB	Dollard Swim Team,DDO
17	2:01.17	392	GOLDNOV	Saskatoon Goldfins,GOLD
18	2:01.39	389	ONAGMAR	North York AC,NYAC
19	2:01.49	388	ONAGMAR	Newmarket SC,NEW
20	2:01.68	386	RACEROEC	Points North SC,PN
21	2:01.70	386	MANTADEC	Manitoba Marlins,MM
22	2:02.39	378	ONAGMAR	Markham AC,MAC
23	2:03.14	370	ABAGMAR	Silver Tide SC,STSC
24	2:03.21	369	ONAGMAR	Hamilt-Wentworth AC,HWAC
25	2:03.42	367	PCSCDEC	Samak de Brossard,SAMAK
26	2:03.63	364	ISJAN	Island Swimming,IS
27	2:04.38	356	GOLDNOV	Regina Opt.Dolphins,ROD
28	2:04.45	356	NKBNOV	Crescent Town SC,CREST
29	2:05.57	344	HYACKJAN	Vancouver Gators,GATOR
30	2:06.31	336	BCAGMAR	Vernon KokaneeSC,VKSC
31	2:06.38	336	BYACNOV	Lakeshore SC,LSC
32	2:06.53	334	CNMNJAN	Beaconsfield Bluefins,BBF
33	2:06.53	334	BCAGMAR	Nanaimo Riptide ST,NRST
34	2:07.00	330	KCCOEC	Edmonton Keyano,EKSC
35	2:07.32	326	ONAGMAR	Nepean Kanata,NKB
36	2:07.33	326	YOUTHDEC	Windsor AC,WAC
37	2:08.08	319	ABAGMAR	Nose Creek SA,NCSA
38	2:08.34	317	SJSFEB	Manta Swim Club,MANTA
39	2:08.55	315	NKBNOV	Glouc-Ottawa Kingfish,GO
40	2:08.87	312	OTTAWDEC	Megophias Trois Rivieres,MEGO
41	2:09.25	308	NKBNOV	Sault Ste Marie AC,SSMAC
42	2:09.46	306	BCAGMAR	Aquanaut Swim Club,AOUA
43	2:09.78	303	BYACNOV	Bluewater Otters,BOSC
44	2:10.19	299	RACEROEC	Richmond Racers,RACER
45	2:10.51	296	NSAGMAR	Halifax Trojans,HTAC
46	2:10.58	296	PERTHFEB	Upper Canada SC,UPCAN
47	2:11.48	288	RACERDEC	West Van Otters SC,WVOSC
48	2:11.93	284	PERTHFEB	Ernestown Barracudas,EBSC
49	2:12.14	282	TRENTDEC	Trent Swim Club,TRENT
50	2:12.62	278	NKBNOV	Dorado SC,STARS

GIRLS 13-14 — 1996 SHORT COURSE TAG®

50 METRES FREESTYLE
Rec: 26.04 Kristin Topham,MANTA,88

1	26.84	840	ABAGMAR	Desiree Fotie,14,NCSA	28.55
2	26.88	837	EASTFEB	Genevieve Gregoire,14,PCSC	27.21
3	27.00	827	NBAGJAN	Victoria Lally,13,FAST	-
4	27.32	802	ONAGMAR	Ashley Gibson,14,STARS	28.56
5	27.32	802	NSAGMAR	Shauna Conrad,14,HTAC	-
6	27.34	800	NSAGMAR	Molly Seto,14,HTAC	28.12
7	27.45	792	ONAGMAR	Alana Madder,14,MAC	28.29
8	27.46	791	NSAGMAR	Elizabeth Weis,14,SBSC	28.34
9	27.55	784	WESTFEB	Kristen Schneider,14,ROD	28.34
10	27.57	783	MBSKMAR	Kaili Stewart,14,MANTA	28.57
11	27.58	782	BCAGMAR	Felicia Culham,13,ARBU	28.77
12	27.59	781	EASTFEB	Alix Pollard,14,TOMAC	27.55
13	27.62	779	ONAGMAR	Carolyn McCabe,14,NYAC	28.34
14	27.63	778	POAAAFEB	Natalie Cormier,14,DDD	28.34
15	27.65	776	YDUTHDEC	Sarah Lo,14,AAC	27.79
16	27.68	774	RIDNOV	Alison Zwarich,14,UCSC	27.66
17	27.70	773	DNAGMAR	Samantha Pfaller,14,MAC	28.79
18	27.80	765	MANTADEC	Christen Johnson,14,ROD	28.26
19	27.81	764	KCCDEC	Dawn Skrypichayko,14,EKSC	27.96
20	27.81	764	MMJAN	Sara Alroubaie,14,MANTA	28.93
21	27.82	763	ONAGMAR	Carmen Barnett,14,MAC	28.76
22	27.83	763	ABAGMAR	Janet Killick,14,UCSC	28.63
23	27.86	760	YOUTHDEC	Gina Grujic,14,TOMAC	27.93
24	27.87	760	ABAGMAR	Erin Coroluick,14,LEDUC	-
25	27.90	757	POAAAFEB	Lucy Mae Smith,13,BBF	29.32
26	27.95	754	ONAGMAR	Joanna Mazzucco,13,ETOB	28.13
27	27.97	752	BCAGMAR	Sheena Bartel,13,PN	29.31
28	27.98	751	WESTFEB	Serena McGibbon,14,PDSA	-
29	28.04	747	WESTFEB	Michelle Poirier,13,RDCSC	28.46
30	28.06	745	DNAGMAR	Daniela Vohnout,13,ROW	28.92
31	28.13	740	NKBNOV	Heather Lee,13,USC	28.30
32	28.14	739	PDAAAFEB	Kelly Brown,14,PCSC	-
33	28.16	738	ONAGMAR	Tara Nesbitt,14,OAK	-
34	28.18	736	KCCDEC	Trish Stoutenberg,14,CASC	28.85
35	28.19	736	BRANTNOV	Melanie Patina,14,ETOB	27.99
36	28.20	735	ONAGMAR	Iris Elliott,13,KBM	30.28
37	28.20	735	ONAGMAR	Jenniler Jonusaitis,14,SYD	28.46
38	28.21	734	BCAGMAR	Katie Blewett,13,WLBF	28.87
39	28.22	733	KCCDEC	Anna Kemp,14,VKSC	28.56
40	28.22	733	POAAAFEB	Jenniler Carroll,14,CAMO	-
41	28.23	733	YOUTHDEC	Pamela Tung,13,CREST	28.50
42	28.26	730	BCAGMAR	Andrea Leroy,14,NRST	29.95
43	28.33	725	POAAAFEB	Janice Tijssen,14,PCSC	29.08
44	28.33	725	ONAGMAR	Dominique Kennedy,14,ROW	-
45	28.34	724	BCAGMAR	Katy Oliver,14,HYACK	-
46	28.36	723	NBAGJAN	Kara Folsom,13,FAST	-
47	28.39	721	HWACFEB	Robyn Reid,14,BRANT	28.27
48	28.44	717	KCCDEC	Carly Goepel,14,PDSA	-
49	28.44	717	BCAGMAR	Tiffany Jones,14,IS	-
50	28.45	716	PDAAAFEB	Sonia Boucher,14,CARAT	-

100 METRES FREESTYLE
Rec: 56.29 Shauna Collins,RDD,90

1	58.01	840	EASTFEB	Alix Pollard,14,TOMAC	58.86
2	58.42	825	PDAAAFEB	Genevieve Gregoire,14,PCSC	59.78
3	59.26	794	WESTFEB	Kristen Schneider,14,ROD	1:00.27
4	59.42	789	DNAGMAR	Ashley Gibson,14,STARS	1:01.72
5	59.55	784	ONAGMAR	Alana Madder,14,MAC	1:01.66
6	59.58	783	NSAGMAR	Molly Seto,14,HTAC	59.83
7	59.81	775	MBSKMAR	Kaili Stewart,14,MANTA	1:02.64
8	59.96	769	DNAGMAR	Carolyn McCabe,14,NYAC	-
9	59.98	769	MBSKMAR	Christen Johnson,14,RDD	1:01.32
10	59.99	768	METROJAN	Elizabeth Weis,14,SBSC	1:01.67
11	1:00.06	766	NKBDCT	Gina Grujic,14,TDMAC	1:00.76
12	1:00.11	764	ONCUPNOV	Melanie Patina,14,ETDB	59.98
13	1:00.13	763	ISCUPNOV	Carly Goepel,14,PDSA	1:02.23
14	1:00.18	762	YOUTHDEC	Daniela Vohnout,13,ROW	1:02.94
15	1:00.20	761	WESTFEB	Heather Lee,14,USC	1:01.31
16	1:00.23	760	ABAGMAR	Desiree Fotie,13,NCSA	1:04.07
17	1:00.24	760	MANTADEC	Carrie Burgoyne,13,MANTA	1:00.73
18	1:00.25	759	RACERDEC	Felicia Culham,13,ARBU	1:02.44
19	1:00.26	759	KCCDEC	Dawn Skrypichayko,14,EKSC	1:00.54
20	1:00.34	756	BCAGMAR	Tiffany Jones,14,IS	-
21	1:00.42	753	POAAAFEB	Lucy Mae Smith,13,BBF	1:03.47
22	1:00.55	749	ONAGMAR	Dominique Kennedy,14,ROW	1:02.88
23	1:00.71	743	MANTADEC	Sara Alroubaie,14,MANTA	1:02.78
24	1:00.72	743	METROJAN	Shauna Conrad,14,HTAC	-
25	1:00.82	739	WESTFEB	Jenny Wear,14,ROCSC	-
26	1:00.84	739	RIONOV	Alison Zwarich,14,UCSC	1:00.22
27	1:00.91	736	ABAGMAR	Sandy Finn,14,NCSA	-
28	1:00.93	736	MACJAN	Julie Norris,13,KWY	1:02.54
29	1:00.95	735	MACJAN	Sarah Lo,14,AAC	-
30	1:00.99	734	SHEROEC	Genevieve Noiseux,15,CNB	1:01.37
31	1:01.01	733	DNAGMAR	Jaime Theriault,14,GO	-
32	1:01.02	732	PDAAAFEB	Marie-J Amyot,14,RCA	1:02.83
33	1:01.04	732	ONAGMAR	Carmen Barnett,14,MAC	1:04.23
34	1:01.05	731	YOUTHDEC	Meghan McDonnell,13,TOMAC	1:02.75
35	1:01.06	731	KCCOEC	Shauna McNally,13,EKSC	1:02.32
36	1:01.07	731	BCAGMAR	Kendal Musgrave,14,COMOX	-
37	1:01.09	730	LUSCNOV	Jenniler Jonusaitis,14,SYD	1:01.53
38	1:01.14	728	PDAAAFEB	Kelly Brown,14,PCSC	-
39	1:01.18	727	ONAGMAR	Iris Elliott,13,KBM	1:05.59
40	1:01.18	727	ABAGMAR	Janet Killick,14,UCSC	-
41	1:01.25	725	MBSKMAR	Megan Kinsella,14,UCSC	-
42	1:01.34	722	BCAGMAR	Sheena Bartel,13,PN	-
43	1:01.34	722	NBAGJAN	Victoria Lally,13,FAST	-
44	1:01.38	720	KCCOEC	Trish Stoutenberg,14,CASC	1:01.76
45	1:01.43	718	ROWJAN	Robyn Reid,14,BRANT	1:01.73
46	1:01.43	718	MBSKMAR	Michelle Poirier,13,RDCSC	1:03.35
47	1:01.46	717	CSOOCT	Melissa Lallamme,14,RCA	1:01.79
48	1:01.46	717	POAAAFEB	Janice Tijssen,14,PCSC	1:03.79
49	1:01.53	715	BCAGMAR	Julia Atchison,14,PDSA	-
50	1:01.58	713	NBAGJAN	Kara Folsom,13,FAST	-

200 METRES FREESTYLE
Rec: 2:00.88 Jane Kerr,ESC,83

1	2:03.63	877	EASTFEB	Alix Pollard,14,TDMAC	2:05.42
2	2:05.52	845	WESTFEB	Carrie Burgoyne,14,MANTA	2:11.08
3	2:05.99	837	MANTADEC	Kristen Schneider,14,ROD	2:10.30
4	2:08.07	802	MANTADEC	Kellie Rolston,14,IS	2:08.63
5	2:08.54	794	ABAGMAR	Shauna McNally,14,EKSC	2:12.44
6	2:08.68	792	MBSKMAR	Christen Johnson,14,ROD	2:11.21
7	2:08.77	790	ONAGMAR	Heather Lee,14,USC	2:14.50
8	2:08.91	788	MBSKMAR	Megan Kinsella,14,UCSC	2:14.61
9	2:08.93	788	ONAGMAR	Dominique Kennedy,14,ROW	-
10	2:09.14	784	NSAGMAR	Molly Selo,14,HTAC	2:08.79
11	2:09.24	783	BCAGMAR	Felicia Culham,13,ARBU	2:14.22
12	2:09.29	782	YOUTHDEC	Gina Grujic,14,TOMAC	2:09.06
13	2:09.52	778	POAAAFEB	Tara E. Sloan,14,PCSC	2:16.55
14	2:09.52	778	ONAGMAR	Ashley Gibson,14,STARS	-
15	2:09.57	777	ISCUPNOV	Carly Goepel,14,PDSA	2:13.67
16	2:09.61	777	BCAGMAR	Kendal Musgrave,14,COMOX	-
17	2:09.82	773	DNAGMAR	Lindsay Beavers,14,STARS	2:11.26
18	2:09.95	771	EASTFEB	Shauna Conrad,14,HTAC	-
19	2:10.15	768	EASTFEB	Melissa Lallamme,13,RCA	2:13.28
20	2:10.36	764	POAAAFEB	Genevieve Gregoire,14,PCSC	2:13.17
21	2:10.48	762	BCAGMAR	Andrea Leroy,14,NRST	2:20.75
22	2:10.53	762	ONAGMAR	Daniela Vohnout,13,RDW	2:14.58
23	2:10.60	761	POAAAFEB	Lucy Mae Smith,13,BBF	-
24	2:10.78	758	GOLDNOV	Dawn Skrypichayko,14,EKSC	2:08.98
25	2:10.80	757	ONAGMAR	Erin Dermody,13,HWAC	2:15.29
26	2:11.18	751	ONAGMAR	Carolyn McCabe,14,NYAC	-
27	2:11.26	750	ONAGMAR	Kristy MacLennan,13,ETDB	2:20.59
28	2:11.36	748	MANTADEC	Sara Alroubaie,14,MANTA	-
29	2:11.38	748	ONAGMAR	Iris Elliott,13,KBM	2:22.45
30	2:11.47	746	MBSKMAR	Kaili Stewart,14,MANTA	-
31	2:11.51	746	METROJAN	Elizabeth Weis,14,SBSC	2:14.25
32	2:11.65	744	BCAGMAR	Tiffany Jones,14,IS	-
33	2:11.77	742	BYACNDV	Julie Norris,13,KWY	2:14.88
34	2:11.78	742	EASTFEB	Christina Callacacos,13,PCSC	2:14.90
35	2:11.80	741	PQAAAFEB	Marie-J Amyot,14,RCA	-
36	2:11.92	739	PCSCDEC	Melanie Patina,14,ETDB	2:12.22
37	2:11.94	739	BCAGMAR	Vanessa Murty,14,IS	2:13.84
38	2:12.06	737	HYACKJAN	Serena McGibbon,14,PDSA	-
39	2:12.70	727	DNAGMAR	Kathy Smucler,14,WAC	-
40	2:12.73	726	ABAGMAR	Corissa Reid,14,CASC	-
41	2:12.74	726	BRANTNOV	Robyn Reid,13,BRANT	-
42	2:12.80	725	DNAGMAR	Alana Madder,14,MAC	-
43	2:13.07	721	ROWJAN	Dena Durand,14,BROCK	-
44	2:13.25	718	PDAAAFEB	Kristen Amping,14,PCSC	-
45	2:13.31	717	CAMODCT	Melanie Fabes,14,PCSC	2:12.13
46	2:13.36	717	DNAGMAR	Carmen Barnett,14,MAC	2:19.82
47	2:13.37	716	YDUTHDEC	Kathryne Heiss,14,NKB	-
48	2:13.54	714	MBSKMAR	Natasha Guskjolen,14,GOLD	2:21.54
49	2:13.61	713	DNAGMAR	Alexis Rieck,13,ROW	2:21.10
50	2:13.67	712	TOMACNOV	Pamela Tung,13,CREST	2:15.46

400 METRES FREESTYLE
Rec: 4:14.43 Elissa Purvis,CDSC,85

1	4:23.56	838	WESTFEB	Carrie Burgoyne,14,MANTA	4:34.74
2	4:25.89	819	MBSKMAR	Kristen Schneider,14,RDD	4:35.12
3	4:27.00	810	YDUTHDEC	Lindsay Beavers,14,STARS	4:31.06
4	4:27.11	809	MANTADEC	Kellie Rolston,14,IS	4:31.82
5	4:27.33	807	EASTFEB	Tara E. Sloan,14,PCSC	4:41.92
6	4:31.78	772	ABAGMAR	Shauna McNally,14,EKSC	4:38.41
7	4:32.50	767	MMJAN	Sara Alroubaie,14,MANTA	-
8	4:32.64	766	WESTFEB	Felicia Culham,13,ARBU	4:38.04
9	4:33.13	762	MBSKMAR	Christen Johnson,14,ROD	4:41.82
10	4:33.32	760	ONAGMAR	Heather Lee,14,USC	4:41.11
11	4:33.65	758	EASTFEB	Dena Durand,14,BROCK	-
12	4:33.75	757	YOUTHDEC	Gina Grujic,14,TOMAC	4:35.84
13	4:34.24	753	ONAGMAR	Julie Cocks,13,TRENT	4:55.26
14	4:34.60	750	ONAGMAR	Kristy MacLennan,13,ETOB	-
15	4:34.76	749	ONAGMAR	Erin Dermody,13,HWAC	4:46.63
16	4:35.32	745	ABAGMAR	Megan Kinsella,14,UCSC	-
17	4:35.75	742	ONCUPNOV	Melanie Patina,14,ETOB	4:44.09
18	4:35.92	740	NSAGMAR	Molly Seto,14,HTAC	4:33.34
19	4:35.98	740	BCAGMAR	Vanessa Murty,14,IS	4:41.29
20	4:36.14	739	PDAAAFEB	Genevieve Gregoire,14,PCSC	-
21	4:36.75	734	GOLONOV	Dawn Skrypichayko,14,EKSC	4:36.73
22	4:36.76	734	MBSKMAR	Kaili Stewart,14,MANTA	-
23	4:37.11	731	ONAGMAR	Alix Pollard,14,TOMAC	4:31.21
24	4:37.56	728	KCCOEC	Carly Goepel,14,PDSA	4:43.28
25	4:37.65	727	NSAGMAR	Shauna Conrad,14,HTAC	
26	4:38.15	723	BCAGMAR	Tiffany Jones,14,IS	
27	4:38.21	723	TOMACNOV	Pamela Tung,13,CREST	4:39.07
28	4:38.23	723	BCAGMAR	Jenniler Tham,13,ADUA	4:38.86
29	4:38.24	723	WESTFEB	Serena McGibbon,14,PDSA	-
30	4:38.31	722	BCAGMAR	Kendal Musgrave,14,COMOX	-
31	4:38.60	720	EASTFEB	Julie Campbell,14,HWAC	4:39.12
32	4:38.63	720	ONAGMAR	Iris Elliott,13,KRM	5:00.66
33	4:38.98	717	WESTFEB	Tracy Archer,13,ROD	4:45.76
34	4:39.04	717	POAAAFEB	Kristen Amping,14,PCSC	-
35	4:39.23	715	BCAGMAR	Andrea Leroy,14,NRST	4:53.44
36	4:39.25	715	ONAGMAR	Carmen Barnett,14,MAC	4:52.21
37	4:39.46	714	POAAAFEB	Marie-E Laroche,14,CNB	
38	4:39.70	712	EASTFEB	Kathy Smucler,14,WAC	
39	4:40.00	710	ONAGMAR	Aimee Bourassa,13,NKB	4:54.83
40	4:40.24	708	HYACKJAN	Anna Joo,14,PDSA	
41	4:40.24	708	ONAGMAR	Kathryne Heiss,14,NKB	
42	4:40.55	706	NKBNOV	Dominique Kennedy,14,ROW	
43	4:40.65	705	ONCUPNOV	Michelle Stajan,14,ETOB	
44	4:40.94	703	ABAGMAR	Brigitta Olsnn,13,UCSC	5:01.52
45	4:41.21	701	BYACNOV	Danielle Oevlin,14,ROSC	
46	4:41.21	701	MBSKMAR	Jenny Wear,14,RDCSC	
47	4:41.31	700	CNSBJAN	Maxime Mentha,14,CAMO	4:43.01
48	4:41.33	700	HWACFEB	Sara Wheatley,14,BRANT	4:44.64
49	4:41.35	700	RACERDEC	Theresa Ellis,14,PSW	
50	4:41.38	699	ABAGMAR	Corissa Reid,14,CASC	

800 METRES FREESTYLE
Rec: 8:40.43 Elissa Purvis,CDSC,86

1	9:04.31	822	MANTADEC	Carrie Burgoyne,13,MANTA	9:15.[illegible]
2	9:05.33	818	EASTFEB	Tara E. Sloan,14,PCSC	9:[illegible]8.45
3	9:05.92	816	ONAGMAR	Lindsay Beavers,14,STARS	9:1[illegible].3
4	9:10.67	798	MANTADEC	Kellie Rolston,14,IS	9:0[illegible].4
5	9:15.05	781	MBSKMAR	Christen Johnson,14,ROD	9:49.64
6	9:17.84	770	WESTFEB	Shauna McNally,14,EKSC	9:29.07
7	9:19.78	763	MANTADEC	Kristen Schneider,14,ROD	9:21.02
8	9:24.55	745	ONAGMAR	Erin Dermody,13,HWAC	9:50.96
9	9:25.41	742	RODJAN	Sara Alroubaie,14,MANTA	9:51.32
10	9:25.65	741	YOUTHDEC	Julie Cocks,13,TRENT	9:41.58
11	9:27.15	735	ONCUPNOV	Michelle Stajan,14,ETOB	-
12	9:27.28	735	DALDEC1	Molly Seto,14,HTAC	9:29.78
13	9:27.33	734	ONCUPNOV	Melanie Patina,14,ETOB	9:54.80
14	9:27.51	734	YOUTHDEC	Carolyn Korneluk,14,LAC	9:42.01
15	9:27.52	734	MBSKMAR	Kaili Stewart,14,MANTA	-
16	9:27.57	734	MBSKMAR	Megan Kinsella,14,UCSC	-
17	9:28.36	731	BCAGMAR	Jenniler Tham,13,AQUA	9:52.06
18	9:28.37	731	BCAGMAR	Tiffany Jones,14,IS	-
19	9:28.94	728	HYACKJAN	Felicia Culham,13,ARBU,	-
20	9:29.03	728	DNAGMAR	Iris Elliott,13,KBM	10:26.16
21	9:29.45	727	EASTFEB	Julie Campbell,14,HWAC	9:33.74
22	9:29.67	726	DNAGMAR	Kathy Smucler,14,WAC	-
23	9:29.90	725	HYACKJAN	Caitlin Peterson,14,PDSA	9:37.33
24	9:30.66	722	DNAGMAR	Sara Wheatley,14,BRANT	9:43.19
25	9:31.52	719	MANTADEC	Tracy Archer,13,ROD	9:33.84
26	9:31.67	718	MANTADEC	Dena Durand,14,BROCK	9:44.21
27	9:33.78	711	GOLDNOV	Dawn Skrypichayko,14,EKSC	9:29.20
28	9:33.82	711	EASTFEB	Marie-E Laroche,14,CNB	-
29	9:35.01	706	DNAGMAR	Kathryne Heiss,14,NKB	-
30	9:35.32	705	HYACKJAN	Serena McGibbon,14,PDSA	-
31	9:35.43	705	EASTFEB	Heather Norris,14,STARS	9:40.27
32	9:35.72	704	ONAGMAR	Dale Colman,13,TDMAC	10:07.86
33	9:35.97	703	ISCUPNOV	Carly Goepel,14,PDSA	9:44.97
34	9:36.57	701	YDUTHDEC	Danielle Devlin,14,BOSC	9:46.49
35	9:36.94	699	ONAGMAR	Corinne Walker,14,SCAR	-
36	9:37.20	698	DNAGMAR	Lauren Fratesi,14,SSMAC	9:40.11
37	9:37.36	698	BCAGMAR	Kendal Musgrave,14,COMOX	-
38	9:37.81	696	DNAGMAR	Michelle Howard,14,BRANT	10:30.16
39	9:38.18	695	PDAAAFEB	Valerie Dufour,13,CAG	-
40	9:38.84	693	BCAGMAR	Tara Taylor,13,HYACK	10:12.37
41	9:38.88	692	ONAGMAR	Jaime Theriault,14,GO	-
42	9:39.08	692	NSAGMAR	Elizabeth Weis,14,SBSC	-
43	9:39.61	690	ABAGMAR	Nicole Knopke,14,NCSA	-
44	9:40.24	688	BCAGMAR	Michaelann Miller,14,SPART	10:14.29
45	9:41.63	683	MBSKMAR	Brigitta Olson,13,UCSC	10:35.74
46	9:41.65	683	ABAGMAR	Jolie Pun,13,STSC	9:50.66
47	9:42.19	681	EASTFEB	Marie-J Amyot,13,RCA	9:38.38
48	9:42.62	679	DNAGMAR	Jenn Johnston,13,BROCK	10:43.74
49	9:43.09	678	CNMNJAN	Amanda Mallette,13,DDO	10:25.20
50	9:43.54	676	BCAGMAR	Andrea Leroy,14,NRST	10:06.43

100 METRES BACKSTROKE
Rec: 1:02.21 Suzanne Weckend,IS,92

1	1:05.38	801	MANTADEC	Kristen Schneider,14,ROD	1:05.47
2	1:05.54	796	EASTFEB	Alix Pollard,14,TOMAC	1:07.13
3	1:05.72	790	ABAGMAR	Julia Wright,14,UCSC	1:10.32
4	1:05.91	784	ONAGMAR	Pamela Tung,14,CREST	1:06.82
5	1:05.99	782	WESTFEB	Carrie Burgoyne,14,MANTA	1:08.22
6	1:06.23	774	ONAGMAR	Alexis Rieck,13,ROW	1:10.17
7	1:06.43	768	KCCDEC	Shauna McNally,13,EKSC	1:08.66
8	1:06.54	764	YDUTHDEC	Sarah Lo,14,AAC	2:09.37
9	1:06.54	764	EASTFEB	Genevieve Gregoire,14,PCSC	1:09.25
10	1:06.71	759	MANTADEC	Tracy Archer,13,ROD	1:07.36
11	1:06.73	758	WESTFEB	Kelly Stelanyshyn,13,MANTA	1:09.80
12	1:06.81	755	ONAGMAR	Joanna Mazzucco,13,ETOB	1:13.07
13	1:06.96	751	ONAGMAR	Dominique Kennedy,14,RDW	-
14	1:06.98	750	WESTFEB	Kaili Stewart,14,MANTA	-
15	1:07.26	741	WESTFEB	Jenny Wear,14,RDCSC	-
16	1:07.48	734	ONAGMAR	Samantha Pfaller,14,MAC	1:10.53
17	1:07.53	733	PCSCDEC	Karine Senechal-B.,14,CAMO	1:07.40
18	1:07.57	732	POAAAFEB	Melanie Bouchard,14,UL	1:10.91
19	1:07.63	730	MANTADEC	Raina Nixon,14,RACE	1:09.81
20	1:07.68	728	MMJAN	Sara Alroubaie,14,MANTA	
21	1:07.70	728	BCAGMAR	Andrea Leroy,14,NRST	1:11.42
22	1:07.77	725	BCAGMAR	Dayna Saunders,14,DELTA	-
23	1:08.01	718	ONAGMAR	Julie Cocks,13,TRENT	1:08.93
24	1:08.13	714	KCCDEC	Brooke Toppings,13,HYACK	1:09.77
25	1:08.14	714	ONAGMAR	Ginelle Davey,14,YORK	1:09.81
26	1:08.41	706	OTTAWDEC	Christine Dallaire,14,PPO	
27	1:08.47	704	SCARFEB	Alana Madder,14,MAC	1:10.86
28	1:08.59	700	BRANTNOV	Christina Calfacacos,13,PCSC	
29	1:08.64	699	SHERDEC	Emilie Fortin,14,PI US	
30	1:08.76	695	PDAGNOV	Jenniler Carroll,14,CAMO	
31	1:08.85	693	YOUTHDEC	Erin Dermody,13,HWAC	1:11.00
32	1:08.91	691	PDAAAFEB	Marie Deshaies,14,ENC	1:10.57
33	1:08.91	691	ABAGMAR	Kristen Franko,13,NCSA	1:11.85
34	1:08.92	691	ABAGMAR	Jane Watson,14,KSC	
35	1:09.08	686	MBSKMAR	Christen Johnsnn,14,ROD	
36	1:09.17	683	KCCDEC	Dawn Skrypichayko,14,EKSC	1:08.97
37	1:09.19	683	ONAGMAR	Kristy MacLennan,13,ETOB	1:11.78
38	1:09.22	682	YDUTHDEC	Shona Patterson,13,STARS	1:10.67
39	1:09.26	680	ARAGMAR	Colleen Nuc,13,OSC	1:14.20
40	1:09.28	680	BCAGMAR	Kendal Musgrave,14,COMOX	
41	1:09.43	675	KCCDEC	Kaly Oliver,14,HYACK	
42	1:09.44	675	YOUTHDEC	Julie Goraj,14,STARS	
43	1:09.57	671	YOUTHDEC	Sarah Stansbury,14,NCSA	1:12.59
44	1:09.60	670	YOUTHDEC	Leslie Bonello,14,COBRA	
45	1:09.60	670	POAAAFEB	Cynthia Lacombe,14,CASE	1:11.71
46	1:09.63	670	BCAGMAR	Kristine Lowrie,14,CHE NA	
47	1:09.65	669	MBSKMAR	Brigitta Olson,13,UCSC	1:13.07
48	1:09.76	666	NBAGJAN	Erin Tatelshi,13,NES	
49	1:09.78	665	YOUTHDEC	Julie Norris,13,KWY	1:11.80
50	1:09.78	665	MBSKMAR	Natasha Guskjolen,14,GOLD	1:14.07

GIRLS 13-14 CONTD.

200 METRES BACKSTROKE
Rec: 2:14.36 Suzanne Weckend,IS,92

1	2:16.59	852	EASTFEB	Alix Pollard,14,TOMAC	2:20.45
2	2:19.62	805	WESTFEB	Carrie Burgoyne,14,MANTA	2:25.50
3	2:19.94	800	YOUTHDEC	Pamela Tung,13,CREST	2:23.67
4	2:20.81	787	WESTFEB	Tracy Archer,13,ROD	2:26.81
5	2:21.01	784	MBSKMAR	Kelly Stelanyshyn,13,MANTA	2:27.91
6	2:21.52	776	KCCDEC	Shauna McNally,13,EKSC	2:28.62
7	2:21.58	775	YOUTHDEC	Dominique Kennedy,14,ROW	2:28.67
8	2:21.61	775	MANTADEC	Kristen Schneider,14,ROD	2:22.80
9	2:21.67	774	EASTFEB	Melanie Bouchard,14,UL	-
10	2:23.04	754	MBSKMAR	Kaili Stewart,14,MANTA	-
11	2:23.49	747	POAGNOV	Karine Senechal-B.,14,CAMO	2:23.95
12	2:23.52	747	YOUTHOEC	Alexis Rieck,13,ROW	2:31.12
13	2:23.56	746	ONAGMAR	Joanna Mazzucco,13,ETOB	2:41.11
14	2:23.77	743	BCAGMAR	Kristine Lowrie,14,CHENA	-
15	2:24.11	738	EASTFEB	Julie Cocks,13,TRENT	2:26.49
16	2:24.20	737	MANTAOEC	Sara Alroubaie,14,MANTA	2:29.29
17	2:24.36	734	MANTADEC	Kellie Rolston,14,IS	-
18	2:24.84	727	EASTFEB	Julie Goraj,14,STARS	2:32.72
19	2:25.48	718	KCCOEC	Dawn Skrypichayko,14,EKSC	2:23.50
20	2:25.90	712	ONAGMAR	Ginelle Oavey,14,YORK	2:28.84
21	2:25.94	712	ONAGMAR	Kristy MacLennan,13,ETOB	2:33.66
22	2:26.16	708	WESTFEB	Christen Johnson,14,ROD	-
23	2:26.42	705	BYACNOV	Julie Norris,13,KWY	2:31.63
24	2:26.59	702	ONAGMAR	Shona Patterson,14,STARS	2:29.77
25	2:26.83	699	SHERDEC	Emilie Fortin,14,PLUS	2:31.88
26	2:26.84	699	MBSKMAR	Jenny Wear,14,RDCSC	-
27	2:26.98	697	BCAGMAR	Felicia Culham,13,ARBU	2:37.06
28	2:27.02	696	YOUTHDEC	Lindsay Beavers,14,STARS	2:30.20
29	2:27.05	696	WESTFEB	Julia Wright,14,UCSC	-
30	2:27.06	696	ONAGMAR	Andrea Szewchuk,13,ETOB	2:40.17
31	2:27.31	692	BRANTNOV	Christina Calfacacos,13,PCSC	2:28.93
32	2:27.34	692	SCARFEB	Alana Madder,14,MAC	2:32.86
33	2:27.35	692	ONAGMAR	Courtney McIvor,14,GO	2:38.43
34	2:27.43	691	ONAGMAR	Samantha Platler,14,MAC	2:31.33
35	2:27.52	689	YOUTHDEC	Erin Oermody,13,HWAC	2:31.07
36	2:27.76	686	POAAAFEB	Marie Deshaies,14,ENC	2:31.37
37	2:27.81	685	ISCUPNOV	Megan Lloyd,14,PSW	2:25.33
38	2:28.09	681	BCAGMAR	Andrea Leroy,14,NRST	2:32.25
39	2:28.15	681	BCAGMAR	Dayna Saunders,14,DELTA	-
40	2:28.17	680	WESTFEB	Colleen Nuc,13,OSC	2:37.56
41	2:28.23	679	RACEROEC	Kendal Musgrave,14,COMOX	-
42	2:28.33	678	MBSKMAR	Brigitta Olson,13,UCSC	2:41.10
43	2:28.49	676	OTTAWOEC	Christine Oallaire,14,PPO	-
44	2:28.85	671	PCSCOEC	Melanie Bouchard,17,MEGO	2:31.45
45	2:28.87	671	POAAAFEB	Jennifer Carroll,14,CAMO	-
46	2:29.02	669	NBAGJAN	Erin Tateishi,13,NES	-
47	2:29.03	668	MANTADEC	Raina Nixon,14,RACE	2:32.04
48	2:29.11	667	WESTFEB	Natasha Guskjolen,14,GOLD	2:41.92
49	2:29.44	663	YOUTHDEC	Amy Stewart,13,OSAC	2:37.67
50	2:29.55	661	ONAGMAR	Amanda McDougall,14,NKB	2:31.60

100 METRES BREASTSTROKE
Rec: 1:08.64 Allison Higson,ESC,88

1	1:13.85	806	BCAGMAR	Amber Wuensche,14,PN	-
2	1:13.94	804	ONAGMAR	Sarah Lo,14,AAC	1:13.92
3	1:14.25	795	MBSKMAR	Jenny Wear,14,RDCSC	1:15.93
4	1:15.18	768	ONAGMAR	Jennifer Jonusaitis,14,SYD	1:15.50
5	1:15.20	768	POAAAFEB	Michelle Laprade,14,CAG	1:19.20
6	1:15.46	760	MANTADEC	Carrie Burgoyne,13,MANTA	1:17.69
7	1:15.49	760	POAAAFEB	Lucy Mae Smith,13,BBF	1:19.61
8	1:15.82	750	ONAGMAR	Kristy Cameron,14,HHAC	-
9	1:16.13	742	EASTFEB	Dena Durand,14,BROCK	1:18.17
10	1:16.21	740	MBSKMAR	Kaili Stewart,14,MANTA	-
11	1:16.34	736	ONAGMAR	Julia Berglund,13,HWAC	1:17.07
12	1:16.41	734	KCCDEC	Devon Benoit,14,KCS	1:18.81
13	1:16.49	732	ONAGMAR	Katie Brown,14,PERTH	1:16.52
14	1:16.52	731	NKBNOV	Candace Winzer,13,NEW	1:20.62
15	1:16.63	728	BCAGMAR	Courtney Webster,14,IS	-
16	1:16.70	726	KCCDEC	Serena McGibbon,14,PDSA	1:16.87
17	1:16.88	721	WESTFEB	Michelle Poirier,13,RDCSC	1:18.76
18	1:16.99	718	POAAAFEB	Marie-A Lafaille,14,CNHR	-
19	1:17.04	717	YOUTHDEC	Tara Arnott,14,AAC	1:18.20
20	1:17.08	716	BCAGMAR	Kathleen Stoody,13,CHENA	1:21.66
21	1:17.65	700	ONAGMAR	Jackie Hulchings,14,MUSAC	1:16.09
22	1:17.92	693	YOUTHDEC	Jennifer Cooper,13,LAC	1:21.09
23	1:17.99	691	POAAAFEB	Marie-C. Guilbert,13,GAMIN	1:21.11
24	1:18.08	689	RIONOV	Alison Zwarich,14,UCSC	1:14.51
25	1:18.09	689	POAAAFEB	Sarah Bernard,14,PCSC	1:15.52
26	1:18.10	689	ABAGMAR	Sarah Kilchen,14,CWC	1:22.45
27	1:18.15	687	POAAAFEB	Marie-J. Amyot,14,RCA	1:19.38
28	1:18.17	687	BCAGMAR	Rachelle Ferguson,13,RAYS	1:21.46
29	1:18.30	683	MBSKMAR	Kristen Schneider,14,ROD	1:18.03
30	1:18.59	676	YOUTHDEC	Kristy Corley,14,LAC	1:19.64
31	1:18.61	675	BCAGMAR	Megan Johnston,14,PSW	-
32	1:18.65	674	CSOJAN	Catherine Belanger,13,RCA	1:20.99
33	1:18.72	672	ONAGMAR	Meredith Szewchuk,13,ETOB	-
34	1:18.84	669	ONAGMAR	Lesley Collman,14,YORK	1:18.40
35	1:18.85	669	EASTFEB	Laurie Green,14,SJL	1:17.93
36	1:18.89	668	YOUTHDEC	Sara Richmire,13,OSAC	1:20.64
37	1:18.89	668	POAAAFEB	Marie-C. Dumont-P.,14,CAMO	-
38	1:18.92	667	WESTFEB	Jessica Scott,14,RDCSC	1:17.00
39	1:18.99	665	BRANTNOV	Melanie Herscovitch,13,PCSC	1:20.64
40	1:19.00	665	BCAGMAR	Dayna Saunders,14,DELTA	-
41	1:19.07	663	ABAGMAR	Katie Littlewood,14,UCSC	-
42	1:19.11	662	ONAGMAR	Janice Koon,13,ETOB	1:19.88
43	1:19.12	662	ONAGMAR	Elizabeth Day,13,NEW	1:20.38
44	1:19.22	660	NBAGJAN	Kara Folsom,13,FAST	-
45	1:19.28	658	KCCDEC	Amanda Velcic,14,CASC	1:17.75
46	1:19.30	658	KCCDEC	Shannon Dixon,14,LASC	1:20.23
47	1:19.34	657	ONAGMAR	Colleen Dunn,14,NKB	1:18.26
48	1:19.39	655	ISJAN	Andrea Leroy,13,NRST	1:20.90
49	1:19.42	654	ABAGMAR	Lee McDonald,14,EKSC	-
50	1:19.43	654	YOUTHDEC	Shannon Tocchio,14,GGST	1:18.23

200 METRES BREASTSTROKE
Rec: 2:26.48 Allison Higson,ESC,88

1	2:38.01	810	POAAAFEB	Lucy Mae Smith,13,BBF	2:49.63
2	2:38.91	798	EASTFEB	Dena Durand,14,BROCK	2:44.42
3	2:39.30	793	WESTFEB	Carrie Burgoyne,14,MANTA	2:54.11
4	2:39.70	788	ONAGMAR	Sarah Lo,14,AAC	2:42.10
5	2:40.30	780	WESTFEB	Jenny Wear,14,ROCSC	2:44.24
6	2:40.63	775	ONAGMAR	Jennifer Jonusaitis,14,SYO	2:43.64
7	2:40.66	775	BCAGMAR	Amber Wuensche,14,PN	-
8	2:40.73	774	BCAGMAR	Courtney Webster,14,IS	2:50.64
9	2:41.06	770	RACEROEC	Serena McGibbon,14,POSA	2:44.99
10	2:42.27	754	YOUTHDEC	Tara Arnott,14,AAC	2:44.91
11	2:42.70	748	ONAGMAR	Julia Berglund,13,HWAC	2:43.41
12	2:43.05	744	ONAGMAR	Jackie Hutchings,14,MUSAC	2:39.43
13	2:43.20	742	EASTFEB	Michelle Laprade,14,CAG	2:53.30
14	2:43.45	738	POAAAFEB	Marie-C. Oumont-P.,14,CAMO	-
15	2:43.49	738	EASTFEB	Elizabeth Oay,13,NEW	2:46.92
16	2:44.11	730	ONAGMAR	Kristy Cameron,14,HHAC	-
17	2:44.40	726	KCCOEC	Megan Johnston,14,PSW	2:48.93
18	2:44.44	726	POAAAFEB	Marie-A Lafaille,14,CNHR	-
19	2:44.76	722	BCAGMAR	Devon Benoit,14,KCS	2:48.53
20	2:45.05	718	POAAAFEB	Marie-J. Amyot,14,RCA	2:51.99
21	2:45.45	713	NKBNOV	Candace Winzer,13,NEW	2:54.00
22	2:45.47	713	MANTADEC	Sara Alroubaie,14,MANTA	-
23	2:46.05	705	ONAGMAR	Katie Brown,14,PERTH	2:49.85
24	2:46.16	704	BRANTNOV	Sarah Bernard,13,PCSC	2:39.84
25	2:46.57	699	BCAGMAR	Kim Monsebroten,14,HYACK	-
26	2:46.89	695	ONAGMAR	Meredith Szewchuk,13,ETOB	-
27	2:46.97	694	ABAGMAR	Michelle Poirier,13,ROCSC	-
28	2:47.13	692	MACJAN	Lesley Coltman,14,YORK	2:48.69
29	2:47.35	689	POAAAFEB	Catherine Belanger,13,RCA	2:50.68
30	2:47.44	688	BRANTNOV	Tara E. Sloan,13,PCSC	2:53.61
31	2:47.59	686	ONAGMAR	Susie Nieder,14,ETOB	2:52.15
32	2:48.18	679	GOLDNOV	Moira Mathie,13,ROD	2:43.41
33	2:48.18	679	POAAAFEB	Marie-A Lelievre,14,UL	-
34	2:48.25	678	BCAGMAR	Kathleen Stoody,13,CHENA	2:54.61
35	2:48.38	677	ABAGMAR	Lee McDonald,14,EKSC	2:52.69
36	2:48.46	676	CNMNJAN	Marie-C. Guilbert,13,GAMIN	2:57.73
37	2:48.46	676	EASTFEB	Laurie Green,14,SJL	2:43.32
38	2:48.67	673	ISJAN	Andrea Leroy,13,NRST	2:58.45
39	2:48.72	673	NBAGJAN	Kara Folsom,13,FAST	-
40	2:48.90	670	ONAGMAR	Jenniler Brankovsky,14,SCAR	2:53.78
41	2:49.04	669	ONAGMAR	Kathryne Heiss,14,NKB	2:51.07
42	2:49.13	668	POAGNOV	Tara Sloan,16,UCSC	2:33.46
43	2:49.14	668	MBSKMAR	Kristen Schneider,14,ROD	2:45.21
44	2:49.30	666	BCAGMAR	Dayna Saunders,14,DELTA	-
45	2:49.32	665	ONAGMAR	Colleen Dunn,14,NKB	2:49.61
46	2:49.33	665	POAAAFEB	Natalie Kehle,13,ODO	2:54.11
47	2:49.33	665	ONAGMAR	Kristy Corley,14,LAC	2:49.88
48	2:49.35	665	NSAGMAR	Shauna Conrad,14,HTAC	2:52.33
49	2:49.89	659	KCCDEC	Brooke Toppings,13,HYACK	-
50	2:50.54	651	MANTADEC	Kaili Stewart,14,MANTA	-

100 METRES BUTTERFLY
Rec: 1:03.02 Sandra Marchand,ENL,88

1	1:04.18	830	YOUTHDEC	Sarah Stansbury,14,NCSA	1:05.80
2	1:04.55	818	ONAGMAR	Pamela Tung,14,CREST	1:04.97
3	1:04.65	815	EASTFEB	Christina Kubacki,14,TOMAC	1:06.50
4	1:04.75	811	MANTADEC	Kristen Schneider,14,ROD	1:07.70
5	1:04.75	811	ONAGMAR	Julie Cocks,13,TRENT	1:07.30
6	1:04.81	809	MANTADEC	Kellie Rolston,14,IS	1:05.57
7	1:04.90	806	EASTFEB	Melissa Lallamme,13,RCA	1:07.17
8	1:05.50	787	MBSKMAR	Carrie Burgoyne,14,MANTA	1:06.19
9	1:05.59	784	ABAGMAR	Desiree Fofie,14,NCSA	1:10.56
10	1:05.92	773	NSAGMAR	Molly Seto,14,HTAC	1:10.18
11	1:05.98	771	RIONOV	Alison Zwarich,14,UCSC	1:06.95
12	1:06.03	770	POAAAFEB	Karine Tcholkayan,13,DDO	1:09.46
13	1:06.06	769	POAAAFEB	Virginie Robitaille,14,SAMAK	-
14	1:06.10	767	ONAGMAR	Alana Madder,14,MAC	1:08.27
15	1:06.20	764	YOUTHDEC	Gina Grujic,14,TOMAC	1:04.87
16	1:06.24	763	EASTFEB	Shona Patterson,14,STARS	1:13.19
17	1:06.57	752	PCSCDEC	Karine Senechal-B.,14,CAMO	1:08.33
18	1:06.73	747	WESTFEB	Sara Alroubaie,14,MANTA	1:09.80
19	1:07.09	736	ONAGMAR	Joanna Mazzucco,13,ETOB	1:09.15
20	1:07.21	732	ONAGMAR	Melissa Martin,14,STARS	1:09.58
21	1:07.34	728	ABAGMAR	Corissa Reid,14,CASC	1:06.69
22	1:07.55	722	KCCDEC	Anna Joo,14,PDSA	1:07.28
23	1:07.58	721	UBCJAN27	Carly Goepel,14,PDSA	1:09.51
24	1:07.59	720	BCAGMAR	Julia Atchison,14,PDSA	-
25	1:07.60	720	BRANTNOV	Carmen Barnett,13,MAC	1:09.38
26	1:07.65	719	MACJAN	Julie Norris,13,KWY	1:10.80
27	1:07.66	718	BROCKOCT	Dena Durand,14,BROCK	1:07.60
28	1:07.92	710	ETOBOCT	Carolyn Korneluk,14,LAC	1:09.07
29	1:07.93	710	ONAGMAR	Kelly Crampton,14,PERTH	1:10.02
30	1:08.06	706	BCAGMAR	Julie Unrau,13,HYACK	1:12.75
31	1:08.09	705	MACJAN	Sarah Lo,14,AAC	-
32	1:08.13	704	NKBNOV	Kathryne Heiss,14,NKB	-
33	1:08.16	703	POAAAFEB	Amanda Mallette,13,DDO	1:11.04
34	1:08.19	702	POAAAFEB	Hedy Horvath,13,PCSC	1:13.23
35	1:08.33	698	OTTAWDEC	Michelle Laprade,14,CAG	1:10.44
36	1:08.33	698	MBSKMAR	Kaili Stewart,14,MANTA	-
37	1:08.35	697	MBSKMAR	Brigitta Olson,13,UCSC	1:13.29
38	1:08.52	692	BCAGMAR	Mildred Wong,14,PDSA	-
39	1:08.55	691	POAAAFEB	Natalie Cormier,14,DDO	-
40	1:08.61	689	ONAGMAR	Jenniler Jonusaitis,14,SYD	1:10.96
41	1:08.70	687	ABAGMAR	Raina Nixon,14,RACE	-
42	1:08.73	686	ONAGMAR	Tracy Imrie,14,LLSC	1:08.79
43	1:08.74	686	SHERDEC	Clara Tarjan,14,BLAST	-
44	1:08.81	683	KCCDEC	Sarah Anderson,14,PDSA	-
45	1:08.81	683	MANTADEC	Tracy Archer,13,ROD	1:09.51
46	1:08.85	682	YOUTHDEC	Daniela Vohnout,13,ROW	1:10.55
47	1:08.86	682	WESTFEB	Jenny Wear,14,RDCSC	-
48	1:08.89	681	YOUTHDEC	Heather Norris,13,STARS	1:09.42
49	1:08.89	681	POAAAFEB	Arianne Beauchamp,13,CAMO	-
50	1:08.90	681	POAAAFEB	Caroline Vary,14,CNDR	-

200 METRES BUTTERFLY
Rec: 2:13.75 Sandra Marchand,ENL,88

1	2:17.08	852	WESTFEB	Carrie Burgoyne,14,MANTA	2:23.98
2	2:17.80	840	MANTADEC	Kellie Rolston,14,IS	2:19.06
3	2:19.77	810	EASTFEB	Julie Cocks,13,TRENT	2:25.70
4	2:20.06	806	EASTFEB	Melissa Lallamme,13,RCA	2:29.23
5	2:20.84	794	YOUTHDEC	Sarah Stansbury,14,NCSA	2:27.10
6	2:21.53	784	HYACKJAN	Anna Joo,14,PDSA	2:24.51
7	2:22.30	772	METROJAN	Molly Seto,14,HTAC	2:28.72
8	2:23.20	759	MANTADEC	Kristen Schneider,14,ROD	2:23.49
9	2:23.59	753	ONAGMAR	Pamela Tung,14,CREST	2:24.61
10	2:24.21	744	EASTFEB	Christina Kubacki,14,TOMAC	2:28.59
11	2:24.36	742	KCCDEC	Kristin Lillow,14,KCS	-
12	2:24.43	741	UBCJAN27	Carly Goepel,14,PDSA	2:30.11
13	2:24.67	737	WESTFEB	Sara Alroubaie,14,MANTA	2:35.79
14	2:24.70	737	YOUTHDEC	Carolyn Korneluk,14,LAC	2:26.81
15	2:24.91	734	EASTFEB	Dena Durand,14,BROCK	2:28.01
16	2:25.43	726	PQAAAFEB	Karine Tcholkayan,13,DDO	2:34.01
17	2:26.08	717	POAGNOV	Karine Senechal-B.,14,CAMO	2:28.13
18	2:26.39	712	YOUTHDEC	Gina Grujic,14,TOMAC	2:24.05
19	2:26.44	712	ONAGMAR	Shona Patterson,14,STARS	2:46.56
20	2:26.81	707	ONAGMAR	Kelly Crampton,14,PERTH	2:32.97
21	2:27.50	697	ONAGMAR	Heather Norris,14,STARS	2:31.70
22	2:27.80	693	BCAGMAR	Julie Unrau,13,HYACK	2:37.20
23	2:27.94	691	PQAAAFEB	Amanda Mallette,13,DDO	2:34.81
24	2:27.96	690	WESTFEB	Corissa Reid,14,CASC	2:34.16
25	2:28.37	685	KCCOEC	Sarah Sinclair,14,HYACK	2:33.47
26	2:28.38	685	POAAAFEB	Virginie Robitaille,13,SAMAK	2:38.72
27	2:28.45	684	ABAGMAR	Sandy Finn,14,NCSA	-
28	2:28.58	682	ABAGMAR	Susan Mattinson,14,NCSA	-
29	2:29.22	673	ONAGMAR	Courtney Barr,13,LAC	2:36.43
30	2:29.36	671	SCARFEB	Alana Madder,14,MAC	2:33.72
31	2:29.55	669	ONAGMAR	Melissa Martin,14,STARS	2:37.12
32	2:29.61	668	PQAAAFEB	Michelle Laprade,14,CAG	-
33	2:29.74	666	MBSKMAR	Brigitta Olson,13,UCSC	2:41.76
34	2:30.18	660	ONAGMAR	Carmen Barnett,14,MAC	2:37.62
35	2:30.49	656	NKBNOV	Natalie Herbert,14,NKB	-
36	2:30.51	656	POAAAFEB	Hedy Horvath,13,PCSC	2:43.61
37	2:30.57	655	POAAAFEB	Catherine Belanger,13,RCA	2:35.24
38	2:30.57	655	ONAGMAR	Jaime Theriault,14,GO	-
39	2:30.66	654	POAAFEB	Lauren Enright,14,DDD	-
40	2:30.81	652	ONAGMAR	Erin Dermody,13,HWAC	-
41	2:30.84	651	ONAGMAR	Lindsay Beavers,14,STARS	2:38.22
42	2:31.03	649	NBAGJAN	Marissa Wallace,13,TIDE	2:43.42
43	2:31.15	647	ONAGMAR	Kathryne Heiss,14,NKB	-
44	2:31.40	644	NBAGJAN	Emily Aubie,13,BLAST	2:48.42
45	2:31.52	642	MANTADEC	Tracy Archer,13,ROD	2:34.15
46	2:31.62	641	PQAAAFEB	Marie-C. Dumont-P.,14,CAMO	-
47	2:31.93	637	ONAGMAR	Aimee Bourassa,13,NKB	2:38.19
48	2:32.30	632	BCAGMAR	Deanna Shew,14,IS	-
49	2:32.32	632	POAAAFEB	Amelie Rousseau,14,CNCB	-
50	2:32.36	631	MACJAN	Julie Norris,13,KWY	2:40.00

200 METRES IND MEDLEY
Rec: 2:16.79 Allison Higson,ESC,87

1	2:20.02	849	WESTFEB	Carrie Burgoyne,14,MANTA	2:27.29
2	2:23.05	803	MANTADEC	Kristen Schneider,14,ROD	2:26.24
3	2:23.46	797	EASTFEB	Molly Seto,14,HTAC	2:25.54
4	2:23.50	797	YOUTHDEC	Pamela Tung,13,CREST	2:24.96
5	2:23.85	791	WESTFEB	Jenny Wear,14,RDCSC	-
6	2:24.16	787	WESTFEB	Sara Alroubaie,14,MANTA	2:32.43
7	2:24.62	780	EASTFEB	Dena Durand,14,BROCK	2:27.57
8	2:24.64	780	ONAGMAR	Kristy MacLennan,13,ETOB	2:34.11
9	2:25.06	774	ETOBJAN	Alix Pollard,14,TOMAC	2:29.95
10	2:25.34	769	EASTFEB	Melissa Laflamme,13,RCA	2:30.42
11	2:25.54	767	PQAAAFEB	Marie-J. Amyot,14,RCA	2:31.04
12	2:26.16	758	ONAGMAR	Melissa Martin,14,STARS	2:32.98
13	2:26.35	755	ONAGMAR	Jenniler Jonusaitis,14,SYD	2:29.15
14	2:26.46	753	ABAGMAR	Sandy Finn,14,NCSA	-
15	2:26.60	751	BCAGMAR	Felicia Culham,13,ARBU	2:34.90
16	2:26.92	747	BCAGMAR	Andrea Leroy,14,NRST	2:33.30
17	2:27.12	744	POAAAFEB	Lucy Mae Smith,13,BBF	2:32.10
18	2:27.47	739	WESTFEB	Kaili Stewart,14,MANTA	2:32.45
19	2:27.74	735	YOUTHDEC	Sarah Lo,14,AAC	2:29.47
20	2:27.92	732	BCAGMAR	Dayna Saunders,14,DELTA	-
21	2:28.60	723	ONAGMAR	Julie Norris,14,KWY	2:33.69
22	2:28.73	721	POAAAFEB	Sarah Bernard,14,PCSC	2:26.25
23	2:28.75	721	NKBNOV	Heather Lee,13,USC	2:26.79
24	2:28.89	719	YOUTHDEC	Sarah Stansbury,14,NCSA	2:31.91
25	2:28.92	718	PCSCDEC	Karine Senechal-B.,14,CAMO	-
26	2:28.96	718	WESTFEB	Tracy Archer,13,ROD	2:32.41
27	2:29.04	717	ISCUPNOV	Kellie Rolston,14,IS	2:26.90
28	2:29.06	716	ONAGMAR	Dominique Kennedy,14,ROW	-
29	2:29.15	715	POAGNOV	Jennifer Carroll,14,CAMO	-
30	2:29.17	715	ONAGMAR	Kathryne Heiss,14,NKB	-
31	2:29.27	713	NBAGJAN	Kara Folsom,13,FAST	-
32	2:30.50	696	POAAAFEB	Melanie Bouchard,14,UL	-
33	2:30.65	694	NBAGJAN	Emily Aubie,13,BLAST	-
34	2:30.73	693	BCAGMAR	Julie Unrau,13,HYACK	2:41.16
35	2:30.74	693	ONAGMAR	Robyn Reid,14,BRANT	2:31.44
36	2:30.94	690	ABAGMAR	Jane Watson,14,KSC	-
37	2:30.98	690	BCAGMAR	Kristine Lowrie,14,CHENA	-
38	2:31.00	689	KCCDEC	Sarah Anderson,14,PDSA	2:30.99
39	2:31.09	688	YOUTHDEC	Carolyn Korneluk,14,LAC	-
40	2:31.10	688	ONAGMAR	Ashley Gibson,14,STARS	-
41	2:31.23	686	BRANTNOV	Sara Wheatley,14,BRANT	-
42	2:31.37	684	YOUTHDEC	Julie Goraj,14,STARS	-
43	2:31.37	684	MBSKMAR	Brigitta Olson,13,UCSC	-
44	2:31.39	684	EASTFEB	Kate Julig,14,LUSC	-
45	2:31.45	683	BCAGMAR	Devon Benoit,14,KCS	-
46	2:31.49	683	POAAAFEB	Catherine Belanger,13,RCA	2:35.33
47	2:31.65	681	BCAGMAR	Kim Monsebroten,14,HYACK	-
48	2:31.69	680	NKBNOV	Natalie Herbert,14,NKB	-
49	2:31.69	680	BRANTNOV	Tara Arnott,14,OSHAC	2:31.82
50	2:31.86	678	RACERDEC	Serena McGibbon,14,PDSA	-

400 METRES IND.MEDLEY
Rec: 4:50.13 Allison Higson,ESC,88

1	4:56.58	829	WESTFEB	Carrie Burgoyne,14,MANTA	5:01.03
2	5:02.39	788	YOUTHDEC	Sarah Stansbury,14,NCSA	5:15.65
3	5:03.62	779	POAAAFEB	Sarah Bernard,14,PCSC	5:08.15
4	5:04.01	776	MANTADEC	Kellie Rolston,14,IS	5:08.83
5	5:04.03	776	YOUTHDEC	Pamela Tung,13,CREST	5:08.57
6	5:04.08	776	EASTFEB	Dena Durand,14,BROCK	5:06.36
7	5:06.13	762	WESTFEB	Sara Alroubaie,14,MANTA	5:20.26
8	5:06.17	761	DALOEC1	Molly Seto,14,HTAC	5:08.16
9	5:06.70	758	ONAGMAR	Melissa Martin,14,STARS	5:18.53
10	5:06.90	756	POAAAFEB	Lucy Mae Smith,13,BBF	5:20.74
11	5:08.27	747	ABAGMAR	Sandy Finn,14,NCSA	5:16.17
12	5:08.47	746	MANTAOEC	Kristen Schneider,14,ROD	5:09.40
13	5:08.48	745	ONAGMAR	Kristy MacLennan,13,ETOB	5:26.85
14	5:08.79	743	BCAGMAR	Andrea Leroy,14,NRST	5:33.47
15	5:08.94	742	WESTFEB	Tracy Archer,13,ROD	5:15.06
16	5:09.09	741	BCAGMAR	Dayna Saunders,14,DELTA	-
17	5:09.21	740	YOUTHDEC	Carolyn Korneluk,14,LAC	5:13.51
18	5:09.44	739	MBSKMAR	Kaili Stewart,14,MANTA	-
19	5:09.77	737	YOUTHDEC	Julie Norris,13,KWY	5:22.32
20	5:10.38	733	ONAGMAR	Jennifer Jonusaitis,14,SYD	5:19.91
21	5:11.11	728	EASTFEB	Melissa Lallamme,13,RCA	5:19.64
22	5:11.37	726	PCSCOEC	Karine Senechal-B.,14,CAMO	5:20.95
23	5:11.47	725	ONAGMAR	Julie Cocks,13,TRENT	5:19.06
24	5:13.26	713	YOUTHOEC	Julie Goraj,14,STARS	-
25	5:13.60	711	EASTFEB	Marie-J. Amyot,13,RCA	5:18.82
26	5:13.77	710	ONAGMAR	Susie Nieder,14,ETOB	5:22.75
27	5:13.86	709	ONAGMAR	Kathryne Heiss,14,NKB	5:23.69
28	5:13.89	709	BCAGMAR	Devon Benoit,14,KCS	-
29	5:13.98	708	PQAAAFEB	Tara E. Sloan,14,PCSC	5:23.96
30	5:14.47	705	ONAGMAR	Heather Lee,14,USC	5:12.26
31	5:14.98	702	YOUTHDEC	Natalie Herbert,14,NKB	-
32	5:15.49	698	ONCUPNOV	Kate Julig,14,LUSC	-
33	5:15.70	697	SHEROEC	Emilie Fortin,14,PLUS	-
34	5:15.84	696	MBSKMAR	Brigitta Olson,13,UCSC	5:38.70
35	5:16.02	695	POAAAFEB	Natalie Kehle,13,DDO	5:25.61
36	5:16.24	694	BCAGMAR	Krisline Lowrie,14,CHENA	-
37	5:16.67	691	KCCDEC	Shauna McNally,13,EKSC	5:27.03
38	5:16.75	690	POAAAFEB	Catherine Belanger,13,RCA	5:26.93
39	5:16.97	689	ONAGMAR	Sara Wheatley,14,BRANT	-
40	5:17.09	688	NBAGJAN	Emily Aubie,13,BLAST	-
41	5:17.55	685	ETOBJAN	Julie Campbell,14,HWAC	5:19.61
42	5:17.73	684	ABAGMAR	Jenny Wear,14,RDCSC	-
43	5:17.91	683	ONAGMAR	Kelly Crampton,14,PERTH	5:25.47
44	5:18.05	682	YOUTHOEC	Danielle Oevlin,14,BOSC	5:19.05
45	5:18.47	679	PQAAAFEB	Marie-E. Laroche,14,CNB	-
46	5:18.68	678	ONAGMAR	Corinne Walker,14,SCAR	-
47	5:18.99	676	BCAGMAR	Julie Unrau,13,HYACK	5:43.42
48	5:19.70	671	ONCUPNOV	Gina Grujic,14,TOMAC	5:14.01
49	5:19.77	671	BCAGMAR	Jennifer Tham,13,AOUA	5:23.27
50	5:20.00	669	PQAAAFEB	Melanie Bouchard,14,UL	-

4X50 M MEDLEY RELAY
Rec: 2:01.49 Pepsi Swimming,PEPSI,93

1	2:03.02	818	MANTADEC	Manta Swim Club,MANTA
2	2:05.77	771	ONAGMAR	Etobicoke SC,ETOB
3	2:05.79	770	MANTADEC	Regina Opt Oolphins,ROD
4	2:06.21	763	ABAGMAR	Univ Calgary SC,UCSC
5	2:06.53	758	YOUTHDEC	Dorado SC,STARS
6	2:06.68	756	MANTADEC	Red Deer Catalina SC,RDCSC
7	2:06.74	755	YOUTHDEC	Nose Creek SA,NCSA
8	2:06.75	754	KCCOEC	Pacific Dolphin SA,PDSA
9	2:06.81	753	POAAAFEB	Pointe Claire SC,PCSC
10	2:07.01	750	KCCDEC	Hyack Swim Club,HYACK
11	2:07.07	749	POAGNOV	Montreal Aquatique,CAMO
12	2:07.64	740	BCAGMAR	Points North SC,PN
13	2:07.78	737	BCAGMAR	Island Swimming,IS
14	2:08.03	733	KCCOEC	Edmonton Keyano,EKSC
15	2:08.70	722	ONAGMAR	Markham AC,MAC
16	2:09.05	717	YOUTHDEC	London AC,LAC
17	2:09.06	716	YOUTHDEC	Mississauga AC,TOMAC
18	2:09.82	704	ONAGMAR	Perth Stingrays,PERTH
19	2:10.16	699	YOUTHOEC	Hamilt-Wentworth AC,HWAC
20	2:10.17	699	NSAGMAR	Halifax Trojans,HTAC
21	2:10.33	696	YOUTHOEC	Region of Waterloo,ROW
22	2:10.37	695	ONAGMAR	Brantford AC,BRANT
23	2:10.47	694	YOUTHDEC	Nepean Kanala,NKB
24	2:10.53	693	KCCDEC	Cascade Swim Club,CASC
25	2:10.75	690	POAAAFEB	Oollard Swim Team,DDO
26	2:11.64	676	ETOBDEC	Newmarkel SC,NEW
27	2:11.81	673	POAGNOV	Beaconsfield Bluelins,BBF
28	2:11.81	673	CSOJAN	Chaudiere-Appalache,RCA
29	2:11.96	671	BCAGMAR	Chena Swim Club,CHENA
30	2:12.15	668	NKBNOV	Crescent Town SC,CREST
31	2:12.31	665	ONAGMAR	Trent Swim Club,TRENT
32	2:12.31	665	ABAGMAR	Edmonton Racers,RACE
33	2:12.77	658	YOUTHDEC	Scarborough SC,SCAR
34	2:12.78	658	NYACFEB	North York AC,NYAC
35	2:13.00	655	NFAGMAR	St.John's Legends,SJL
36	2:13.14	653	CSOJAN	Nalation CSO,CSO
37	2:13.18	652	LEDUCJAN	Leduc Otters,LEOUC
38	2:13.33	650	RAYSMAR	Ouncan Slingrays,RAYS
39	2:13.57	646	BYACNOV	Owen Sound AC,OSAC
40	2:13.58	646	ONAGMAR	Soo Y Dolphins,SYD
41	2:13.59	646	ABAGMAR	Silver Tide SC,STSC
42	2:13.81	643	BCAGMAR	Fraser Valley Spartans,SPART
43	2:14.12	638	NKBNOV	East York SC,EYSC
44	2:14.13	638	YOUTHDEC	Windsor AC,WAC
45	2:14.33	635	PQAAAFEB	Samak de Brossard,SAMAK
46	2:14.38	634	BCAGMAR	Delta Sungod SC,DELTA
47	2:14.62	631	CNSBJAN	EN Cowansville,ENC
48	2:14.63	631	ISCUPNOV	Pacific Seawolves,PSW
49	2:14.88	627	ONAGMAR	Gloue-Ottawa Kingfish,GO
50	2:14.99	625	KCCOEC	Kamloops Classic,KCS

4X50 M FREE RELAY
Rec: 1:48.48 City of Brampton,COBRA,92

1	1:51.81	780	ABAGMAR	Nose Creek SA,NCSA
2	1:51.91	778	MANTADEC	Manta Swim Club,MANTA
3	1:51.93	778	MBSKMAR	Regina Opt Dolphins,ROD
4	1:52.31	771	ONAGMAR	Dorado SC,STARS
5	1:52.37	770	POAAAFEB	Pointe Claire SC,PCSC
6	1:52.71	763	BCAGMAR	Island Swimming,IS
7	1:52.81	761	ONAGMAR	Etobicoke SC,ETOB
8	1:52.85	761	ABAGMAR	Univ.Calgary SC,UCSC
9	1:53.17	755	YOUTHDEC	Mississauga AC,TOMAC
10	1:53.46	749	BCAGMAR	Hyack Swim Club,HYACK
11	1:53.99	739	ONAGMAR	Oakville AC,OAK
12	1:54.20	736	ONAGMAR	Markham AC,MAC
13	1:54.24	735	ONAGMAR	North York AC,NYAC
14	1:54.25	735	BCAGMAR	Points North SC,PN
15	1:54.56	729	ABAGMAR	Edmonton Keyano,EKSC
16	1:55.17	718	BCAGMAR	Pacific Oolphin SA,PDSA
17	1:55.28	716	POAAAFEB	Montreal Aquatique,CAMO
18	1:55.45	713	NSAGMAR	Halifax Trojans,HTAC
19	1:55.68	709	ONAGMAR	Nepean Kanata,NKB
20	1:55.94	704	ONAGMAR	Brantford AC,BRANT
21	1:56.70	691	ONAGMAR	Region of Waterloo,ROW
22	1:57.09	684	ABAGMAR	Olympian Swim Club,OSC
23	1:57.11	683	MANTAOEC	Red Deer Catalina SC,RDCSC
24	1:57.37	679	BYACOCT	Burlington Y,BYAC
25	1:57.48	677	PCSCDEC	Dollard Swim Team,DOO
26	1:57.65	674	BYACNOV	Owen Sound AC,OSAC
27	1:57.66	674	ONAGMAR	London AC,LAC
28	1:57.76	672	POAAAFEB	Beaconsfield Bluelins,BBF
29	1:57.90	670	ONAGMAR	Hamilt-Wentworth AC,HWAC
30	1:57.95	669	BCAGMAR	Fraser Valley Spartans,SPART
31	1:57.99	668	KCCDEC	Cascade Swim Club,CASC
32	1:58.07	667	CASCNOV	Leduc Otters,LEOUC
33	1:58.10	666	BCAGMAR	Ouncan Stingrays,RAYS
34	1:58.20	664	NFAGMAR	St John's Legends,SJL
35	1:58.27	663	ONAGMAR	Windsor AC,WAC
36	1:58.29	663	POAGNOV	Chaudiere-Appalache,RCA
37	1:58.29	663	NBAGJAN	Fredericton Aquanauts,FAST
38	1:58.49	660	ONAGMAR	Soo Y Oolphins,SYD
39	1:58.75	655	METROJAN	Dartmouth Crusaders,OCSC
40	1:58.76	655	ONAGMAR	Trent Swim Club,TRENT
41	1:58.77	655	NKBNOV	East York SC,EYSC
42	1:58.93	652	NKBNOV	Uxbridge SC,USC
43	1:58.98	651	NKBNOV	Newmarket SC,NEW
44	1:59.31	646	ONAGMAR	Perth Slingrays,PERTH
45	1:59.50	643	ONAGMAR	Scarborough SC,SCAR
46	1:59.68	640	METROJAN	Shearwater Bluelins,SBSC
47	1:59.68	640	SCARFEB	Scarborough Olympians,TORCH
48	1:59.69	639	NKBNOV	Gloue-Ottawa Kinglish,GO
49	1:59.70	639	PCSCDEC	Natalion CSO,CSO
50	1:59.74	639	BCAGMAR	Kisu Swim Club,KISU

BOYS 13-14 — 1996 SHORT COURSE TAG®

50 METRES FREESTYLE
Rec: 23.45 Yannick Lupien,CAGRA,95

1	24.62	736	BCAGMAR	Andrew Appleton,13,KAJ	26.77
2	24.68	731	BCAGMAR	Tyler Weiss,14,PSW	25.97
3	24.87	715	ONAGMAR	Jonathan Lim,14,ACE	26.19
4	24.88	714	POAAAFEB	Sylvain Pelletier,14,CNCI	-
5	24.92	711	ONAGMAR	Robbie Taylor,14,COBRA	26.20
6	25.11	695	MANTADEC	Muga Miyakawa,14,MANTA	-
7	25.15	692	BCAGMAR	Brian Johns,13,RACER	27.59
8	25.20	688	POAAAFEB	Justin Vazquez,14,DDO	-
9	25.44	668	POAAAFEB	Alexandre Burt,14,CAMO	-
10	25.46	667	CASCNOV	Kelly Albrecht,14,ROCSC	26.37
11	25.47	666	BRANTNOV	Mark Shivers,14,CATS	25.41
12	25.49	664	MANTAOEC	Keith Barrett,14,UCSC	25.70
13	25.51	663	YOUTHOEC	Serge Loiselle,14,VEW	26.46
14	25.55	660	YOUTHOEC	Adam Nicholson,14,GMAC	26.07
15	25.56	659	POAAAFEB	Marc-A. Clement,14,CNHR	-
16	25.61	655	TOMACNOV	Nir Rotenberg,14,YORK	-
17	25.63	653	POAAAFEB	Jamie Govan,14,PCSC	-
18	25.66	651	ETOBJAN	Mark Look Yan,14,ACE	26.19
19	25.69	649	BYACNOV	Iain Greensmith,14,BOSC	-
20	25.70	648	BYACNOV	Gregg Gleason,14,BROCK	-
21	25.70	648	ONAGMAR	Greg Roderick,15,NKB	-
22	25.72	646	NKBNOV	Chris Keung,13,CREST	25.69
23	25.73	646	MANTAOEC	Marshall Wigham,14,UCSC	-
24	25.73	646	POAAAFEB	Ryan Tomicic,14,CAGRA	26.50
25	25.77	643	BCAGMAR	Chris Kerman,14,PN	-
26	25.83	638	KCCOEC	Beau Brower,14,OSC	-
27	25.85	636	POAAAFEB	Risuke Pilon,14,CASE	27.76
28	25.88	634	KCCOEC	Joey Wu,14,POSA	26.48
29	25.88	634	SHEROEC	Olivier Oragon,14,SHER	-
30	25.89	633	RACEROEC	Oustin Ray-Wilks,14,SPART	-
31	25.89	633	BCAGMAR	Adrian Fluevog,14,POSA	-
32	25.92	631	NYACFEB	Adam Siouï,13,TO	27.58
33	25.93	630	BRANTNOV	Serge Riendeau,13,PCSC	-
34	25.94	630	ONAGMAR	Peter Szallarski,14,BROCK	-
35	25.94	630	ABAGMAR	Andrew Amey,14,UCSC	-
36	25.96	628	YOUTHOEC	Brett Cloulhier,14,GMAC	-
37	25.98	627	ONAGMAR	Chris Olynik,14,OAK	-
38	26.01	624	BCAGMAR	Grant Ireland,14,NRST	-
39	26.03	623	RACERDEC	Oavid Zadak,14,POSA	-
40	26.06	621	ONAGMAR	Matt Hillier,14,WAC	-
41	26.08	619	NBAGJAN	Robert Deroche,14,BLAST	-
42	26.09	618	ABAGMAR	Ryan Schall,14,UCSC	-
43	26.11	617	ONAGMAR	Kevin Schill,14,HWAC	-
44	26.16	613	YOUTHOEC	Logan Willis,14,TOMAC	-
45	26.19	611	RACEROEC	Garth Coxford,14,PN	-
46	26.19	611	ABAGMAR	Marc Hurley,14,RACE	-
47	26.21	609	MBSKMAR	Oaniel Oucheck,14,UCSC	-
48	26.21	609	ONAGMAR	Justin Tisdall,14,ETOB	-
49	26.24	607	ONAGMAR	Ian Petersen,14,COBRA	-
50	26.25	607	ABAGMAR	Jeff Oirsten,14,RBSC	-

100 METRES FREESTYLE
Rec. 51.03 Yannick Lupien,CAGRA,95

1	54.56	726	ONAGMAR	Robbie Taylor,14,COBRA	57.29
2	54.65	723	MANTADEC	Keith Barrett,14,UCSC	55.59
3	54.70	721	ONAGMAR	Matt Hillier,14,WAC	-
4	54.73	720	BCAGMAR	Tyler Weiss,14,PSW	57.18
5	54.73	720	ONAGMAR	Mark Look Yan,14,ACE	55.89
6	54.81	717	BCAGMAR	Brian Johns,13,RACER	59.36
7	55.04	70B	POAAAFEB	Justin Vazquez,14,DOO	58.44
8	55.12	705	BCAGMAR	Chris Kerman,14,PN	-
9	55.31	69B	ONAGMAR	Jonathan Lim,14,ACE	58.25
10	55.33	697	POAAAFEB	Alexandre Burt,14,CAMO	-
11	55.36	696	MANTADEC	Muga Miyakawa,14,MANTA	57.53
12	55.46	692	POAAAFEB	Marc-A. Clement,14,CNHR	58.51
13	55.52	690	POAAAFEB	Sylvain Pelletier,14,CNCI	-
14	55.58	68B	YOUTHOEC	Adam Nicholson,14,GMAC	56.90
15	55.59	687	CASCNOV	Kelly Albrecht,14,ROCSC	-
16	55.66	685	BCAGMAR	Andrew Appleton,13,KAJ	58.74
17	55.94	674	POAAAFEB	Jamie Govan,14,PCSC	-
18	56.05	670	POAAAFEB	Serge Riendeau,14,PCSC	58.47
19	56.10	669	BYACNOV	Iain Greensmith,14,BOSC	-
20	56.16	667	RACEROEC	Oustin Ray-Wilks,14,SPART	-
21	56.18	666	ONAGMAR	Greg Roderick,14,NKB	-
22	56.21	665	MANTAOEC	Marshall Wigham,14,UCSC	-
23	56.27	663	BCAGMAR	Adrian Fluevog,14,POSA	-
24	56.38	659	TOMACNOV	Nir Rotenberg,14,YORK	58.53
25	56.47	655	BYACNOV	Serge Loiselle,14,VEW	58.01
26	56.55	653	POAAAFEB	Olivier Oragon,14,SHER	-
27	56.59	651	YOUTHOEC	Gregg Gleason,14,BROCK	-
28	56.64	649	YOUTHOEC	Chuck Sayao,13,TOMAC	59.44
29	56.66	649	YOUTHOEC	Arpad Sebe,14,CREST	58.59
30	56.69	648	ONAGMAR	Chris Peattie,14,MAC	1.04.38
31	56.70	647	ONAGMAR	Tim Johnson,14,WAC	-
32	56.76	645	MBSKMAR	Oaniel Oucheck,14,UCSC	1.01.03
33	56.77	645	BYACNOV	Peter Szallarski,14,BROCK	-
34	56.90	640	NKBNOV	Chris Keung,13,CREST	56.70
35	56.99	637	POAAAFEB	Ryan Tomicic,14,CAGRA	-
36	57.00	637	ONAGMAR	Justin Tisdall,14,ETOB	-
37	57.08	634	BCAGMAR	Joey Wu,15,POSA	-
38	57.09	634	ABAGMAR	Marin McGinnis,14,STSC	1.04.37
39	57.13	632	YOUTHDEC	Goran Marjanovic,13,HWAC	59.76
40	57.14	632	GOLONOV	Silviu Biclea,14,ROO	58.37
41	57.19	630	ONAGMAR	Brett Clouthier,14,GMAC	-
42	57.19	630	ONAGMAR	Ian Petersen,14,COBRA	-
43	57.26	628	CASCNOV	Beau Brower,14,OSC	-
44	57.31	626	YOUTHOEC	Logan Willis,14,TOMAC	-
45	57.34	625	ONAGMAR	Chris Olynik,14,OAK	-
46	57.38	624	MBSKMAR	Chris Smela,14,YLSC	-
47	57.45	621	BCAGMAR	Grant Ireland,14,NRST	-
48	57.48	620	KCCOEC	Oavid Abercrombie,14,HYACK	-
49	57.50	620	POAAAFEB	Gabriel Ouquette,14,HIPPO	-
50	57.63	615	GOLONOV	John Weisgerber,14,GOLO	-

200 METRES FREESTYLE
Rec. 1.52.51 Yannick Lupien,CAGRA,95

1	1.57.94	751	MANTADEC	Keith Barrett,14,UCSC	1.59.84
2	1.58.21	747	YOUTHDEC	Adam Nicholson,14,GMAC	2.03.29
3	1.58.23	746	ONAGMAR	Matt Hillier,14,WAC	2.08.07
4	1.58.60	740	BCAGMAR	Tyler Weiss,14,PSW	2.06.41
5	1.58.68	738	BCAGMAR	Brian Johns,13,RACER	2.08.30
6	1.58.99	733	MANTADEC	Muga Miyakawa,14,MANTA	2.01.79
7	1.59.05	732	EASTFEB	Mark Look Yan,14,ACE	2.04.17
8	1.59.67	721	ONAGMAR	Arpad Sebe,14,CREST	2.03.16
9	1.59.70	720	BCAGMAR	Chuck Sayao,13,PDSA	2.07.15
10	2.00.59	705	ONAGMAR	Robbie Taylor,14,COBRA	2.07.96
11	2.00.80	701	BCAGMAR	Adrian Fluevog,14,POSA	-
12	2.00.86	700	ONAGMAR	Greg Roderick,14,NKB	-
13	2.01.17	695	POAAAFEB	Philippe Dubreuil,14,SHER	2.07.25
14	2.01.47	690	POAAAFEB	Justin Vazquez,14,OOO	2.06.15
15	2.01.49	690	YOUTHDEC	Goran Marjanovic,13,HWAC	2.04.32
16	2.02.24	677	POAAAFEB	Marc-A. Clement,14,CNHR	-
17	2.02.29	676	ONAGMAR	Jonathan Lim,14,ACE	2.08.04
18	2.02.30	676	ONAGMAR	Matthew Swanton,14,ETOB	-
19	2.02.65	670	ONAGMAR	Justin Tisdall,14,ETOB	-
20	2.02.71	669	ONAGMAR	Tim Johnson,14,WAC	-
21	2.02.75	668	YOUTHOEC	Logan Willis,14,TOMAC	2.07.69
22	2.02.77	668	MBSKMAR	John Weisgerber,14,GOLO	-
23	2.02.87	666	POAAAFEB	Michel Tremblay,14,CNCB	-
24	2.02.87	666	ONAGMAR	Chris Peattie,14,MAC	-
25	2.02.91	666	ABAGMAR	Chad Murray,14,LASC	-
26	2.03.17	662	KCCOEC	Beau Brower,14,OSC	-
27	2.03.29	660	HYACKJAN	Garreth Barker,14,POSA	-
28	2.03.84	651	ONAGMAR	Brett Clouthier,14,GMAC	-
29	2.03.92	649	POAAAFEB	Alexandre Burt,14,CAMO	-
30	2.04.08	647	GOLONOV	Silviu Biclea,14,ROO	2.03.00
31	2.04.10	646	MBSKMAR	Chris Smela,14,YLSC	-
32	2.04.12	646	POAAAFEB	Pierre-O. Bussiere,13,CNJA	2.18.57
33	2.04.25	644	EASTFEB	Brandon Robinson,14,HWAC	2.00.92
34	2.04.28	644	POAAAFEB	Jamie Govan,14,PCSC	-
35	2.04.47	641	TOMACNOV	Nir Rotenberg,14,YORK	2.08.08
36	2.04.69	637	SHEROEC	Olivier Oragon,14,SHER	-
37	2.04.76	636	MBSKMAR	Chris Graham,14,MANTA	-
38	2.04.82	635	POAAAFEB	Eric Lapoie,14,PCSC	2.08.19
39	2.05.05	631	YOUTHOEC	Jesse Jacks,13,IS	2.11.34
40	2.05.07	631	BYACNOV	Iain Greensmith,14,BOSC	2.08.33
41	2.05.41	626	POAAAFEB	Serge Riendeau,14,PCSC	-
42	2.05.49	625	BCAGMAR	Oavid Creel,14,VKSC	-
43	2.05.58	623	YOUTHOEC	Lee Patterson,14,IS	-
44	2.05.58	623	YOUTHOEC	Serge Loiselle,14,VEW	2.07.15
45	2.05.62	623	KCCOEC	David Abercrombie,14,HYACK	-
46	2.05.65	622	BCAGMAR	Matthew Cobb,14,PSW	2.21.93
47	2.05.76	620	SHEROEC	Guillaume Oesmarais,14,HIPPO	-
48	2.05.90	618	ONAGMAR	Rodrigo Oiaz,14,GO	-
49	2.05.96	617	NYACFEB	Lucas Nantais,14,HWAC	-
50	2.06.07	616	ISJAN	Paul McFarlane,14,CRKW	-

BOYS 13-14 CONTD.

400 METRES FREESTYLE

Rec: 3:58.32 Jamie Stevens,MANTA,89

1	4:10.42	741	BCAGMAR	Tyler Weiss,14,PSW	4:24.37
2	4:10.65	739	ONAGMAR	Arpad Sebe,14,CREST	4:23.08
3	4:10.90	737	ONAGMAR	Matt Hillier,14,WAC	4:30.08
4	4:13.22	718	YOUTHOEC	Adam Nicholson,14,GMAC	4:24.92
5	4:13.23	718	BCAGMAR	Chuck Sayao,13,PDSA	4:28.94
6	4:14.87	704	MANTADEC	Keith Barrett,14,UCSC	4:14.35
7	4:15.50	699	POAAAFEB	Philippe Dubreuil,14,SHER	4:22.45
8	4:15.52	699	ABAGMAR	Chad Murray,14,LASC	-
9	4:15.62	698	ONAGMAR	Goran Marjanovic,14,HWAC	4:25.70
10	4:16.16	694	BCAGMAR	Garreth Barker,14,PDSA	4:34.60
11	4:16.90	688	MANTADEC	Muga Miyakawa,14,MANTA	4:16.49
12	4:17.49	683	ONCUPNOV	Logan Willis,14,TOMAC	4:24.48
13	4:17.76	681	PQAAAFEB	Michel Tremblay,14,CNCB	4:28.99
14	4:18.14	678	ONAGMAR	Matthew Swanton,14,ETOB	4:29.19
15	4:18.20	677	BCAGMAR	Adrian Fluevog,14,PDSA	-
16	4:18.42	676	ABAGMAR	Tyson Ingram,14,NCSA	-
17	4:18.43	676	POAAAFEB	Justin Vazquez,14,DOO	4:28.98
18	4:18.59	674	MBSKMAR	John Weisgerber,14,GOLD	4:32.48
19	4:18.81	673	ONAGMAR	Tim Johnson,14,WAC	-
20	4:18.83	672	EASTFEB	Brandon Robinson,14,HWAC	4:17.49
21	4:19.01	671	PQAAAFEB	Eric Lajoie,14,PCSC	4:32.55
22	4:19.55	667	ONAGMAR	Mark Look Yan,14,ACE	4:25.25
23	4:20.63	658	ONAGMAR	Lucas Nantais,14,HWAC	4:30.37
24	4:20.74	658	POAAAFEB	Alexandre Burt,14,CAMO	-
25	4:20.91	656	ONAGMAR	Greg Roderick,14,NKB	4:33.32
26	4:20.93	656	MBSKMAR	Chris Smela,14,YLSC	-
27	4:21.23	654	RACEROEC	Garth Coxford,14,PN	-
28	4:22.18	647	RACEROEC	Brian Johns,13,RACER	4:29.15
29	4:22.24	646	ONAGMAR	Justin Tisdall,14,ETOB	-
30	4:22.44	645	POAAAFEB	Marc-A. Clement,14,CNHR	4:32.86
31	4:22.60	643	ONAGMAR	Justin Chemello,14,STARS	4:32.50
32	4:22.65	643	ONAGMAR	Rodrigo Diaz,14,GO	-
33	4:22.80	642	POAAAFEB	Pierre-O. Bussiere,13,CNJA	4:48.83
34	4:22.83	642	NKBNOV	Alex Hayes,14,GO	4:33.12
35	4:23.45	637	ONAGMAR	Brett Clouthier,14,GMAC	4:34.09
36	4:23.66	635	YOUTHDEC	Jesse Jacks,13,IS	4:30.89
37	4:23.69	635	YOUTHDEC	Lee Patterson,14,IS	-
38	4:23.75	635	BCAGMAR	Leigh Rollins,14,KCS	-
39	4:23.81	634	ONAGMAR	Jonathan Schjott,14,GO	4:33.12
40	4:23.87	634	ISJAN	Paul McFarlane,14,CRKW	-
41	4:24.70	628	BCAGMAR	Matthew Cobb,14,PSW	-
42	4:24.89	626	MBSKMAR	Chris Graham,14,MANTA	-
43	4:24.92	626	BCAGMAR	David Creel,14,VKSC	-
44	4:24.94	626	MBSKMAR	Steven Oemchuk,14,ROD	4:51.18
45	4:24.95	626	POAAAFEB	Mathieu Goyette,14,PCSC	-
46	4:25.09	625	BRANTNOV	Anthony Oecaria,14,ETOB	4:20.31
47	4:25.77	620	CSOJAN	Alex Boulanger,13,CSQ	4:35.99
48	4:26.12	617	ONAGMAR	Trevor Preston,14,ACE	-
49	4:26.49	615	NSAGMAR	Jordan Richardson,14,DCSC	-
50	4:27.14	610	NYACFEB	Kasy Soare,14,NYAC	-

1500 METRES FREESTYLE

Rec: 15:32.15 Alex Baumann,LUSC,79

1	16:30.72	754	BCAGMAR	Tyler Weiss,14,PSW	17:37.58
2	16:34.86	745	BCAGMAR	Chuck Sayao,13,PDSA	17:53.16
3	16:36.25	742	ONAGMAR	Matt Hillier,14,WAC	18:05.22
4	16:36.65	741	BCAGMAR	Garreth Barker,14,PDSA	17:26.24
5	16:38.35	738	MANTADEC	Keith Barrett,14,UCSC	17:15.96
6	16:46.02	722	ONAGMAR	Tim Johnson,14,WAC	17:30.88
7	16:48.19	717	POAAAFEB	Justin Vazquez,14,DOO	17:22.83
8	16:48.76	716	POAAAFEB	Michel Tremblay,14,CNCB	17:30.85
9	16:51.34	711	YOUTHOEC	Logan Willis,14,TOMAC	17:13.63
10	16:52.71	708	ONAGMAR	Arpad Sebe,14,CREST	17:47.17
11	16:53.29	707	EASTFEB	Brandon Robinson,14,HWAC	17:13.51
12	16:53.92	705	YOUTHOEC	Goran Marjanovic,13,HWAC	17:22.46
13	16:55.76	702	CSQJAN	Philippe Dubreuil,14,SHER	17:22.76
14	16:56.75	700	ONAGMAR	Matthew Swanton,14,ETOB	17:59.48
15	16:58.75	695	MBSKMAR	John Weisgerber,14,GOLQ	17:44.58
16	17:03.37	686	YOUTHOEC	Jesse Jacks,13,IS	17:38.58
17	17:03.38	686	MBSKMAR	Chris Smela,14,YLSC	18:13.93
18	17:04.63	684	NBAGJAN	Andre Couturier,14,NES	-
19	17:04.87	683	ONAGMAR	Lucas Nantais,14,HWAC	18:06.21
20	17:05.46	682	BCAGMAR	Leigh Rollins,14,KCS	-
21	17:08.73	675	ONAGMAR	Jonathan Schjott,14,GO	17:45.25
22	17:11.02	671	ABAGMAR	Tyson Ingram,14,NCSA	-
23	17:11.87	669	NKBNOV	Alex Hayes,14,GO	17:24.47
24	17:12.05	669	MBSKMAR	Steven Oemchuk,14,ROD	18:56.89
25	17:16.60	660	MANTADEC	Muga Miyakawa,14,MANTA	17:05.63
26	17:18.88	656	BCAGMAR	Matthew Cobb,14,PSW	-
27	17:20.31	653	ABAGMAR	Chad Murray,14,LASC	-
28	17:23.05	648	ONAGMAR	Brett Clouthier,14,GMAC	17:47.48
29	17:23.07	648	YOUTHDEC	Adam Nicholson,14,GMAC	17:29.66
30	17:24.83	644	BCAGMAR	David Creel,14,VKSC	-
31	17:24.88	644	BCAGMAR	Paul McFarlane,14,CRKW	-
32	17:25.41	643	POAAAFEB	Christian Lachapelle,14,CAMO	-
33	17:25.66	643	MBSKMAR	Chris Graham,14,MANTA	-
34	17:26.26	642	RACEROEC	Adrian Fluevog,14,PDSA	17:42.39
35	17:28.29	638	CSOJAN	Alex Boulanger,13,CSO	17:51.76
36	17:28.47	637	METROJAN	Jordan Richardson,14,OCSC	17:54.35
37	17:29.50	635	ONAGMAR	Greg Roderick,14,NKB	-
38	17:35.05	625	ISCUPNOV	Brian Johns,13,RACER	18:05.41
39	17:35.08	625	YOUTHOEC	Lee Patterson,14,IS	-
40	17:35.18	625	POAAAFEB	Kevin Monaghan,13,CSO	18:38.98
41	17:35.70	624	MBSKMAR	Stuart Starkey,13,MANTA	19:21.60
42	17:37.53	620	ONAGMAR	Keir Weseloh,14,NYAC	-
43	17:37.92	620	ONAGMAR	Joon Shin,14,NYAC	-
44	17:38.39	619	YOUTHDEC	Justin Wagar,14,BRANT	17:56.41
45	17:38.45	619	NKBNOV	Justin Chemello,14,STARS	17:45.57
46	17:40.13	616	POAAAFEB	Marc-A. Clement,14,CNHR	18:14.98
47	17:41.76	613	POAAAFEB	Brian Galardo,14,DDO	-
48	17:46.41	604	ABAGMAR	Colin Halford,13,CASC	-
49	17:47.42	603	POAAAFEB	Frederic Cayen,13,RCA	18:52.59
50	17:47.98	602	POAAAFEB	Christian Desrosiers,14,PCSC	-

100 METRES BACKSTROKE

Rec: 56.93 Garret Pulle,MAC,93

1	1:00.13	724	WESTFEB	Tyler Weiss,14,PSW	1:04.26
2	1:00.17	722	MANTADEC	Keith Barrett,14,UCSC	1:01.69
3	1:00.49	711	ONAGMAR	Robbie Taylor,14,COBRA	1:05.52
4	1:00.62	707	BCAGMAR	Brian Johns,13,RACER	1:06.09
5	1:00.66	706	CASCNOV	Kelly Albrecht,14,RDCSC	1:04.38
6	1:00.99	694	BCAGMAR	Chris Kerman,14,PN	-
7	1:01.06	692	BCAGMAR	Adrian Fluevog,14,PDSA	1:06.32
8	1:01.74	669	YOUTHDEC	Serge Loiselle,14,VEW	1:03.50
9	1:01.83	666	POAAAFEB	Alexandre Burt,14,CAMO	1:05.76
10	1:01.89	664	CASCNOV	Beau Brower,14,OSC	1:04.77
11	1:01.92	663	ONAGMAR	Stephen Preston,14,MAC	1:04.91
12	1:01.98	662	MANTAOEC	Muga Miyakawa,14,MANTA	1:04.06
13	1:02.10	658	ABAGMAR	Daniel Oucheck,14,UCSC	1:05.76
14	1:02.87	633	ONAGMAR	Anthony Costa,13,NEW	1:07.64
15	1:02.94	631	POAAAFEB	Chrishan Lachapelle,14,CAMO	1:06.51
16	1:03.36	618	ONAGMAR	Jonathan Schjott,14,GO	1:06.27
17	1:03.41	616	BCAGMAR	Paul McFarlane,14,CRKW	1:06.86
18	1:03.51	613	CAMOOCT	Guillaume Oesmarais,14,HIPPO	1:04.56
19	1:03.57	612	ONAGMAR	Matthew Rose,14,LLSC	1:05.60
20	1:03.59	611	MBSKMAR	John Weisgerber,14,GOLD	-
21	1:03.73	607	TOMACNOV	David Cheung,13,CREST	1:04.79
22	1:03.95	600	YOUTHDEC	Lucas Nantais,14,HWAC	-
23	1:04.09	596	YOUTHDEC	Lee Patterson,14,IS	1:06.74
24	1:04.16	594	ABAGMAR	Jeff Dirsten,14,RBSC	-
25	1:04.20	593	ABAGMAR	Niels Versfeld,14,FMSC	-
26	1:04.21	592	YOUTHOEC	Josh Kube,14,IS	-
27	1:04.27	591	ABAGMAR	Marc Hurley,14,RACE	-
28	1:04.32	589	NBAGJAN	Robert Deroche,14,BLAST	-
29	1:04.50	584	BRANTNOV	Brad Franklin,14,BRANT	1:04.75
30	1:04.58	582	NKBNOV	Chris Keung,13,CREST	1:05.33
31	1:04.67	579	ABAGMAR	Tyson Ingram,14,NCSA	-
32	1:04.73	577	POAAAFEB	Pierre-O. Bussiere,13,CNJA	1:09.41
33	1:04.76	577	MBSKMAR	Chris Graham,14,MANTA	-
34	1:04.80	575	ONAGMAR	Brett Clouthier,14,GMAC	-
35	1:04.81	575	NKBNOV	Arpad Sebe,14,CREST	1:05.34
36	1:04.94	571	BCAGMAR	Chuck Sayao,13,POSA	1:10.09
37	1:05.12	566	HYACKJAN	Andrew Grimley,14,POSA	-
38	1:05.12	566	BCAGMAR	Andrew Appleton,13,KAJ	1:11.57
39	1:05.16	565	POAAAFEB	Simon Fryer,13,CNSH	-
40	1:05.22	564	ONAGMAR	Rodrigo Diaz,14,GO	-
41	1:05.54	555	KCCOEC	David Zadak,14,PDSA	-
42	1:05.61	553	MBSKMAR	Ryan Marchant,14,RDCSC	-
43	1:05.72	550	BYACNOV	Peter Szaflarski,14,BROCK	-
44	1:05.80	548	POAAAFEB	Martin Enault,13,CNB	1:14.97
45	1:05.81	547	BCAGMAR	Erik Puharich,14,KCS	-
46	1:05.93	544	POAGNOV	Jean-F. Dionne,14,CSQ	1:06.68
47	1:05.94	544	POAAAFEB	Jamie Govan,14,PCSC	-
48	1:06.13	539	ONAGMAR	Robert Marion,14,ACE	-
49	1:06.23	536	SHEROEC	Philippe Dubreuil,14,SHER	-
50	1:06.23	536	ONAGMAR	Steven Hewick,14,HWAC	-

200 METRES BACKSTROKE

Rec: 2:05.16 Jamie White,LAC,92

1	2:08.93	751	BCAGMAR	Adrian Fluevog,14,POSA	2:20.22
2	2:10.03	733	MANTAOEC	Keith Barrett,14,UCSC	2:11.56
3	2:12.29	697	ONAGMAR	Jonathan Schjott,14,GO	2:20.60
4	2:13.45	679	MBSKMAR	Daniel Oucheck,14,UCSC	2:20.56
5	2:13.78	674	HYACKJAN	Chuck Sayao,13,UNATT	2:31.20
6	2:13.78	674	POAAAFEB	Sylvain Pelletier,14,CNCI	-
7	2:13.92	672	ONAGMAR	Stephen Preston,14,MAC	2:22.52
8	2:14.22	668	WESTFEB	Tyler Weiss,14,PSW	2:19.91
9	2:14.33	666	GOLDNOV	Muga Miyakawa,14,MANTA	2:20.92
10	2:14.52	663	POAAAFEB	Alexandre Burt,14,CAMO	-
11	2:14.82	659	ONAGMAR	Lucas Nantais,14,HWAC	-
12	2:15.20	653	KCCDEC	Beau Brower,14,OSC	2:18.29
13	2:15.77	645	ONAGMAR	Robbie Taylor,14,COBRA	2:22.38
14	2:15.98	642	CNSBJAN	Guillaume Desmarais,14,HIPPO	2:19.30
15	2:16.52	634	MBSKMAR	John Weisgerber,14,GOLD	2:23.87
16	2:16.53	634	YOUTHDEC	Lee Patterson,14,IS	2:23.50
17	2:16.83	629	NKBNOV	Arpad Sebe,14,CREST	2:20.31
18	2:17.11	625	ABAGMAR	Tyson Ingram,14,NCSA	-
19	2:17.21	624	YOUTHDEC	Josh Kube,14,IS	-
20	2:17.46	620	ONAGMAR	Rodrigo Diaz,14,GO	-
21	2:18.30	609	ONAGMAR	Brett Clouthier,14,GMAC	-
22	2:18.35	608	METROJAN	Jordan Richardson,14,OCSC	-
23	2:18.48	606	POAAAFEB	Risuke Pilon,14,CASE	-
24	2:18.53	605	RACEROEC	Chris Kerman,14,PN	-
25	2:18.57	605	HYACKJAN	Andrew Grimley,14,POSA	-
26	2:18.79	602	MBSKMAR	Chris Graham,14,MANTA	-
27	2:18.93	600	YOUTHDEC	David Cheung,14,CREST	2:20.82
28	2:19.02	599	BCAGMAR	Erik Puharich,14,KCS	-
29	2:19.06	598	POAAAFEB	Philippe Dubreuil,14,SHER	-
30	2:19.12	597	ISCUPNOV	Brian Johns,13,RACER	2:31.60
31	2:19.12	597	ONAGMAR	Anthony Costa,13,NEW	2:24.77
32	2:19.17	597	YOUTHOEC	Goran Marjanovic,14,HWAC	2:25.25
33	2:19.37	594	HYACKJAN	Garreth Barker,14,PDSA	-
34	2:19.38	594	POAAAFEB	Pierre-O. Bussiere,13,CNJA	2:29.08
35	2:19.40	593	ABAGMAR	Marc Hurley,14,RACE	-
36	2:19.47	593	ISJAN	Paul McFarlane,14,CRKW	2:22.73
37	2:19.53	592	POAGNOV	Jean-F. Dionne,14,CSO	2:23.08
38	2:19.75	589	ONAGMAR	Matthew Swanton,14,ETOB	-
39	2:20.19	583	ONAGMAR	Greg Roderick,14,NKB	-
40	2:20.49	579	PCSCDEC	Christian Lachapelle,14,CAMO	2:23.75
41	2:20.56	578	ONAGMAR	Matthew Rose,14,LLSC	-
42	2:20.81	575	BRANTNOV	Robert Garofalo,14,NYAC	-
43	2:20.83	574	MBSKMAR	Ryan Marchant,14,ROCSC	-
44	2:21.14	570	ONAGMAR	Serge Loiselle,14,VEW	2:20.18
45	2:21.65	564	NBAGJAN	Andre Couturier,13,NES	-
46	2:21.82	562	ONAGMAR	Steven Hewick,14,HWAC	-
47	2:21.84	561	KCCDEC	David Abercrombie,14,HYACK	-
48	2:21.89	561	POAAAFEB	Samuel Roy,14,CNCB	-
49	2:21.97	560	SCARFEB	Tor Sandberg,13,YORK	2:30.23
50	2:22.09	558	POAAAFEB	Malhieu Grignon,14,LAVAL	-

100 METRES BREASTSTROKE

Rec: 1:03.27 Michael Mason,EPS,89

1	1:05.35	807	KCCDEC	Morgan Knabe,14,EKSC	1:10.21
2	1:05.35	807	EASTFEB	Jonathan Lim,14,ACE	1:06.81
3	1:07.00	754	YOUTHDEC	David Cheung,14,CREST	1:07.91
4	1:07.05	752	YOUTHDEC	Gregg Gleason,14,BROCK	1:08.68
5	1:07.31	744	BCAGMAR	Tyler Weiss,14,PSW	1:09.45
6	1:08.39	711	ONAGMAR	Ian Petersen,14,COBRA	1:11.46
7	1:08.62	704	ABAGMAR	Rick Jamison,14,RACE	1:12.67
8	1:08.65	703	ONAGMAR	Arpad Sebe,14,CREST	1:13.57
9	1:09.15	688	ONAGMAR	Cameron Charlton,14,TAT	1:13.79
10	1:09.97	664	BCAGMAR	Joey Wu,15,PDSA	1:12.31
11	1:10.16	658	MANTADEC	Keith Barrett,14,UCSC	1:15.11
12	1:10.17	658	NKBNOV	Chris Keung,13,CREST	1:13.79
13	1:10.22	657	TOMACNOV	Nir Rotenberg,14,YORK	1:11.54
14	1:10.56	647	ABAGMAR	Ryan Marchant,14,RDCSC	-
15	1:10.86	639	BCAGMAR	Andrew Lemckert,14,SKSC	1:13.91
16	1:10.88	638	ONAGMAR	Trevor Preston,14,ACE	1:15.50
17	1:10.92	637	CSOJAN	Alex Boulanger,13,CSO	1:14.58
18	1:10.97	636	ABAGMAR	Ryan Schaff,14,UCSC	-
19	1:11.05	633	ONAGMAR	Mark Sy,13,CREST	1:14.54
20	1:11.11	632	TBTOCT	Aaron Snowden,14,TBT	1:10.54
21	1:11.49	621	PQAAAFEB	Gabriel Duquette,14,HIPPO	1:15.23
22	1:11.55	620	ABAGMAR	Jeff Dirsten,14,RBSC	1:14.21
23	1:11.59	618	POAAAFEB	Eric Lajoie,14,PCSC	-
24	1:11.62	618	MBSKMAR	Lee Raffa,13,UCSC	1:17.84
25	1:11.66	617	BYACNOV	Clayton Delaney,14,CSL	-
26	1:11.67	616	KCCDEC	Riaz Bandali,13,NRST	-
27	1:11.70	616	MBSKMAR	Mike Weber,14,MM	1:13.01
28	1:11.71	615	MANTADEC	Roger Boucher,14,PASS	-
29	1:11.84	612	NBAGJAN	Adam Ferguson,13,MWC	1:23.81
30	1:12.27	600	NBAGJAN	Sean Nickerson,14,FAST	-
31	1:12.44	596	METROJAN	Stephen Banks,14,HTAC	1:15.39
32	1:12.46	595	ONAGMAR	Aaron Scarlett,14,GMAC	1:16.64
33	1:12.62	591	CHENAFEB	Dustin Ray-Wilks,14,SPART	-
34	1:12.67	590	ONAGMAR	Stephen Preston,14,MAC	-
35	1:12.71	589	BCAGMAR	Daren Wylie,13,HYACK	-
36	1:12.86	585	YOUTHDEC	Ricardo Lacelle,14,IS	1:17.60
37	1:12.86	585	ONAGMAR	John Bartlett,14,NEW	-
38	1:12.92	583	BCAGMAR	Dallas Bisshopp,13,PN	-
39	1:12.97	582	POAAAFEB	David Montpetit,13,ELITE	1:15.96
40	1:13.01	581	ONAGMAR	Aleksy Jones,14,LUSC	-
41	1:13.04	580	MACJAN	James Ayotte,14,AAC	-
42	1:13.24	575	BCAGMAR	Andrew Appleton,13,KAJ	-
43	1:13.26	575	BCAGMAR	Justin Daly,14,SPART	1:15.01
44	1:13.38	572	NEWOCT	Derek Wun,13,RHAC	-
45	1:13.41	571	UCSCJAN	Chad Murray,14,LASC	-
46	1:13.46	570	KCCDEC	Will Crosby,13,VKSC	1:20.48
47	1:13.62	566	YOUTHOEC	Carlo DiStefano,14,TRENT	1:15.37
48	1:13.66	565	POAAAFEB	David Lacombe,14,SAMAK	-
49	1:13.89	559	ONAGMAR	Jason Kinnear,14,BROCK	-
50	1:13.95	558	BRANTNOV	Robert Garofalo,14,NYAC	-

200 METRES BREASTSTROKE

Rec: 2:16.87 Michael Mason,EPS,89

1	2:21.53	802	EASTFEB	Jonathan Lim,14,ACE	2:24.87
2	2:24.82	753	YOUTHDEC	David Cheung,14,CREST	2:27.82
3	2:24.85	753	WESTFEB	Morgan Knabe,14,EKSC	2:37.84
4	2:25.15	748	YOUTHDEC	Gregg Gleason,14,BROCK	2:30.35
5	2:25.62	742	BCAGMAR	Tyler Weiss,14,PSW	2:32.35
6	2:27.86	710	ABAGMAR	Rick Jamison,14,RACE	2:39.04
7	2:28.23	704	TOMACNOV	Nir Rotenberg,14,YORK	2:33.27
8	2:28.69	698	YOUTHDEC	Arpad Sebe,14,CREST	2:36.42
9	2:29.01	694	ONAGMAR	Cameron Charlton,14,TAT	-
10	2:29.27	690	ONAGMAR	Ian Petersen,14,COBRA	2:37.08
11	2:29.39	688	ONAGMAR	Trevor Preston,14,ACE	2:39.19
12	2:30.94	667	POAGNOV	Alex Boulanger,13,CSO	2:36.41
13	2:31.29	663	POAAAFEB	Eric Lajoie,14,PCSC	2:42.60
14	2:31.72	657	POAAAFEB	David Montpetit,13,ELITE	2:46.49
15	2:32.98	640	BCAGMAR	Joey Wu,15,PDSA	2:44.37
16	2:33.12	639	YOUTHDEC	Chris Keung,13,CREST	2:40.89
17	2:33.70	631	RACEROEC	Dustin Ray-Wilks,14,SPART	-
18	2:33.81	630	ONAGMAR	Mark Sy,13,CREST	2:40.47
19	2:34.53	621	MANTAOEC	Mike Weber,14,MM	2:37.04
20	2:34.55	620	BCAGMAR	Ken Hamilton,13,IS	2:45.68
21	2:34.87	616	MBSKMAR	Ryan Marchant,14,RDCSC	-
22	2:34.99	615	ONAGMAR	Aaron Scarlett,14,GMAC	2:47.33
23	2:35.15	613	ABAGMAR	Chad Murray,14,LASC	-
24	2:35.20	612	BRANTNOV	Robert Garofalo,14,NYAC	2:40.53
25	2:35.52	608	BCAGMAR	Andrew Lemckert,14,SKSC	2:41.93
26	2:35.60	607	NBAGJAN	Sean Nickerson,14,FAST	-
27	2:35.64	607	YOUTHDEC	Carlo DiStefano,14,TRENT	2:35.57
28	2:35.89	604	CASCNOV	Keith Barrett,14,UCSC	2:40.45
29	2:35.94	603	NBAGJAN	Adam Ferguson,13,MWC	-
30	2:36.44	597	MBSKMAR	Gabriel Mandamin,14,MM	-
31	2:36.55	596	NKBNOV	John Bartlett,13,NEW	2:38.30
32	2:36.88	592	KCCDEC	Riaz Bandali,13,NRST	-
33	2:37.11	589	ONAGMAR	Aleksy Jones,14,LUSC	-
34	2:37.24	587	BYACNOV	Clayton Delaney,14,CSL	2:43.33
35	2:37.46	585	MACJAN	Matthew Mains,14,KWY	-
36	2:37.71	582	SCARFEB	Stephen Preston,14,MAC	2:41.73
37	2:37.99	579	ONAGMAR	Matt Manns,14,KWY	-
38	2:38.16	577	POAAAFEB	Gabriel Duquette,14,HIPPO	2:43.70
39	2:38.43	573	ONAGMAR	Kirk Moran,14,GO	2:51.67
40	2:38.80	569	ONAGMAR	Derek Wun,13,RHAC	-
41	2:38.82	569	POAAAFEB	Adam Taschereau-C.,14,SHER	2:42.75
42	2:38.86	568	RACERDEC	Justin Daly,13,SPART	2:40.57
43	2:38.87	568	MACJAN	James Ayotte,14,AAC	-
44	2:38.92	568	TOMACNOV	Robert Wood,14,TOMAC	-
45	2:39.04	566	MANTADEC	Roger Boucher,14,PASS	-
46	2:39.37	563	RACERDEC	David Zadak,14,PDSA	-
47	2:39.49	561	BCAGMAR	Dennis Silva,13,AQUA	-
48	2:39.60	560	POAAAFEB	David Lacombe,14,SAMAK	-
49	2:39.68	559	ONAGMAR	Justin Tisdall,14,ETOB	-
50	2:39.77	558	ONAGMAR	Taiyo Watanabe-Hewit,14,GO	2:59.30

BOYS 13-14 CONTD.

100 METRES BUTTERFLY

Rec: 56.61 Garret Pulle,MAC,93

1	57.56	807	BCAGMAR	Tyler Weiss,14,PSW	1 00.58
2	59.65	732	ONAGMAR	Mark Look Yan,14,ACE	1 03.63
3	1:00.25	711	YOUTHDEC	Serge Loiselle,14,VEW	1 03.28
4	1:00.27	710	QNAGMAR	David Cheung,14,CREST	1.05 15
5	1:00.34	708	PQAAAFEB	Sylvain Pelletier,14,CNCI	-
6	1:00.74	694	PQAAAFEB	Risuke Pilon,14,CASE	1 08.68
7	1:01.05	684	YOUTHDEC	Josh Kube,14,IS	1:02 72
8	1:01.08	683	ABAGMAR	Niels Versteld,14,FMSC	1.05 87
9	1:01.21	678	ABAGMAR	Marin McGinnis,14,STSC	1.03.48
10	1:01.47	670	ABAGMAR	Tyson Ingram,14,NCSA	1 05.66
11	1:01.58	666	ONAGMAR	Stephen Preston,14,MAC	1.05.59
12	1:01.64	664	BCAGMAR	Brian Johns,13,RACER	1:04 58
13	1:01.73	661	ONAGMAR	Mark Sy,13,CREST	1 05 29
14	1:01.83	658	MANTADEC	Muga Miyakawa,14,MANTA	1:03 00
15	1:01.87	657	MBSKMAR	Steven Demchuk,14,ROD	1:09 66
16	1:02.07	650	PQAAAFEB	Andrew Dragunas,14,PCSC	-
17	1:02.09	650	MANTADEC	Keith Barrett,14,UCSC	-
18	1:02.30	643	ABAGMAR	Daniel Ducheck,14,UCSC	1.08 13
19	1:02.74	629	ONAGMAR	Robbie Taylor,14,COBRA	-
20	1:02.83	626	ONAGMAR	John Bartlett,14,NEW	-
21	1:02.90	624	PQAAAFEB	Justin Vazquez,14,DDO	1 06 12
22	1:02.93	623	YOUTHDEC	Jesse Jacks,13,IS	1:04 45
23	1:02.99	621	ONAGMAR	Chris Keung,13,CREST	1 06 13
24	1:03.08	618	ISJAN	Lee Patterson,14,IS	1:06 35
25	1:03.23	614	PQAAAFEB	Jean-S Savard,13,CNJA	1:08 53
26	1:03.31	611	BRANTNOV	Anthony Decaria,14,ETOB	1.05 50
27	1:03.40	609	ONAGMAR	Ruslan Kedik,14,NKB	1 06.77
28	1:03.47	607	BCAGMAR	Matthew Cobb,14,PSW	-
29	1:03.47	607	ONAGMAR	Nicholas Cafaro,14,ACE	-
30	1:03.56	604	NKBNOV	Adam Cox,14,CREST	1:04 85
31	1:03.56	604	BRANTNOV	Brad Franklin,14,BRANT	1 06.41
32	1:03.58	603	CNSBJAN	Guillaume Desmarais,14,HIPPQ	1 06 38
33	1:03.64	601	PQAGFEB	Frederick Fortin,14,CNJA	-
34	1:03.68	600	YQUTHDEC	Arpad Sebe,14,CREST	1:05 10
35	1:03.81	596	ABAGMAR	Josh Kim,14,NESA	1.02 28
36	1:03.88	594	TOMACNOV	Robert Wood,14,TOMAC	1 04 87
37	1:03.88	594	MANTADEC	Jacques Doiron,14,GOLD	-
38	1:04.04	590	PCSCDEC	Serge Riendeau,14,PCSC	-
39	1:04.06	589	RACERDEC	Garth Coxford,14,PN	1 06 67
40	1:04.08	588	PQAAAFEB	Gabriel Duquette,14,HIPPO	-
41	1:04.30	582	CASCNOV	J Pelechytik,14,OSC	-
42	1:04.34	581	GQLDNOV	John Weisgerber,14,GOLD	-
43	1:04.39	579	MBSKMAR	Andrew Amey,14,UCSC	-
44	1:04.43	578	GQLDNOV	Silviu Biclea,14,ROD	1 03 35
45	1:04.63	573	KCCDEC	David Zadak,14,PDSA	-
46	1:04.69	571	PQAAAFEB	Philippe Dubreuil,14,SHER	-
47	1:04.74	569	ONAGMAR	Matthew Rose,14,LLSC	-
48	1:04.81	567	PQAGFEB	Marc-A. Leblanc,14,PLUS	-
49	1:05.05	561	ONAGMAR	Cameron Charlton,14,TAT	-
50	1:05.11	559	NBAGJAN	Sean Nickerson,14,FAST	-

200 METRES BUTTERFLY

Rec: 2:04 83 Philip Weiss,SKSC,94

1	2:09.35	748	BCAGMAR	Tyler Weiss,14,PSW	2 12 08
2	2:13.23	686	PQAAAFEB	Risuke Pilon,14,CASE	2 30.03
3	2:13.88	676	PQAAAFEB	Andrew Dragunas,14,PCSC	-
4	2:14.30	670	YOUTHDEC	Josh Kube,14,IS	2 18 82
5	2:14.34	669	QNAGMAR	Mark Sy,13,CREST	2 26 42
6	2:14.83	662	QNAGMAR	Mark Look Yan,14,ACE	2 25 19
7	2:15.08	658	YOUTHDEC	David Cheung,14,CREST	2 25 70
8	2:15.54	651	ABAGMAR	Tyson Ingram,14,NCSA	2:25 10
9	2:15 65	650	WESTFEB	Niels Versfeld,14,FMSC	2 28 28
10	2:16.21	642	ABAGMAR	Marin McGinnis,14,STSC	2 21 73
11	2:16.25	641	RACERDEC	Garth Coxford,14,PN	2 22 57
12	2:16.42	638	YOUTHDEC	Lee Patterson,14,IS	2 27 73
13	2:16.49	637	BCAGMAR	Brian Johns,13,RACER	2 24 80
14	2:16.85	632	PQAAAFEB	Jean-S Savard,13,CNJA	2 34 21
15	2:17 18	628	PQAAAFEB	Sylvain Pelletier,14,CNCI	-
16	2:17 40	624	PQAAAFEB	Michel Tremblay,14,CNCB	2 28.55
17	2:17.90	617	ONAGMAR	John Bartlett,14,NEW	-
18	2:18.03	616	BRANTNOV	Anthony Decaria,14,ETOB	2 16 97
19	2:18.43	610	WESTFEB	Steven Demchuk,14,ROD	2 41 54
20	2:18.70	606	MANTADEC	Muga Miyakawa,14,MANTA	2 17 89
21	2:18 78	605	ONAGMAR	Stephen Preston,14,MAC	-
22	2:19.16	600	HYACKJAN	Garreth Barker,14,PDSA	2 29 44
23	2:19 44	596	BCAGMAR	Matthew Cobb,14,PSW	-
24	2:19.45	596	TOMACNOV	Arpad Sebe,14,CREST	2 24 16
25	2:19 45	596	NKBNOV	Adam Cox 14,CREST	2 21 91
26	2:19 54	595	POAAAFEB	Justin Vazquez,14,DDO	2 25 29
27	2:20.27	585	POAAAFEB	Charle-Q Cousineau,14,ELITE	-
28	2:20 48	582	ISJAN	Dave Hamilton,14,IS	2 24 97
29	2:20.91	576	YOUTHDEC	Jesse Jacks,13,IS	2 26 00
30	2:21 32	571	PQAGFEB	Benoit Banville-A ,13,MEGO	2 41 87
31	2:21 47	569	PQAAAFEB	Alex Boulanger,13,CSO	2 29 66
32	2:21 68	566	MANTADEC	John Weisgerber,14,GOLD	-
33	2:21 83	564	ONAGMAR	Jesse Germann,14,GMAC	-
34	2:22 36	558	QNAGMAR	Jonathan Schjott,14,GO	2 26 62
35	2:22 44	557	PQAAAFEB	Philippe Dubreuil,14,SHER	-
36	2:22 78	552	MBSKMAR	Preston Mandamin,14,MM	2 26 54
37	2:22 82	552	YOUTHDEC	Gregg Gleason,14,BROCK	-
38	2:23.53	543	MANTADEC	Jacques Qoiron,14,GOLD	-
39	2:23 69	541	POAGFEB	Frederick Fortin,14,CNJA	-
40	2:23.80	540	CASCNOV	Keith Barrett,14,UCSC	2 28 01
41	2:23 99	537	ONAGMAR	Matthew Swanton,14,ETOB	-
42	2:24 12	536	NYACFEB	Kasy Soare,14,NYAC	2 25 63
43	2:24 40	532	POAGFEB	Marc-A Leblanc,13,PLUS	-
44	2:24 45	532	SCARFEB	Ruslan Kedik,14,NKB	2 28 35
45	2:24 52	531	TOMACNOV	Logan Willis,14,TOMAC	2 23 93
46	2:24 68	529	ONAGMAR	Doug Jones,13,GO	-
47	2:24 92	526	BCAGMAR	Qavid Creel,14,VKSC	-
48	2:25 33	521	POAGFEB	Simon Beaule,14,ELITE	-
49	2:25 48	519	ONAGMAR	Justin Chemello,14,STARS	2 31 60
50	2:25 92	514	ONAGMAR	Brett Tofflemire,13,WAC	-

200 METRES IND MEDLEY

Rec 2:08 56 Brad Creelman,TOMAC,85

1	2 10 02	786	YOUTHDEC	David Cheung,14,CREST	2 12 65
2	2.10 98	770	WESTFEB	Tyler Weiss,14,PSW	2 15 37
3	2 11 02	770	MANTADEC	Keith Barrett,14,UCSC	2 14 01
4	2 11 47	762	ONAGMAR	Arpad Sebe,14,CREST	2 17 93
5	2 15 33	702	POAAAFEB	Sylvain Pelletier,14,CNCI	-
6	2 15 44	700	EASTFEB	Jonathan Lim,14,ACE	2 17 34
7	2.15.48	699	BCAGMAR	Brian Johns,13,RACER	2 25 72
8	2 15 67	697	POAAAFEB	Risuke Pilon,14,CASE	2:29 45
9	2:16.23	688	ABAGMAR	Chad Murray,14,LASC	-
10	2:16 44	685	BCAGMAR	Adrian Fluevog,14,PDSA	-
11	2:16.47	684	BCAGMAR	Chuck Sayao,13,PDSA	2:26 59
12	2 16 73	681	MANTADEC	Muga Miyakawa,14,MANTA	2 17 56
13	2 18 24	658	NSAGMAR	Jordan Richardson,14,DCSC	2:25 27
14	2.18.40	656	POAAAFEB	Eric Lajoie,14,PCSC	2:25 04
15	2 18 50	655	YOUTHDEC	Josh Kube,14,IS	2 21 76
16	2 18.53	654	YOUTHDEC	Gregg Gleason,14,BROCK	-
17	2 18 94	648	POAAAFEB	Gabriel Duquette,14,HIPPO	-
18	2 19 07	646	YOUTHDEC	Chris Keung,13,CREST	2 22 73
19	2 19 35	642	BRANTNOV	Brad Franklin,14,BRANT	2.23 67
20	2.19 36	642	BRANTNOV	Anthony Decaria,14,ETQB	2 19 84
21	2 19 37	642	QNAGMAR	Stephen Preston,14,MAC	2 25 97
22	2.19 40	642	ONAGMAR	Cameron Charlton,14,TAT	-
23	2 19 49	640	KCCDEC	David Zadak,14,PDSA	-
24	2:19 66	638	QNAGMAR	Trevor Preston,14,ACE	-
25	2 19.76	636	POAGNOV	Alex Boulanger,13,CSO	2:25.97
26	2 19 81	636	NBAGJAN	Sean Nickerson,14,FAST	-
27	2.19.97	634	MBSKMAR	John Weisgerber,14,GOLD	-
28	2 20 15	631	PQAAAFEB	Jamie Govan,14,PCSC	-
29	2.20.16	631	PQAAAFEB	Philippe Dubreuil,14,SHER	2 29 41
30	2 20 18	631	ONAGMAR	Tim Johnson,14,WAC	-
31	2 20 19	630	ABAGMAR	Morgan Knabe,14,EKSC	-
32	2 20 20	630	POAAAFEB	Michel Tremblay,14,CNCB	-
33	2:20 22	630	ONAGMAR	Mark Sy,13,CREST	2 26 88
34	2 20 40	628	ONAGMAR	Ian Petersen,14,COBRA	-
35	2:20.50	626	BCAGMAR	Chris Kerman,14,PN	-
36	2 20 62	624	CASCNOV	Kelly Albrecht,14,RDCSC	-
37	2.20 76	623	ONAGMAR	Serge Loiselle,14,VEW	-
38	2 20 83	622	PQAAAFEB	Jean-S Savard,13,CNJA	2 33 54
39	2 20 96	620	ONAGMAR	Matthew Swanton,14,ETOB	-
40	2 20 98	619	ISJAN	Ricardo Lacelle,14,IS	2 30 38
41	2 20.99	619	MBSKMAR	Ryan Marchant,14,RDCSC	-
42	2 21 02	619	ONAGMAR	Greg Roderick,14,NKB	-
43	2 21 11	618	PQAAAFEB	Serge Riendeau,14,PCSC	-
44	2 21 25	616	TOMACNOV	Mark Look Yan,14,TOMAC	-
45	2 21 25	616	WESTFEB	Mike Weber,14,MM	-
46	2 21 54	612	NBAGJAN	Robert Deroche,14,BLAST	-
47	2 21.58	611	ABAGMAR	Daniel Ducheck,14,UCSC	-
48	2:21 63	611	BRANTNOV	Robert Garofalo,14,NYAC	-
49	2 21 67	610	ETOBJAN	John Bartlett,14,NEW	-
50	2 21 72	609	BCAGMAR	Matthew Cobb,14,PSW	-

400 METRES IND MEDLEY

Rec 4 25.80 Alex Baumann,LUSC,79

1	4 37 33	782	BCAGMAR	Tyler Weiss,14,PSW	4 45 61
2	4 37 50	780	ONAGMAR	Arpad Sebe,14,CREST	4 47 16
3	4 39 52	765	MANTADEC	Keith Barrett,14,UCSC	4 47 23
4	4 41 89	747	YOUTHDEC	David Cheung,14,CREST	4 52 03
5	4 46 72	712	YOUTHDEC	Josh Kube,14,IS	4 54 31
6	4 47 54	706	PQAAAFEB	Michel Tremblay,14,CNCB	5 03 06
7	4 47 63	705	CHENAFEB	Robert Pettifer,18,RACER	4 43 94
8	4 48 21	701	BCAGMAR	Chuck Sayao,13,PDSA	5 07 07
9	4 48 33	700	HYACKJAN	Brian Johns,13,RACER	5 37 39
10	4 48 35	700	ONAGMAR	Jonathan Lim,14,ACE	5 01 53
11	4 48 59	698	ONAGMAR	Trevor Preston,14,ACE	-
12	4 48 91	696	ABAGMAR	Chad Murray,14,LASC	-
13	4 51 94	674	NSAGMAR	Jordan Richardson,14 DCSC	5 07 62
14	4 52 00	674	BCAGMAR	Garreth Barker,14,PDSA	-
15	4 52 09	673	BRANTNOV	Brad Franklin,14,BRANT	4 58 44
16	4 52 92	668	GOLDNOV	Muga Miyakawa,14,MANTA	4 52 96
17	4 53 04	667	POAAAFEB	Alex Boulanger,13,CSQ	5 06 68
18	4 53 61	663	POAGNOV	Eric Lajoie,14,PCSC	-
19	4 53 79	662	ONAGMAR	Matt Hillier,14,WAC	-
20	4 53.87	661	QNAGMAR	Matthew Swanton,14,ETOB	-
21	4 54 35	658	BRANTNOV	Anthony Decaria,14,ETOB	4 50 58
22	4 54 56	656	PQAAAFEB	Philippe Dubreuil,14,SHER	5 07 65
23	4 55 01	653	BCAGMAR	Ken Hamilton,13,IS	5 20 25
24	4 55 84	648	YOUTHDEC	Logan Willis,14,TOMAC	4 58 75
25	4 56 11	646	BCAGMAR	Matthew Cobb,14,PSW	-
26	4 56 15	646	NBAGJAN	Andre Couturier,14,NES	-
27	4 56 34	644	NBAGJAN	Sean Nickerson,14,FAST	-
28	4 56 69	642	BRANTNOV	Robert Garofalo,14,NYAC	5 08 12
29	4 56 73	642	PQAAAFEB	Gabriel Duquette,14,HIPPO	-
30	4 57 05	640	MBSKMAR	John Weisgerber,14,GOLD	5 06 61
31	4 57 97	633	BYACNOV	Gregg Gleason,14,BROCK	-
32	4 58 10	633	ONAGMAR	Kirk Moran,14,GO	5 34 24
33	4 58 33	631	ONAGMAR	Rodrigo Diaz,14,GO	-
34	4 58 58	629	BCAGMAR	David Creel,14,VKSC	-
35	4 58 62	629	QNAGMAR	John Bartlett,14,NEW	-
36	4 58 76	628	ONAGMAR	Tim Johnson,14,WAC	-
37	4 59 01	627	YOUTHDEC	Mark Sy,13,CREST	5 14 19
38	4 59 02	627	RACERDEC	Garth Coxford,14,PN	-
39	4 59 10	626	ISJAN	Paul McFarlane,14,CRKW	5 06 99
40	4 59 73	622	ONAGMAR	Taiyo Watanabe Hewit,14,GO	5 41 74
41	5 00 02	620	POAAAFEB	David Montpetit,13,ELITE	5 33 92
42	5 00 13	619	POAAAFEB	Jean-S Savard,13,CNJA	5 24 96
43	5 00 55	617	POAAAFEB	Brian Galardo,14,DDO	-
44	5 00 75	615	YOUTHDEC	Adam Cnx,14,CREST	-
45	5 01 60	610	MBSKMAR	Chris Graham,14,MANTA	-
46	5 02 47	604	ONAGMAR	Benji Carp,14,LAC	-
47	5 02 47	604	GOFEB	Jonathan Schjott 14,GO	-
48	5 02 70	603	MBSKMAR	Preston Mandamin,14,MM	-
49	5 02 82	602	YOUTHDEC	Dave Hamilton,14,IS	-
50	5 02 86	602	ABAGMAR	Niels Versteld,14,FMSC	-

4X50 M MEDLEY RELAY

Rec 1 51 33 Markham AC,MAC,92

1	1 53 68	692	ONAGMAR	Ace Swim Team ACE
2	1 54 15	684	ONAGMAR	Crescent Town SC,CREST
3	1 56 13	649	ONAGMAR	Cobra Swim Club,COBRA
4	1 56 93	635	PQAAAFEB	Pointe Claire SC,PCSC
5	1 56 94	635	BCAGMAR	Pacific Dolphin SA,PDSA
6	1 57 56	625	YOUTHDEC	Mississauga AC,TOMAC
7	1 57 64	623	MANTADEC	Univ Calgary SC,UCSC
8	1 57 96	618	ONAGMAR	Markham AC,MAC
9	1 58 10	616	YOUTHDEC	Guelph Marlin AC,GMAC
10	1 58.81	604	POAAAFEB	Montreal Aquatique,CAMO
11	1 58 84	604	BCAGMAR	Points North SC,PN
12	1 59 19	598	YOUTHDEC	Island Swimming,IS
13	2 01 20	567	KCCDEC	Pacific Seawolves,PSW
14	2 01 42	564	CASCNOV	Olympian Swim Club,OSC
15	2 01 64	560	M8SKMAR	Manitoba Marlins,MM
16	2 01 64	560	ONAGMAR	Nepean Kanata,NKB
17	2 02 07	554	PQAGNOV	Natation CSO,CSO
18	2 02 31	550	ONAGMAR	Gloue-Ottawa Kingfish,GO
19	2 02 64	546	ABAGMAR	Edmonton Keyano,FKSC
20	2 02 93	541	RODJAN	Saskatoon Goldfins,GOLD
21	2 03 18	538	BCAGMAR	Aquanaut Swim Club,AQUA
22	2 03 35	535	BCAGMAR	Nanaimo Riptide ST,NRST
23	2 03 52	533	ABAGMAR	Edmonton Racers,RACE
24	2 03 58	532	ONAGMAR	Hamilt-Wentworth AC,HWAC
25	2 03 76	530	LACMAR	London AC,LAC
26	2 03 79	529	ABAGMAR	Nose Creek SA,NCSA
27	2 03 90	528	POAAAFEB	CN Sherbrooke,SHER
28	2 04 58	518	ABAGMAR	Cascade Swim Club,CASC
29	2 04 96	513	BYACNOV	Brock Niagara,BROCK
30	2 04 98	513	NKBNOV	Newmarket SC,NEW
31	2 05 00	513	NSAGMAR	Dartmouth Crusaders,DCSC
32	2 05 03	512	BYACOCT	Burlington Y,BYAC
33	2 05 21	510	BCAGMAR	Vernon KokaneeSC,VKSC
34	2 05 28	509	NYACFEB	North York AC,NYAC
35	2 05 32	508	ONAGMAR	Windsor AC,WAC
36	2 05 97	500	QNAGMAR	Richmond Hill AC,RHAC
37	2 06 20	496	TOMACNOV	York Swim Club,YORK
38	2 06 25	496	MANTADEC	Manta Swim Club,MANTA
39	2 06 29	495	NYACFEB	Etobicoke SC,ETOB
40	2 06 58	492	SSMACJAN	Laurentian Univ SC,LUSC
41	2 06 67	490	CNMNJAN	CA St-Eustache,CASE
42	2 07 03	486	ABAGMAR	Fort McMurray SC,FMSC
43	2 07 18	484	QNAGMAR	Oakville AC,OAK
44	2 07 41	481	CNMNJAN	CN Montreal-Nord,CNMN
45	2 07 49	480	CNMNJAN	Dollard Swim Team,DDO
46	2 07 53	479	RODJAN	Saskatoon Y Lasers,YLSC
47	2 07 54	479	POAGFEB	Levis+Montmagny,PLUS
48	2 08 05	473	ONAGMAR	Dorado SC,STARS
49	2 08 06	473	NBAGJAN	Fredericton Aquanauts,FAST
50	2 08 16	471	ABAGMAR	Silver Tide SC,STSC

4X50 M FREE RELAY

Rec 1 38 37 Markham AC,MAC,92

1	1 43 22	666	BCAGMAR	Pacific Dolphin SA,POSA
2	1 43 51	660	ONAGMAR	Ace Swim Team,ACE
3	1 43 57	659	POAAAFEB	Pointe Claire SC,PCSC
4	1 43 63	658	YOUTHDEC	Guelph Marlin AC,GMAC
5	1 44 61	639	MANTADEC	Univ Calgary SC,UCSC
6	1 44 61	639	YOUTHDEC	Mississauga AC,TOMAC
7	1 45 14	629	POAAAFEB	Montreal Aquatique,CAMO
8	1 45 19	628	NKBNOV	Crescent Town SC,CREST
9	1 45 41	624	ONAGMAR	Cobra Swim Club,COBRA
10	1 45 61	621	ONAGMAR	Markham AC,MAC
11	1 46 08	612	ONAGMAR	Nepean Kanata,NKB
12	1 46 35	607	BCAGMAR	Nanaimo Riptide ST,NRST
13	1 47 41	588	KCCDEC	Pacific Seawolves,PSW
14	1 47 80	581	MBSKMAR	Manitoba Marlins,MM
15	1 47 83	581	BCAGMAR	Points North SC,PN
16	1 47 92	579	ONAGMAR	Windsor AC,WAC
17	1 48 59	568	CASCNOV	Olympian Swim Club,OSC
18	1 48 76	565	MANTADEC	Saskatoon Goldfins,GOLD
19	1 48 88	563	YOUTHDEC	Island Swimming,IS
20	1 49 00	561	ABAGMAR	Nose Creek SA,NCSA
21	1 49 05	560	POAAAFEB	CN Sherbrooke,SHER
22	1 49 08	560	POAGNOV	Natation CSO,CSO
23	1 49 36	555	BCAGMAR	Aquanaut Swim Club,AQUA
24	1 49 58	552	ONAGMAR	Oakville AC,OAK
25	1 49 61	551	POAAFEB	Val D'Or,CARAT
26	1 49 68	550	ONAGMAR	Gloue Ottawa Kingfish,GO
27	1 49 74	549	ONAGMAR	Etobicoke SC,FTOB
28	1 49 79	548	ONAGMAR	Brock Niagara,BROCK
29	1 50 03	544	OTTAWDEC	CA St-Eustache,CASF
30	1 50 17	542	NSAGMAR	Dartmouth Crusaders,DCSC
31	1 50 43	538	LACMAR	London AC,LAC
32	1 50 55	536	ONAGMAR	Hamilt-Wentworth AC,HWAC
33	1 50 57	536	BYACOCT	Burlington Y,BYAC
34	1 50 78	532	MANTADEC	Manta Swim Club,MANTA
35	1 51 11	527	SSMACJAN	Laurentian Univ SC,LUSC
36	1 51 14	527	POAAAFEB	Dollard Swim Team,DDO
37	1 51 72	518	BCAGMAR	Vernon KokaneeSC,VKSC
38	1 51 76	517	MBSKMAR	Saskatoon Y Lasers,YLSC
39	1 51 79	517	NBAGJAN	Fredericton Aquanauts,FAST
40	1 51 86	515	CNSBJAN	Megophias Trois Rivieres,MEGO
41	1 51 86	515	POAAFEB	Beaconsfield Bluefins,BBI
42	1 51 94	514	POAAFEB	Univ Laval Rouge & Or,UL
43	1 51 96	514	BRANTNOV	North York AC,NYAC
44	1 52 20	510	ABAGMAR	Edmonton Racers,RACE
45	1 52 57	505	RCAGMAR	Kelowna Aqua Jets,KAJ
46	1 52 67	503	CASCNOV	Cascade Swim Club,CASC
47	1 52 82	501	ABAGMAR	Edmonton Keyano,FKSC
48	1 53 15	496	BCAGMAR	Kamloops Classic,KC
49	1 53 17	496	TOMACNOV	York Swim Club,YORK
50	1 53 29	494	NKBNOV	Newmarket SC,NEW

GIRLS 15-17 — 1996 SHORT COURSE TAG®

50 METRES FREESTYLE

Rec: 25.25 Shannon Shakespeare,MM,93

1	26.03	904	WESTFEB	Andrea Moody,17,WVOSC	26.31
2	26.57	861	CANNOV	Kerry Miles,16,UCSC	27.38
3	26.57	861	MANTADEC	Marsha Hamilton,17,UCSC	27.30
4	26.61	858	ONCUPNOV	Laura Nicholls,17,RDW	26.44
5	26.92	833	ABAGMAR	Alison Zwarich,15,UCSC	27.66
6	27.04	824	MANTADEC	Rikki Janes,16,GOLD	27.45
7	27.12	818	MANTADEC	Riley Mants,17,MANTA	27.05
8	27.17	814	CANNDV	Elaine Duranceau,15,PCSC	27.02
9	27.21	811	EASTFEB	Anne-M. Pelletier,15,SL	27.03
10	27.22	810	EASTFEB	Beatrix Schwarz,16,SAMAK	27.28
11	27.22	810	EASTFEB	Nancy Thibault,16,PLUS	28.00
12	27.24	808	EASTFEB	Eve Deslandes,16,CNB	28.11
13	27.27	806	GDLDNDV	Janet Cook,16,YLSC	27.35
14	27.28	805	ONCUPNOV	Jenniter Noddle,16,COBRA	27.74
15	27.30	804	ONCUPNOV	Magalie Boutin,17,UL	27.05
16	27.34	800	EASTFEB	Angela MacAlpine,17,HTAC	27.4B
17	27.35	800	EASTFEB	Nicole Davey,16,MAC	27.14
18	27.37	798	ABAGMAR	Meghan Moffat,15,LASC	-
19	27.40	796	BCAGMAR	R. Filiatrault,17,KAJ	-
20	27.43	793	NKBNDV	Judy Koonstra,15,USC	27.29
21	27.43	793	BYACNDV	Sara Havekes,15,OSAC	26.95
22	27.45	792	EASTFEB	Michelle Cobb,16,CDBRA	-
23	27.46	791	EASTFEB	Tara Schulz,16,PCSC	27.46
24	27.47	790	BRANTNOV	Anna Lydall,15,DAK	27.48
25	27.49	789	RAYSMAR	Diana Bate,17,RAYS	27.66
26	27.50	788	ETOBJAN	Michelle Cruz,15,ACE	27.15
27	27.53	786	EASTFEB	Melanie Patina,15,ETDB	27.99
28	27.53	786	ABAGMAR	Christine Stiel,15,UCSC	27.80
29	27.54	785	YDUTHDEC	Tara Brooks,16,AAC	27.69
30	27.54	785	YOUTHDEC	Monica Fotie,15,NCSA	27.28
31	27.54	785	PQAAAFEB	Gail Whittaker,16,BBF	27.72
32	27.56	783	BRANTNDV	Shelley Babin,15,ETOB	27.56
33	27.58	782	METRDJAN	Stephanie Hughes,17,HTAC	27.31
34	27.60	780	EASTFEB	Kellee Ngan,17,NYAC	27.93
35	27.63	778	PQAAAFEB	Andrea McIntosh,16,BBF	28.00
36	27.66	776	CASCNOV	Karine Chevrier,17,CAMO	27.47
37	27.69	773	SHERDEC	Crissy McPhee,16,BBF	27.92
38	27.74	770	BYACNOV	Michelle Thompson,16,OSAC	28.09
39	27.78	766	DNCUPNDV	Marsha Clouthier,17,GMAC	28.00
40	27.79	766	EASTFEB	Sophie Malboeuf,17,SL	27.16
41	27.80	765	ABAGMAR	Brittany Stromsoe,15,LASC	-
42	27.81	764	EASTFEB	Corinna MacRae,15,CSL	27.97
43	27.82	763	RACERDEC	Emily Binkley,15,PDSA	-
44	27.82	763	DNCUPNOV	Brandie Smith,16,GMAC	-
45	27.85	761	CANNOV	Cynthia Graton,17,UL	27.79
46	27.85	761	ONCUPNOV	Tanya Stachiw,16,ETDB	27.52
47	27.86	760	KCCDEC	Erin Gammel,15,KCS	28.48
48	27.87	760	WESTFEB	Kylie Mosher,16,DAK	-
49	27.88	759	EASTFEB	Nikki Huggins,16,LUSC	27.86
50	27.90	757	WESTFEB	Trish Stoutenberg,15,CASC	2B.85

100 METRES FREESTYLE

Rec: 54.75 Shannon Shakespeare,MM,94

1	57.22	869	CANNOV	Kerry Miles,16,UCSC	59.62
2	57.26	867	MANTADEC	Riley Mants,17,MANTA	57.80
3	57.36	864	MANTADEC	Marsha Hamilton,17,UCSC	58.33
4	57.39	863	EASTFEB	Sophie Simard,17,UL	-
5	57.42	861	WESTFEB	Andrea Moody,17,WVOSC	57.46
6	57.43	861	NKBNDV	Laura Nicholls,17,ROW	56.97
7	57.90	844	WESTFEB	Alison Zwarich,15,UCSC	1:00.22
8	58.01	840	NKBNOV	Michelle Cruz,15,ACE	58.37
9	58.22	832	EASTFEB	Angela MacAlpine,17,HTAC	59.32
10	58.37	827	EASTFEB	Nancy Thibault,16,PLUS	-
11	58.39	826	CANNOV	Elaine Duranceau,15,PCSC	57.41
12	58.43	824	MANTADEC	Regan Petelski,16,IS	-
13	58.60	818	ISCUPNDV	Kate Brambley,16,IS	57.15
14	58.63	817	EASTFEB	Anne-M. Pelletier,15,SL	59.47
15	58.70	815	CANNDV	Jessica Deglau,15,PDSA	58.73
16	58.71	814	GOLDNOV	Janet Cook,16,YLSC	1:00.59
17	58.76	812	WESTFEB	Judy Koonstra,16,USC	1:00.22
18	58.78	812	EASTFEB	Andrea McIntosh,16,BBF	58.96
19	58.83	810	EASTFEB	Tara Schulz,16,PCSC	59.22
20	58.92	807	EASTFEB	Michelle Cobb,16,COBRA	1:00.94
21	59.08	801	OFSAAMAR	Brandie Smith,17,GMAC	1:00.97
22	59.09	801	EASTFEB	Nicole Davey,16,MAC	58.69
23	59.12	799	BYACNDV	Sara Havekes,15,DSAC	58.72
24	59.15	798	EASTFEB	Melanie Patina,15,ETOB	59.98
25	59.24	795	MANTADEC	Rikki Janes,16,GDLD	1:00.07
26	59.27	794	CANNOV	Valerie Mesplier,16,PCSC	1:00.07
27	59.27	794	EASTFEB	Lindsay Griffin,16,STARS	59.98
2B	59.44	788	BCAGMAR	Christine Douziech,16,KAJ	1:00.57
29	59.45	788	KCCDEC	Jenny Scott,15,EKSC	59.28
30	59.53	7B5	DFSAAMAR	Anna Lydall,15,DAK	1:00.99
31	59.56	784	SHERDEC	Crissy McPhee,16,BBF	1:00.78
32	59.58	783	PQAAAFEB	Gail Whittaker,16,BBF	-
33	59.59	783	METRDJAN	Stephanie Hughes,17,HTAC	58.89
34	59.66	780	ABAGMAR	Megan Gillis,17,CASC	58.56
35	59.69	779	BCAGMAR	R. Filiatrault,17,KAJ	-
36	59.70	779	ABAGMAR	Lindsay McLennan,17,LEDUC	1:00.3B
37	59.73	778	PQAAAFEB	Amelie Theroux-Lemay,15,CAMD	1:01.37
38	59.89	772	CANNDV	Kristina Vidicek,16,UCSC	59.37
39	59.89	772	BCAGMAR	Lauren Van Dosten,17,NRST	-
40	59.96	769	BROCKOCT	Michelle Thompson,16,DSAC	-
41	59.96	769	YOUTHDEC	Tanya Hunks,15,HWAC	59.84
42	59.9B	769	EASTFEB	Melanie Fabes,15,PCSC	1:01.79
43	1:00.01	76B	WESTFEB	Christine Stiel,15,UCSC	59.87
44	1:00.02	767	BCAGMAR	Diana Bate,17,RAYS	1:00.89
45	1:00.02	767	NFAGMAR	Suzanne Drodge,15,SJL	1:01.24
46	1:00.03	767	UCSCOCT	Cara Lachmuth,17,UCSC	59.49
47	1:00.04	767	MANTADEC	Jolanta Przepiorka,17,ROD	59.B9
48	1:00.06	766	DNCUPNDV	Magalie Boutin,17,UL	59.34
49	1:00.08	765	ONCUPNOV	Shelley Babin,15,ETDB	59.69
50	1:00.10	765	EASTFEB	Josee Dubois,17,RCA	1:00.58

200 METRES FREESTYLE

Rec: 1:5B.2B Patricia Noall,CNMN,88

1	2:03.17	885	BCAGMAR	Kate Brambley,17,IS	1:59.74
2	2:03.70	876	ONCUPNOV	Laura Nicholls,17,RDW	2:04.80
3	2:03.96	B71	CANNDV	Sophie Simard,17,UL	2:02.83
4	2:04.54	B61	PDAAAFEB	Elaine Duranceau,16,PCSC	2:03.56
5	2:04.62	860	MANTADEC	Riley Mants,17,MANTA	2:04.82
6	2:04.86	856	MANTADEC	Regan Petelski,16,IS	-
7	2:04.91	855	MANTADEC	Marlena Prill,17,IS	2:08.63
8	2:05.14	851	EASTFEB	Tanya Hunks,15,HWAC	2:05.1B
9	2:05.26	849	NKBNOV	Michelle Cruz,15,ACE	2:04.73
10	2:05.47	846	PDAAAFEB	Andrea McIntosh,16,BBF	2:07.77
11	2:05.54	845	NKBNDV	Julie Gravelle,16,GD	2:08.76
12	2:05.55	844	MANTADEC	Marsha Hamilton,17,UCSC	2:05.74
13	2:05.98	837	KCCDEC	Jenny Scott,15,EKSC	2:06.B6
14	2:06.61	B26	MANTADEC	Ana Oldershaw,17,ROD	2:10.60
15	2:06.69	825	WESTFEB	Yooni Bae,17,PDSA	-
16	2:07.77	807	DNCUPNDV	Elizabeth Warden,17,SCAR	2:04.74
17	2:07.94	804	BCAGMAR	Emily Binkley,15,PDSA	2:13.B5
18	2:0B.00	803	HYACKNOV	Melissa Knox,16,PDSA	2:05.41
19	2:08.19	B00	CANNOV	Kristina Vidicek,16,UCSC	2:06.77
20	2:08.28	799	YDUTHDEC	Ana Cenanovic,17,TOMAC	2:06.91
21	2:08.36	797	EASTFEB	Tara Schulz,16,PCSC	2:09.05
22	2:08.44	796	BCAGMAR	Catrin Jones,16,NRST	2:08.91
23	2:08.48	795	BYACNDV	Sara Havekes,15,DSAC	2:07.56
24	2:08.52	795	BRANTNDV	Julie Morgan,17,BRANT	2:08.91
25	2:08.55	794	PQAAAFEB	Gail Whittaker,16,BBF	-
26	2:0B.79	790	EASTFEB	Angela MacAlpine,17,HTAC	2:08.96
27	2:08.81	790	MANTADEC	Jolanta Przepiorka,17,ROD	2:10.07
28	2:08.88	7B9	BCAGMAR	Lauren Van Dosten,17,NRST	-
29	2:08.94	788	ABAGMAR	Megan Gillis,17,CASC	2:07.21
30	2:08.99	787	METRDJAN	Stephanie Hughes,17,HTAC	2:07.60
31	2:09.07	786	ONCUPNDV	Marsha Clouthier,17,GMAC	2:05.97
32	2:09.29	782	WESTFEB	Judy Koonstra,16,USC	2:08.96
33	2:09.36	781	ONCUPNOV	Katie Sheridan,15,ETDB	2:07.02
34	2:09.42	7B0	BRANTNDV	Kate Ingram,15,PCSC	2:12.74
35	2:09.48	779	EASTFEB	Melanie Patina,15,ETDB	2:12.22
36	2:09.59	777	BCAGMAR	Carly Goepel,15,PDSA	2:13.67
37	2:09.64	776	EASTFEB	Courtney Martin,15,BBF	2:13.91
38	2:09.66	776	WESTFEB	R. Filiatrault,16,KAJ	-
39	2:09.68	776	EASTFEB	Eve Deslandes,16,CNB	2:09.85
40	2:09.69	775	NKBNOV	Stephanie Zarins,15,GO	2:04.59
41	2:09.70	775	ABAGMAR	Kelly Doody,16,CASC	2:10.62
42	2:09.71	775	CANNDV	Karine Legault,17,SAMAK	2:08.83
43	2:09.73	775	EASTFEB	Melanie Fabes,15,PCSC	2:12.13
44	2:09.86	773	WESTFEB	Alison Zwarich,15,UCSC	-
45	2:09.87	772	PDAAAFEB	Karine Bordeleau,15,PCSC	-
46	2:09.91	772	PCSCDEC	Amelie Theroux-Lemay,15,CAMD	2:11.24
47	2:09.94	771	CANNOV	Cynthia Graton,17,UL	2:07.02
48	2:09.95	771	KCCDEC	Christine Douziech,15,KAJ	2:08.57
49	2:10.15	768	OTTAWDEC	Marie-Eve D'Amboise,17,CNMN	-
50	2:10.16	76B	WESTFEB	Jadeen Davis,16,EKSC	-

400 METRES FREESTYLE

Rec: 4:07.79 Nikki Dryden,IS,93

1	4:15.67	902	CANNDV	Sophie Simard,17,UL	4:15.61
2	4:21.12	857	ONCUPNOV	Julie Gravelle,16,GO	4:20.49
3	4:21.41	855	EASTFEB	Tanya Hunks,15,HWAC	4:19.17
4	4:21.74	852	ISCUPNOV	Kate Brambley,16,IS	4:10.77
5	4:21.93	851	EASTFEB	Michelle Cruz,15,ACE	4:26.08
6	4:22.33	848	MANTADEC	Marlena Prill,17,IS	4:27.02
7	4:22.69	845	NKBNDV	Laura Nicholls,17,RDW	4:23.20
8	4:23.65	837	CANNDV	Melissa Knox,17,PDSA	4:15.59
9	4:23.65	837	BCAGMAR	Catrin Jones,16,NRST	4:26.57
10	4:23.97	834	KCCDEC	Jenny Scott,15,EKSC	4:24.05
11	4:24.66	829	MANTADEC	Marsha Hamilton,17,UCSC	4:32.20
12	4:25.62	821	BCAGMAR	Yooni Bae,17,PDSA	-
13	4:25.73	820	MANTADEC	Rikki Janes,16,GDLD	4:33.04
14	4:25.86	819	HYACKJAN	Jessica Deglau,15,PDSA	4:30.80
15	4:25.B7	B19	PDAAAFEB	Elaine Duranceau,16,PCSC	4:26.38
16	4:26.39	815	EASTFEB	Andrea McIntosh,16,BBF	4:31.47
17	4:26.76	812	DNCUPNDV	Chasin Frew,17,NYAC	4:23.55
18	4:27.17	809	MBSKMAR	Riley Mants,17,MANTA	4:26.64
19	4:27.20	808	MANTADEC	Ana Oldershaw,17,RDD	-
20	4:27.26	808	ISCUPNOV	Regan Petelski,15,IS	4:30.13
21	4:27.52	806	CANNDV	Elizabeth Warden,17,SCAR	4:20.20
22	4:27.53	806	PDAAAFEB	Tara E. Sloan,15,PCSC	4:41.92
23	4:28.78	796	BRANTNOV	Julie Morgan,17,BRANT	4:27.38
24	4:28.79	796	YOUTHDEC	Jean Doi,17,EBSC	4:31.90
25	4:29.22	792	ABAGMAR	Megan Gillis,17,CASC	4:28.51
26	4:29.29	792	GFJAN	Suzanne Drodge,15,SJL	4:23.31
27	4:29.38	791	EASTFEB	Courtney Martin,15,BBF	4:36.67
28	4:29.39	791	NKBNOV	Stephanie Zarins,15,GD	4:22.46
29	4:30.04	786	EASTFEB	Gina Grujic,15,TDMAC	4:35.84
30	4:30.0B	7B6	CANNDV	Karine Legault,17,CASE	4:20.41
31	4:30.27	784	EASTFEB	Kate Ingram,16,PCSC	4:40.78
32	4:30.54	782	MBSKMAR	Jolanta Przepiorka,17,RDD	-
33	4:31.03	778	BCAGMAR	Emily Binkley,15,PDSA	4:41.77
34	4:31.08	778	EASTFEB	Marie-L. Gratton,16,SHER	4:35.68
35	4:31.10	778	DALDEC1	Stephanie Hughes,17,HTAC	4:28.56
36	4:31.58	774	POAAAFEB	Amelie Theroux-Lemay,15,CAMO	4:35.41
37	4:32.15	769	ONCUPNDV	Marsha Clouthier,17,GMAC	4:30.72
3B	4:32.22	769	RACERDEC	Pia Larsen,17,HYACK	4:31.6B
39	4:32.46	767	DNCUPNDV	Katie Sheridan,15,ETDB	4:29.0B
40	4:32.B9	764	BCAGMAR	Caitlin Peterson,15,PDSA	4:39.1B
41	4:32.90	764	EASTFEB	Melanie Patina,15,ETDB	4:44.09
42	4:32.91	763	TOMACNOV	Ana Cenanovic,17,TOMAC	4:24.66
43	4:33.14	762	CANNDV	Kristina Vidicek,16,UCSC	4:27.32
44	4:33.30	760	NKBNDV	Karen Thibodeau,16,RDW	-
45	4:33.73	757	DFSAAMAR	Sarah Dickson,17,EYSC	-
46	4:33.95	755	EASTFEB	Ruth Davenport,17,BRDCK	-
47	4:34.00	755	EASTFEB	Marie-H. Gagnon,15,PLUS	-
48	4:34.15	754	WESTFEB	Rachelle DeJong,16,RDD	-
49	4:34.43	752	MANTADEC	Karina Klein,16,UCSC	-
50	4:34.49	751	BCAGMAR	Christine Douziech,16,KAJ	4:32.79

800 METRES FREESTYLE

Rec: 8:31.65 Nikki Dryden,IS,93

1	B:48.84	883	ONCUPNDV	Julie Gravelle,16,GD	8:56.44
2	8:54.59	B61	CANNDV	Sophie Simard,17,UL	8:51.30
3	8:57.54	849	ISCUPNDV	Kate Brambley,16,IS	8:40.77
4	8:59.95	839	MANTADEC	Regan Petelski,16,IS	9:27.40
5	9:00.7B	836	YOUTHDEC	Tanya Hunks,15,HWAC	8:59.51
6	9:02.05	831	CANNOV	Melissa Knox,17,PDSA	8:40.70
7	9:03.36	826	MANTADEC	Ana Oldershaw,17,ROD	9:31.03
8	9:03.48	826	KCCDEC	Catrin Jones,16,NRST	9:08.32
9	9:03.48	B26	BCAGMAR	Yooni Bae,17,PDSA	-
10	9:05.90	816	DNCUPNOV	Elizabeth Warden,17,SCAR	9:05.06
11	9:06.04	816	DNCUPNDV	Michelle Cruz,15,ACE	9:05.89
12	9:06.21	815	CANNDV	Jessica Deglau,15,PDSA	9:09.93
13	9:07.9B	B08	MANTADEC	Marlena Prill,17,IS	9:03.29
14	9:08.13	B07	EASTFEB	Courtney Martin,15,BBF	-
15	9:10.18	799	KCCDEC	Jenny Scott,15,EKSC	9:04.26
16	9:10.97	796	EASTFEB	Suzanne Drodge,15,SJL	8:58.02
17	9:11.23	795	RODJAN	Riley Mants,17,MANTA	9:16.20
1B	9:13.39	787	DNCUPNOV	Julie Morgan,17,BRANT	9:07.42
19	9:14.18	784	MANTADEC	Rikki Janes,16,GOLD	9:18.82
20	9:15.03	781	YDUTHDEC	Chasin Frew,17,NYAC	9:01.74
21	9:15.80	778	PQAAAFEB	Amelie Theroux-Lemay,15,CAMD	9:38.20
22	9:17.71	771	CANNOV	Karine Legault,17,SAMAK	B:53.83
23	9:17.92	770	EASTFEB	Marie-Eve Mongeau,15,CNB	9:29.28
24	9:17.98	770	EASTFEB	Ruth Davenport,17,BROCK	-
25	9:18.39	768	MANTADEC	Jolanta Przepiorka,17,RDD	9:35.92
26	9:18.94	766	WESTFEB	Victoria DIdershaw,15,RDD	9:53.1B
27	9:18.96	766	EASTFEB	Adrienne Cliff,17,GD	9:33.91
2B	9:19.51	764	MBSKMAR	Jennifer Gardiner,17,ROD	9:25.12
29	9:20.04	762	ABAGMAR	Megan Gillis,17,CASC	9:23.79
30	9:20.60	760	KCCDEC	Caitlin Peterson,15,PDSA	9:37.33
31	9:21.12	758	DALDEC1	Stephanie Hughes,17,HTAC	9:14.27
32	9:21.71	755	PQAAAFEB	Maxime Mentha,15,CAMD	9:42.11
33	9:21.85	755	RACERDEC	Jessica Krajicek,17,PDSA	9:13.75
34	9:21.97	754	BCAGMAR	Emily Binkley,15,PDSA	9:45.34
35	9:22.59	752	BCAGMAR	Christine Douziech,16,KAJ	9:40.47
36	9:22.91	751	CSDJAN	Helene Painchaud,15,EXCEL	9:34.45
37	9:23.08	750	BCAGMAR	Lauren Van Dosten,17,NRST	-
38	9:23.57	748	EASTFEB	Marie-H. Gagnon,15,PLUS	9:50.34
39	9:23.72	748	MBSKMAR	Rachelle DeJong,16,ROD	-
40	9:24.25	746	GOLDNDV	Adrienne Pye,17,EKSC	9:22.15
41	9:25.70	740	YDUTHDEC	Katie Sheridan,15,ETDB	9:20.02
42	9:25.71	740	EASTFEB	Terri A. Schwager,16,WAC	9:30.52
43	9:25.78	740	DNCUPNDV	Melissa MacDonald,15,BRANT	9:32.B2
44	9:26.78	736	ABAGMAR	Suzanne Davies,17,LASC	-
45	9:26.84	736	BYACNOV	Erin Berard,15,CSL	9:25.85
46	9:27.10	735	ISCUPNOV	Jenny Foreman,16,IS	9:2B.10
47	9:28.11	732	YDUTHDEC	Jennifer Manley,15,LAC	-
48	9:2B.32	731	DNCUPNDV	Marsha Clouthier,17,GMAC	9:22.52
49	9:28.57	730	SHERDEC	Caroline Poulin,16,EXCEL	-
50	9:28.74	729	YDUTHDEC	Nicole Smerdon,16,NYAC	9:55.68

100 METRES BACKSTROKE

Rec: 1:01.10 Julie Howard,BRANT,93

1	1:03.01	B80	CANNDV	Cynthia Graton,17,UL	1:04.14
2	1:03.49	864	MANTADEC	Rikki Janes,16,GDLD	1:06.96
3	1:03.54	862	PCSCDEC	Marie-H. Savo,17,CAMO	1:04.53
4	1:04.00	847	KCCDEC	Erin Gammel,15,KCS	1:05.79
5	1:04.29	837	EASTFEB	Michelle Cruz,15,ACE	1:04.24
6	1:04.80	820	CANNOV	Karina Klein,16,UCSC	1:05.66
7	1:04.85	819	CANNDV	Ashleigh Crowder,16,AAC	1:04.14
8	1:05.10	811	RIDNDV	Elizabeth Warden,17,SCAR	1:03.50
9	1:05.13	810	PDAAAFEB	Gail Whittaker,16,BBF	1:06.09
10	1:05.32	803	PDAAAFEB	Genevieve Noiseux,15,CNB	1:05.80
11	1:05.79	7B8	PASSFEB	Janet Cook,16,YLSC	1:05.87
12	1:05.85	786	NKBNDV	Kelly Bryon,16,USC	1:04.61
13	1:05.86	786	EASTFEB	Ana Cenanovic,17,TOMAC	1:06.29
14	1:05.87	786	EASTFEB	Tara Schulz,16,PCSC	1:05.77
15	1:06.00	781	EASTFEB	Angela MacAlpine,17,HTAC	1:07.05
16	1:06.11	778	MANTADEC	Riley Mants,17,MANTA	1:06.71
17	1:06.12	778	EASTFEB	Megan Harvey,15,PERTH	1:05.64
18	1:06.14	777	EASTFEB	Ariane Mongeau,17,CNB	1:05.22
19	1:06.27	773	ABAGMAR	Christine Shel,15,UCSC	1:06.80
20	1:06.37	769	EASTFEB	Jennifer Manley,15,LAC	1:07.22
21	1:06.43	768	EASTFEB	Lisa Parwicki,17,CDBRA	1:05.57
22	1:06.49	766	WESTFEB	Kelly Doody,16,CASC	1:07.43
23	1:06.62	762	BCAGMAR	Diana Bate,17,RAYS	-
24	1:06.63	761	CANNDV	Andrea Moody,17,WVOSC	1:07.08
25	1:06.66	760	EASTFEB	Anne-M. Charron,16,CAG	1:09.44
26	1:06.68	760	KCCDEC	Jennifer Radolla,16,WLBF	1:06.83
27	1:06.74	758	BCAGMAR	Cassie Prost,15,KCS	1:10.09
28	1:06.B0	756	ONCUPNOV	Magalie Boutin,17,UL	1:04.96
29	1:06.84	755	PDAAAFEB	Genevieve Boucher,15,CSB	1:09.11
30	1:06.87	754	WESTFEB	Beth Frisk,15,USC	1:08.55
31	1:06.97	750	EASTFEB	Sarah Bailie,17,RDW	1:07.84
32	1:07.08	747	OFSAAMAR	Taryn Stratten,17,HWAC	-
33	1:07.13	745	ROWJAN	Laura Nicholls,17,ROW	1:08.52
34	1:07.14	745	BCAGMAR	Erica Gammel,17,KCS	1:07.44
35	1:07.22	743	KCCDEC	Caitlin Peterson,15,PDSA	1:10.04
36	1:07.22	743	RACERDEC	Emily Binkley,15,PDSA	1:07.08
37	1:07.23	742	ROWJAN	Marsha Clouthier,17,GMAC	1:05.85
3B	1:07.27	741	EASTFEB	Sarah Davies,15,NYAC	1:10.07
39	1:07.32	739	EASTFEB	Nikki Huggins,16,LUSC	1:08.48
40	1:07.35	739	KCCDEC	Christine Douziech,15,KAJ	1:05.74
41	1:07.3B	73B	PQAAAFEB	Cynthia Nolin,16,CSO	1:07.24
42	1:07.42	736	DFSAAMAR	Kristen Kursiss,16,BOSC	1:07.71
43	1:07.49	734	EASTFEB	Valerie Hadd,17,CNSH	1:06.65
44	1:07.56	732	NKBNOV	Lisa Del Mastro,15,USC	1:07.53
45	1:07.57	732	ROWJAN	Karen Thibodeau,16,ROW	1:07.45
46	1:07.63	730	PDAAAFEB	Karine Senechal-B 15,CAMD	1:07.40
47	1:07.65	729	EASTFEB	Tara Ross,16,NEW	1:08.08
4B	1:07.69	72B	EASTFEB	Sarah Burke,17,BTSC	1:08.45
49	1:07.70	72B	OFSAAMAR	Sarah Dickson,17,EYSC	1:07.92
50	1:07.72	727	PDAAAFEB	Christine Dallaire,14,PPO	-

GIRLS 15-17 CONTD.

200 METRES BACKSTROKE

Rec: 2:10.15 Nikki Dryden,IS,93

1	2:14.82	879	CANNOV	Cynthia Graton,17,UL	2.15.62
2	2:17.04	845	MANTADEC	Rikki Janes,16,GOLD	2:24.25
3	2:17.07	844	CANNOV	Karina Klein,16,UCSC	2:20.79
4	2:17.18	843	POAAAFEB	Genevieve Noiseux,15,CNB	2:19.51
5	2:18.29	825	EASTFEB	Michelle Cruz,15,ACE	2:16.39
6	2:18.52	822	RIONOV	Elizabeth Warden,17,SCAR	2:17.62
7	2:19.23	811	MANTADEC	Ana Oldershaw,17,ROD	2:23.36
8	2:19.33	809	WESTFEB	Kelly Bryon,16,USC	2:15.71
9	2:19.40	808	KCCDEC	Erin Gammel,15,KCS	2:21.77
10	2:19.68	804	ROWJAN	Laura Nicholls,17,ROW	2:24 16
11	2:19.68	804	EASTFEB	Megan Harvey,15,PERTH	2:21.81
12	2:19.78	803	POAGNOV	Marie-H. Savo,17,CAMO	2:18.97
13	2:20.18	797	YOUTHDEC	Ashleigh Crowder,17,AAC	2:15.64
14	2:20.43	793	MANTADEC	Marlena Prill,17,IS	2:24.24
15	2:20.57	791	EASTFEB	Gail Whittaker,16,BBF	2 22.21
16	2:20.65	789	BCAGMAR	Caitlin Peterson,15,PDSA	2.31.33
17	2:20.71	789	EASTFE8	Ariane Mongeau,17,CNB	2:20.42
18	2:20.98	784	WESTFE8	Beth Frisk,15,USC	-
19	2:21.07	783	EASTFEB	Karen Thibodeau,16,ROW	2:23.88
20	2:21.16	782	METROJAN	Karen Tattersall,16,DCSC	2 22.25
21	2:21.48	777	WESTFEB	Emily Binkley,15,PDSA	2:24.62
22	2:21.50	777	BYACNOV	Kristen Kursiss,16,BOSC	2:24 47
23	2:21.51	776	EASTFEB	Nicole Smerdon,16,NYAC	2:25.08
24	2:21.80	772	ONCUPNOV	Marsha Clouthier,17,GMAC	2:20 93
25	2:22.17	767	KCCDEC	Jadeen Davis,16,EKSC	-
26	2:22.58	760	NKBNOV	Lisa Parwicki,17,COBRA	2:20 65
27	2:22.59	760	NKBNOV	Stephanie Zarins,15,GO	2:25.69
28	2:22.64	760	MBSKMAR	Janet Cook,16,YLSC	2:25 46
29	2:22.83	757	POAAAFE8	Christine Dallaire,15,PPO	-
30	2:22.87	756	EASTFEB	Jennifer Manley,15,LAC	2:26.11
31	2:22.89	756	ONCUPNOV	Susan Furs,17,ETOB	2:20.90
32	2:22.89	756	EASTFEB	Sarah Bailie,17,ROW	2:22 44
33	2:23.10	753	EASTFEB	Angela MacAlpine,17,HTAC	2:26.54
34	2:23.19	751	BRANTNOV	Chasin Frew,17,NYAC	2:23 99
35	2:23.32	750	POAAAFEB	Amelie Theroux-Lemay,15,CAMO	2 26.17
36	2:23.79	743	BCAGMAR	Diana Bate,17,RAYS	-
37	2:24.13	738	EASTFEB	Emilie Fortin,15,PLUS	2:31.88
38	2:24 24	736	POAAAFEB	Genevieve Boucher,15,CSB	2:28.42
39	2:24 27	736	ABAGMAR	Christine Stiel,15,UCSC	2:25.25
40	2:24 36	734	MBSKMAR	Riley Mants,17,MANTA	2:25 82
41	2:24.37	734	WESTFEB	Lisa Del Mastro,15,USC	2:24 53
42	2:24 77	728	EASTFEB	Tara Schulz,16,PCSC	2:20.27
43	2:24 85	727	ONCUPNOV	Beth Hughes,17,TOMAC	2:24 76
44	2:25.07	724	EASTFEB	Ana Cenanovic,17,TOMAC	2:22.24
45	2:25.09	724	EASTFEB	Tara Last,15,8ROCK	2:31 18
46	2:25.15	723	ABAGMAR	Janice Berry,15,CTSC	2:32.44
47	2:25 24	722	KCCDEC	Jennifer Radolla,16,WLBF	2:24.21
48	2:25.25	721	EASTFEB	Tara Ross,16,NEW	2:23.57
49	2:25.36	720	EASTFEB	Emily Boost,15,LAC	2:27 87
50	2:25.45	719	ABAGMAR	Claire Thompson,17,UCSC	-

100 METRES BREASTSTROKE

Rec: 1:08.26 Allison Higson,EPS,89

1	1:10 40	907	CANNOV	Tara Sloan,16,UCSC	1 10 97
2	1:10.71	898	CANNOV	Danica Wizniuk,15,STSC	1.14.00
3	1:11.05	888	GOLDNOV	Riley Mants,16,MANTA	1 11 47
4	1 11.56	873	CANNOV	Jenniter Noddle,16,COBRA	1 10.71
5	1:12.18	855	EASTFEB	Josee Dubois,17,RCA	1 12.27
6	1:12.57	843	EASTFEB	Julie Daudelin,17,SHER	1 15.74
7	1:12.64	841	BCAGMAR	Lauren Van Oosten,17,NRST	1 14.04
8	1:12.87	835	EASTFEB	Carole Cottingham,16,WAC	1 14 67
9	1:13.29	822	MBSKMAR	Heather Wellwood,16,MANTA	1 15 76
10	1 14 11	799	MANTADEC	Regan Petelski,16,IS	1 15.16
11	1:14.18	797	YOUTHDEC	Maranath Lougheed,16,MAC	1 18 05
12	1 14 37	791	ETOBJAN	Willa Bostock,17,ETOB	1.09.34
13	1.14.51	787	WESTFEB	Julia Pomeroy,16,OAK	1 13 94
14	1 14 52	787	KCCDEC	Suzanne Davies,16,LASC	1 17.74
15	1.14.71	782	SHERDEC	Krista Morrison,17,FAST	1 14 48
16	1.14.76	780	NKBNOV	Erin Jones,16,NKB	1 15.32
17	1.14.79	779	PCSCDEC	Anne-M. Pelletier,15,SL	1:14 42
18	1:14 99	774	CAMOOCT	Kerry Cregan,15,PCSC	1 14 62
19	1.15.05	772	NKBNOV	Alison Shea,18,EYSC	1 14.33
20	1 15.08	771	SHERDEC	Catherine Perron,15,RCA	1 13.22
21	1.15.16	769	METROJAN	Stephanie Hughes,17,HTAC	1 16 40
22	1 15 18	768	BCAGMAR	Serena McGibbon,15,PDSA	1 16.87
23	1 15.24	767	NKBNOV	Brandie Smith,16,GMAC	1 13 57
24	1.15.36	763	ISCUPNOV	Jenny Foreman,16,IS	1 13 34
25	1.15.49	760	OFSAAMAR	Jeanine Doret,17,LSC	1 16 53
26	1.15.60	756	SHERDEC	Michelle Brunet,15,BBF	1 18 44
27	1 15.73	753	ABAGMAR	Tammy Nighswander,15,PPS	1 16 98
28	1.15.80	751	MACJAN	Christina Hajdu,16,MAC	1 14 94
29	1:16.02	745	POAAAFEB	Genevieve Brisebois,16,CSB	1 18.30
30	1.16.05	744	WESTFEB	Sarah Manwaring-J ,16,OAK	1 17 69
31	1 16 20	740	EASTFEB	Tiffany Kent,16,MAC	-
32	1:16.21	740	POAAAFEB	Michele Brunet,23,CAC	-
33	1 16.25	738	BRANTNOV	Marie-Eve Tremblay,16,AAC	1 16 75
34	1.16.42	734	ONCUPNOV	Chasin Frew,17,NYAC	1 16 44
35	1 16.48	732	HYACKJAN	Oenise Telford,16,PDSA	1 17 56
36	1.16.49	732	HYACKJAN	Shawn Marsolais,15,HYACK	-
37	1.16.72	726	ABAGMAR	Alison Zwarich,15,UCSC	1 14 51
38	1 16.81	723	EASTFEB	Kristin Keery,17,COBRA	1 17 22
39	1 16 97	719	NFAGMAR	Erin Blackmore,16,MPM	
40	1 17.00	718	YOUTHDEC	Melody Braytord,17,NYAC	1 17 20
41	1 17.07	716	MBSKMAR	Jolanta Przepiorka,17,ROD	1 17 61
42	1 17.08	716	A8AGMAR	Jadeen Davis,16,EKSC	-
43	1 17 18	713	MANTADEC	Sue Girard,15,KS	1 17 75
44	1 17 26	711	UCSCOCT	Kerry Miles,16,UCSC	
45	1 17 32	709	LASCNOV	Suzanne Davis,16,LASC	
46	1 17 32	709	8RANTNOV	Alyscia Crooks,16,AAC	1 16 61
47	1.17.37	708	POAAAFEB	Marylene Goudreault,15,ELITE	1 17 94
48	1 17 55	703	NKBNOV	Jenny Henderson,15,TAT	1 18 77
49	1:17 55	703	SHERDEC	Sophie Emond,17,EXCEL	
50	1:17 63	701	GOLDNOV	Kim Head,17,EKSC	1 18 41

200 METRES BREASTSTROKE

Rec: 2:27.08 Anne Ottenbrite,AAC,84

1	2 30.37	915	MBSKMAR	Riley Mants,17,MANTA	2:31.09
2	2:30.65	911	CANNOV	Tara Sloan,16,UCSC	2:33 46
3	2:31 98	893	CANNOV	Jenniter Noddle,16,COBRA	2:30 98
4	2.33.50	872	EASTFEB	Josee Dubois,17,RCA	2:34 63
5	2:33.78	868	CANNOV	Danica Wizniuk,15,STSC	2:40 13
6	2:34 95	852	EASTFEB	Julie Daudelin,17,SHER	2.41.33
7	2:35.48	844	MANTADEC	Regan Petelski,16,IS	2.38.98
8	2:36.66	828	PQAAAFEB	Kerry Cregan,16,PCSC	2:38.98
9	2:36.83	826	BCAGMAR	Lauren Van Oosten,17,NRST	2.40.74
10	2:36.94	825	VICFEB7	Jenny Foreman,16,IS	2:34 69
11	2.39.05	796	BCAGMAR	Serena McGibbon,15,PDSA	2.44 99
12	2:39 14	795	EASTFEB	Kristin Keery,17,COBRA	2:39 43
13	2.39 48	790	EASTFEB	Carole Cottingham,16,WAC	2 40 34
14	2:39.51	790	EASTFEB	Maranath Lougheed,16,MAC	2.44 60
15	2 39.78	786	EASTFEB	Catherine Perron,15,RCA	2 36 64
16	2.40.05	783	ABAGMAR	Suzanne Davies,17,LASC	2 46.68
17	2:40.23	780	BRANTNOV	Willa Bostock,17,ETOB	2 30 31
18	2.40.37	779	EASTFEB	Erin Jones,16,NKB	2 40.84
19	2:40.63	775	YOUTHDEC	Chasin Frew,17,NYAC	2:40 45
20	2:40.83	773	YOUTHDEC	Christina Hajdu,16,MAC	2.39 69
21	2:40.98	771	EASTFEB	Melody Brayford,17,NYAC	2:43 91
22	2 41.36	766	PQAAAFEB	Michelle Brunet,16,BBF	-
23	2:41.61	762	KCCDEC	Lisa Graham,15,EKSC	2 42 09
24	2 41 68	761	MBSKMAR	Heather Wellwood,16,MANTA	2 44 29
25	2.41.71	761	NKBNOV	Brandie Smith,16,GMAC	2.39 34
26	2:41.92	758	EASTFEB	Krista Morrison,17,FAST	2 40 92
27	2.42.17	755	WESTFEB	Sarah Manwaring-J ,16,OAK	2 43.93
28	2 42.32	753	SHERDEC	Catherine Verreault,15,SHER	2 44 65
29	2.43.11	743	EASTFEB	Tara Arnott,15,AAC	2 44 91
30	2:43.28	741	ABAGMAR	Tammy Nighswander,15,PPS	2 45 27
31	2.43.48	738	CANNOV	Nancy Thibault,16,PLUS	2 45.32
32	2:43 55	737	EASTFEB	Tiffany Kent,16,MAC	2 48 39
33	2.44.20	729	DCSCNOV	Stephanie Hughes,17,HTAC	2 41.52
34	2:44 45	726	EASTFEB	Carla DiFilippo,17,HWAC	2 45 45
35	2.44 47	725	8RANTNOV	Anne-M. Pelletier,15,SL	2 44 13
36	2:44 63	723	MANTADEC	Jolanta Przepiorka,17,ROD	2:46 07
37	2:44.87	720	POAAAFEB	Marylene Goudreault,15,ELITE	2 44 48
38	2:45.55	712	EASTFEB	Courtney Martin,15,BBF	2 46 97
39	2.45.62	711	BCAGMAR	Denise Telford,17,PDSA	2 45.93
40	2 45.69	710	EASTFEB	Julie Adams,17,MEGO	-
41	2:46.34	702	EASTFEB	Sophie Emond,15,EXCEL	-
42	2 46.39	701	ROWJAN	Kristen Kerry,17,CO8RA	-
43	2 46 66	698	NKBNOV	Jenny Henderson,15,TAT	2 49 33
44	2 46.68	698	WESTFEB	Jadeen Davis,16,EKSC	-
45	2 46 68	698	POAAAFEB	Genevieve Brisebois,16,CSB	-
46	2:46.72	697	WESTFEB	Julia Pomeroy,16,OAK	2 46 31
47	2:46.91	695	METROJAN	Amy Clattenburg,15,HTAC	2.51.95
48	2:47.03	693	EASTFEB	Amy Haick,15,TOMAC	2:51.37
49	2:47 06	693	POAAAFEB	Joelle Bouchard,16,SHER	2 48.61
50	2:47.07	693	EASTFEB	Marie-Eve Tremblay,16,AAC	2 43.43

100 METRES BUTTERFLY

Rec 1.00.45 Kristin Topham,EPS,91

1	1:03.04	868	NKBNOV	Judy Koonstra,15,USC	1.02.99
2	1.03.43	855	WESTFEB	Alison Zwarich,15,UCSC	1.06.95
3	1:03.57	850	POAAAFEB	Elaine Duranceau,16,PCSC	1 04 21
4	1.04.05	834	PQAAAFEB	Andrea McIntosh,16,B8F	1:05.21
5	1:04 46	821	MANTADEC	Rikki Janes,16,GOLD	1.06.22
6	1.04 63	815	MBSKMAR	Janet Cook,16,YLSC	1:06.27
7	1.04 65	815	ABAGMAR	Kerry Miles,16,UCSC	1 07.03
8	1.04.89	807	RIONOV	Jessica Deglau,15,PDSA	1 04 91
9	1 04 92	806	MANTADEC	Marlena Prill,17,IS	-
10	1.04.97	804	CANNOV	Valerie Mesplier,16,PCSC	1:03 53
11	1:05.00	803	MANTADEC	Karina Klein,16,UCSC	1.06.75
12	1.05.00	803	YOUTHDEC	Tanya Hunks,15,HWAC	1:06.03
13	1 05 06	801	EASTFEB	Kate Ingram,16,PCSC	1.07 30
14	1.05.12	799	ABAGMAR	Lindsay McLennan,17,LEDUC	1:07.29
15	1:05 30	793	METROJAN	Stephanie Hughes,17,HTAC	1.05.85
16	1:05.32	793	YOUTHDEC	Jean Ooi,17,EBSC	1.04 58
17	1:05 44	789	NKBNOV	Christine Cline,18,NEW	1 04 44
18	1.05.62	783	NKBNOV	Marsha Clouthier,17,GMAC	1 05.58
19	1:05 65	782	EASTFEB	Gina Grujic,15,TOMAC	1 04 87
20	1:05 72	780	OFSAAMAR	Hilary Lawton,15,ROW	1 05 43
21	1:05.77	778	MANTADEC	Jolanta Przepiorka,17,ROD	1:04 46
22	1.05.81	777	NFAGMAR	Suzanne Drodge,15,SJL	1 08 58
23	1.05 85	775	EASTFEB	Sarah Burke,17,BTSC	1 07 65
24	1.05.88	774	WESTFEB	Jenny Cramm,16,USC	1 08.28
25	1.05.89	774	CANNOV	Judith Labelle,17,LAVAL	1.04 70
26	1 05 96	772	EASTFEB	Eve Deslandes,16,CNB	1:04 60
27	1.06 10	767	SHERDEC	Crissy McPhee,16,BBF	1.07 19
28	1 06 19	765	POAAAFEB	Karine Senechal-B ,15,CAMO	1 08 33
29	1 06 28	762	WESTFEB	Laura Lee,17,USC	1 04 15
30	1 06 33	760	BRANTNOV	Jennifer Manley,15,LAC	1:06 81
31	1:06 35	759	ONCUPNOV	Laura Nicholls,17,ROW	-
32	1 06.37	759	EASTFEB	Nicole Davey,16,MAC	1:06 28
33	1 06 49	755	EASTFEB	Lindsay Griffin,16,STARS	1 06.86
34	1 06 50	755	POAAAFEB	Eloise Bourdon,15,CSB	1.10 23
35	1 06 51	754	BCAGMAR	Amielle Lake,15,PDSA	1 07 42
36	1 06 57	752	NKBNOV	Michelle Cobb,16,COBRA	1 07 84
37	1 06 59	752	MANTAOEC	Marie-H Gagnon,15,IS	1 10 10
38	1:06 61	751	ONCUPNOV	Julie Gravelle,16,GO	1 06 27
39	1 06 66	750	PCSCDEC	Marie-H Savo,17,CAMO	1 07 13
40	1 06 76	746	METROJAN	Angela MacAlpine,17,HTAC	1 07 21
41	1 06 76	746	ABAGMAR	Melissa Finn,16,NCSA	
42	1 06 83	744	ETOBOCT	Elizabeth Warden,17,SCAR	1 05 49
43	1 06 95	740	SHERDEC	Krista Morrison,17,FAST	1 06 97
44	1 06 96	740	KCCDEC	Adrienne Pye,17,EKSC	1 07 15
45	1 07 00	739	ONCUPNOV	Tanya Stachiw,16,ETOB	1 06 97
46	1 07 05	737	PQAAAFEB	Marie-Eve Montminy,15,UL	1 10 69
47	1 07 07	737	EASTFEB	Angelina Wood,17,PCSC	-
48	1 07 21	732	BRANTNOV	Anne-M Pelletier,15,SL	1 05 96
49	1 07 25	731	CNSBJAN	Marielle Menard,15,CNNG	1 09 73
50	1 07 25	731	BCAGMAR	Catrin Jones,16,NRST	1 05 83

200 METRES BUTTERFLY

Rec: 2:10.89 Marie Moore,DCSC,84

1	2:14 86	886	EASTFEB	Sophie Simard,17,UL	2 18 85
2	2:15 44	877	NKBNOV	Judy Koonstra,15,USC	2 17 44
3	2 17 21	850	CANNOV	Jessica Deglau,15,PDSA	2 15 21
4	2 18.09	836	POAAAFEB	Andrea McIntosh,16,BBF	2 22 01
5	2:19 63	812	EASTFEB	Sophie Emond,15,EXCEL	2 21 11
6	2:20 13	805	YOUTHDEC	Tanya Hunks,15,HWAC	2 19 43
7	2:20.49	799	BCAGMAR	Kellie Rolston,15,IS	2:19 06
8	2:20 63	797	EASTFEB	Marie-H Gagnon,15,PLUS	2 30 38
9	2:20 71	796	POAAAFEB	Caroline Poulin,16,EXCEL	2.24 73
10	2:20 75	795	EASTFEB	Gina Grujic,15,TOMAC	2 24 05
11	2 20.86	794	ISCUPNOV	Marlena Prill,17,IS	2 22 94
12	2:20 86	794	MANTADEC	Jolanta Przepiorka,17,ROD	2 19 62
13	2 20 89	793	YOUTHDEC	Jean Ooi,17,EBSC	2:20 04
14	2:21.10	790	NKBNOV	Julie Gravelle,16,GO	2.20 81
15	2:21 50	784	PCSCDEC	Elaine Duranceau,16,PCSC	2:27 37
16	2.21.52	784	EASTFEB	Kate Ingram,16,PCSC	2 27 90
17	2:21 86	779	CANNOV	Judith Labelle,17,LAVAL	2 21 50
18	2:22 17	774	EASTFEB	Angelina Wood,17,PCSC	2 29 27
19	2:22 65	767	MANTADEC	Karina Klein,16,UCSC	2 25 17
20	2.22.77	765	KCCDEC	Adrienne Pye,17,EKSC	2:22 94
21	2:22 92	763	WESTFEB	Lindsay McLennan,17,LEDUC	2 25 08
22	2 23.13	760	NFAGMAR	Suzanne Drodge,15,SJL	2 34 68
23	2:23 25	758	NKBNOV	Marsha Clouthier,17,GMAC	2 19 32
24	2 23 36	756	POAAAFEB	Karine Senechal-B.,14,CAMO	2 28 13
25	2:23 40	756	EASTFEB	Hilary Lawton,15,ROW	2 28 09
26	2:23.78	750	BCAGMAR	Carly Goepel,15,PDSA	2 30.11
27	2:23 85	749	EASTFEB	Sarah Burke,17,BTSC	2 26 93
28	2:24 08	746	ONCUPNOV	Chasin Frew,17,NYAC	2 24 32
29	2:24 34	742	PCSCDEC	Valerie Mesplier,16,PCSC	2 22 28
30	2:24 41	741	KCCDEC	Catrin Jones,16,NRST	2.23.84
31	2:24 52	739	MANTADEC	Sue McKay,16,BROCK	2:20 97
32	2:24 54	739	BYACNOV	Kristen Kursiss,16,BOSC	-
33	2:24 98	733	CNSBJAN	Eve Deslandes,16,CNB	2 25 11
34	2:25 13	731	POAAAFEB	Florence Malo,16,CAMO	2 25 64
35	2:25 35	727	KCCDEC	Amielle Lake,15,PDSA	2.29 65
36	2:25 36	727	BCAGMAR	Kristin Lillow,15,KCS	-
37	2:25.68	723	EASTFEB	Caroline Gosselin,17,CNMN	2 26 72
38	2:25 75	722	NSAGMAR	Stephanie Hughes,17,HTAC	-
39	2:26.32	713	POAAAFEB	Genevieve Noiseux,15,CNB	-
40	2 26 52	711	BRANTNOV	Kim Boland,15,HWAC	2:24 37
41	2:26.55	710	POAAAFEB	Marie-Eve Mongeau,15,CNB	2.34 84
42	2:26 70	708	EASTFEB	Eloise Bourdon,15,CSB	2:38 41
43	2:26.76	707	YOUTHDEC	Jennifer Manley,15,LAC	2.30.17
44	2:26 85	706	WESTFEB	Laura Lee,17,USC	2:22 70
45	2:26.99	704	ONCUPNOV	Michelle Senecal,18,PERTH	2 24 39
46	2:27 31	700	NBAGJAN	Krista Bowser,17,SACK	-
47	2:27.32	699	CSOJAN	Marie-P Fortin,17,CSO	-
48	2:27.56	696	NBAGJAN	Clara Tarjan,15,BLAST	-
49	2:27.87	692	NKBNOV	Christine Cline,17,NEW	2 23 60
50	2:28.09	689	EASTFEB	Krista Morrison,17,FAST	2:28 78

200 METRES IND MEDLEY

Rec 2:12 50 Nancy Sweetnam,LLSC,91

1	2 19 73	853	POAAAFEB	Elaine Duranceau,16,PCSC	2:21 75
2	2 19 97	849	CANNOV	Jenniter Noddle,16,COBRA	2 17 30
3	2 20 02	849	POAAAFEB	Andrea McIntosh,16,BBF	2:24 34
4	2:20 24	845	EASTFEB	Krista Morrison,17,FAST	2 23 42
5	2:20 50	841	MANTADEC	Riley Mants,17,MANTA	2 18 60
6	2:21 04	833	ONCUPNOV	Elizabeth Warden,17,SCAR	2 14 92
7	2 21 51	826	EASTFEB	Josee Dubois,17,RCA	2:24 00
8	2:21 78	822	WESTFEB	Judy Koonstra,16,USC	2 22 98
9	2 22 50	811	CANNOV	Kerry Miles,16,UCSC	2 27 33
10	2:22 65	809	YOUTHDEC	Jean Ooi,17,EBSC	2 21 90
11	2 22 73	808	MANTADEC	Marlena Prill,17,IS	2:22.84
12	2 22 78	807	MANTADEC	Rikki Janes,16,GOLD	-
13	2 22 93	805	BRANTNOV	Chasin Frew,17,NYAC	2 21 13
14	2 23 17	801	WESTFEB	Lindsay McLennan,17,LEDUC	2:25 35
15	2 23 46	797	WESTFEB	Kelly Doody,16,CASC	2 20 83
16	2:23.70	794	METROJAN	Stephanie Hughes,17,HTAC	2:23 16
17	2 23 72	793	UDSOCT14	Sophie Simard,17,UL	2 23 48
18	2 23 77	793	BYACNOV	Kristen Kursiss,16,BOSC	-
19	2 24 07	788	NKBNOV	Stephanie Zarins,15,GO	2 22 12
20	2 24 23	786	BCAGMAR	Yoonl Bae,17,PDSA	-
21	2 24 42	783	EASTFEB	Kate Ingram,16,PCSC	2 30 71
22	2 24 46	782	EASTFEB	Sophie Emond,15,EXCEL	-
23	2 24 52	781	KCCDEC	Jadeen Davis,16,EKSC	-
24	2 24 63	780	EASTFEB	Anne-M Pelletier,15,SL	2 25 39
25	2 24 73	778	WESTFEB	Alison Zwarich,15,UCSC	2 27 99
26	2 24 81	777	EASTFEB	Erin Jones,16,NKB	2 27 37
27	2 24 90	776	BCAGMAR	Lauren Van Oosten,17,NRST	-
28	2 24 96	775	EASTFEB	Karen Thibodeau,16,ROW	2 27 92
29	2 25 05	774	BCAGMAR	Caitlin Peterson,15,PDSA	
30	2 25 14	772	BCAGMAR	Emily Binkley,15,PDSA	2 29 53
31	2 25.20	771	ABAGMAR	Melissa Finn,16,NCSA	2 23 88
32	2 25 28	770	BCAGMAR	Amielle Lake,15,PDSA	2 26 74
33	2 25 46	768	EASTFEB	Nancy Thibault,16,PLUS	
34	2 25 78	763	ISCUPNOV	Regan Petelski,15,IS	2 25 19
35	2 25 90	761	ISCUPNOV	Jenny Foreman,16,IS	2 23 69
36	2 26 05	759	NKBNOV	Marsha Clouthier,17,GMAC	2 21 90
37	2 26.09	759	BRANTNOV	Tara Schulz,15,PCSC	2 26 24
38	2 26 14	758	SHERDEC	Genevieve Noiseux,15,CNB	2 27 47
39	2 26 26	756	MANTADEC	Karina Klein,16,UCSC	[illegible]
40	2 26 32	755	CAMOOCT	Valerie Mesplier,16,PCSC	[illegible]
41	2 26 88	747	WESTFEB	Beth Frisk,15,USC	[illegible]
42	2 26 91	747	ABAGMAR	Suzanne Davies,17,LASC	[illegible]
43	2 26 99	746	SHERDEC	Ariane Mongeau,17,CNB	[illegible]
44	2 27 09	744	MBSKMAR	Ana Oldershaw,17,ROD	[illegible]
45	2 27 14	743	CASCNOV	Tara Sloan,16,UCSC	
46	2 27 14	743	ONCUPNOV	Susan Furs,17,ETOB	[illegible]
47	2 27 15	743	HWACFEB	Tanya Hunks,15,HWAC	[illegible]
48	2 27 19	743	POAAAFEB	Courtney Martin,15,BBF	[illegible]
49	2 27 22	742	SHERDEC	Catherine Perron,15,RCA	[illegible]
50	2 27 26	742	OFSAAMAR	Hilary Lawton,15,ROW	

400 METRES IND.MEDLEY
Rec: 4 39.32 Nancy Sweetnam,LLSC,91

1	4 53.67	850	MANTAOEC	Marlena Prill,17,IS	4:56.37
2	4 54 82	842	PQAAAFEB	Andrea McIntosh,16,BBF	5:03.81
3	4 55 92	834	BRANTNOV	Chasin Frew,17,NYAC	4:50.49
4	4 56 50	830	YOUTHDEC	Tanya Hunks,15,HWAC	4:58.60
5	4 56 82	827	ONCUPNOV	Elizabeth Warden,17,SCAR	4:49.37
6	4 57 32	824	RIONOV	Sophie Simard,17,UL	4.48.35
7	4:57.53	822	ONCUPNOV	Jennifer Noddle,16,COBRA	4:52.94
8	4:58.10	818	MANTADEC	Regan Petelski,16,IS	5:07.07
9	4:58.90	812	MANTADEC	Rikki Janes,16,GDLO	-
10	4:59 37	809	ISCUPNDV	Jenny Foreman,16,IS	4:57.52
11	5:00 44	801	ABAGMAR	Lindsay McLennan,17,LEDUC	5:03.76
12	5:01 21	796	BCAGMAR	Yooni Bae,17,PDSA	-
13	5:01.55	794	EASTFEB	Marie-H. Gagnon,15,PLUS	5:15.92
14	5:02 20	789	PQAAAFEB	Kate Ingram,16,PCSC	5:14.09
15	5:02 61	786	ONCUPNOV	Julie Gravelle,16,GO	5:00.45
16	5:03.67	779	GDLONOV	Riley Mants,17,MANTA	5:01.42
17	5:03 71	778	PDAAAFEB	Kerry Cregan,16,PCSC	5:08.56
18	5:03 95	777	EASTFEB	Genevieve Noiseux,15,CNB	5:12.94
19	5:04 20	775	NKBNOV	Stephanie Zarins,15,GD	4:57.46
20	5:04 31	774	EASTFEB	Josee Dubois,17,RCA	5:05.05
21	5:04 84	771	EASTFEB	Marlene Taliana,18,SAMAK	-
22	5:05.03	769	BYACNOV	Kristen Kursiss,16,BOSC	5:14.64
23	5:05.58	765	CAMDDCT	Elaine Duranceau,15,PCSC	5:00.63
24	5:05.59	765	NKBNDV	Marsha Clouthier,17,GMAC	4:55.25
25	5:05.70	765	WESTFEB	Ana Oldershaw,17,RDD	5:10.21
26	5:06.17	761	PQAAAFEB	Marie-Eve Mongeau,15,CNB	5:17.45
27	5:06.24	761	EASTFEB	Krista Morrison,17,FAST	5:10.24
28	5:06 69	758	NFAGMAR	Suzanne Drodge,15,SJL	5:16.03
29	5:06.79	757	NSAGMAR	Stephanie Hughes,17,HTAC	4:59.49
30	5:07 17	754	DTTAWDEC	Marie-Eve D'Amboise,17,CNMN	5:07.42
31	5:07 21	754	WESTFEB	Beth Frisk,15,USC	5:08.96
32	5:07 32	753	KCCDEC	Jenny Scott,15,EKSC	5:21.37
33	5:07 32	753	PQAAAFEB	Amelie Theroux-Lemay,15,CAMO	5:16.76
34	5:07 37	753	EASTFEB	Sophie Emond,15,EXCEL	5:04.78
35	5:07 43	753	BCAGMAR	Catrin Jones,16,NRST	5:08.08
36	5:07.66	751	KCCDEC	Lauren Van Dosten,17,NRST	-
37	5:07.91	749	EASTFEB	Carla DiFilippo,17,HWAC	5:08.47
38	5:08.69	744	NKBNDV	Kelly Bryon,16,USC	5:02.53
39	5:08.93	742	PQAAAFEB	Caroline Poulin,16,EXCEL	5:12.38
40	5:09 48	739	RACERDEC	Amielle Lake,15,PDSA	5:12.26
41	5:09 51	738	EASTFEB	Julie Daudelin,17,SHER	5:12.76
42	5:09.53	738	PDAAAFEB	Courtney Martin,15,BBF	5:15.59
43	5:09 53	738	ABAGMAR	Melissa Finn,16,NCSA	5:08.58
44	5:10 25	733	CANNDV	Melissa Knox,17,PDSA	4:57 28
45	5:10 29	733	ABAGMAR	Jadeen Davis,16,EKSC	-
46	5:10.30	733	ABAGMAR	Janice Berry,15,CTSC	5:14.06
47	5:10.57	731	PQAAAFEB	Helene Painchaud,15,EXCEL	5:13.73
48	5:10.65	731	BCAGMAR	Caitlin Peterson,15,PDSA	-
49	5:11.10	728	YDUTHDEC	Jane Axford,17,TDMAC	5:07.41
50	5:11 15	727	EASTFEB	Karen Thibodeau,16,RDW	5:14.05

4X50 M MEDLEY RELAY
Rec: 1:58.37 Cobra Swim Club,COBRA,93

1	2:01.21	849	PQAAAFEB	Beaconsfield Bluefins,BBF
2	2:03.42	811	PCSCDEC	CN St-Hyacinthe,CNSH
3	2:03.45	810	KCCDEC	Kamloops Classic,KCS
4	2:03.63	807	BCAGMAR	Pacific Dolphin SA,PDSA
5	2:03.84	804	MANTAOEC	Manta Swim Club,MANTA
6	2:04.14	799	PDAAAFEB	Pointe Claire SC,PCSC
7	2:04.31	796	CASCNOV	Univ.Calgary SC,UCSC
8	2:04.50	792	BCAGMAR	Nanaimo Riptide ST,NRST
9	2:05.21	780	ABAGMAR	Lethbridge ASC,LASC
10	2:05.39	777	MANTADEC	Regina Opt.Dolphins,ROD
11	2:05.80	770	YOUTHOEC	Mississauga AC,TDMAC
12	2:05.93	768	METROJAN	Halifax Trojans,HTAC
13	2:06.04	766	KCCOEC	Edmonton Keyano,EKSC
14	2:06.19	764	NKBNOV	Newmarket SC,NEW
15	2:06.69	755	YOUTHOEC	Markham AC,MAC
16	2:06.76	754	NKBNDV	Cobra Swim Club,CDBRA
17	2:06.81	753	ABAGMAR	Nose Creek SA,NCSA
18	2:06.88	752	CSOOCT	Natation CSQ,CSQ
19	2:07.04	750	PQAAAFEB	Montreal Aquatique,CAMO
20	2:07.12	748	PDAAAFEB	CA Gatineau,CAG
21	2:07.17	747	PDAAAFEB	CN Boucherville,CNB
22	2:07.18	747	NKBNDV	Nepean Kanata,NKB
23	2:07.26	746	PDAAAFEB	Cachalots St-Bruno,CSB
24	2:07.56	741	ABAGMAR	Silver Tide SC,STSC
25	2:07.76	738	BYACNDV	Dwen Sound AC,DSAC
26	2:08.15	731	NKBNDV	Ace Swim Team,ACE
27	2:08.16	731	BCAGMAR	Vernon KokaneeSC,VKSC
28	2:08.36	728	PDAAAFEB	Samak de Brossard,SAMAK
29	2:08.88	719	BCAGMAR	Hyack Swim Club,HYACK
30	2:09.18	715	ABAGMAR	Red Deer Catalina SC,RDCSC
31	2:09.44	710	POAAAFEB	Univ.Laval Rouge & Or,UL
32	2:09.51	709	SHERDEC	Chaudiere-Appalache,RCA
33	2:09.55	709	BCAGMAR	Kelowna Aqua Jets,KAJ
34	2:09.81	704	BRDCKDCT	Brock Niagara,BRDCK
35	2:09.92	703	ABAGMAR	Cascade Swim Club,CASC
36	2:10.18	699	PCSCDEC	Dakville AC,DAK
37	2:10.63	691	CSOOCT	CN Beauport,CNCB
38	2:11.00	686	NKBNOV	Tillsonburg AT,TAT
39	2:11.14	683	ABAGMAR	Leduc Otters,LEDUC
40	2:11.54	677	YDUTHDEC	North York AC,NYAC
41	2:11.73	674	MANTADEC	Saskatoon Goldfins,GDLD
42	2:12.18	667	CSDDCT	Charlesbourg-Loretteville,EXCEL
43	2:12.27	666	NKBNDV	Crescent Town SC,CREST
44	2:12.50	662	PCSCDEC	Etobicoke SC,ETOB
45	2:12.69	660	MBSKMAR	Saskatoon Y Lasers,YLSC
46	2:12.71	659	RACERDEC	Island Swimming,IS
47	2:12.98	655	ABAGMAR	Ponoka Pool Sharks,PPS
48	2:13.12	653	YOUTHDEC	Windsor AC,WAC
49	2:13.13	653	ISCUPNDV	Pacific Seawolves,PSW
50	2:13.19	652	BYACNDV	Vaughan AC,VAC

4X50 M FREE RELAY
Rec: 1:46.11 Etobicoke Pepsi,EPS,90

1	1:49.27	829	METROJAN	Halifax Trojans,HTAC
2	1:49.63	822	PQAAAFEB	Beaconsfield Bluefins,BBF
3	1:50.21	811	BCAGMAR	Pacific Dolphin SA,PDSA
4	1:50.97	796	BCAGMAR	Kamloops Classic,KCS
5	1:50.98	796	PCSCOEC	Pointe Claire SC,PCSC
6	1:51.53	786	ABAGMAR	Lethbridge ASC,LASC
7	1:51.59	784	CASCNOV	Univ.Calgary SC,UCSC
8	1:51.80	781	ISCUPNOV	Island Swimming,IS
9	1:51.83	780	KCCOEC	Edmonton Keyano,EKSC
10	1:52.00	777	PQAGNOV	CN Boucherville,CNB
11	1:52.31	771	MANTAOEC	Manta Swim Club,MANTA
12	1:52.45	768	NKBNDV	Uxbridge SC,USC
13	1:52.60	765	NKBNOV	Ace Swim Team,ACE
14	1:52.67	764	BCAGMAR	Nanaimo Riptide ST,NRST
15	1:53.08	756	ABAGMAR	Nose Creek SA,NCSA
16	1:53.19	754	PCSCDEC	Dakville AC,DAK
17	1:53.21	754	MANTADEC	Regina Dpt.Dolphins,RDD
18	1:53.27	753	BYACNOV	Owen Sound AC,DSAC
19	1:53.47	749	NKBNOV	Newmarket SC,NEW
20	1:53.51	748	PQAAAFEB	Samak de Brossard,SAMAK
21	1:53.53	748	NKBNDV	Cobra Swim Club,CDBRA
22	1:53.53	748	PQAAAFEB	CA Gatineau,CAG
23	1:54.24	735	BCAGMAR	Kelowna Aqua Jets,KAJ
24	1:54.32	733	NKBNDV	Nepean Kanata,NKB
25	1:54.32	733	BCAGMAR	Vernon KokaneeSC,VKSC
26	1:54.88	723	PQAAAFEB	Natation CSD,CSD
27	1:55.20	717	YOUTHDEC	North York AC,NYAC
28	1:55.42	713	PQAAAFEB	Montreal Aquatique,CAMD
29	1:55.77	707	CASCNDV	Leduc Otters,LEDUC
30	1:56.07	702	ABAGMAR	Silver Tide SC,STSC
31	1:56.49	694	SHERDEC	Chaudiere-Appalache,RCA
32	1:56.52	694	BRDCKOCT	Brock Niagara,BRDCK
33	1:56.72	690	BROCKOCT	Chatham Y,CYPS
34	1:56.88	687	BCAGMAR	Arbutus Swim Club,ARBU
35	1:57.04	685	PQAAAFEB	Cachalots St-Bruno,CSB
36	1:57.20	682	KCCDEC	Williams Lake Bluefins,WLBF
37	1:57.22	681	GDLDNDV	Saskatoon Goldfins,GOLD
38	1:57.40	678	NKBNOV	Tillsonburg AT,TAT
39	1:57.47	677	KCCDEC	West Van Otters SC,WVOSC
40	1:57.65	674	ABAGMAR	Red Deer Catalina SC,RDCSC
41	1:57.67	674	BYACNDV	Vaughan AC,VAC
42	1:57.67	674	BCAGMAR	Comox Valley AC,CDMDX
43	1:57.74	672	PDAAAFEB	Univ.Laval Rouge & Or,UL
44	1:57.75	672	GOLDNOV	Saskatoon Y Lasers,YLSC
45	1:57.88	670	BYACNOV	Newcastle AC,NEWAC
46	1:57.91	669	PQAAAFEB	Natashouach Granby,CNNG
47	1:57.91	669	PDAGFEB	CN Beauport,CNCB
48	1:58.28	663	NKBNDV	Scarborough SC,SCAR
49	1:58.36	662	KCCDEC	Hyack Swim Club,HYACK
50	1:58.36	662	ABAGMAR	Olympian Swim Club,OSC

BOYS 15-17 1996 SHORT COURSE TAG®

50 METRES FREESTYLE
Rec: 22.94 Dean Kondziolka,TDMAC,90

1	23.08	873	EASTFEB	Simon MacDonald,16,NKB	23.40
2	23 53	832	CANNDV	William Sutherland,16,AAC	23.78
3	23 60	826	RIONOV	Yannick Lupien,15,CAGRA	23.45
4	23.65	821	WESTFEB	Dan Rutledge,17,SPART	23.94
5	23.80	808	BCAGMAR	Peter Marshall,17,PDSA	24.67
6	23.81	807	EASTFEB	John M. Mills,15,NKB	24.58
7	23 90	799	KCCDEC	Andrew Cowper-Smith,16,EKSC	24.84
8	23.91	798	MANTADEC	Graham Duthie,17,DELTA	23.42
9	23 92	797	EASTFEB	Aaron Lo,17,AAC	24 66
10	23 99	791	WESTFEB	Sandy Henderson,16,DAK	-
11	24 01	789	MANTADEC	Peter Myers,17,MM	24.23
12	24 02	788	EASTFEB	Eric Gabsch,15,TOMAC	24 90
13	24 03	787	CANNDV	Steven Foley,17,MM	23.45
14	24 03	787	BCAGMAR	Sveto Zvijerac,16,HYACK	24.40
15	24 15	777	WESTFEB	Bryson Tan,17,DAK	25.05
16	24 17	775	KCCDEC	Sean Lipinski,16,VKSC	-
17	24 19	773	WESTFEB	Graham Wood,16,DELTA	24.38
18	24.20	772	METRDJAN	Jason Snyder,17,HTAC	24.11
19	24 25	768	BRANTNDV	Dennis Lau,17,ETDB	23.73
20	24 30	764	KCCDEC	Mark Ritchie,17,CASC	24.85
21	24 36	759	EASTFEB	Brett Preston,17,ACE	24.91
22	24 40	755	ABAGMAR	Brian Edey,16,EKSC	-
23	24 41	754	ABAGMAR	Paul Dixon,17,LASC	24 49
24	24 43	752	WESTFEB	Jason Streefkerk,16,DELTA	-
25	24 43	752	EASTFEB	Rommel Fifi,16,NYAC	-
26	24 44	752	KCCDEC	Adam Pettifer,15,RACER	-
27	24 47	749	MANTADEC	Mark Welty,16,RDCSC	24 50
28	24 48	748	WESTFEB	Riley Janes,15,GDLD	25.73
29	24 49	747	YDUTHDEC	Jamie White,17,LAC	24.90
30	24 49	747	EASTFEB	Steve Hanzlik,17,CATS	-
31	24 50	746	RACERDEC	Kevin Johns,16,RACER	-
32	24 52	745	EASTFEB	Mark Shivers,15,CATS	25.41
33	24 52	745	OFSAAMAR	Graham Jastrebski,16,ROW	-
34	24 53	744	MANTADEC	David Freedman,17,MANTA	24 57
35	24 55	742	EASTFEB	Nicholas Malek,17,FAST	-
36	24 56	741	PDAAAFEB	Martin Bourbonnais,16,CSB	24.99
37	24 58	740	MANTADEC	Sasha Kalabis,17,UCSC	24 65
38	24 59	739	KCCDEC	Mike Richard,17,KCS	-
39	24 60	738	EASTFEB	Ryan Arens,17,CYPS	24.72
40	24 61	737	EASTFEB	Chris Lim,17,ACE	24 88
41	24 61	737	ABAGMAR	Remi Barre,17,GPP	25.09
42	24 62	736	WESTFEB	Andrew Pienaar,17,DAK	-
43	24 62	736	EASTFEB	Guillaume Filion,15,CNCB	-
44	24 64	734	WESTFEB	Patrick Goral,17,UCSC	-
45	24 66	733	ABAGMAR	Chris Hibberd,17,UCSC	-
46	24 69	730	KCCDEC	Michael Knight,17,EKSC	24 06
47	24 69	730	BYACNDV	Mark Johnston,16,BRDCK	-
48	24 70	729	ISCUPNOV	Philip Weiss,16,PSW	24 84
49	24 70	729	WESTFEB	David Bialowas,17,UCSC	-
50	24 70	729	EASTFEB	Scott MacDonald,16,BYAC	-

100 METRES FREESTYLE
Rec: 50.12 Alex Baumann,LUSC,81

1	51.29	857	EASTFEB	Eric Gabsch,15,TOMAC	53.41
2	51.95	830	OTTAWDEC	Yannick Lupien,15,CAGRA	51.03
3	52.27	817	WESTFEB	Graham Wood,16,DELTA	53.53
4	52.34	814	KCCDEC	Michael Knight,17,EKSC	52.53
5	52.35	814	CANNDV	William Sutherland,16,AAC	52.00
6	52.35	814	EASTFEB	Simon MacDonald,16,NKB	53.28
7	52.61	803	WESTFEB	Dan Rutledge,17,SPART	52.48
8	52.77	797	CANNDV	Garret Pulle,17,AAC	50.98
9	52.79	796	EASTFEB	Ryan Tudor-Roberts,17,NKB	53.98
10	52.81	795	WESTFEB	Peter Marshall,16,PDSA	53.69
11	52.86	793	MANTADEC	Graham Duthie,17,DELTA	53.38
12	52.86	793	EASTFEB	Rommel Fifi,16,NYAC	-
13	52.93	790	CANNDV	Jason Brockman,17,UCSC	53.07
14	52.99	788	WESTFEB	Andrew Cowper-Smith,16,EKSC	-
15	53.01	787	EASTFEB	John M. Mills,15,NKB	57.02
16	53.04	786	KCCDEC	Mark Ritchie,17,CASC	54 20
17	53.06	785	EASTFEB	Otto Hinks,17,NKB	-
18	53.10	783	CANNOV	Mark Welty,16,RDCSC	53 26
19	53.16	781	MANTADEC	Dwen MacGregor,17,MANTA	54 23
20	53.16	781	POAAAFEB	Charles-E. Goyette,15,CNNG	54.37
21	53.17	781	MANTADEC	Riley Janes,15,GOLD	55.99
22	53.18	780	ROWJAN	Mark Johnston,16,BRDCK	54.29
23	53.22	779	BCAGMAR	Josh Hickman,16,PSW	-
24	53.23	778	WESTFEB	Sandy Henderson,16,DAK	-
25	53.29	776	WESTFEB	Bryson Tan,17,OAK	-
26	53.37	773	CANNOV	Steven Foley,17,MM	51.16
27	53.39	772	CANNDV	Patrick Goral,17,UCSC	53.54
28	53.40	771	KCCDEC	Brian Edey,16,EKSC	-
29	53.42	771	DCSCNOV	Jason Snyder,17,HTAC	51.92
30	53.43	770	YOUTHDEC	Cory Bardossy,15,HWAC	53.96
31	53.45	769	YDUTHDEC	Jamie White,17,LAC	53.11
32	53.48	768	KCCDEC	Adam Pettifer,15,RACER	-
33	53.56	765	ETOBJAN	Andrew Munro,17,ETDB	52.54
34	53.56	765	EASTFEB	Aaron Lo,17,AAC	-
35	53.57	765	RACERDEC	Scot Bain,17,HYACK	54.27
36	53.60	764	MBSKMAR	Peter Myers,17,MM	53.41
37	53.60	764	MBSKMAR	Chris Hibberd,17,UCSC	-
38	53.61	763	PQAAAFEB	Martin Bourbonnais,16,CSB	54.97
39	53.64	762	OFSAAMAR	Andrew Chan,16,ETDB	-
40	53.67	761	KCCDEC	Sean Lipinski,16,VKSC	-
41	53.67	761	PQAAAFEB	Jean-F. Langlais,16,CNCI	-
42	53.67	761	BCAGMAR	Filip Walczuk,16,PDSA	-
43	53.72	759	KCCDEC	Tyler Kruger,16,NRST	54.99
44	53.77	757	PCSCDEC	Guillaume Filion,16,CNCB	-
45	53.77	757	BCAGMAR	Philip Weiss,16,PSW	53.42
46	53.80	756	ETOBJAN	Brett Preston,17,ACE	54 95
47	53.88	752	BCAGMAR	Kevin Johns,16,RACER	-
48	53.89	752	KCCDEC	Mike Richard,17,KCS	-
49	53.99	748	WESTFEB	Remi Barre,17,GPP	-
50	54.00	748	WESTFEB	Jake Steele,16,PDSA	-

200 METRES FREESTYLE
Rec: 1:47.83 Alex Baumann,LUSC,81 / Eddie Parenti,NSC,89

1	1:52.20	857	EASTFEB	Eric Gabsch,15,TOMAC	1:56 33
2	1:53.90	825	MANTADEC	Dwen MacGregor,17,MANTA	1:55 96
3	1:54.25	819	RACERDEC	Sveto Zvijerac,16,HYACK	1:55.50
4	1:54.55	813	EASTFEB	Dtto Hinks,17,NKB	1:59.19
5	1:54 56	813	EASTFEB	Rommel Fifi,16,NYAC	1:59.01
6	1:54 88	807	RDWJAN	Mark Johnston,16,BROCK	1:55.26
7	1:55.15	802	KCCDEC	Tyler Kruger,16,NRST	1:57.01
8	1:55.32	799	PQAAAFEB	Frederic Savo,16,CAMO	2:04 85
9	1:55.42	797	EASTFEB	Matthew Virgini,16,PCSC	1:58 44
10	1:55.45	797	BCAGMAR	Filip Walczuk,16,PDSA	1:57 92
11	1:55.46	797	DNCUPNOV	Cory Bardossy,15,HWAC	1:58 45
12	1:55.60	794	CANNOV	Joshua Pun,16,STSC	1:58 23
13	1:55.72	792	EASTFEB	Douglas Browne,17,RDW	1:55.81
14	1:55.78	791	EASTFEB	Andrew Slot,16,TRENT	1:59 18
15	1:55.78	791	BCAGMAR	Philip Weiss,16,PSW	1:56 04
16	1:55.87	789	PDAAAFEB	Charles-E. Goyette,15,CNNG	1:57 54
17	1:55.93	788	KCCDEC	Mark Ritchie,17,CASC	-
18	1:56.04	786	BCAGMAR	Olivier Leroy,15,NRST	1:59.94
19	1:56.07	785	KCCDEC	Brian Edey,16,EKSC	-
20	1:56.15	784	CASCNDV	Scott Flood,17,GDLD	1:55.70
21	1:56.20	783	WESTFEB	Riley Janes,15,GOLD	2:02 13
22	1:56.28	781	CASCNOV	Patrick Goral,17,UCSC	1:55.57
23	1:56.29	781	EASTFEB	Ryan Tudor-Roberts,17,NKB	1:53 27
24	1:56.41	779	KCCDEC	Matthew Henderson,16,CASC	1:58.40
25	1:56.55	777	EASTFEB	Drew Devlin,16,BRANT	2:07 01
26	1:56.57	776	BCAGMAR	Peter Marshall,17,PDSA	1:58 37
27	1:56.59	776	BCAGMAR	Josh Hickman,16,PSW	-
28	1:56.81	772	ABAGMAR	Michael Pinder,17,LASC	1:56 74
29	1:56.93	770	ONCUPNOV	Andrew Munro,17,ETDB	1:53 95
30	1:57.03	768	MACJAN	William Sutherland,17,AAC	1:55 89
31	1:57 21	765	KCCDEC	Dylan Rogusk,17,EKSC	-
32	1:57.32	763	MANTAOEC	Mark Welty,16,RDCSC	1:59 59
33	1:57.33	762	PQAAAFEB	Philippe Gagnon,16,CNCI	2:08 00
34	1:57.46	760	EASTFEB	Robbie Tennent,16,SJL	-
35	1:57 47	760	MANTADEC	Marc Gushuliak,16,MANTA	1:59 74
36	1:57 51	759	METROJAN	Kevin Oupuis,17,DCSC	-
37	1:57.55	758	CANNOV	Jason Brockman,17,UCSC	1:59 82
38	1:57 72	755	BCAGMAR	Roland Bauhart,15,KAJ	2:01 08
39	1:57.84	753	EASTFEB	Burt James,17,PERTH	-
40	1:57.88	752	EASTFEB	Adam Nicholson,15,GMAC	2:03.29
41	1:57.94	751	EASTFEB	Peter Cullen,17,PCSC	-
42	1:58 05	749	BCAGMAR	James Oh 16,PDSA	-
43	1:58 11	748	BCAGMAR	Greg Bate,16,RAYS	2:04 31
44	1:58.18	747	MANTADEC	Oerek Brown 17 RDCSC	-
45	1:58.18	747	BCAGMAR	Graham Wood 16,DELTA	-
46	1:58.29	745	CANNOV	Yannick Lupien,15,CAGRA	1:52 51
47	1:58.29	745	SHERDEC	Louis-D Bonneau,15,DH	2:03 21
48	1:58 39	743	ONCUPNOV	Michael Harlow,17,EYSC	1:58 44
49	1:58 39	743	BCAGMAR	Joe Melton,16,VKSC	-
50	1:58 47	742	SHERDEC	Gary Monaghan,15,CSQ	2:03 59

BOYS 15-17 CONTD.

400 METRES FREESTYLE
Rec: 3.47.65 Alex Baumann,LUSC,81

1	3:59.37	837	EASTFEB	Eric Gabsch,15,TDMAC	4 14.30
2	4.00.17	830	BCAGMAR	Tyler Kruger,16,NRST	4 07.64
3	4.01 32	820	BCAGMAR	Sam Lawson,17,PDSA	4 06.92
4	4.01.82	815	EASTFEB	Ryan Tudor-Roberts,17,NKB	4 02.88
5	4.02.26	811	MBSKMAR	Dwen MacGregor,17,MANTA	4.03.87
6	4.02.90	806	BYACNDV	Mark Johnston,16,BROCK	4 02 55
7	4.03.29	802	EASTFEB	Matthew Virgini,16,PCSC	4 08.68
8	4.03.49	800	ISCUPNOV	Philip Weiss,16,PSW	3 59 14
9	4.04.14	795	EASTFEB	Rommel Fiti,16,NYAC	4 12 93
10	4.05.16	786	BCAGMAR	Josh Hickman,16,PSW	-
11	4.05.36	784	YDUTHDEC	Mark Eberlie,17,LAC	4 13.31
12	4.05.42	784	EASTFEB	Ditto Hinks,17,NKB	4 14.58
13	4:05.55	783	CASCNDV	Scott Flood,17,GOLD	4 03.19
14	4.05.73	781	ABAGMAR	Michael Pinder,17,LASC	4 09.15
15	4.05.92	779	EASTFEB	Cory Bardossy,16,HWAC	4 11.38
16	4.05.92	779	EASTFEB	Peter Cullen,17,PCSC	4 15 32
17	4.06.72	772	PDAAAFEB	Frederic Savo,16,CAMD	4 27 94
18	4:06.74	772	EASTFEB	Douglas Browne,17,RDW	4 09 62
19	4:06.92	771	RACERDEC	Tim Peterson,16,PDSA	4 09 79
20	4 06.98	770	BCAGMAR	Justin Hardiman,16,PSW	4 13 67
21	4:07.23	768	BCAGMAR	Olivier Leroy,15,NRST	4 15 97
22	4:07.34	767	KCCDEC	Matthew Henderson,16,CASC	4 08.16
23	4:07 54	765	RACERDEC	Filip Walczuk,16,PDSA	4 15.99
24	4:07.71	764	POAAAFEB	Alex Blazys,16,CAMD	4 12 84
25	4.08.18	760	MBSKMAR	Ryan Keesey,15,GOLD	4 25.73
26	4:08.31	759	EASTFEB	Craig Pickering,17,CAGRA	4 14 30
27	4:08.58	757	RACERDEC	Sveto Zvijerac,16,HYACK	4 15 65
28	4.08.58	757	EASTFEB	Peter Londry,16,LUSC	4 16 54
29	4:08.94	753	EASTFEB	John Hewerdine,16,LAC	4 16 58
30	4:09.04	753	EASTFEB	Jeff Cowan,17,WAC	-
31	4:09.07	752	WESTFEB	James Dh,16,PDSA	-
32	4:09.12	752	WESTFEB	Marc Gushuliak,16,MANTA	4 15 63
33	4:09.13	752	MANTADEC	Graham Duthie,17,DELTA	4 09 93
34	4:09 40	750	POAAAFEB	Charles-E. Goyette,15,CNNG	4 11 06
35	4:09.94	745	KCCDEC	Dylan Roguski,17,EKSC	4 14 75
36	4:10.00	745	CASCNDV	Patrick Goral,17,UCSC	4 01.18
37	4.10.12	743	BCAGMAR	Roland Bauhart,15,KAJ	4 20.34
38	4:10.38	741	BCAGMAR	Joe Melton,16,VKSC	-
39	4:10 45	741	EASTFEB	Sean Robinson,15,TDMAC	4.12 45
40	4:10.51	740	EASTFEB	Glen Steacy,16,LAC	4 15.13
41	4 10.52	740	EASTFEB	Robbie Tennent,16,SJL	4 15.50
42	4 10.57	740	EASTFEB	Costin Antonescu,16,GD	-
43	4 10.59	740	RACERDEC	Andrew Cho,17,HYACK	4 09 64
44	4.10.65	739	EASTFEB	Matthew Walker,15,FAST	4 20.29
45	4.10.71	739	EASTFEB	Sean MacLure,17,NYAC	4 16 87
46	4 10.75	738	BCAGMAR	Neil Evans,15,SPART	4 19.65
47	4 10.76	738	PCSCDEC	Yannick Lupien,15,CAGRA	4 03 83
48	4 11.31	734	ETOBJAN	Drew Chorney,17,ETDB	4 06 13
49	4.11.56	731	ABAGMAR	Jason Thompson,17,RDCSC	4:00.93
50	4.11.73	730	BCAGMAR	Jake Steele,17,PDSA	-

1500 METRES FREESTYLE
Rec: 15:04.14 Michael McWha,WAC,95

1	15.46.54	851	YOUTHDEC	Mark Eberlie,17,LAC	15:54 87
2	15:51.86	839	ONCUPNOV	Mark Johnston,16,BROCK	16:01 29
3	15.52.38	838	CANNDV	Sam Lawson,17,PDSA	15.56 73
4	15:59.99	821	MBSKMAR	Owen MacGregor,17,MANTA	16 17 69
5	16:02 11	816	ABAGMAR	Michael Pinder,17,LASC	16 25 86
6	16:07.56	804	ISCUPNDV	Philip Weiss,16,PSW	16.17 58
7	16.08.46	802	EASTFEB	Craig Pickering,17,CAGRA	16:35 10
8	16:09 35	800	MANTADEC	Ryan Keesey,15,GOLD	17:21.12
9	16.09 54	800	EASTFEB	Glen Steacy,16,LAC	16 58.20
10	16.10.41	798	HWACFEB	Cory Bardossy,16,HWAC	16 22 43
11	16 13.02	792	WESTFEB	Justin Hardiman,16,PSW	16 39 34
12	16:13.84	790	EASTFEB	John Hewerdine,16,LAC	16 41 08
13	16:14 42	789	EASTFEB	Peter Cutlen,17,PCSC	16.55 27
14	16:14 65	789	BCAGMAR	Joe Melton,16,VKSC	-
15	16:16.12	785	ONCUPNOV	Peter Londry,16,LUSC	16.49 35
16	16:17.05	783	EASTFEB	Jeff Cowan,17,WAC	-
17	16:17 12	783	EASTFEB	Sean Robinson,15,TDMAC	16 35 47
18	16:18.03	781	RACERDEC	Tim Peterson,16,PDSA	16 16.93
19	16:18.54	780	EASTFEB	Rommel Fiti,16,NYAC	16 36 83
20	16:19.74	777	BCAGMAR	Jake Steele,17,PDSA	17 19 07
21	16:20.41	776	BCAGMAR	Tyler Kruger,16,NRST	16 28.74
22	16:21.87	773	GOLDNDV	Scott Flood,17,GOLD	15 55 71
23	16:22 42	772	EASTFEB	Sean MacLure,17,NYAC	16 35.88
24	16:24 40	767	KCCDEC	Brian Edey,16,EKSC	17 07 16
25	16:24.40	767	KCCDEC	Dylan Roguski,17,EKSC	16 51 57
26	16:26.23	763	BCAGMAR	Chris Hindmarch-W ,16,PDSA	17 07 40
27	16:27.79	760	ABAGMAR	Ian Wilson,17,CASC	16 53.86
28	16:27.93	760	ONCUPNDV	Willie Paul,15,LUSC	16 47 19
29	16:30.91	753	MANTADEC	Derek Brown,17,RDCSC	16 22 25
30	16.31.03	753	MANTADEC	Marc Gushuliak,16,MANTA	16 47 94
31	16:31.84	751	RACERDEC	Filip Walczuk,16,PDSA	17 07 67
32	16:33.05	749	ABAGMAR	Thomas Haltord,16,CASC	-
33	16.34.55	746	DNCUPNOV	David Steiner,17,NYAC	16 37 50
34	16:34.83	745	EASTFEB	Costin Antonescu,16,GO	-
35	16:35.25	744	SHERDEC	Michel Boulianne,17,CSD	17:01.19
36	16:35.56	744	EASTFEB	Drew Devlin,16,BRANT	16 52 80
37	16.36.79	741	YOUTHDEC	Sandy Jackson,16,CAJ	16 51 62
38	16.37.09	740	MANTADEC	Graham Duthie,17,DELTA	16 49 48
39	16 38.43	737	ONCUPNOV	Ryan Skomorowski,17,BRANT	-
40	16:38.68	737	EASTFEB	Matthew Walker,15,FAST	16 58.38
41	16:38 74	737	ABAGMAR	Jason Thompson,17,RDCSC	15 50 34
42	16:40.19	734	EASTFEB	Ryan Mallette,15,DOO	17:25 28
43	16.40.91	732	EASTFEB	Alex Hayes,15,GO	17.24 47
44	16 41.50	731	YDUTHDEC	Brandon Robinson,15,HWAC	17:13 51
45	16 41.52	731	NSAGMAR	Jeff Bailey,16,DCSC	17 14 12
46	16.41.67	731	POAAAFEB	Frederic Savo,16,CAMD	-
47	16:43.28	727	ONCUPNOV	Matthew Johnston,17,BRDCK	16.27 48
48	16:43 41	727	BCAGMAR	Olivier Leroy,15,NRST	16 51 68
49	16 44 60	725	EASTFEB	Kipp Kaufmann,16,WAC	-
50	16.44 76	724	METROJAN	Kevin Dupuis,17,DCSC	16 44 19

100 METRES BACKSTROKE
Rec. 54.56 Chris Renaud,UCSC,93

1	56.07	872	KCCDEC	Michael Knight,17,EKSC	56.67
2	56 99	838	CANNDV	Jason Brockman,17,UCSC	57.72
3	57.00	837	CANNDV	Patrick Goral,17,UCSC	58 48
4	57.37	823	CANNOV	Garret Pulle,17,AAC	56.40
5	57 42	822	WESTFEB	Riley Janes,15,GOLD	1 01.28
6	57 55	817	EASTFEB	John M Mills,15,NKB	1.01 18
7	58 13	795	ABAGMAR	Mark Welty,16,RDCSC	59 44
8	58.20	793	WESTFEB	Bart Ujack,17,UCSC	59 88
9	58.25	791	BCAGMAR	Chris Sawbridge,15,NRST	1 02 46
10	58 95	766	ABAGMAR	Dallas Dyson,16,EKSC	1 00.51
11	59.01	763	WESTFEB	Andrew Pienaar,17,OAK	1 01 48
12	59 02	763	RACERDEC	Peter Marshall,16,PDSA	59 68
13	59 13	759	PDAAAFEB	David Allard,16,PCSC	-
14	59 25	755	HWACFEB	Aaron Love,17,HWAC	1 01 19
15	59 27	754	YDUTHDEC	Jamie White,17,LAC	57.69
16	59 29	753	BCAGMAR	Tyler Kruger,16,NRST	-
17	59 46	747	NSAGMAR	Bram Montgomery,17,HTAC	59 86
18	59 49	746	ONCUPNOV	Trevor Grieve,17,NYAC	59 75
19	59.58	743	EASTFEB	Michael Thompson,16,NEW	1 00 61
20	59 67	740	EASTFEB	Jean-F. Langlais,16,CNCI	1 01 82
21	59 81	735	ABAGMAR	Kelly Albrecht,15,RDCSC	1 04 38
22	59.82	735	EASTFEB	Darren Bakker,16,ACE	1 00.06
23	59 88	733	ABAGMAR	Joshua Pun,16,STSC	1 00 80
24	59 88	733	ABAGMAR	Gavin Carscallen,17,CASC	59 71
25	59 90	732	KCCDEC	Roland Bauhart,15,KAJ	1.01 44
26	59.98	729	ABAGMAR	Ian Wilson,17,CASC	-
27	59 99	729	RACERDEC	Andrew Cho,17,HYACK	58 62
28	1 00 06	726	SHERDEC	Louis-D. Bonneau,15,DH	1 00.08
29	1.00.11	725	KCCDEC	Jason Reimer,16,KCS	-
30	1 00 13	724	DNCUPNDV	Brian Keats,16,NYAC	-
31	1 00 18	722	EASTFEB	Trevor Boudreau,17,TRENT	1 01 12
32	1 00.24	720	CANNDV	Steven Foley,17,MM	58 54
33	1 00.24	720	WESTFEB	Graham Wood,16,DELTA	-
34	1 00 26	719	EASTFEB	David Kimmerly,15,ETOB	1 00 33
35	1 00.28	719	EASTFEB	Andrew Slot,16,TRENT	1 01 97
36	1 00 38	715	EASTFEB	Jonathan Fowler,16,EO	-
37	1 00 40	715	EASTFEB	David Thwaits,17,MYK	-
38	1 00 41	714	ABAGMAR	Keith Barrett,15,UCSC	1 01 69
39	1 00.42	714	BCAGMAR	Tom Rushton,16,PDSA	1:06.07
40	1 00 43	713	MANTADEC	Dwen MacGregor,17,MANTA	1 00 40
41	1 00.47	712	EASTFEB	Mark Wyjad,16,PCSC	1 01 46
42	1 00 49	711	PDAAAFEB	Martin Bourbonnais,16,CSB	-
43	1 00.50	711	ISJAN	Matthew Wilson,17,TSUN	1 01 36
44	1 00.58	708	MANTADEC	David Freedman,17,MANTA	1 00 37
45	1 00.69	705	EASTFEB	Guillaume Mecteau,17,CSO	1.01 51
46	1 00.76	702	KCCDEC	Peter Borsjoli,17,EKSC	1 01 54
47	1 00 81	700	PDAAAFEB	Francis Pelletier,16,CNSH	1 00 03
48	1 00 82	700	EASTFEB	Robbie Tennent,16,SJL	-
49	1 00.86	699	SHERDEC	Stephane Robitaille,17,CSD	1 01.75
50	1.00.88	698	MUSACJAN	Mike Dsmun,17,NBYT	-

200 METRES BACKSTRDKE
Rec: 1 57 13 Chris Renaud,UCSC,94

1	2:01 41	879	KCCDEC	Michael Knight,17,EKSC	2.05.37
2	2:03 47	843	CANNDV	Jason Brockman,17,UCSC	2:03 72
3	2:05 41	810	ROWJAN	Jamie White,17,LAC	2.01 42
4	2:05.70	805	KCCDEC	Dallas Dyson,15,EKSC	2 12 18
5	2:06 12	798	BCAGMAR	Philip Weiss,16,PSW	2.07 56
6	2:06.31	795	PDAAAFEB	David Atlard,16,PCSC	2:13 03
7	2:06.34	794	BCAGMAR	Tom Rushton,16,PDSA	2 13.68
8	2:06 52	791	WESTFEB	Peter Marshall,16,PDSA	2:07 29
9	2:06 55	791	CASCNDV	Bart Ujack,16,UCSC	2.10 62
10	2:06.58	790	EASTFEB	Andrew Slot,16,TRENT	-
11	2 06 64	789	POAAAFEB	Frederic Savo,16,CAMD	2 10.38
12	2:06.72	788	EASTFEB	Aaron Love,17,HWAC	2 10 22
13	2:06 91	785	ABAGMAR	Ian Wilson,17,CASC	2 12 48
14	2:07.35	777	BCAGMAR	Chris Sawbridge,15,NRST	2 15 43
15	2:07 40	776	MBSKMAR	Riley Janes,15,GDLD	2 11 95
16	2:07 48	775	KCCDEC	Jason Reimer,16,KCS	2:08 92
17	2:07 71	771	RACERDEC	Andrew Cho,17,HYACK	2 07 02
18	2:07.78	770	ABAGMAR	Mark Welty,16,RDCSC	2.09 00
19	2 07 88	768	ONCUPNOV	Trevor Grieve,17,NYAC	2 09 76
20	2 07.88	768	EASTFEB	Bram Montgomery,17,HTAC	2 10 10
21	2:07 91	768	ABAGMAR	Gavin Carscallen,17,CASC	-
22	2:08.05	766	MBSKMAR	Dwen MacGregor,17,MANTA	2 08 75
23	2:08 55	757	CANNOV	Patrick Goral,17,UCSC	2:04 95
24	2.08.68	755	ETDBJAN	Drew Chorney,17,ETDB	2 07.89
25	2:08 70	755	KCCDEC	Matthew Henderson,16,CASC	2 13 09
26	2:08.73	754	EASTFEB	Mark Wyjad,16,PCSC	2:07 26
27	2 08 77	754	WESTFEB	Andrew Pienaar,17,DAK	2 12 B0
28	2 09.07	749	KCCDEC	Roland Bauhart,15,KAJ	2 10.24
29	2 09 12	748	NKBNDV	Peter Lennox-King,16,EYSC	2 11 77
30	2 09 17	747	EASTFEB	David Kimmerly,15,ETDB	2 13 16
31	2:09 64	740	EASTFEB	Trevor Boudreau,17,TRENT	2 10 33
32	2 09 73	738	NKBNDV	Michael Thompson,16,NEW	2 12 82
33	2:09 76	738	EASTFEB	Guillaume Charron,17,CNBF	2.09.91
34	2 09 78	737	YDUTHDEC	Brian Keats,16,NYAC	-
35	2 09 80	737	NSAGMAR	Jeff Bailey,16,DCSC	2.16 05
36	2 09 96	734	PDAAAFEB	Jean-F Langlais,16,CNCI	-
37	2 09 98	734	ISJAN	Matthew Wilson,17,TSUN	-
38	2 10.01	734	BCAGMAR	Olivier Leroy,15,NRST	2 15 56
39	2.10 09	732	BYACNOV	Mark Johnston,16,BRDCK	2 13 16
40	2 10.27	729	WESTFEB	Keith Barrett,15,UCSC	2 11 56
41	2.10.40	727	EASTFEB	Douglas Browne,17,RDW	2.09 07
42	2 10.46	726	EASTFEB	Jonathan Fowler,16,ED	-
43	2 10 71	722	SHERDEC	Stephane Robitaille,17,CSD	2 13 62
44	2 10.95	718	BCAGMAR	Tyler Kruger,16,NRST	-
45	2 11 00	718	EASTFEB	Tracy Desharnais,17,CNT	-
46	2 11 02	717	PDAAAFEB	Francis Pelletier,16,CNSH	2 09 79
47	2 11 07	717	EASTFEB	Robbie Tennent,16,SJL	2 12.20
48	2 11 12	716	PDAAAFEB	Sebastien Menard,15,CNJA	2 08 93
49	2 11 19	715	FMSCDEC	Michael Power,15,FMSC	2 21 04
50	2 11 20	714	YDUTHDEC	Andrew Hulse,17,LAC	-

100 METRES BREASTSTRDKE
Rec 1 01.36 Victor Davis,RDW,82

1	1.02 57	899	DFSAAMAR	Andrew Chan,16,ETOB	1 03 83
2	1 03 62	864	EASTFEB	Steve Gluck,17,ACE	1 04 54
3	1 03 66	862	EASTFEB	Guillaume Filion,16,CNCB	1 07 50
4	1 04 53	834	MANTADEC	Travis Leyenhorst,17,UNATT	1 03 78
5	1 04 71	828	BCAGMAR	Jason Hunter,16,NRST	1 09 60
6	1 04 93	820	MANTADEC	David Freedman,17,MANTA	1 06 56
7	1 05 09	815	CANNDV	David Allard,16,PCSC	1 05 44
8	1 05 28	809	BCAGMAR	John Stamhuis,16,CRKW	1 03 15
9	1 05 30	808	EASTFEB	Ditto Hinks,17,NKB	-
10	1.05 48	802	WESTFEB	Bryson Tan,17,DAK	1 06.31
11	1 05 50	802	EASTFEB	David Schulze,16,BTSC	1 07 43
12	1 05 54	801	WESTFEB	Jason Streefkerk,16,DELTA	1 06 48
13	1.05.67	796	BRANTNDV	Brad Mori,17,MAC	1 04 58
14	1 05 88	790	BRANTNOV	Aaron Lo,17,AAC	1 08 71
15	1 05 96	787	SHERDEC	Michel Boulianne,17,CSO	1 07 60
16	1 05 97	787	EASTFEB	Christian Goulet,17,EXCEL	1 06 40
17	1 05 99	786	MANTADEC	Kevin Doiron,16,GOLD	-
18	1 06 05	784	ISCUPNDV	Philip Weiss,16,PSW	1 07 45
19	1 06.35	774	SHERDEC	Julien Carriere,16,BBF	1 07 70
20	1 06.52	769	NSAGMAR	Bram Montgomery,17,HTAC	1 07 43
21	1 06.61	766	WESTFEB	James Cheng,16,ADUA	1 08 80
22	1.06 69	764	EASTFEB	Gregg Gleason,15,BROCK	1.08 68
23	1.06.75	762	EASTFEB	Nicolas Jorgensen,15,PCSC	1 06 84
24	1 06 79	760	KCCDEC	Mike Richard,17,KCS	1 09 29
25	1 06 85	758	BCAGMAR	Jake Steele,17,PDSA	1 09 58
26	1:07.10	751	MBSKMAR	Richard Mullins,17,UCSC	1 06 75
27	1 07 13	750	EASTFEB	Jarrod Armstrong,17,MAC	1 10.38
28	1 07.17	748	YOUTHDEC	Jamie White,17,LAC	1 07 68
29	1 07 22	747	KCCDEC	Dylan Roguski,17,EKSC	1.09 68
30	1.07.34	743	BCAGMAR	Joe Melton,16,VKSC	1 09 20
31	1 07 43	740	DNCUPNOV	Alex Tratch,17,UL	1 06 81
32	1 07.46	739	EASTFEB	Peter Cullen,17,PCSC	1 09.59
33	1 07 55	737	KCCDEC	Steven Meredith,17,KCS	1 08 40
34	1 07 60	735	EASTFEB	Scott MacDonald,16,BYAC	1 10 04
35	1 07 67	733	METRDJAN	Kevin Dupuis,17,DCSC	1 06 65
36	1 07.78	729	EASTFEB	Brian Keats,16,NYAC	1 09 82
37	1 07 86	727	GFJAN	Chris Grimes,15,PSC	1 11 08
38	1.07 88	726	BRANTNDV	Erik Van Dijk,17,AAC	1 06 97
39	1 08 05	721	DNCUPNDV	Scott Lalleur,16,KBM	1 06 31
40	1 08 07	720	BCAGMAR	Andrew Cho,17,HYACK	1 07 90
41	1 08 18	717	EASTFEB	Simon MacDonald,16,NKB	1 09 37
42	1 08 19	717	MBSKMAR	Stephen Exner,16,RDD	1 13.34
43	1 08 31	713	BCAGMAR	Robert Richard,15,KCS	1 11 73
44	1 08 32	713	ETDBDCT	Dennis Lau,17,ETDB	1 06 48
45	1 08 40	710	BCAGMAR	Kevin Andottatto,16,PN	1 10 34
46	1.08 44	709	DNCUPNDV	Trevor Grieve,17,NYAC	-
47	1 08 44	709	WESTFEB	Andrew Cowper-Smith,16,EKSC	-
48	1 08 48	708	EASTFEB	Burt James,17,PERTH	1 09 72
49	1 08.55	706	TDMACNDV	Mark Arzaga,17,CREST	-
50	1 08 55	706	POAAAFEB	Michael White,16,DDO	1 15 35

200 METRES BREASTSTRDKE
Rec 2 11 54 Victor Davis,ROW,82

1	2:17.75	859	BRANTNOV	Andrew Chan,16,ETDB	2 18 87
2	2 19 82	B28	EASTFEB	Steve Gluck,17,ACE	2 21.51
3	2 19 85	827	EASTFEB	Guillaume Filion,16,CNCB	-
4	2:20.38	819	EASTFEB	David Schulze,16,BTSC	2:23 77
5	2:21.00	810	BCAGMAR	Jake Steele,17,PDSA	2 30.22
6	2:21.23	806	BCAGMAR	Jason Hunter,16,NRST	2 33 19
7	2:21 26	806	CANNDV	David Allard,16,PCSC	2 22 50
8	2:22 15	793	WESTFEB	John Stamhuis,17,CRKW	2 16 48
9	2:22 25	791	MANTADEC	Travis Leyenhorst,17,UNATT	2 18 45
10	2:23 27	776	EASTFEB	Michel Boulianne,17,CSD	2 26 08
11	2 23 31	775	MANTADEC	Kevin Doiron,16,GOLD	-
12	2 23 33	775	BCAGMAR	Joe Melton,16,VKSC	2 28 89
13	2 23 42	774	BCAGMAR	Andrew Cho,17,HYACK	2 27 27
14	2 23 45	773	WESTFEB	Jason Streelkerk,16,DELTA	2 24 94
15	2 23 53	772	MANTADEC	Owen MacGregor,17,MANTA	2:27 17
16	2 23.85	767	WESTFEB	James Cheng,16,ADUA	2 30 55
17	2 23 92	766	ISCUPNDV	Philip Weiss,16,PSW	2 21 35
18	2 24 25	761	EASTFEB	Nicolas Jorgensen,15,PCSC	2 30 52
19	2 24 64	756	EASTFEB	Ditto Hinks,17,NKB	-
20	2 24 65	756	EASTFEB	Christian Goulet,17,EXCEL	2 23 73
21	2:24 B5	753	EASTFEB	Peter Mansfield,16,ETDB	2 31 53
22	2 24 90	752	PDAAAFEB	Julien Carriere,16,BBF	2 27 17
23	2 25 69	741	NSAGMAR	Kevin Dupuis,17,DCSC	2 23 17
24	2 25 71	740	WESTFEB	David Freedman,17,MANTA	2 25 32
25	2 25.81	739	NSAGMAR	Bram Montgomery,17,HTAC	2 31 48
26	2 25 87	738	MBSKMAR	Richard Mullins,17,UCSC	2 26 21
27	2 26 30	732	KCCDEC	Mike Richard,17,KCS	-
28	2 26 42	730	PCSCDEC	Philipe Lacoste,17,CAMD	2 27 27
29	2 26 50	729	KCCDEC	Steven Meredith,17,KCS	2 26 57
30	2 26 61	727	BRANTNOV	Brad Mori,17,MAC	2 24 75
31	2 26.98	722	BRANTNDV	Peter Cullen,17,PCSC	2 28 29
32	2 27 00	722	KCCDEC	Dylan Roguski,17,EKSC	2 29 85
33	2 27 73	711	RACERDEC	Regan Janz,16,RACER	-
34	2 27 74	711	DNCUPNDV	Dennis Lau,17,ETDB	2 26 13
35	2 27 97	708	EASTFEB	Burt James,17,PERTH	2:32 84
36	2 27 97	708	EASTFEB	Gregg Gleason,15,BRDCK	2 30 35
37	2 28 07	707	PDAAAFEB	Gary Monaghan,15,CSD	2 32 03
38	2 28 13	706	ROWJAN	John Hewerdine,16,LAC	2 32 39
39	2 28 13	706	EASTFEB	Jarrod Armstrong,17,MAC	-
40	2 28 29	704	ONCUPNDV	Alex Tratch,17,UL	2 24 80
41	2 28 41	702	WESTFEB	Dylan Schiewe,15,EKSC	2 33 79
42	2 28 71	698	BYACNOV	Andrei Bucsko,16,BOSC	2 32 86
43	2 28 76	697	PDAAAFEB	Michael White,16,DDO	-
44	2 28 80	696	PCSCDEC	Ayman Kabalan,16,SAMAK	2 30 43
45	2 28 82	696	GFJAN	Chris Grimes,15,PSC	2 32 06
46	2 28 90	695	EASTFEB	Scott MacDonald,16,BYAC	2 31.36
47	2 29 21	691	EASTFEB	Jean-F Adams,17,MLGO	-
48	2 29 79	683	EASTFEB	Mathieu Hudon,15,PLUS	2 31 81
49	2 29 86	682	MBSKMAR	Keith Barrett,15,UCSC	2 40 45
50	2 30 09	679	DNCUPNOV	Scott Lafleur,16,KBM	2 23 90

BOYS 15-17 CONTD.

100 METRES BUTTERFLY
Rec: 54.63 Doug Wake,ROD,95

1	55.55	883	CANNDV	Garret Pulle,17,AAC	54.96
2	56.09	862	BCAGMAR	Philip Weiss,16,PSW	56.09
3	56.65	841	EASTFE8	Simon MacDonald,16,NK8	1:00.24
4	56.77	837	NK8NOV	Mark Arzaga,17,CREST	58.17
5	56.92	831	ONCUPNOV	Oennis Lau,17,ETDB	56.09
6	57.11	824	OFSAAMAR	Sandy Henderson,16,DAK	-
7	57.34	816	ABAGMAR	Gavin Carscallen,17,CASC	57.01
8	57.40	813	CANNDV	Joshua Pun,16,STSC	57.65
9	57.40	813	EASTFE8	Douglas Browne,17,RDW	57.56
10	57.45	812	EASTFE8	Aaron Lo,17,AAC	59.93
11	57.56	807	EASTFE8	Eric Gabsch,15,TDMAC	59.61
12	57.70	802	RACERDEC	Peter Marshall,16,PDSA	58.42
13	57.71	802	A8AGMAR	Mark Welty,16,RDCSC	59.00
14	58.09	788	KCCDEC	Michael Knight,17,EKSC	-
15	58.19	784	POAAAFE8	Francis Pelletier,16,CNSH	58.38
16	58.27	781	RACERDEC	Scot Bain,17,HYACK	57.78
17	58.47	774	POAAAFE8	Charles-E. Goyette,15,CNNG	59.97
18	58.50	773	HYACKNOV	Andrew Cho,17,HYACK	57.45
19	58.57	770	8CAGMAR	Doug Slater,17,NRST	1:00.48
20	58.60	769	ABAGMAR	Darren Desrochers,17,CASC	1:00.94
21	58.81	762	KCCDEC	Andrew Cowper-Smith,16,EKSC	59.84
22	58.81	762	EASTFEB	Dtto Hinks,17,NKB	-
23	58.86	760	RACERDEC	James Dh,16,PDSA	1:01.50
24	58.91	758	WESTFE8	Graham Wood,16,DELTA	-
25	59.04	754	EASTFE8	Ryan Arens,17,CYPS	1:01.05
26	59.07	752	SHERDEC	Gary Monaghan,15,CSD	1:04.19
27	59.15	750	PCSCDEC	Yannick Lupien,15,CAGRA	1:01.86
28	59.16	749	POAAAFEB	Jean-F. Langlais,16,CNCI	1:01.01
29	59.19	748	M8SKMAR	Peter Myers,17,MM	59.40
30	59.25	746	8RANTNOV	Anthony Tham,17,NYAC	1:01.14
31	59.36	742	EASTFEB	Andrew Slot,16,TRENT	1:00.15
32	59.39	741	CAMDDCT	Philippe Rousseau,17,DDO	57.02
33	59.50	737	PCSCDEC	Sylvain Leduc,17,CAMO	1:00.28
34	59.52	736	KCCDEC	Dallas Dyson,15,EKSC	1:02.56
35	59.52	736	MANTADEC	Sasha Kalabis,17,UCSC	-
36	59.52	736	WESTFE8	Remi 8arre,17,GPP	1:00.43
37	59.59	734	WESTFE8	Peter Armstrong,16,DAK	1:01.56
38	59.68	731	BCAGMAR	Kevin Johns,16,RACER	1:01.56
39	59.78	727	DNCUPNDV	Mark Lange,16,SCAR	1:00.05
40	59.78	727	EASTFEB	Chris Lim,17,ACE	1:00.50
41	59.84	725	EASTFEB	Rob Harland,17,TAT	1:00.97
42	59.90	723	SHERDEC	Marc-A. Pelletier,17,CSD	1:00.45
43	59.99	720	NSAGMAR	Kevin Dupuis,17,DCSC	1:00.31
44	1:00.03	719	CANNOV	William Sutherland,16,AAC	1:01.17
45	1:00.11	716	ISJAN	Matthew Wilson,17,TSUN	59.89
46	1:00.14	715	ETDBDCT	Drew Chorney,17,ETDB	57.61
47	1:00.14	715	EASTFEB	Cameron Lusk,16,NKB	1:02.77
48	1:00.15	714	ROWJAN	Jamie White,17,LAC	58.36
49	1:00.17	714	8CAGMAR	George Loukidis,16,PDSA	1:00.77
50	1:00.21	712	ONCUPNOV	Andrew Munro,17,ET08	-

200 METRES BUTTERFLY
Rec: 1:58.44 Victor Davis,ROW,82

1	2:00.79	893	BCAGMAR	Philip Weiss,16,PSW	1:59.58
2	2:04.29	832	BCAGMAR	Andrew Cho,17,HYACK	2:01.89
3	2:05.08	819	EASTFEB	Douglas Browne,17,RDW	2:07.17
4	2:05.27	816	EASTFEB	Simon MacDonald,16,NKB	2:14.54
5	2:06.17	801	NKBNDV	Mark Arzaga,17,CREST	2:07.57
6	2:06.83	789	EASTFEB	Sebastien Poulin,16,CNMN	2:14.85
7	2:06.95	787	KCCDEC	Matthew Henderson,16,CASC	2:10.56
8	2:07.57	777	WESTFE8	James Dh,16,PDSA	2:12.67
9	2:07.91	771	CANNOV	Philippe Rousseau,17,CNSH	2:05.27
10	2:08.08	769	BCAGMAR	Doug Slater,17,NRST	2:09.72
11	2:09.23	750	BCAGMAR	Peter Marshall,17,PDSA	2:15.45
12	2:09.29	749	ABAGMAR	Mark Welty,16,RDCSC	-
13	2:09.33	748	CANNDV	Joshua Pun,16,STSC	2:08.80
14	2:09.99	737	POAAAFEB	Ryan Mallette,15,DDD	2:18.10
15	2:10.01	737	WESTFE8	Peter Armstrong,16,DAK	-
16	2:10.07	736	KCCDEC	Darren Desrochers,17,CASC	2:12.67
17	2:10.14	735	NKBNDV	Colin Forsberg,17,GMAC	2:07.23
18	2:10.27	733	EASTFEB	Cameron Lusk,16,NK8	2:16.06
19	2:10.28	733	CSOJAN	Marc-A. Pelletier,17,CSD	2:11.04
20	2:10.52	729	PDAAAFE8	Frederic Savo,16,CAMO	-
21	2:10.75	725	NKBNDV	Rob Harland,17,TAT	2:13.43
22	2:10.75	725	EASTFEB	Mark Wyjad,16,PCSC	-
23	2:10.86	723	WESTFEB	Shawn Fuchs,16,RDD	2:17.33
24	2:11.12	719	EASTFE8	Sean MacLure,17,NYAC	2:16.79
25	2:11.15	719	PDAAAFEB	Francis Pelletier,16,CNSH	2:15.29
26	2:11.16	719	PQAGNDV	Sylvain Leduc,17,CAMD	2:11.16
27	2:11.29	716	NKBNDV	Mark Lange,16,SCAR	2:10.27
28	2:11.36	715	RACERDEC	Scot Bain,17,HYACK	2:10.72
29	2:11.38	715	EASTFEB	Otto Hinks,17,NK8	2:16.97
30	2:11.43	714	BCAGMAR	Tyler Kruger,16,NRST	2:16.37
31	2:11.78	709	EASTFEB	Jean-F. Adams,17,MEGD	2:12.26
32	2:11.85	708	WESTFEB	Dallas Dyson,16,EKSC	2:19.05
33	2:12.29	701	YDUTHDEC	Mark Eberlie,17,LAC	-
34	2:12.30	701	KCCDEC	Andrew Cowper-Smith,16,EKSC	2:12.09
35	2:12.50	697	ISJAN	Matthew Wilson,17,TSUN	2:16.33
36	2:12.57	696	DCSCNOV	Kevin Dupuis,17,DCSC	2:10.31
37	2:12.86	692	ONCUPNOV	Trevor Grieve,17,NYAC	2:11.51
38	2:12.87	692	RACERDEC	Kevin Johns,16,RACER	2:13.51
39	2:13.04	689	EASTFEB	Peter Londry,16,LUSC	-
40	2:13.32	685	EASTFEB	Jonathan Canlin,17,PLUS	2:07.61
41	2:13.35	684	DNCUPNDV	Andrew Munro,17,ETDB	-
42	2:13.35	684	ETDBJAN	Andrew Chan,16,ETDB	-
43	2:13.36	684	POAAAFEB	Frederick Roy,16,CSD	-
44	2:13.46	683	ETOBJAN	Dennis Lau,17,ETD8	-
45	2:13.51	682	PDAAAFEB	Alex Blazys,16,CAMD	-
46	2:13.61	680	EASTFEB	Sean Lachance,16,TDMAC	-
47	2:13.62	680	BCAGMAR	George Loukidis,16,PDSA	2:23.11
48	2:13.93	675	KCCDEC	Nathan Tricker,17,EKSC	2:13.25
49	2:14.37	669	EASTFEB	Charles-E. Goyette,15,CNNG	2:18.46
50	2:14.41	668	MBSKMAR	Dwen MacGregor,17,MANTA	-

200 METRES IND.MEDLEY
Rec: 1:59.35 Curtis Myden,UCSC,91

1	2:04.10	885	8CAGMAR	Philip Weiss,16,PSW	2:05.84
2	2:06.42	846	DFSAAMAR	Andrew Chan,16,ETD8	2:07.78
3	2:07.02	836	EASTFE8	David Allard,16,PCSC	2:10.12
4	2:07.09	834	EASTFEB	Dtto Hinks,17,NK8	2:15.86
5	2:07.15	833	RACERDEC	Andrew Cho,17,HYACK	2:05.30
6	2:07.17	833	WESTFE8	Dallas Dyson,16,EKSC	2:14.61
7	2:07.26	832	MANTADEC	Dwen MacGregor,17,MANTA	2:08.80
8	2:08.09	818	8CAGMAR	Roland 8auhart,15,KAJ	2:16.47
9	2:08.13	817	EASTFEB	Steve Gluck,17,ACE	2:12.45
10	2:08.38	813	NK8NOV	Mark Arzaga,17,CREST	2:12.39
11	2:08.82	806	KCCDEC	Dylan Roguski,17,EKSC	2:11.91
12	2:09.01	803	ABAGMAR	Matthew Henderson,17,CASC	2:10.69
13	2:09.66	792	PQAAAFEB	Frederic Savo,16,CAMD	2:16.10
14	2:09.99	786	NSAGMAR	Kevin Dupuis,17,DCSC	2:09.81
15	2:10.22	783	EASTFE8	8urt James,17,PERTH	2:15.63
16	2:10.31	781	SHERDEC	Gary Monaghan,15,CSD	2:15.21
17	2:10.45	779	EASTFE8	Andrew Slol,16,TRENT	2:15.24
18	2:10.50	778	EASTFE8	David Schulze,16,8TSC	2:21.14
19	2:10.59	777	ONCUPNDV	Trevor Grieve,17,NYAC	2:10.23
20	2:10.60	776	NSAGMAR	8ram Montgomery,17,HTAC	2:13.12
21	2:10.70	775	WESTFE8	David Freedman,17,MANTA	2:13.17
22	2:10.81	773	WESTFE8	Keith Barrett,15,UCSC	2:14.01
23	2:10.86	772	RACERDEC	Kevin Johns,16,RACER	2:13.76
24	2:10.87	772	DNCUPNDV	Drew Chorney,17,ETD8	2:06.58
25	2:10.96	771	RACERDEC	John Stamhuis,17,CRKW	2:07.73
26	2:11.23	766	WESTFE8	Remi Barre,17,GPP	2:15.05
27	2:11.47	762	EASTFE8	Sebastien Poulin,16,CNMN	-
28	2:11.60	760	EASTFE8	Simon MacDonald,16,NK8	-
29	2:11.68	759	8CAGMAR	Peter Marshall,17,PDSA	2:14.32
30	2:11.75	758	8CAGMAR	Joe Melton,16,VKSC	-
31	2:11.87	756	KCCDEC	Sean Lipinski,16,VKSC	-
32	2:11.92	755	EASTFE8	Julien Carriere,16,8BF	2:15.69
33	2:11.96	755	8CAGMAR	Jake Steele,17,PDSA	-
34	2:12.11	752	EASTFE8	Christian Goulel,17,EXCEL	2:11.54
35	2:12.14	752	WESTFE8	Riley Janes,15,GOLD	2:17.82
36	2:12.24	750	MANTADEC	Peter Myers,17,MM	2:15.24
37	2:12.24	750	EASTFEB	Jean-F. Adams,17,MEGD	2:11.62
38	2:12.25	750	PCSCDEC	Yannick Lupien,15,CAGRA	2:12.17
39	2:12.42	747	EASTFEB	Douglas Browne,17,RDW	2:13.07
40	2:12.49	746	PQAAAFEB	Charles-E. Goyette,15,CNNG	2:16.48
41	2:12.79	741	ONCUPNDV	Brian Keats,16,NYAC	-
42	2:12.95	739	EASTFE8	Nicolas Jorgensen,15,PCSC	2:18.28
43	2:13.17	735	EASTFE8	Matthew Virgini,16,PCSC	2:14.11
44	2:13.26	734	ISJAN	Matthew Wilson,17,TSUN	-
45	2:13.31	733	DNCUPNDV	Dennis Lau,17,ETDB	2:08.71
46	2:13.37	732	MANTADEC	Lindsey Smith,17,RACE	2:15.24
47	2:13.43	731	KCCDEC	Mike Richard,17,KCS	-
48	2:13.67	727	NKBNDV	Michael Harlow,17,EYSC	2:14.13
49	2:13.80	725	CASCNDV	Scott Flood,17,GDLD	-
50	2:13.83	725	CAMOOCT	Jean-F. Pare,17,CNSH	2:12.19

400 METRES IND.MEDLEY
Rec: 4:12.67 Alex Baumann,LUSC,81

1	4:23.87	887	BCAGMAR	Philip Weiss,16,PSW	4.26.17
2	4:27.43	859	MBSKMAR	Dwen MacGregor,17,MANTA	4:27.99
3	4:30.64	834	RACERDEC	Andrew Cho,17,HYACK	4:25.35
4	4:32.37	820	PQAAAFEB	Frederic Savo,16,CAMO	4:49.88
5	4:33.45	812	ABAGMAR	Matthew Henderson,17,CASC	4:39.00
6	4:33.65	810	POAAAFE8	David Allard,16,PCSC	4:47.84
7	4:33.86	808	ETOBJAN	Drew Chorney,17,ET08	4:29.10
8	4:34.08	807	EASTFE8	Sebastien Poulin,16,CNMN	-
9	4:34.20	806	8CAGMAR	Joe Mellon,16,VKSC	-
10	4:34.55	803	BCAGMAR	Roland Bauhart,15,KAJ	4:45.20
11	4:35.71	794	WESTFEB	Dallas Dyson,16,EKSC	4 48.98
12	4:35.98	792	BCAGMAR	John Slamhuis,16,CRKW	4:31.27
13	4:36.04	792	NSAGMAR	Kevin Dupuis,17,DCSC	4:29.67
14	4:36.40	789	RACERDEC	Kevin Johns,16,RACER	4:45.73
15	4:37.43	781	ONCUPNOV	Trevor Grieve,17,NYAC	4:37.31
16	4:38.28	774	SHERDEC	Gary Monaghan,15,CSD	4:46.64
17	4:39.06	768	EASTFEB	Jean-F. Adams,17,MEGD	4:41.29
18	4:39.25	767	NKBNDV	Mark Arzaga,17,CREST	4:39.33
19	4:39.34	766	EASTFEB	Burt James,17,PERTH	4:49.11
20	4:39.59	764	RACERDEC	Tim Peterson,16,PDSA	4:41.03
21	4:39.90	762	WESTFE8	Ian Wilson,17,CASC	4:43.03
22	4:40.25	759	MANTADEC	Kevin Doiron,16,GDLD	-
23	4:40.47	758	KCCDEC	Dylan Roguski,17,EKSC	4:43.16
24	4:40.70	756	BYACNDV	Mark Johnston,16,8RDCK	-
25	4:41.11	753	8CAGMAR	Doug Slater,17,NRST	-
26	4:41.21	752	CANNDV	Philippe Rousseau,17,CNSH	4.36.54
27	4:41.21	752	MBSKMAR	Keith Barrett,15,UCSC	4:47.23
28	4:41.29	752	M8SKMAR	Ryan Keesey,15,GOLD	5:00.01
29	4:41.44	750	EASTFEB	David Schulze,16,BTSC	-
30	4:41.49	750	YDUTHDEC	John Hewerdine,16,LAC	4:47.69
31	4:41.57	750	EASTFEB	Bob Petrov,17,ET08	4:46.05
32	4:41.76	748	MANTADEC	Mark Welty,16,RDCSC	-
33	4:42.45	743	EASTFEB	Mathieu Hudon,15,PLUS	4:52.89
34	4:42.48	743	ISJAN	Matthew Wilson,17,TSUN	-
35	4:42.49	743	DNCUPNDV	Steve Gluck,17,ACE	-
36	4:42.85	740	POAAAFE8	Julien Carriere,16,BBF	4.48.06
37	4:43.02	739	EASTFEB	Drew Devlin,16,BRANT	4.49.39
38	4:43.35	736	WESTFEB	Jake Steele,16,PDSA	-
39	4:43.44	736	SHERDEC	Louis-D. Bonneau,15,DH	4 46.51
40	4:43.44	736	EASTFEB	Dtto Hinks,17,NKB	-
41	4:43.62	734	PDAAAFEB	Michael White,16,DDO	4.58.60
42	4:44.08	731	MANTADEC	Derek Brown,17,RDCSC	-
43	4:44.12	731	EASTFEB	Stelan Falzon,15,GD	5:06.44
44	4:44.19	730	POAAAFE8	Ryan Mallette,15,DDD	4:55.01
45	4:44.75	726	DNCUPNDV	Sean MacLure,16,NYAC	-
46	4:45.66	719	EASTFEB	Kipp Kaufmann,16,WAC	-
47	4:45.67	719	MANTADEC	Travis Leyenhorst,17,UNATT	-
48	4:45.77	718	SHERDEC	Michel Boulianne,17,CSD	-
49	4:45.98	717	WESTFEB	Remi Barre,17,GPP	-
50	4.46.77	711	EASTFEB	Sylvain Lemieux,15,CN8	5:05.88

4X50 M MEDLEY RELAY
Rec: 1:44.53 Markham AC,MAC,94

1	1:47.42	811	KCCDEC	Edmonton Keyano,EKSC
2	1:47.66	807	8CAGMAR	Nanaimo Riptide ST,NRST
3	1:48.03	799	8CAGMAR	Pacific Seawolves,PSW
4	1:49.59	769	MANTADEC	Manta Swim Club,MANTA
5	1:49.66	767	NK8NDV	Ace Swim Team,ACE
6	1:50.25	756	MBSKMAR	Univ.Calgary SC,UCSC
7	1:50.87	744	YDUTHDEC	London AC,LAC
8	1:50.95	743	NKBFEB	Nepean Kanata,NKB
9	1:51.04	741	PCSCDEC	Oakville AC,DAK
10	1:51.51	732	CASCNDV	Cascade Swim Club,CASC
11	1:51.99	723	BCAGMAR	Vernon KokaneeSC,VKSC
12	1:52.10	721	PCSCDEC	Pointe Claire SC,PCSC
13	1:52.15	720	YDUTHDEC	Markham AC,MAC
14	1:52.21	719	KCCDEC	Pacific Dolphin SA,PDSA
15	1:52.97	705	ABAGMAR	Red Deer Catalina SC,RDCSC
16	1:53.01	704	YOUTHDEC	Mississauga AC,TDMAC
17	1:53.07	703	PQAAAFE8	Montreal Aquatique,CAMD
18	1:53.31	699	NSAGMAR	Dartmouth Crusaders,DCSC
19	1:53.41	697	CASCNDV	Saskatoon Goldfins,GOLD
20	1:53.61	693	NFAGMAR	St.John's Legends,SJL
21	1:53.70	692	YOUTHDEC	Hamilt-Wentworth AC,HWAC
22	1:53.83	689	YOUTHDEC	North York AC,NYAC
23	1:53.90	688	8CAGMAR	Hyack Swim Club,HYACK
24	1:54.45	678	8CAGMAR	Kamloops Classic,KCS
25	1:54.63	675	MANTADEC	Edmonton Racers,RACE
26	1:54.72	673	MANTADEC	Delta Sungod SC,DELTA
27	1:54.87	671	PQAAAFE8	Natation CSD,CSQ
28	1:54.94	670	NSAGMAR	Halifax Trojans,HTAC
29	1:55.40	661	BCAGMAR	Island Swimming,IS
30	1:55.77	655	PQAAAFEB	Dollard Swim Team,DDD
31	1:55.84	654	RACERDEC	Richmond Racers,RACER
32	1:55.88	653	ISCUPNOV	Campbell RiverKW,CRKW
33	1:56.01	651	BRDCKDCT	Trent Swim Club,TRENT
34	1:56.10	649	BYACNDV	Brock Niagara,BRDCK
35	1:56.19	648	NKBNDV	Newmarket SC,NEW
36	1:56.69	639	8CAGMAR	Kelowna Aqua Jets,KAJ
37	1:56.78	638	ABAGMAR	Fort McMurray SC,FMSC
38	1:56.90	636	ABAGMAR	Silver Tide SC,STSC
39	1:56.93	635	KCCDEC	Olympian Swim Club,OSC
40	1:56.98	634	BYACDCT	Burlington Y,BYAC
41	1:57.13	632	RACERDEC	Fraser Valley Spartans,SPART
42	1:57.41	627	NKBNDV	Scarborough SC,SCAR
43	1:57.63	624	ISJAN	Duncan Stingrays,RAYS
44	1:57.84	620	YOUTHDEC	Nose Creek SA,NCSA
45	1:57.88	619	BCAGMAR	Points North SC,PN
46	1:57.90	619	PCSCDEC	Brantford AC,BRANT
47	1:58.02	617	PDAGFEB	Cachalots St-Bruno,CSB
48	1:58.18	614	BRDCKDCT	Barrie Trojans,8TSC
49	1:58.34	612	LUSCNOV	Laurentian Univ.SC,LUSC
50	1:58.64	607	8YACNOV	Valley East Waves,VEW

4X50 M FREE RELAY
Rec: 1:34.58 Markham AC,MAC,92

1	1:37.11	793	KCCDEC	Edmonton Keyano,EKSC
2	1:37.78	779	BCAGMAR	Pacific Dolphin SA,PDSA
3	1:38.49	763	8CAGMAR	Fraser Valley Spartans,SPART
4	1:38.70	759	8CAGMAR	Nanaimo Riptide ST,NRST
5	1:38.71	759	BCAGMAR	Pacific Seawolves,PSW
6	1:38.96	753	MANTADEC	Manta Swim Club,MANTA
7	1:39.08	751	MBSKMAR	Univ.Calgary SC,UCSC
8	1:39.21	748	NKBFEB	Nepean Kanata,NK8
9	1:39.32	746	BCAGMAR	Vernon KokaneeSC,VKSC
10	1:39.46	743	PCSCDEC	Oakville AC,DAK
11	1:39.52	741	NKBNDV	Ace Swim Team,ACE
12	1:39.67	738	CASCNOV	Cascade Swim Club,CASC
13	1:39.96	732	PDAAAFEB	Montreal Aquatique,CAMO
14	1:40.15	728	YOUTHDEC	North York AC,NYAC
15	1:40.56	720	RACERDEC	Richmond Racers,RACER
16	1:40.64	718	PDAAAFEB	Pointe Claire SC,PCSC
17	1:40.69	717	BCAGMAR	Hyack Swim Club,HYACK
18	1:40.89	713	MANTADEC	Delta Sungod SC,DELTA
19	1:41.12	708	PQAAAFEB	Natation CSO,CSD
20	1:41.14	708	BYACNOV	Brock Niagara,BRDCK
21	1:41.19	707	BCAGMAR	Kelowna Aqua Jets,KAJ
22	1:41.41	702	BYACDCT	Burlington Y,BYAC
23	1:41.51	700	GOLDNOV	Saskatoon Goldfins,GOLD
24	1:41.60	698	NSAGMAR	Halifax Trojans,HTAC
25	1:41.67	697	MANTADEC	Edmonton Racers,RACE
26	1:41.93	692	NFAGMAR	St.John's Legends,SJL
27	1:42.23	686	NSAGMAR	Dartmouth Crusaders,DCSC
28	1:42.40	682	MANTADEC	Red Deer Catalina SC,RDCSC
29	1:42.70	676	ISCUPNOV	Campbell RiverKW,CRKW
30	1:42.91	672	ABAGMAR	Fort McMurray SC,FMSC
31	1:43.09	668	PCSCDEC	CA Gr Riv-Aylmer,CAGRA
32	1:43.17	667	BYACNDV	Valley East Waves,VEW
33	1:43.31	664	BCAGMAR	Kamloops Classic,KCS
34	1:43.40	662	NKBNOV	Laurentian Univ.SC,LUSC
35	1:43.47	661	PCSCDEC	Brantford AC,BRANT
36	1:43.58	659	PCSCDEC	Dollard Swim Team,DDO
37	1:44.52	641	BROCKDCT	Newmarket SC,NEW
38	1:44.81	635	NBAGJAN	Fredericton Aquanauts,FAST
39	1:44.94	633	PCSCDEC	Gloucester-Ottawa Kingfish,GO
40	1:44.95	633	ISJAN	Duncan Stingrays,RAYS
41	1:45.44	624	BROCKDCT	Trent Swim Club,TRENT
42	1:45.45	623	NKBNOV	Tillsonburg AT,TAT
43	1:45.61	621	RACERDEC	Island Swimming,IS
44	1:45.70	619	ABAGMAR	Nose Creek SA,NCSA
45	1:45.71	619	SHERDEC	Hippocampe St-Hubert,HIPPD
46	1:45.91	615	RACERDEC	Points North SC,PN
47	1:46.07	612	PCSCDEC	Nataskouach Granby,CNNG
48	1:46.32	608	SHERDEC	CN Sherbrooke,SHER
49	1:46.54	604	ABAGMAR	Silver Tide SC,STSC
50	1:46.75	600	ABAGMAR	Olympian Swim Club,OSC

WOMEN 18 & OVER 1996 SHORT COURSE TAG

50 METRES FREESTYLE

1	25.44	952	FINADEC	Shannon Shakespeare,18,MM	25.53
2	25.87	917	FINADEC	Jessica Amey,19,UCSC	26.12
3	26.41	874	CANNOV	Tara Brock,18,PCSC	26.33
4	26.64	856	CANNOV	Martine Dessureault,21,CNMN	25.89
5	26.64	856	ONCUPNOV	Anne Blachford,19,COBRA	26.70
6	26.66	854	EASTFEB	Magalie Boulin,18,UL	27.05
7	26.86	838	RACERDEC	Diana Ureche,20,SFU	26.73
8	26.88	837	SHERDEC	Patricia Noall,25,NPS	26.52
9	26.88	837	MBSKMAR	Erin Murphy,26,MAN	26.01
10	27.08	821	ABAGMAR	Edith Lachapelle,19,UCSC	-
11	27.14	816	CANNOV	Nadine Rolland,20,CAMO	27.34
12	27.15	815	SFUNOV2	Inger Rooneem,17,HYACK	26.42
13	27.39	797	ONCUPNOV	Karine Chevrier,18,CAMO	27.47
14	27.42	794	ABAGMAR	Cara Lachmulh,18,UCSC	28.23
15	27.54	785	CAMOOCT	Lisa Virgini,18,PCSC	27.59
16	27.57	783	RACERDEC	Karen Chow,21,SFU	26.89
17	27.61	780	CANNOV	Shona Kitson,18,WAC	27.25
18	27.61	780	MBSKMAR	Lauren Van Oosten,18,NRST	-
19	27.68	774	MBSKMAR	Amanda Marin,18,ROD	26.95
20	27.71	772	RACERDEC	Alanaise Ferguson,20,SFU	27.56
21	27.80	765	NRSTFEB	Elaine Van Oosten,18,IS	-
22	27.90	757	NKBNOV	Christine Harris,24,EYSC	-
23	27.92	756	RODJAN	Barb Austin,21,ROD	-
24	27.93	755	YOUTHDEC	Beth Hughes,18,TOMAC	-
25	27.93	755	ONCUPNOV	Danielle Kennedy,22,UCSC	-

100 METRES FREESTYLE

1	54.82	958	FINADEC	Shannon Shakespeare,18,MM	54.75
2	56.29	903	FINADEC	Marianne Limpert,23,FAST	55.32
3	56.90	881	SHEFFJAN	Jessica Amey,19,UCSC	55.95
4	57.30	866	SHEFFJAN	Karine Chevrier,18,CAMO	57.54
5	57.35	864	CANNOV	Patricia Noall,25,NPS	56.72
6	57.43	861	ONCUPNOV	Anne Blachford,19,COBRA	57.62
7	57.78	848	CAMOOCT	Tara Brock,18,PCSC	57.45
8	57.82	847	MBSKMAR	Andrea Schwartz,18,ROD	58.68
9	57.91	843	MBSKMAR	Erin Murphy,26,MAN	57.39
10	57.94	842	NKBNOV	Jennifer Button,18,ROW	57.25
11	58.61	818	CANNOV	Martine Dessureault,21,CNMN	56.05
12	58.63	817	CANNOV	Julie Howard,19,BRANT	58.96
13	59.15	798	ONCUPNOV	Barbara Bonder,18,DDO	58.86
14	59.32	792	BRANTNOV	Sarah Jay,19,BRANT	59.17
15	59.32	792	SFUNOV11	Inger Rooneem,17,SFU	57.80
16	59.43	788	YOUTHDEC	Sarah Laudenbach,19,HWAC	58.80
17	59.54	784	EASTFEB	Magalie Boutin,18,UL	59.34
18	59.55	784	BRANTNOV	Stephanie Richardson,18,NYAC	58.86
19	59.59	783	EASTFEB	Sarah Conrad,19,HTAC	-
20	59.63	781	GOLDNOV	Amanda Marin,18,ROD	59.47
21	59.63	781	BCAGMAR	Katrina Walters,20,PSW	-
22	59.66	780	ONCUPNOV	Danielle Kennedy,22,UCSC	-
23	59.67	780	EASTFEB	Marlene Taliana,18,SAMAK	1:00.94
24	59.74	777	CANNOV	Glencora Maughan,18,UBC	56.77
25	59.81	775	PCSCDEC	Nadine Rolland,20,CAMO	59.14

200 METRES FREESTYLE

1	1:58.89	958	FINADEC	Shannon Shakespeare,18,MM	2:00.18
2	2:00.01	939	FINADEC	Marianne Limpert,23,FAST	1:58.96
3	2:01.24	918	SHEFFJAN	Danielle Kennedy,22,UCSC	-
4	2:02.43	897	SHEFFJAN	Karine Chevrier,18,CAMO	2:04.54
5	2:02.48	897	MBSKMAR	Andrea Schwartz,18,ROD	2:05.14
6	2:03.74	875	ONCUPNOV	Anne Blachford,19,COBRA	2:06.40
7	2:04.08	869	CANNOV	Julie Howard,19,BRANT	2:03.48
8	2:04.54	861	ONCUPNOV	Stephanie Richardson,18,NYAC	2:03.19
9	2:04.91	855	ABAGMAR	Cara Lachmulh,18,UCSC	2:06.72
10	2:05.14	851	CANNOV	Ariadne Legendre,18,CAMO	2:02.71
11	2:05.36	848	SHERDEC	Patricia Noall,25,NPS	2:06.04
12	2:05.47	846	ONCUPNOV	Barbara Bonder,18,DDO	2:05.86
13	2:06.27	832	YOUTHDEC	Sarah Laudenbach,19,HWAC	2:04.28
14	2:06.82	823	NKBNOV	Jennifer Button,18,ROW	2:02.68
15	2:07.35	814	BRANTNOV	Shona Kitson,18,WAC	2:04.10
16	2:07.56	811	MBSKMAR	Amanda Marin,18,ROD	2:08.73
17	2:07.58	810	ONCUPNOV	Sarah Jay,19,BRANT	2:06.03
18	2:07.80	807	CANNOV	Tara Brock,18,PCSC	2:10.09
19	2:08.21	800	NKBNOV	Melanie Bryon,18,USC	2:08.64
20	2:08.22	800	KCCDEC	Katrina Walters,20,PSW	-
21	2:08.59	793	SHERDEC	Hilary Seagrave,20,FAST	2:08.63
22	2:08.83	789	SHERDEC	Stephanie Labelle,20,CNB	2:05.68
23	2:08.92	788	CNSBJAN	Nadine Rolland,20,CAMO	2:07.66
24	2:09.14	784	EASTFEB	Julie Roy,19,SHER	2:10.36
25	2:09.37	781	CNSBJAN	Melanie Bussiere,23,CNB	2:04.08

400 METRES FREESTYLE

1	4:14.40	912	SHEFFJAN	Danielle Kennedy,22,UCSC	-
2	4:15.80	901	MBSKMAR	Andrea Schwartz,18,ROD	4:13.82
3	4:17.99	883	YOUTHDEC	Jocelyn Jay,23,BRANT	-
4	4:20.56	862	SHEFFJAN	Karine Chevrier,18,CAMO	-
5	4:20.83	860	BRANTNOV	Stephanie Richardson,18,NYAC	4:12.90
6	4:21.14	857	ONCUPNOV	Michelle Killins,21,TOR	4:12.94
7	4:22.39	847	CANNOV	Ariadne Legendre,18,CAMO	4:19.10
8	4:22.58	845	CANNOV	Susan Barnes,25,CASC	4:22.94
9	4:23.44	839	CANNOV	Marianne Limpert,23,FAST	4:17.59
10	4:25.00	826	ONCUPNOV	Barbara Bonder,18,DDO	4:23.54
11	4:27.30	808	EASTFEB	Sarah Laudenbach,19,HWAC	4:23.57
12	4:29.81	788	ABAGMAR	Shelley Pinder,19,LASC	4:30.47
13	4:29.83	788	EASTFEB	Michelle Senecal,18,PERTH	4:28.95
14	4:29.85	787	GOLONOV	Amanda Marin,18,ROD	-
15	4:30.36	783	SHERDEC	Stephanie Labelle,20,CNB	4:30.52
16	4:31.10	778	NKBNOV	Melanie Bryon,18,USC	4:28.44
17	4:31.24	776	NBAGJAN	Hilary Seagrave,21,FAST	4:34.45
18	4:31.61	774	KCCDEC	Katrina Walters,20,PSW	-
19	4:32.21	769	YOUTHDEC	Kimberly Kerr,18,HWAC	4:25.72
20	4:32.90	764	BRANTNOV	Sarah Jay,19,BRANT	4:22.39
21	4:33.53	759	ABAGMAR	Marie-H Tremblay,18,UCSC	-
22	4:33.73	757	BRANTNOV	Shona Kitson,18,WAC	4:25.82
23	4:34.29	753	ABAGMAR	Lori Eshom,19,UCSC	4:34.62
24	4:34.60	750	EASTFEB	Claudine Brault,18,CNHR	4:26.60
25	4:34.71	750	SHERDEC	Melanie Bussiere,23,CNB	4:31.46

800 METRES FREESTYLE

1	8:42.70	908	YOUTHDEC	Stephanie Richardson,18,NYAC	8:38.02
2	8:42.96	907	MBSKMAR	Andrea Schwartz,18,ROD	8:42.03
3	8:47.01	891	SHEFFJAN	Danielle Kennedy,22,UCSC	-
4	8:47.24	890	YOUTHDEC	Jocelyn Jay,23,BRANT	-
5	8:56.80	852	SHEFFJAN	Karine Chevrier,18,CAMO	-
6	8:59.99	839	CANNOV	Susan Barnes,26,CASC	8:59.25
7	9:05.64	817	SHERDEC	Stephanie Labelle,20,CNB	9:15.10
8	9:09.00	804	MBSKMAR	Amanda Marin,18,ROD	9:22.34
9	9:10.70	797	ONCUPNOV	Barbara Bonder,18,DDO	9:06.79
10	9:12.26	791	YOUTHDEC	Sarah Jay,19,BRANT	9:08.61
11	9:17.56	771	NBAGJAN	Hilary Seagrave,21,FAST	9:33.61
12	9:21.01	758	EASTFEB	Michelle Senecal,18,PERTH	9:20.84
13	9:21.61	756	YOUTHDEC	Kimberly Kerr,18,HWAC	9:03.16
14	9:23.06	750	EASTFEB	Claudine Brault,18,CNHR	9:16.26
15	9:24.43	745	EASTFEB	Dayna Patterson,18,COBRA	9:28.46
16	9:26.24	738	EASTFEB	Anick Madore,18,CAGRA	9:26.98
17	9:28.59	730	ONCUPNOV	Shannon Scott,18,HWAC	-
18	9:29.42	727	ISCUPNOV	Kalrina Walters,20,PSW	-
19	9:30.51	723	BYACNOV	Stephanie Wilkinson,19,PICK	-
20	9:30.92	721	EASTFEB	Julie Roy,19,SHER	9:32.20
21	9:37.32	698	UBCOCT	Kim Gould,17,SFU	-

100 METRES BACKSTROKE

1	1:01.11	943	FINADEC	Julie Howard,19,BRANT	1:00.28
2	1:03.28	871	FINADEC	Jessica Amey,19,UCSC	1:01.99
3	1:03.51	863	MBSKMAR	Andrea Schwartz,18,ROD	1:03.46
4	1:03.88	851	CANNOV	Nadine Rolland,20,CAMO	1:03.07
5	1:04.07	844	SFUOCT21	Diana Ureche,20,SFU	1:03.74
6	1:04.18	841	CANNOV	Lisa Virgini,18,PCSC	1:03.72
7	1:04.19	841	GBRDEC	Cynthia Gralon,18,UL	1:04.14
8	1:04.41	833	CANNOV	Christine Harris,24,EYSC	-
9	1:04.61	827	MBSKMAR	Amanda Marin,18,ROD	1:04.59
10	1:05.23	806	CANNOV	Martine Dessureault,21,CNMN	1:02.67
11	1:05.52	797	EASTFEB	Beth Hughes,18,TOMAC	1:06.29
12	1:05.55	796	CANNOV	Karine Chevrier,18,CAMO	-
13	1:05.59	795	MMJAN	Shannon Shakespeare,18,MM	1:06.17
14	1:05.64	793	CANNOV	Marlene Taliana,18,SAMAK	1:06.86
15	1:05.99	782	ONCUPNOV	Anne Blachford,19,COBRA	-
16	1:06.14	777	ROWJAN	Jennifer Button,18,ROW	1:04.86
17	1:06.40	769	EASTFEB	Magalie Boulin,18,UL	1:04.96
18	1:06.49	766	BRANTNOV	Shona Kitson,18,WAC	-
19	1:06.69	759	ETOBJAN	Christine Natyawary,18,ETOB	1:04.51
20	1:06.92	752	NKBNOV	Jennifer Ramsden,18,GO	1:04.20
21	1:07.02	749	SHERDEC	Patricia Noall,25,NPS	1:04.15
22	1:07.04	748	BCAGMAR	Katrina Walters,20,PSW	-
23	1:07.10	746	BRANTNOV	Kimberly Kerr,18,HWAC	1:06.47
24	1:07.40	737	ONCUPNOV	Andrea Moody,17,WVOSC	1:07.08
25	1:07.40	737	CNSBJAN	Marie-H Savo,18,CAMO	1:04.53

200 METRES BACKSTROKE

1	2:13.22	904	FINADEC	Julie Howard,19,BRANT	2:09.99
2	2:15.86	863	CANNOV	Andrea Schwartz,18,ROD	2:13.74
3	2:16.32	856	EASTFEB	Cynthia Graton,18,UL	2:15.62
4	2:16.68	850	CANNOV	Lisa Virgini,18,PCSC	2:14.55
5	2:17.66	835	ONCUPNOV	Lesley Spada,19,UNATT	2:17.91
6	2:18.23	826	YOUTHDEC	Jocelyn Jay,23,BRANT	-
7	2:19.34	809	GOLDNOV	Shannon Shakespeare,18,MM	-
8	2:19.70	804	ROWJAN	Jennifer Button,18,ROW	2:23.24
9	2:20.05	799	UBCOCT	Diana Ureche,20,SFU	2:20.35
10	2:20.12	797	MBSKMAR	Amanda Marin,18,ROD	2:17.56
11	2:20.16	797	BRANTNOV	Kimberly Kerr,18,HWAC	2:18.86
12	2:20.32	794	CANNOV	Josee Santillan,19,LAVAL	2:22.93
13	2:20.38	794	SHERDEC	Stephanie Labelle,20,CNB	-
14	2:20.39	793	EASTFEB	Marlene Taliana,18,SAMAK	2:23.54
15	2:20.42	793	ONCUPNOV	Danielle Kennedy,22,UCSC	-
16	2:21.30	780	POAGNOV	Nadine Rolland,20,CAMO	2:24.62
17	2:21.45	777	ONCUPNOV	Christine Natyawary,18,ETOB	2:17.43
18	2:21.85	771	NKBNOV	Christine Harris,24,EYSC	-
19	2:21.86	771	CNSBJAN	Melanie Bussiere,23,CNB	2:20.46
20	2:22.40	763	BCAGMAR	Katrina Walters,20,PSW	-
21	2:23.04	754	ABAGMAR	Marie-H Tremblay,18,UCSC	2:23.99
22	2:23.07	753	BRANTNOV	Shona Kitson,18,WAC	2:26.81
23	2:23.84	742	EASTFEB	Beth Hughes,18,TOMAC	2:24.76
24	2:24.09	738	NBAGJAN	Hilary Seagrave,21,FAST	2:22.31
25	2:24.31	735	EASTFEB	Magalie Boulin,18,UL	2:21.67

100 METRES BREASTSTROKE

1	1:08.89	952	FINADEC	Lisa Flood,24,PDSA	1:09.80
2	1:09.29	940	FINADEC	Guylaine Cloutier,24,CAMO	1:08.69
3	1:11.05	888	GBRDEC	Nathalie Giguere,22,LAV	1:13.09
4	1:11.33	880	ONCUPNOV	Anne Blachford,19,COBRA	1:10.84
5	1:11.83	865	MBSKMAR	Shannon Shakespeare,18,MM	1:09.46
6	1:11.89	863	ABAGMAR	Sabrina Wilson,19,EKSC	1:12.36
7	1:13.04	830	EASTFEB	Maude Jean,18,UL	1:13.44
8	1:13.64	812	NKBNOV	Melanie Bryon,18,USC	1:13.40
9	1:14.00	802	POAGNOV	Nadine Rolland,20,CAMO	1:13.76
10	1:14.03	801	CANNOV	Chantal Pelland,21,LAVAL	1:11.67
11	1:14.08	800	ABAGMAR	Lisa Mensink,18,UCSC	1:14.15
12	1:14.48	788	ABAGMAR	Katherine Poole,19,CASC	1:15.00
13	1:14.50	788	CANNOV	Rae Abbott,18,POSA	1:12.07
14	1:14.77	780	YOUTHDEC	Jocelyn Jay,23,BRANT	-
15	1:15.27	766	CANNOV	Erin O'Grady,18,UCSC	1:13.61
16	1:15.61	756	ONCUPNOV	Alison Shea,18,EYSC	1:14.33
17	1:15.67	755	EASTFEB	Valerie Walker,18,ROW	1:14.69
18	1:15.79	751	ETOBJAN	Stephanie Richardson,18,NYAC	1:11.75
19	1:15.88	749	UBCJAN27	Carmen Boudreau,22,PDSA	1:12.61
20	1:15.98	746	POAGNOV	Anne Lirette,19,CNB	1:16.30
21	1:16.14	741	MBSKMAR	Debbie Matejicka,22,MAN	1:14.58
22	1:16.31	737	CANNOV	Elten Grams,18,AAC	1:13.20
23	1:16.42	734	SFUFEB2	Debbie Wright,18,SFU	1:16.76
24	1:16.54	730	FASTOCT	Marianne Limpert,23,FAST	1:14.56
25	1:16.63	728	BYACNOV	Karen Gerroir,18,PICK	

200 METRES BREASTSTROKE

1	2:27.43	955	FINADEC	Lisa Flood,24,PDSA	2:29.10
2	2:30.37	915	CANNOV	Nathalie Giguere,22,UL	2:33.89
3	2:30.77	909	FINADEC	Guylaine Cloutier,24,CAMO	2:28.70
4	2:35.70	841	BRANTNOV	Stephanie Richardson,18,NYAC	2:37.80
5	2:35.72	841	HYACKJAN	Rae Abbott,18,PDSA	2:29.83
6	2:36.25	834	CANNOV	Anne Blachford,19,COBRA	2:36.86
7	2:36.49	831	ABAGMAR	Sabrina Wilson,19,EKSC	2:36.55
8	2:37.29	820	EASTFEB	Maude Jean,18,UL	2:41.05
9	2:38.24	807	NKBNOV	Melanie Bryon,18,USC	2:39.72
10	2:40.18	781	CANNOV	Nancy Sweetnam,22,LLSC	2:37.55
11	2:41.04	770	NKBNOV	Sarah Landry,19,LUSC	2:38.46
12	2:41.16	768	ABAGMAR	Katherine Poole,19,CASC	2:47.89
13	2:41.90	758	SFUNOV2	Debbie Wright,18,SFU	2:45.85
14	2:41.93	758	BRANTNOV	Sarah Jay,19,BRANT	2:38.72
15	2:43.65	736	ONCUPNOV	Alison Shea,18,EYSC	2:40.46
16	2:43.87	733	NKBNOV	Valerie Walker,18,ROW	2:40.87
17	2:44.60	724	POAGNOV	Anne Lirette,19,CNB	2:45.30
18	2:44.61	724	ABAGMAR	Fiona Yeoman,19,UCSC	2:46.09
19	2:44.80	721	MBSKMAR	Kim Head,18,BKSC	2:48.96
20	2:45.00	719	POAGNOV	Nadine Rolland,20,CAMO	-
21	2:45.11	717	RACERDEC	Sarah Matthews,19,PDSA	2:38.13
22	2:45.66	710	UBCJAN27	Carmen Boudreau,22,PDSA	2:34.59
23	2:45.68	710	CANNOV	Erin O'Grady,18,UCSC	2:39.13
24	2:47.04	693	HYACKNOV	Melissa Knox,16,PDSA	-
25	2:47.19	691	SHERDEC	Barbara Sochanski,18,CSO	-

100 METRES BUTTERFLY

1	1:01.00	937	FINADEC	Jessica Amey,19,UCSC	59.98
2	1:01.92	906	MBSKMAR	Andrea Schwartz,18,ROD	1:04.18
3	1:02.21	896	CANNOV	Patricia Noall,25,NPS	1:02.19
4	1:02.84	875	CANNOV	Lisa Robertson,21,HYACK	1:01.63
5	1:03.18	863	NKBNOV	Jennifer Button,18,ROW	1:02.48
6	1:03.19	863	SFUNOV11	Diana Ureche,20,SFU	1:02.10
7	1:03.72	845	CANNOV	Shona Kitson,18,WAC	1:02.13
8	1:04.51	819	CANNOV	Lisa Virgini,18,PCSC	1:03.70
9	1:04.75	811	CANNOV	Martine Dessureault,21,CNMN	1:03.27
10	1:04.78	810	EASTFEB	Karen Gerroir,18,PICK	1:05.55
11	1:04.82	809	ABAGMAR	Marie-H Tremblay,18,UCSC	1:05.61
12	1:04.89	807	MBSKMAR	Erin Murphy,26,MAN	1:02.70
13	1:05.16	798	NKBNOV	Jennifer Ramsden,18,GO	1:02.72
14	1:05.20	797	CANNOV	Josee Santillan,19,LAVAL	1:04.45
15	1:05.41	790	PCSCDEC	Tara Brock,18,PCSC	1:07.49
16	1:05.43	789	PCSCDEC	Holly McComb,19,MCG	-
17	1:05.55	785	NKBNOV	Christine Cline,18,NEW	1:04.44
18	1:05.59	784	SHERDEC	Hilary Seagrave,20,FAST	1:03.59
19	1:05.68	781	ABAGMAR	Lori Eshom,19,UCSC	1:04.31
20	1:05.80	777	YOUTHDEC	Jocelyn Jay,23,BRANT	-
21	1:06.03	770	CANNOV	Shannon Shakespeare,18,MM	1:04.44
22	1:06.54	753	CAMOOCT	Melanie Bussiere,23,CNB	1:06.28
23	1:06.66	750	CANNOV	Nancy Sweetnam,22,LLSC	1:03.85
24	1:06.83	744	ONCUPNOV	Kristen Tippin,18,BTSC	1:04.89
25	1:07.11	735	CANNOV	Julie Howard,19,BRANT	1:01.78

200 METRES BUTTERFLY

1	2:13.99	900	MBSKMAR	Andrea Schwartz,18,ROD	2:18.56
2	2:16.96	853	CANNOV	Josee Santillan,19,LAVAL	2:14.75
3	2:17.94	838	CANNOV	Shona Kitson,18,WAC	2:14.55
4	2:18.45	830	CANNOV	Patricia Noall,25,NPS	2:21.59
5	2:19.27	818	CANNOV	Nancy Sweetnam,22,LLSC	2:14.34
6	2:21.19	789	CANNOV	Hilary Seagrave,20,FAST	2:17.09
7	2:21.60	783	RACERDEC	Lisa Robertson,21,HYACK	2:17.24
8	2:21.79	780	NKBNOV	Jennifer Button,18,ROW	2:16.22
9	2:22.13	775	EASTFEB	Michelle Senecal,18,PERTH	2:24.39
10	2:22.34	772	NKBNOV	Jennifer Ramsden,18,GO	2:14.93
11	2:22.38	771	CANNOV	Stephanie Richardson,18,NYAC	-
12	2:22.39	771	YOUTHDEC	Jocelyn Jay,23,BRANT	-
13	2:22.74	766	POAGNOV	Stephanie Labelle,20,CNB	2:23.18
14	2:22.79	765	ABAGMAR	Lori Eshom,19,UCSC	2:20.44
15	2:23.09	760	PCSCDEC	Lisa Virgini,18,PCSC	2:18.05
16	2:23.52	754	MBSKMAR	Suzie Murray,20,MAN	2:21.62
17	2:23.78	750	BYACNOV	Karen Gerroir,18,PICK	-
18	2:23.90	748	ABAGMAR	Sabrina Wilson,19,EKSC	-
19	2:24.31	742	UBCOCT	Diana Ureche,20,SFU	-
20	2:26.16	716	POAGNOV	Nathalie Sauvageau,19,CAMO	2:24.44
21	2:26.63	709	ONCUPNOV	Sarah Londry,19,LUSC	2:26.42
22	2:27.53	696	ONCUPNOV	Kristen Tippin,18,BTSC	2:27.88
23	2:27.84	692	EASTFEB	Christine Cline,18,NEW	2:23.60
24	2:27.97	690	KCCDEC	Susan Barnes,26,CASC	2:26.29
25	2:27.97	690	ABAGMAR	Marie-H Tremblay,18,UCSC	2:29.46

200 METRES IND MEDLEY

1	2:12.94	957	FINADEC	Marianne Limpert,23,FAST	2:12.25
2	2:13.84	943	GELSFEB	Nancy Sweetnam,22,LLSC	2:15.26
3	2:18.77	868	CANNOV	Ariadne Legendre,18,CAMO	2:18.75
4	2:19.44	858	CANNOV	Shannon Shakespeare,18,MM	2:15.56
5	2:19.96	850	CANNOV	Anne Blachford,19,COBRA	2:17.52
6	2:20.03	849	ONCUPNOV	Karine Chevrier,18,CAMO	2:21.77
7	2:20.78	837	YOUTHDEC	Jocelyn Jay,23,BRANT	
8	2:20.99	834	CANNOV	Patricia Noall,25,NPS	2:18.55
9	2:21.30	829	ABAGMAR	Sabrina Wilson,19,EKSC	2:20.14
10	2:21.56	825	CANNOV	Jessica Amey,18,UCSC	2:17.37
11	2:21.79	822	CANNOV	Nadine Rolland,20,CAMO	2:18.17
12	2:22.51	811	CANNOV	Chantal Pelland,20,SAMAK	2:22.69
13	2:22.61	810	ONCUPNOV	Sarah Londry,19,LUSC	2:20.80
14	2:22.92	805	SHERDEC	Hilary Seagrave,20,FAST	2:23.34
15	2:23.27	800	NYACOCT	Stephanie Richardson,18,NYAC	2:23.20
16	2:23.27	800	EASTFEB	Karen Gerroir,18,PICK	
17	2:23.37	798	CANNOV	Julie Howard,19,BRANT	2:17.03
18	2:23.74	793	RACERDEC	Diana Ureche,20,SFU	2:20.46
19	2:24.11	788	EASTFEB	Marlene Taliana,18,SAMAK	2:23.83
20	2:24.44	783	CANNOV	Nathalie Giguere,22,UL	2:30.40
21	2:25.01	774	BRANTNOV	Sarah Jay,19,BRANT	2:20.04
22	2:25.56	766	ABAGMAR	Marie-H Tremblay,18,UCSC	2:26.30
23	2:25.57	766	CANNOV	Valerie Mesplier,16,PCSC	[illegible]
24	2:25.63	765	RODOCT	Andrea Schwartz,18,ROD	[illegible]
25	2:25.88	762	MBSKMAR	Amanda Marin,18,ROD	

400 METRES IND.MEDLEY

1	4:37.04	971	FINAOEC	Nancy Sweetnam,22,LLSC	4.44.13
2	4.52.61	858	CANNOV	Marianne Limpert,23,FAST	4:50.95
3	4.55.14	839	M8SKMAR	Andrea Schwartz,18,ROO	4:49.88
4	4 55.43	837	CANNOV	Ariadne Legendre,18,CAMO	4:57.78
5	4 56.62	829	ONCUPNOV	Karine Chevrier,18,CAMO	5:05.64
6	4 56.88	827	8RANTNOV	Stephanie Richardson,18,NYAC	4:55.30
7	4:59.35	809	N8AGJAN	Hilary Seagrave,21,FAST	4.55.88
8	5:00.34	802	8RANTNOV	Shona Kitson,18,WAC	4:51.12
9	5:01.10	797	ONCUPNOV	Sarah Londry,19,LUSC	4:54.75
10	5:01.58	793	M8SKMAR	Amanda Marin,18,ROO	-
11	5:03.21	782	A8AGMAR	Sabrina Wilson,19,EKSC	4:54.51
12	5:05.50	766	SFUNOV2	Diana Ureche,20,SFU	5:09.92
13	5:05.55	766	CANNOV	Julie Howard,19,8RANT	4 53.33
14	5:07.41	753	A8AGMAR	Marie-H. Tremblay,18,UCSC	-
15	5:08.31	747	ONCUPNOV	Sarah Jay,19,8RANT	5:00.83
16	5:08.66	744	POAGNOV	Nathalie Sauvageau,19,CAMO	5:04.66
17	5:09.06	741	SHERDEC	Stephanie Labelle,20,CN8	-
18	5:09.37	739	ETOBJAN	Susan Furs,18,ETO8	5:00.48
19	5:09.43	739	BYACNOV	Karen Gerroir,18,PICK	-
20	5:09.80	736	EASTFE8	Valerie Walker,18,ROW	5:06.63
21	5:10.40	732	CANNOV	Marlene Taliana,18,SAMAK	-
22	5:12.11	721	CANNOV	Rae Abbott,18,PDSA	4:52.15
23	5:12.89	716	EASTFE8	Nadia Bolduc,19,CNMN	5:14.01
24	5:12.97	715	NK8NOV	Alison Shea,18,EYSC	-
25	5:14.00	708	ONCUPNOV	Melanie Bryon,18,USC	5:12.63

4X50 M MEDLEY RELAY

1	2:01.32	847	MANTADEC	Univ.Calgary SC,UCSC	
2	2:01.58	843	NK8NOV	Uxbridge SC,USC	
3	2:01.69	841	NK8NOV	Region of Waterloo,ROW	
4	2:02.10	834	M8SKMAR	Regina Opl.Dolphins,ROD	
5	2:02.53	826	NK8NOV	East York SC,EYSC	
6	2:02.69	824	PCSCDEC	Montreal Aqualique,CAMO	
7	2:03.23	814	SHERDEC	8eaconsfield 8luefins,88F	
8	2:03.45	810	A8AGMAR	Edmonton Keyano,EKSC	
9	2:03.59	808	SHEROEC	CN 8oucherville,CN8	
10	2:03.90	803	ISCUPNOV	Island Swimming,IS	
11	2:03.93	802	A8AGMAR	Cascade Swim Club,CASC	
12	2:04.44	793	PCSCDEC	Pointe Claire SC,PCSC	
13	2:04.81	787	8RANTNOV	8rantford AC,8RANT	
14	2:05.51	775	YOUTHOEC	Hamill-Wentworth AC,HWAC	
15	2:06.19	764	8RANTNOV	Oakville AC,OAK	
16	2:06.32	762	M8SKMAR	Manta Swim Club,MANTA	
17	2:06.94	751	SHERDEC	CN Sherbrooke,SHER	
18	2:07.25	746	KCCOEC	Kelowna Aqua Jets,KAJ	
19	2:07.78	737	8RANTNOV	Markham AC,MAC	
20	2:07.89	736	NK8NOV	Gloucester-Ottawa Kingfish,GO	
21	2:07.95	735	8YACNOV	8rock Niagara,8ROCK	
22	2:07.98	734	8RANTNOV	CN St-Lambert,SL	
23	2:07.98	734	SHEROEC	Natation CSO,CSO	
24	2:07.98	734	M8SKMAR	Saskatoon Goldfins,GOLD	
25	2:08.13	732	KCCOEC	West Van Otters SC,WVOSC	

4X50 M FREE RELAY

1	1:46.39	886	CANNOV	Pacific Dolphin SA,PDSA	
2	1:46.69	880	CANNOV	Univ.Calgary SC,UCSC	
3	1:46.70	880	CANNOV	Pointe Claire SC,PCSC	
4	1:47.29	868	CANNOV	Montreal Aquatique,CAMO	
5	1:48.96	835	M8SKMAR	Regina Opt.Dolphins,ROD	
6	1:49.84	818	NK8NOV	Region of Waterloo,ROW	
7	1:49.94	816	A8AGMAR	Cascade Swim Club,CASC	
8	1:51.09	794	8RANTNOV	8ranford AC,8RANT	
9	1:51.11	794	SHERDEC	CN 8oucherville,CNB	
10	1:51.18	792	A8AGMAR	Edmonton Keyano,EKSC	
11	1:51.25	791	SHERDEC	Beaconsfield 8luefins,8BF	
12	1:51.81	780	CANNOV	Samak de Brossard,SAMAK	
13	1:52.07	775	8RANTNOV	Etobicoke SC,ETO8	
14	1:52.08	775	NK8NOV	East York SC,EYSC	
15	1:52.22	773	CANNOV	Univ.Laval Rouge & Or,UL	
16	1:52.43	769	M8SKMAR	Manta Swim Club,MANTA	
17	1:53.03	757	KCCDEC	Kelowna Aqua Jets,KAJ	
18	1:53.33	752	8RANTNOV	CN St-Lambert,SL	
19	1:53.37	751	8RANTNOV	Oakville AC,OAK	
20	1:53.82	743	BRANTNOV	Markham AC,MAC	
21	1:53.87	742	SHERDEC	CN Sherbrooke,SHER	
22	1:53.97	740	BYACNOV	Pickering SC,PICK	
23	1:54.11	737	YOUTHDEC	Hamill-Wentworth AC,HWAC	
24	1:54.25	735	M8SKMAR	Saskatoon Goldfins,GOLD	
25	1:54.90	723	YOUTHDEC	Mississauga AC,TOMAC	

MEN 18 & OVER 1996 SHORT COURSE TAG®

50 METRES FREESTYLE

1	22.49	927	KCCOEC	Ryan Laurin,20,WVOSC	23.02
2	22.82	897	CANNOV	Dean Kondziolka,23,ASC	22.63
3	22.87	892	CANNOV	Robert 8raknis,22,CO8RA	-
4	23.26	857	CANNOV	Hugues Legault,21,SAMAK	22.84
5	23.30	853	KCCOEC	Robert Pettifer,18,RACER	23.34
6	23.36	848	CANNOV	Stephen Clarke,22,CO8RA	-
7	23.39	845	A8AGMAR	Steven VanderMeulen,27,UCSC	23.16
8	23.51	834	RACEROEC	Conor Braiden,20,WVOSC	23.42
9	23.53	832	CANNOV	Jean-F. Page,21,SAMAK	22.98
10	23.54	831	TOMACOCT	Ron Watson,26,ETO8	22.78
11	23.59	827	ONCUPNOV	Martin Russocki,23,EYSC	23.33
12	23.64	822	WESTFE8	Graham Duthie,18,DELTA	23.42
13	23.69	818	WESTFE8	Joseph Moore,18,OAK	24.29
14	23.70	817	CANNOV	Jean-P. Godbout,21,SAMAK	24.33
15	23.71	816	CANNOV	Jonathan Miller,18,UCSC	23.94
16	23.72	815	ONCUPNOV	Lee Wanie,21,UNATT	-
17	23.76	812	EASTFE8	Jerome Isabelle,19,CSO	24.12
18	23.78	810	A8AGMAR	Aaron 8erg,23,LASC	23.19
19	23.79	809	CASCNOV	Chris Renaud,18,UCSC	23.52
20	23.79	809	MANTADEC	Steven Foley,18,MM	23.45
21	23.84	804	PCSCDEC	Mathieu 8ordeleau,19,PCSC	24.05
22	23.84	804	ONCUPNOV	Bob Hayes,19,SCAR	23.54
23	23.91	798	PCSCDEC	Marek Grubski,22,UL	24.36
24	23.92	797	YOUTHDEC	Sean Cargin,18,LAC	23.99
25	23.96	794	CANNOV	Val Weaver,24,ASC	23.83

100 METRES FREESTYLE

1	50.23	901	CANNOV	Stephen Clarke,22,CO8RA	-
2	50.41	894	KCCDEC	Ryan Laurin,20,WVOSC	50.66
3	50.87	874	CANNOV	Steven VanderMeulen,26,UCSC	50.85
4	50.87	874	ONCUPNOV	Robert 8raknis,22,CO8RA	-
5	50.90	873	CANNOV	Jonathan Miller,18,UCSC	51.03
6	50.97	870	CANNOV	Dean Kondziolka,23,ASC	49.90
7	51.09	865	CANNOV	Rob McFarlane,22,UCSC	51.11
8	51.24	859	CANNOV	Jean-F. Page,21,SAMAK	50.37
9	51.41	852	CANNOV	Hugues Legault,21,SAMAK	50.60
10	51.43	851	MANTAOEC	Steven Foley,18,MM	51.16
11	51.45	851	RACERDEC	Conor 8raiden,20,WVOSC	51.52
12	51.54	847	KCCDEC	Robert Pettifer,18,RACER	50.13
13	51.55	846	NK8NOV	Martin Russocki,23,EYSC	51.80
14	51.58	845	M8SKMAR	Doug Wake,19,ROO	50.97
15	51.67	841	CANNOV	Jean-P. Godbout,21,SAMAK	54.26
16	51.77	837	A8AGMAR	Aaron Berg,23,LASC	50.68
17	51.79	837	ONCUPNOV	Lee Wanie,21,UNATT	-
18	52.20	820	CANNOV	Andre Harvey,22,UL	51.13
19	52.30	816	RACERDEC	Andrew Ross,23,HYACK	51.35
20	52.30	816	WESTFE8	Graham Duthie,18,DELTA	53.38
21	52.32	815	EASTFE8	Charles Marchand,19,UL	52.27
22	52.33	814	WESTFE8	Joseph Moore,18,OAK	-
23	52.44	810	MANTAOEC	Ryan Duggan,23,UCSC	-
24	52.44	810	YOUTHDEC	Doron Fishman,19,NYAC	53.00
25	52.45	810	ROWJAN	Sean Sepulis,18,GMAC	53.61

200 METRES FREESTYLE

1	1:49.90	901	CANNOV	Rob McFarlane,22,UCSC	1:48.88
2	1:50.39	892	CANNOV	Eddie Parenti,24,POSA	1:48.79
3	1:50.48	890	CANNOV	Stephen Clarke,22,CO8RA	-
4	1:51.12	878	CANNOV	Jonathan Miller,18,UCSC	1:51.23
5	1:52.19	858	KCCOEC	Robert Pettifer,18,RACER	1:50.58
6	1:53.25	838	MANTAOEC	Simon DeJong,18,ROO	1:52.77
7	1:53.43	834	CANNOV	Joseph-P. Richard,18,DDO	1:55.58
8	1:53.80	827	CANNOV	Philippe Pominville,21,DDO	1:53.37
9	1:54.00	824	MANTADEC	Scott Flood,18,GOLD	1:55.70
10	1:54.02	823	YOUTHDEC	Ian Jeffery,22,NYAC	-
11	1:54.05	823	M8SKMAR	Wayne Linner,18,ROD	1:54.03
12	1:54.45	815	NK8NOV	Andrew MacDonald,19,NK8	1:51.90
13	1:54.45	815	WESTFE8	Graham Duthie,18,DELTA	1:53.99
14	1:54.53	814	EASTFE8	Trevor Polstra,18,HWAC	1:56.88
15	1:54.58	813	A8AGMAR	Steven VanderMeulen,27,UCSC	-
16	1:54.70	811	YOUTHDEC	Michael McWha,18,WAC	1:48.63
17	1:54.78	809	A8AGMAR	Ron Voordouw,19,UCSC	1:51.88
18	1:54.81	809	YOUTHOEC	Sean Cargin,18,LAC	1:52.68
19	1:55.09	803	ROWJAN	Shawn Button,20,ROW	-
20	1:55.15	802	ISCUPNOV	Dino Verbrugge,20,IS	1:52.35
21	1:55.29	800	TOMACNOV	Robert 8raknis,22,CO8RA	-
22	1:55.29	800	YOUTHDEC	Doron Fishman,19,NYAC	1:56.38
23	1:55.33	799	NKBNOV	Martin Russocki,23,EYSC	1:57.96
24	1:55.99	787	CANNOV	Jean-F. Page,21,SAMAK	1:59.31
25	1:56.19	783	ONCUPNOV	Simon Eberlie,21,TOR	1:50.45

400 METRES FREESTYLE

1	3:55.29	873	SHEFFJAN	Curtis Myden,22,UCSC	3:56.38
2	3:59.14	839	M8SKMAR	Wayne Linner,18,ROD	3:54.77
3	3:59.25	838	CANNOV	Joseph-P. Richard,18,DDO	3:56.85
4	4:00.21	829	CANNOV	Jonathan Miller,18,UCSC	3:54.67
5	4:00.37	828	KCCOEC	Robert Pettifer,18,RACER	4:00.82
6	4:00.98	823	CASCNOV	Rob McFarlane,22,UCSC	3:50.05
7	4:01.37	819	CANNOV	Michael McWha,18,WAC	3:48.39
8	4:01.83	815	YOUTHOEC	Sean Cargin,18,LAC	4:07.27
9	4:02.10	813	MANTADEC	Simon DeJong,18,ROD	3:57.20
10	4:02.92	805	CANNOV	Trevor Scheffel,24,8RANT	4:01.47
11	4:02.93	805	MANTAOEC	Scott Flood,18,GOLD	4:03.19
12	4:04.75	789	BRANTNOV	Mark Eberlie,18,LAC	4 13.31
13	4:05.22	785	RACERDEC	8rent Sallee,18,POSA	4:03.29
14	4:06.02	778	A8AGMAR	Jarel Abel,21,EKSC	3:53.32
15	4:06.32	776	ISCUPNOV	Dino Verbrugge,20,IS	4:11.65
16	4:06.91	771	CANNOV	Scott Pushak,19,RDCSC	4:08.20
17	4:06.97	770	YOUTHDEC	Geoff Adamson,18,HWAC	4:11.44
18	4:07.09	769	EASTFE8	Matthew Johnston,18,8ROCK	4 11.05
19	4:07.45	766	SHEROEC	Francis Roussel,21,CNB	3:59.84
20	4:07.66	764	SHEROEC	Benoit Hamel,18,EXCEL	4:08.89
21	4:08.62	756	NK8NOV	Neil 8aker,18,ROW	4:04.64
22	4:08.73	755	ONCUPNOV	Tim Cowan,18,GO	4:07 63
23	4:09.56	748	8RANTNOV	Ian Jeffery,22,NYAC	-
24	4:09.66	747	YOUTHDEC	Shawn Van Hool,18,LAC	-
25	4:10.00	745	NK8NOV	John Pelleck,18,CO8RA	4:15.66

1500 METRES FREESTYLE

1	15:45.62	853	M8SKMAR	Wayne Linner,18,ROO	15:43.15
2	15:47.52	849	CANNOV	Curtis Myden,21,UCSC	15:51.94
3	15:49.44	844	MANTADEC	Scott Flood,18,GOLD	15:55.71
4	15:54.78	832	ONCUPNOV	Tim Cowan,18,GO	16:19.79
5	15:55.91	830	EASTFE8	Matthew Johnston,18,8ROCK	16:27 48
6	15:57.96	825	YOUTHDEC	Michael McWha,18,WAC	15:04.14
7	15:59.97	821	RACERDEC	8rent Sallee,18,PDSA	15:46.41
8	16:03.52	813	ISCUPNOV	Oino Verbrugge,20,IS	16:42.19
9	16:04.63	810	YOUTHDEC	Sean Cargin,18,LAC	16:07.55
10	16:04.73	810	ONCUPNOV	Geoff Adamson,19,HWAC	16:29.07
11	16:06.81	806	CANNOV	Trevor Scheffel,24,BRANT	16:21.95
12	16:15.64	786	NK8NOV	Adam Peacey,19,GO	16:37.68
13	16:22.21	772	YOUTHDEC	Oavid Steiner,18,NYAC	16:37.50
14	16:22.91	771	EASTFE8	8enoit Hamel,18,EXCEL	16:38.51
15	16:23.60	769	A8AGMAR	Derek 8rown,18,ROCSC	16:22.25
16	16:23.96	768	YOUTHDEC	Avi Mednick,19,NYAC	-
17	16:27.71	760	YOUTHOEC	Shawn Van Hool,18,LAC	-
18	16:28.54	758	KCCOEC	Adam MacPherson,18,CASC	16:33 92
19	16:30.63	754	SHEROEC	Francis Roussel,21,CNB	15:38.11
20	16:31.74	752	CNMNJAN	Joseph-P. Richard,18,DDO	16:17.71
21	16:33.39	748	A8AGMAR	Scott Pushak,19,RDCSC	16:13.65
22	16:38.79	737	MBSKMAR	Simon DeJong,19,ROD	16:28.01
23	16:41.04	732	YOUTHOEC	Matthew Leaker,18,ETO8	-
24	16:43.44	727	CANNOV	Gilbert Ouplessis,19,LAVAL	15:44.39
25	16:43.59	727	CANNOV	Sebastien Guerard,19,CNMN	15:24.70

100 METRES BACKSTROKE

1	54 33	938	FINADEC	Chris Renaud,19,UCSC	53.77
2	54 88	917	CANNOV	Robert 8raknis,22,CO8RA	-
3	55.21	904	FINADEC	Mark Versteld,19,FMSC	55.13
4	56.24	866	CANNOV	Jonathan Miller,18,UCSC	56.57
5	56.41	859	NK8NOV	Sean Sepulis,18,GMAC	55.82
6	56.63	851	TOMACNOV	Bob Hayes,19,SCAR	54.38
7	56.93	840	ROWJAN	Shawn 8utton,20,ROW	-
8	57 45	820	CANNOV	Francois Gravel,25,UL	54 50
9	57.53	817	ONCUPNOV	Lee Wanie,21,UNATT	-
10	57.53	817	EASTFE8	Doron Fishman,19,NYAC	59 85
11	57.64	813	A8AGMAR	Steven VanderMeulen,27,UCSC	58.90
12	57.90	804	CASCNOV	Rob McFarlane,22,UCSC	59.66
13	58.04	799	MANTAOEC	Ryan Duggan,23,UCSC	57.50
14	58.08	797	CASCNOV	Curtis Myden,21,UCSC	54 98
15	58.14	795	ETO8JAN	Geoff Ellis,18,OSHAC	58.86
16	58.38	786	A8AGMAR	Shea Tritter,22,UCSC	57 92
17	58.52	781	M8SKMAR	Doug Wake,19,ROO	58.12
18	58.84	770	CANNOV	Eddie Parenti,24,PDSA	55.65
19	58.85	769	YOUTHDEC	Ian Jeffery,22,NYAC	-
20	59.00	764	EASTFE8	Adam Porteous,18,MAC	59.13
21	59.18	757	ONCUPNOV	Joseph-P. Richard,18,DDO	59.85
22	59.20	757	EASTFE8	Nick Ouinton,19,TOMAC	1:00.56
23	59.28	754	MANTADEC	Steven Foley,18,MM	58.54
24	59.44	748	ABAGMAR	Jeremy Organ,22,CASC	-
25	59.58	743	YOUTHDEC	Sean Cargin,18,LAC	59.96

200 METRES BACKSTROKE

1	1:55.27	986	FINADEC	Chris Renaud,19,UCSC	1:56.19
2	1:57.80	941	FINADEC	Mark Versteld,19,FMSC	2:01.22
3	1:58.89	922	CANNOV	Robert Braknis,22,COBRA	-
4	2:01.26	881	SHEFFJAN	Curtis Myden,22,UCSC	1:59.22
5	2:02.59	858	CANNOV	Bob Hayes,19,SCAR	1:58.15
6	2:03.31	846	WESTFEB	Jonathan Miller,18,UCSC	2:02.74
7	2:03.73	839	EASTFEB	Doron Fishman,19,NYAC	2:09.51
8	2:04.88	819	ROWJAN	Shawn Button,20,ROW	-
9	2:05.29	812	MANTADEC	Ryan Duggan,23,UCSC	2:04.99
10	2:05.32	811	ONCUPNOV	Joseph-P. Richard,18,DDO	2:05.24
11	2:05.99	800	NKBNOV	Sean Sepulis,18,GMAC	2:02.95
12	2:06.22	796	M8SKMAR	Wayne Linner,18,ROD	2:06.68
13	2:06.97	784	ETOBJAN	Matthew Leaker,18,ETOB	2:05.82
14	2:07.02	783	CANNOV	Francois Gravel,25,UL	1:58.49
15	2:07.02	783	EASTFEB	Jean-F. Pare,18,CNSH	2:07.84
16	2:07.24	779	ONCUPNOV	Peter Hezky,18,UNATT	-
17	2:07.33	778	BRANTNOV	Ian Jeffery,22,NYAC	-
18	2:07.34	777	CANNOV	Eric Pelletier,20,UL	2:06.87
19	2:08.26	762	ETOBJAN	Geoff Ellis,18,OSHAC	2:05.33
20	2:08.30	761	RACERDEC	Rob Fenrich,22,PDSA	2:08.38
21	2:08.56	757	NKBNOV	Neil Baker,18,ROW	2:09.58
22	2:08.90	752	ROWJAN	Sean Cargin,18,LAC	2:11.25
23	2:08.97	750	ABAGMAR	Alex Day,21,UCSC	2:04.78
24	2:09.09	748	ISCUPNOV	Dino Verbrugge,20,IS	2:10.23
25	2:09.18	747	EASTFEB	Adam Porteous,18,MAC	2:08.18

100 METRES BREASTSTROKE

1	1:01.78	925	CANNOV	Russell Patrick,20,UCSC	1:01 94
2	1:02.22	910	CANNOV	Jon Cleveland,24,UCSC	1:01.41
3	1:02.51	901	FINADEC	Curtis Myden,21,UCSC	1:01.32
4	1:03.35	873	CANNOV	Robert Fox,27,UCSC	1:03.26
5	1:03.77	859	CANNOV	Jean-N. Poirier,19,PPO	1:01 69
6	1:03.97	852	KCCOEC	Conor Braiden,20,WVOSC	1:06.37
7	1:05.04	817	RACERDEC	Michael Wylie,18,SFU	1:05.59
8	1:05.43	804	CANNOV	Eric Pelletier,20,UL	1:04.70
9	1:05.61	798	RACERDEC	Mauricio Ruiz,18,PDSA	1:04.04
10	1:05.96	787	CANNOV	Nicolas Perron,23,UL	1:03.68
11	1:06.00	786	ONCUPNOV	Grey Fairley,24,HWAC	1:03 11
12	1:06.05	784	A8AGMAR	Gordon Vatcher,18,LASC	1:07 40
13	1:06.08	783	ONCUPNOV	Marek Grubski,22,UL	1:04.87
14	1:06.12	782	OFSAAMAR	Brad Mori,18,MAC	1:04.58
15	1:06.28	777	A8AGMAR	Jeremy Organ,22,CASC	-
16	1:06.41	772	RACERDEC	Peter Akman,19,SFU	1:08 47
17	1:06.51	769	EASTFEB	Alex Tratch,18,UL	1:06.81
18	1:06.62	766	ABAGMAR	Emile Veroni,23,UCSC	1:05 29
19	1:06.66	765	ONCUPNOV	Peter Simovic,18,ETOB	1:05.21
20	1:06.81	760	RACEROEC	Daryl Shannon,19,HYACK	1:04 41
21	1:06.81	760	ONCUPNOV	Avi Mednick,19,NYAC	1:05 63
22	1:06.90	757	A8AGMAR	Dirk Helmstaedt,19,UCSC	1:06.38
23	1:06.92	756	EASTFE8	Andrea DiPaolo,18,ETO8	1:07.93
24	1:06.93	756	EASTFE8	Jay Coubrough,18,BRANT	1:09 44
25	1:06.95	755	A8AGMAR	Derek Oesrochers,20,CASC	1:07.36

200 METRES BREASTSTROKE

1	2:14.74	906	CANNOV	Russell Patrick,20,UCSC	2 17.55
2	2:14.86	904	CANNOV	Jon Cleveland,24,UCSC	2 12.00
3	2:18.14	853	CANNOV	Robert Fox,27,UCSC	2 17 60
4	2:19.92	826	RIONOV	Jean-N. Poirier,19,PPO	2 14 91
5	2:20.53	817	ABAGMAR	Jarel Abel,21,EKSC	2:25 89
6	2:21.55	802	RACEROEC	Mauricio Ruiz,18,PDSA	2:19 38
7	2:22.81	783	EASTFE8	Chris Elliott,18,STARS	2:26 50
8	2:23.04	779	RACERDEC	Michael Wylie,18,HYACK	2:25 43
9	2:23.05	779	CANNOV	Curtis Myden,21,UCSC	2:25 21
10	2:23.18	777	CANNOV	Casey Barrett,20,PDSA	-
11	2:23.56	772	A8AGMAR	Dirk Helmstaedt,19,UCSC	2:24 07
12	2:24.22	762	ABAGMAR	Derek Oesrochers,20,CASC	2:24 81
13	2:24.38	760	EASTFE8	Eric Pelletier,20,UL	2:24.74
14	2:24.39	759	NK8NOV	Tom Fuke,19,WLU	2:20.67
15	2:24.51	758	YOUTHDEC	Shawn Van Hool,18,LAC	2:26 40
16	2:24.77	754	EASTFE8	Andrea DiPaolo,18,ETO8	2:29.67
17	2:24.83	753	CANNOV	Chris Topham,18,PCSC	2:26 83
18	2:24.84	753	ONCUPNOV	Avi Mednick,19,NYAC	2:23 40
19	2:25.30	746	RACERDEC	Peter Akman,19,NKB	2:29 17
20	2:25.39	745	EASTFE8	Jay Coubrough,18,BRANT	2:2[illegible] 17
21	2:25.44	744	YOUTHDEC	Grey Fairley,23,HWAC	2 18 09
22	2:25.77	739	NKBNOV	Robert Giggey,18,NKB	2:21 81
23	2:26.02	736	CNSBJAN	Francis Roussel,21,CN8	2 25 0[illegible]
24	2:26.09	735	NKBNOV	Michael Arzaga,18,CREST	2:28 14
25	2:26.44	730	PCSCDEC	Marek Grubski,22,UL	2 21 76

MEN 18 & OVER CONTD.

100 METRES BUTTERFLY

1	54.02	941	CANNOV	Stephen Clarke,22,COBRA	-
2	54.79	912	CANNOV	Rob McFarlane,22,UCSC	55.17
3	54.86	909	CANNOV	Eddie Parenti,24,POSA	53.03
4	55.05	902	FINADEC	Mark Versfeld,19,FMSC	54.68
5	55.85	871	MBSKMAR	Doug Wake,19,ROO	54.63
6	55.89	870	MANTADEC	Ryan Duggan,23,UCSC	56.48
7	56.27	856	ONCUPNOV	Philippe Pominville,21,ODO	55.36
8	56.48	848	CANNOV	Casey Barrett,20,PDSA	-
9	56.73	838	RACERDEC	Jason Tuberes,21,SFU	58.24
10	56.76	837	KCCDEC	Kurt Ouchi,20,VKSC	57.13
11	56.79	836	LAVNOV10	Dan Letourneau,20,UL	56.41
12	56.81	835	MANTAOEC	Steven Foley,18,MM	57.35
13	56.90	832	CANNOV	Serge Blais,20,UCSC	58.59
14	57.11	824	YOUTHDEC	Sean Cargin,18,LAC	57.71
15	57.12	824	CANNOV	Keith Oennison,24,MANTA	-
16	57.29	817	CANNOV	Val Weaver,24,ASC	55.88
17	57.39	814	ABAGMAR	Bo Simpson,18,UCSC	57.73
18	57.48	810	MACJAN	Mac Fraser,21,UNATT	-
19	57.59	B06	CANNOV	Curtis Myden,21,UCSC	56.00
20	57.71	802	KCCOEC	Conor Braiden,20,WVOSC	58.59
21	57.83	798	FINAOEC	Chris Renaud,19,UCSC	-
22	57.89	795	CANNOV	Michael Edey,18,ROCSC	58.74
23	57.92	794	ONCUPNOV	Lee Wanie,21,UNATT	-
24	58.00	791	CANNOV	Jean-P. Godbout,21,SAMAK	57.31
25	58.00	791	RACERDEC	Mauricio Ruiz,1B,POSA	58.50

200 METRES BUTTERFLY

1	1:58.91	926	CANNOV	Rob McFarlane,22,UCSC	1:59.49
2	2:00.95	B90	CANNOV	Eddie Parenti,24,POSA	1:57.30
3	2:00.95	890	CANNOV	Casey Barrett,20,POSA	-
4	2:03.27	850	CANNOV	Serge Blais,20,UCSC	2:04.34
5	2:03.31	849	CANNOV	Philippe Pominville,21,DDO	2:00 24
6	2:04 91	822	YOUTHDEC	Sean Cargin,18,LAC	2:01.65
7	2:05.69	809	ISCUPNOV	Oino Verbrugge,20,IS	2:00 63
8	2:05.85	806	CASCNOV	Curtis Myden,21,UCSC	2:08 27
9	2:06.22	800	CANNOV	Oan Letourneau,20,UL	2:01 46
10	2:06.52	795	KCCOEC	Kurt Ouchi,20,VKSC	2:08 28
11	2:06.67	792	CANNOV	Nicolas Perron,23,UL	2:03 93
12	2:06.73	791	POAGNOV	Francis Roussel,21,CNB	2:06.73
13	2:06.84	789	ABAGMAR	Bo Simpson,18,UCSC	2:08.54
14	2:07.11	785	RACEROEC	Jason Tuberes,21,SFU	2:11.02
15	2:08.21	766	EASTFEB	Marc-A Pelletier,18,CSO	2:11.04
16	2:08.48	762	WESTFEB	Scot Bain,18,HYACK	2:10.72
17	2:08.61	760	MBSKMAR	Wayne Linner,18,ROD	2:11 90
18	2:08.78	757	OTTAWOEC	Yannick Demers,18,CNMN	2:04.84
19	2:08.90	755	MBSKMAR	Trevor Onishenko,21,GOLO	2:08.64
20	2:08.94	754	EASTFEB	Nicholas Martin,19,SL	2:04.90
21	2:09 10	752	OTTAWOEC	Sebastien K-Lecompte,20,CSB	2:06 76
22	2:09 12	751	YOUTHOEC	Shawn Van Hoof,18,LAC	2:10.34
23	2:09.35	748	CNMNJAN	Philippe Rousseau,18,OOO	2:05.27
24	2:09.81	740	GMACMAR	Paul Oonald,22,UNATT	2:08 32
25	2:10.12	735	EASTFEB	Andrew Ooucet,18,OSC	-

200 METRES IND.MEDLEY

1	1:58 56	979	FINADEC	Curtis Myden,21,UCSC	1:57.58
2	2:00.37	948	FINADEC	Mark Versteld,19,FMSC	2:00.84
3	2:02.31	915	CANNOV	Russell Patrick,20,UCSC	2:03.09
4	2:04 31	881	CANNOV	Robert Fox,27,UCSC	2:05.62
5	2:05.B3	B56	CANNOV	Serge Blais,20,UCSC	2:05 83
6	2:06.70	841	RIONOV	Jean-N Poirier,19,PPO	2:02.52
7	2:07.33	830	ONCUPNOV	Joseph-P. Richard,18,ODO	2:12.30
8	2:07.37	830	CANNOV	Ryan Duggan,23,UCSC	2:06.75
9	2:07 56	827	CANNOV	Casey Barrett,20,PDSA	-
10	2:07.73	824	EASTFEB	Eric Pelletier,20,UL	2:09.71
11	2:07.80	823	CANNOV	Nicolas Perron,23,UL	2:04.37
12	2:07.91	B21	ONCUPNOV	Peter Hezky,18,UNATT	2:05.28
13	2:08.05	818	NKBNOV	Adam Peacey,19,GO	2:08.90
14	2:08.41	812	KCCOEC	Robert Pettifer,18,RACER	2:13.55
15	2:08.42	812	YOUTHOEC	Sean Cargin,1B,LAC	2:08.80
16	2:08.50	811	TOMACNOV	Gary Anderson,26,NYAC	-
17	2:08.51	811	RACEROEC	Mauricio Ruiz,1B,POSA	2:06.79
1B	2:08.61	809	EASTFEB	Jean-F. Pare,18,CNSH	2:12.19
19	2:0B.75	B07	ONCUPNOV	Grey Fairley,23,HWAC	2:02.65
20	2:0B.77	807	ISCUPNOV	Oino Verbrugge,20,IS	2:04.39
21	2:08.83	806	ONCUPNOV	Jon Cleveland,24,UCSC	2:07.70
22	2:09 35	797	ONCUPNOV	Avi Mednick,19,NYAC	2:08 46
23	2:10.03	786	ABAGMAR	Jeremy Organ,22,CASC	-
24	2 10.11	784	CANNOV	Oan Letourneau,20,UL	2:05.17
25	2.10.21	783	PCSCDEC	Sebastien K-Lecompte,20,CSB	2:08.35

400 METRES IND.MEDLEY

1	4:09.39	1003	FINAOEC	Curtis Myden,21,UCSC	4:12.96
2	4:26.80	864	CANNOV	Casey Barrett,20,POSA	-
3	4.28.16	853	CANNOV	Mark Versteld,19,FMSC	4.17.68
4	4.31.91	824	ONCUPNOV	Joseph-P Richard,18,OOO	4 30.21
5	4.31.99	823	MBSKMAR	Wayne Linner,18,ROO	4.27.03
6	4.32.21	B21	HYACKNOV	Steven Marshalt,1B,POSA	-
7	4 32.92	816	ABAGMAR	Chris Renaud,19,UCSC	-
8	4.32.93	816	YOUTHOEC	Shawn Van Hoof,18,LAC	4 33.56
9	4 33.01	815	EASTFEB	Avi Mednick,19,NYAC	4 26.38
10	4.33 41	812	NKBNOV	Adam Peacey,19,GO	4 37.30
11	4 34.09	807	YOUTHDEC	Michael McWha,18,WAC	4 22.54
12	4.34 34	805	SHEFFJAN	Jon Cleveland,25,UCSC	4.27.79
13	4.34 51	803	ONCUPNOV	Peter Hezky,1B,UNATT	-
14	4.34 72	802	KCCDEC	Luis Veronese,18,CASC	4 39.96
15	4 35 02	799	OTTAWOEC	Sebastien Guerard,19,CNMN	4 20.72
16	4:35.73	794	UBCOCT	Serge Blais,20,UCSC	4.28.6B
17	4:36 13	791	EASTFEB	Jean-F. Pare,1B,CNSH	4:37 10
1B	4.36.57	788	OTTAWOEC	Yannick Oemers,1B,CNMN	4.2B.57
19	4.37.34	7B2	ISCUPNOV	Oino Verbrugge,20,IS	4 20.00
20	4.37.B2	778	ONCUPNOV	Neil Baker,1B,ROW	4.34.24
21	4:3B 49	773	POAGNOV	Francis Roussel,21,CNB	4 26.00
22	4.38.98	769	ONCUPNOV	Paul Herbert,1B,KBM	4 28.70
23	4:39 33	766	MANTAOEC	Scott Flood,18,GOLO	4 40.06
24	4 39 98	761	BRANTNOV	Sean Cargin,18,LAC	4 33.34
25	4 40.00	761	CANNOV	Dan Letourneau,20,UL	4 34.81

4X50 M MEOLEY RELAY

1	1·43.08	899	ABAGMAR	Univ.Calgary SC,UCSC
2	1·47.38	812	ABAGMAR	Cascade Swim Club,CASC
3	1·4B.63	78B	NKBNOV	Nepean Kanata,NKB
4	1.49.09	779	BRANTNOV	Etobicoke SC,ETOB
5	1·49.37	773	ABAGMAR	Edmonton Keyano,EKSC
6	1 49.78	765	RACERDEC	Hyack Swim Club,HYACK
7	1·50.27	756	NKBNOV	East York SC,EYSC
B	1·50.27	756	MBSKMAR	Regina Opt Dolphins,ROO
9	1·50.3B	754	KCCDEC	Vernon KokaneeSC,VKSC
10	1·50.47	752	MANTADEC	Saskatoon Goldfins,GOLD
11	1·50.69	748	NKBNOV	Cobra Swim Club,COBRA
12	1.50.78	746	YOUTHOEC	North York AC,NYAC
13	1·51 04	741	KCCDEC	Kamloops Classic,KCS
14	1 51 21	73B	TOMACNOV	Crescent Town SC,CREST
15	1·51 43	734	NKBNOV	Guelph Marlin AC,GMAC
16	1.51.73	72B	POAGNOV	Natation CSO,CSO
17	1.52.01	723	PCSCOEC	Pointe Claire SC,PCSC
18	1.52.38	716	MANTAOEC	Manitoba Marlins,MM
19	1 52.50	714	PCSCDEC	Montreal Aquatique,CAMO
20	1.53 31	699	BYACNOV	Mississauga Y,MYSC
21	1 53.31	699	ABAGMAR	Lethbridge ASC,LASC
22	1.53 39	697	BRANTNOV	CN St-Lambert,SL
23	1.53.46	696	BRANTNOV	Markham AC,MAC
24	1:53 6B	692	BRANTNOV	London AC,LAC
25	1:53.72	691	ABAGMAR	Edmonton Racers,RACE

4X50 M FREE RELAY

1	1:32.34	900	CANNOV	Samak de Brossard,SAMAK
2	1:32 91	8B7	CANNOV	Univ.Calgary SC,UCSC
3	1:35 4B	B29	CANNOV	Univ Laval Rouge & Or,UL
4	1:36 11	815	CANNOV	Pacific Oolphin SA,POSA
5	1:36.31	811	NKBNOV	Nepean Kanata,NKB
6	1.36 36	810	SHEROEC	Natation CSO,CSO
7	1 36 70	802	NKBNOV	East York SC,EYSC
8	1.36 82	800	ABAGMAR	Cascade Swim Club,CASC
9	1 36 94	797	ABAGMAR	Edmonton Keyano,EKSC
10	1.37.06	795	YOUTHDEC	North York AC,NYAC
11	1.37 91	776	MBSKMAR	Regina Opt.Dolphins,ROD
12	1.3B.36	766	BRANTNOV	Etobicoke SC,ETOB
13	1:3B 62	761	OTTAWOEC	CA Gr Riv-Aylmer,CAGRA
14	1.3B.B1	757	PCSCDEC	CN St-Lambert,SL
15	1.3B.93	754	CANNOV	Red Oeer Catalina SC,ROCSC
16	1.3B.96	753	KCCOEC	Kamloops Classic,KCS
17	1·39.03	752	ABAGMAR	Lethbridge ASC,LASC
18	1.39.14	750	YOUTHOEC	London AC,LAC
19	1·39 31	746	ISCUPNOV	Hyack Swim Club,HYACK
20	1.39 39	744	NKBNOV	Cobra Swim Club,COBRA
21	1·39 61	740	MBSKMAR	Saskatoon Goldfins,GOLD
22	1 39 88	734	ISCUPNOV	Richmond Racers,RACER
23	1 40.01	731	RACEROEC	West Van Otters SC,WVOSC
24	1 40 13	729	KCCDEC	Vernon KokaneeSC,VKSC
25	1 40 19	727	MANTADEC	Manitoba Marlins,MM

ALL SCORING CLUBS

1.	PDSA	126566	31.	RCA	32049	61.	MEGO	15001	91.	CRKW	8223	121.	NES	3229	151.	STJJ	1100
2.	UCSC	96126	32.	COBRA	31105	62.	DCSC	14988	92.	CNCI	7862	122.	TORCH	3162	152.	GCO	1064
3.	PCSC	91477	33.	RDCSC	30939	63.	SSMAC	14931	93.	TAT	7423	123.	WLBF	2898	153.	CP	1043
4.	ETOB	80369	34.	BROCK	28899	64.	CAGRA	14848	94.	LAVAL	7317	124.	UPCAN	2827	154.	ORCA	969
5.	MANTA	79056	35.	SCAR	28895	65.	YLSC	14210	95.	CNSH	7278	125.	CSL	2704	155.	KEETA	909
6.	IS	76268	36.	GMAC	28586	66.	PLUS	13772	96.	KWY	6822	126.	TMSC	2692	156.	MMS	841
7.	NKB	73489	37.	WAC	27511	67.	RACE	13620	97.	CNJA	6804	127.	FTST	2678	157.	GLSC	791
8.	EKSC	63149	38.	AAC	25718	68.	COMOX	13209	98.	LL	6178	128.	KISU	2477	158.	CNBF	738
9.	ROD	62298	39.	USC	24639	69.	SAMAK	12774	99.	LSC	6087	129.	LLSC	2445	159.	MPM	719
10.	CAMO	59173	40.	PN	24506	70.	OSC	12194	100.	TSUN	5860	130.	CYPS	2440	160.	MYK	715
11.	TOMAC	58305	42.	BYAC	23762	71.	ARBU	12160	101.	CASE	5809	131.	DH	2207	161.	SACK	700
12.	LAC	55798	42.	OAK	23736	72.	SJL	11903	102.	VEW	5788	132.	PPS	2149	162.	CWC	689
13.	NYAC	53676	43.	DELTA	22218	73.	PERTH	11179	103.	EYSC	5768	133.	NBYT	1931	163.	CNDR	681
14.	GO	51684	44.	KCS	22160	74.	RAYS	11086	104.	KBM	5630	134.	KSC	1919	164.	OSHAC	680
15.	HWAC	51063	45.	BRANT	21941	75.	EBSC	10782	105.	CNHR	5621	135.	RBSC	1821	165.	NEWAC	670
16.	CREST	44318	46.	CNCB	21375	76.	RHAC	10563	106.	FMSC	5577	136.	VAC	1720	166.	GGST	654
17.	PSW	43426	47.	MM	19639	77.	CNNG	10023	107.	CASE	5551	137.	DAD	1677	167.	TIDE	649
18.	CSQ	41859	48.	UL	19244	78.	CAG	9787	108.	GPP	5438	138.	HHAC	1480	168.	CEF	644
19.	CASC	41458	49.	TRENT	18452	79.	MUSAC	9781	109.	SL	5410	139.	CNT	1467	169.	TD	631
20.	MAC	40212	50.	AQUA	17819	80.	YORK	9673	110.	BLAST	5228	140.	MWC	1465	170.	NESA	596
21.	STARS	40003	51	FAST	17158	81.	BTSC	9635	111.	CNMN	5084	141.	CTSC	1456	171.	HHBF	533
22.	HYACK	39865	52.	CNB	17157	82.	HIPPO	9572	112.	PPO	4898	142.	EO	1441	172.	MJKFF	521
23.	HTAC	39217	53.	RACER	16935	83.	OSAC	9563	113.	WVOSC	4618	143.	PSC	1423	173.	DYNAM	441
24.	NRST	38951	54.	SPART	16719	84.	CHENA	9493	114.	ELITE	4393	144.	ACE	1403	174.	CNJO	401
25.	BBF	37802	55.	KAJ	16609	85.	LUSC	9334	115.	ENC	4229	145.	GAMIN	1367	175.	YKPB	394
26.	DDO	37767	56.	VKSC	16601	86.	LEDUC	9324	116.	SBSC	3637	146.	CARAT	1267	176.	AAD	386
27.	GOLD	37623	57	SHER	16304	87.	SYD	8850	117.	CATS	3515	147.	SKSC	1247	177.	GATOR	344
28.	ROW	34196	58	LASC	16128	88.	BOSC	8848	118.	UNIK	3376	148.	CNRD	1239	178.	POW	340
29.	NEW	34086	59.	STSC	15928	89.	CSB	8660	119.	KS	3348	149.	RPM	1226	179.	WTSC	[illegible]
30.	NCSA	32947	60.	EXCEL	15777	90.	TBT	8298	120.	CAJ	3328	150.	PASS	1181	180.	UNATT	[illegible]

TOP AGE GROUP PERFORMERS SPONSORED BY SPEEDO

MAKING WAVES®

Graham Wood, 16
Club: Delta Sungod Swim Club
Coach: Michelle Wilson
Specialty: Freestyle
Ranks 3rd for SCM96 TAG in the 100 free

Best Times	*LCM95*	*SCM96*
50 freestyle	24.67	24.19
100 freestyle	54.83	52.27
200 freestyle	2:03.48	1:58.18
100 backstroke	1:03.35	1:00.24

Francine Ling, 12
Club: Delta Sungod Swim Club
Coach: Michelle Wilson
Specialty: Breast, fly, and I.M.
Ranks 3rd for SCM96 TAG in the 100 fly, 5th for 100 breast, 9th for 200 I.M.

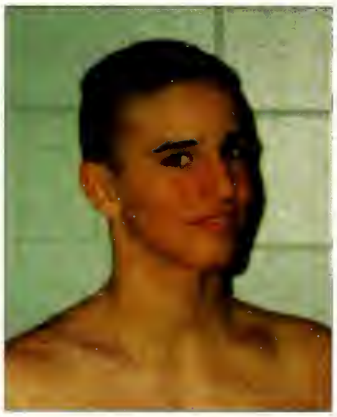
Best Times	*LCM95*	*SCM96*
100 breaststroke	1:25.97	1:19.77
200 breaststroke	3:07.49	2:52.58
100 butterfly	1:16.89	1:09.01
200 ind.medley	2:34.06	2:46.83

Dallas Dyson, 16
Club: Edmonton Keyano Swim Club
Coach: Marc Tremblay
Specialty: Backstroke
Ranks 4th in SCM96 TAG for 200 back and 6th in 200 I.M.

Best Times	*LCM95*	*SCM96*
100 backstroke	1:01.05	58.95
200 backstroke	2:14.13	2:05.70
200 ind.medley	2:16.44	2:07.17
400 ind.medley	4:48.76	4:35.71

Robbie Taylor, 14
Club: Cobra Swim Club
Coach: Jason Isbister
Specialty: Freestyle and backstroke
Ranks 1st for SCM96 TAG in the 100 free, 3rd for 100 back

Best Times	*LCM95*	*SCM96*
50 freestyle	26.30	24.92
100 freestyle	57.79	54.56
200 freestyle	2:10.48	2:00.59
100 backstroke	1:07.21	1:00.49



Bob Phipps, 12
Club: Cobra Swim Club
Coach: Jason Isbister
Specialty: Free, back, fly, and I.M.
Ranks 1st for SCM96 TAG 50-100 free, 2nd 200-400 free, 100 back, 100 fly, 3rd 200 IM

Best Times	*LCM95*	*SCM96*
100 freestyle	1:00.84	57.21
200 freestyle	2:16.25	2:07.29
400 freestyle	4:56.37	4:34.55
100 backstroke	1:13.52	1:06.72
100 butterfly	1:07.66	1:04.16

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Michael Knight, 17
Club: Edmonton Keyano Swim Club
Coach: Marc Tremblay
Specialty: Backstroke
1st ranked for SCM96 TAG in 100-200 back
finalist for 100 back at Olympic Trials

Best Times	*LCM95*	*SCM96*
100 freestyle	54.03	52.34
100 backstroke	58.78	56.07
200 backstroke	2:12.34	2:01 41
200 ind.medley	2:16.97	2:14.49

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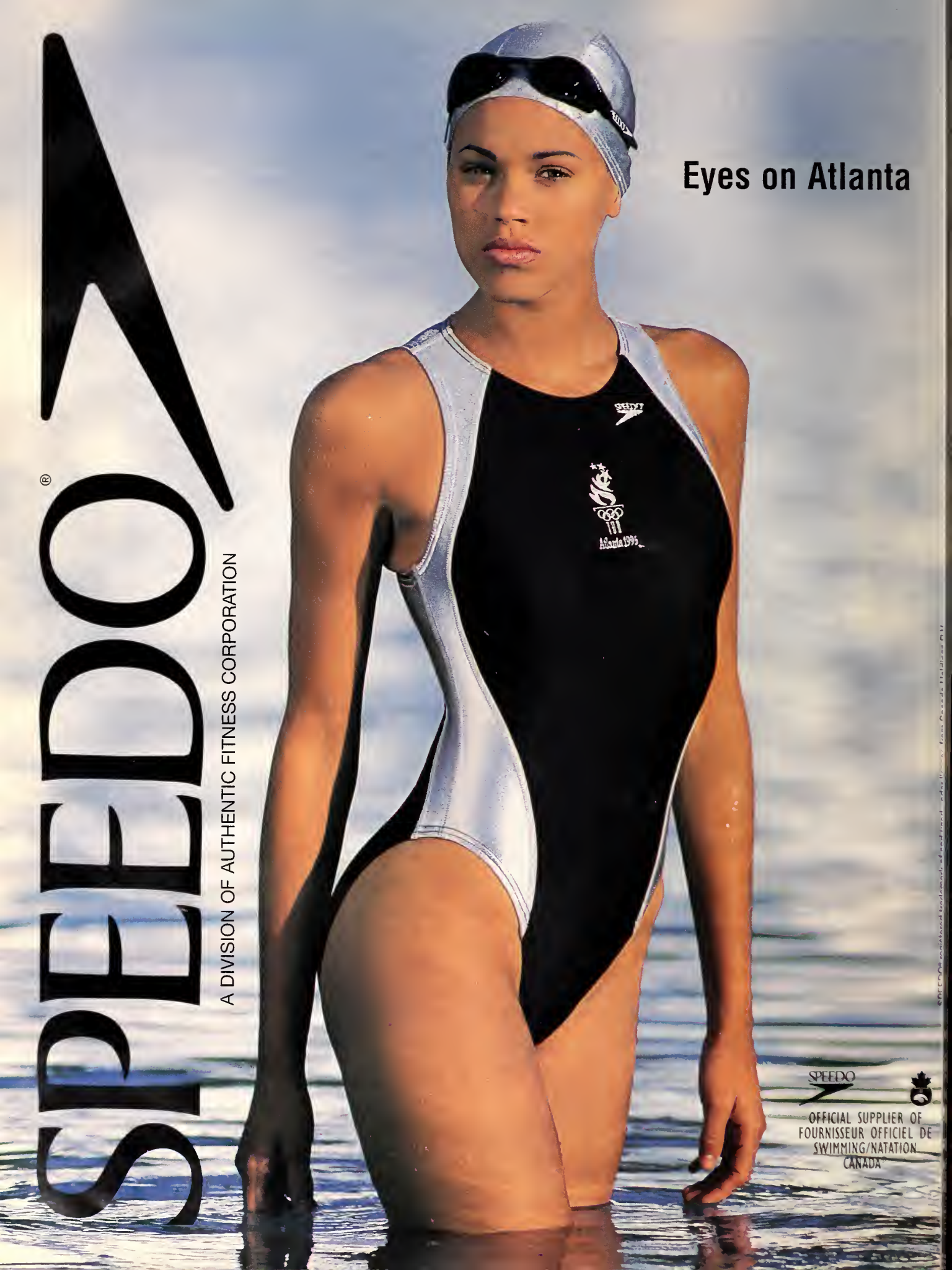
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